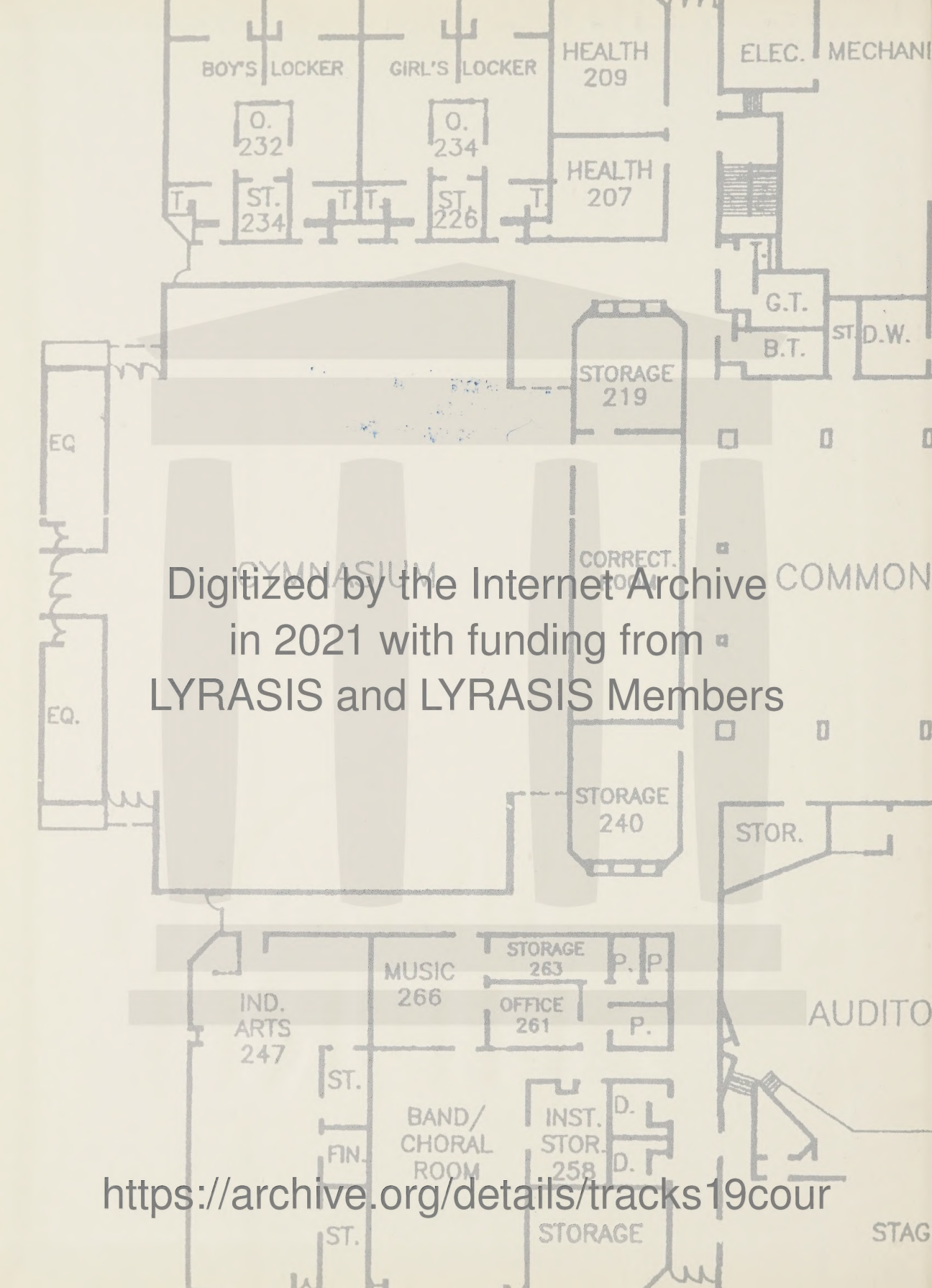


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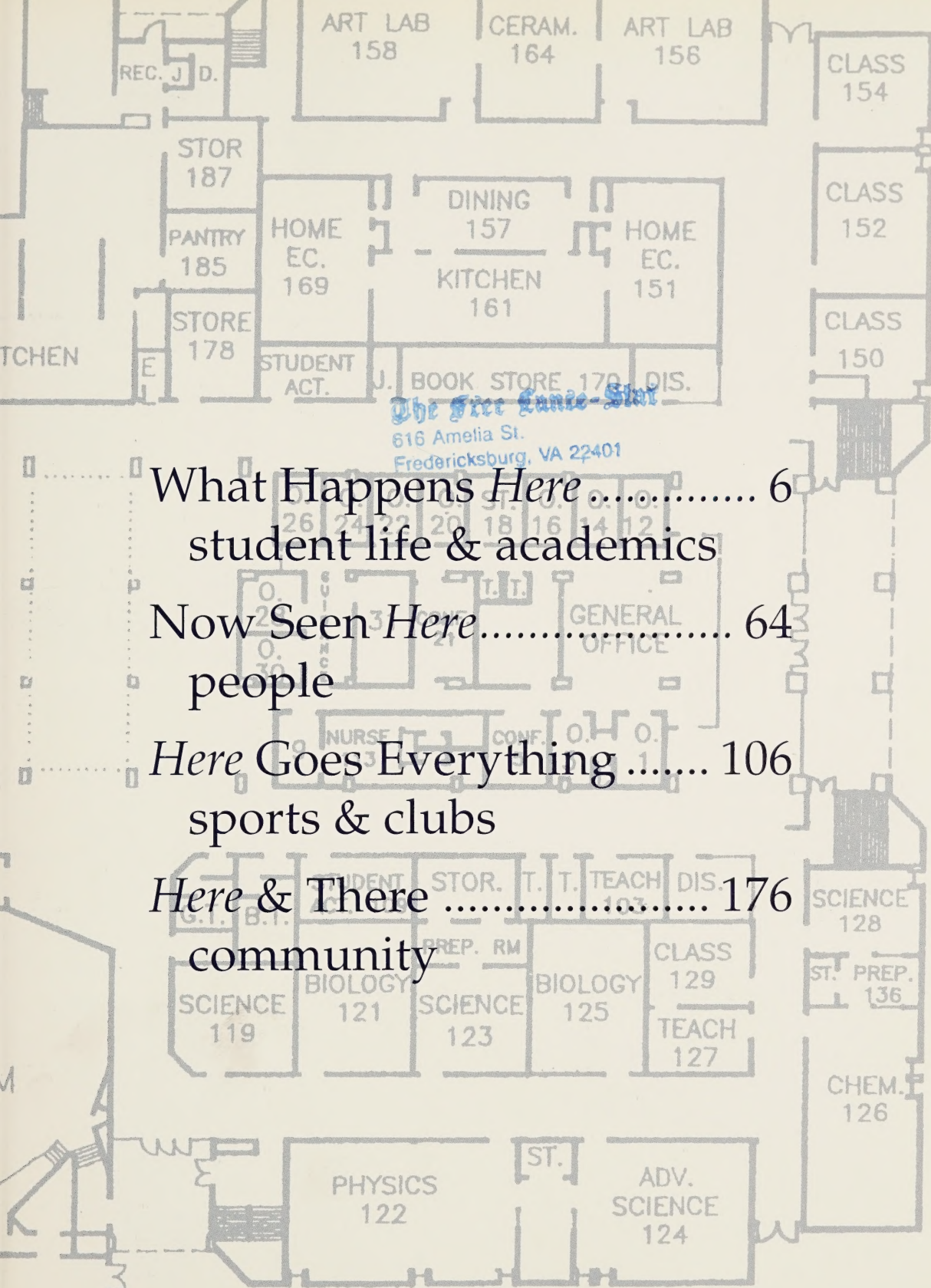
YOU
BELONG
HERE



A detailed floor plan of a school building. The plan shows a central corridor with several rooms on either side. At the top, there are BOY'S LOCKER, GIRL'S LOCKER, and HEALTH 209. Below these are O. 232, O. 234, and HEALTH 207. Further down are T. 234, T. 226, and T. 207. To the right of the central corridor are STORAGE 219, CORRECT. 200, and COMMON. Below the central corridor are STORAGE 240, STOR., and AUDITO. At the bottom, there are IND. ARTS 247, MUSIC 266, STORAGE 263, OFFICE 261, P. P., P., BAND/CHORAL ROOM, INST. STOR. 258, D. D., STORAGE, and STAG. The plan also includes several smaller rooms and corridors, such as ELEC. MECHAN, G.T., B.T., ST. D.W., and EQ.

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What Happens Here 6
student life & academics

Now Seen Here 64
people

Here Goes Everything 106
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Here & There 176
community

YOU BELONG HERE

As the year began, the SCA president welcomed teachers, administrators, and students back to school on September 8. A Back To School Bash was sponsored by the SCA to increase school spirit. The Cougar mascot paraded around and pepped up the crowds. The Cougar, unidentified for secrecy, showed up at all home games and functions. In order to unite the new students with the old, a pep rally was held during Spirit Week, raising spirit as well as voices. As school season began, the Courtland Cougars adjusted to the normal routine once again, where we belonged.....

COURTLAND HIGH SCHOOL

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Title

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WE

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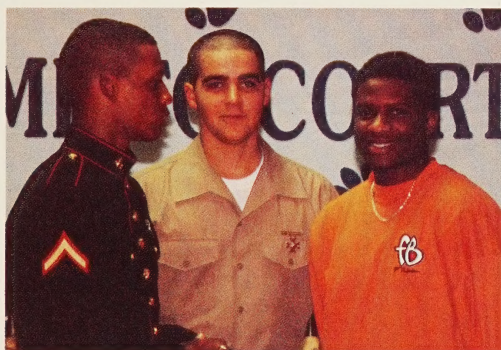
place

to be

Courtland High School, the Place, the School, the People; it is the place to be. The halls and classrooms of the school

stayed dark for almost three months but when the end of August rolled around, the playing fields, classrooms and offices were filled with anxious sports teams, excited teachers and dedicated janitors. All were doing their best, trying to prepare the school and grounds for the mass of students that flowed in on September 8. Close to 1200 students made up the classes, clubs and teams. Adjustments were necessary to accommodate the new principal and the new classes. With hopeful perspectives and excitement for the anticipated year, students decided that Courtland High School actually is the place to be.





Courtland was decorated very festively for the opening of the school year in the fall, welcoming back new and transfer students as well as returning students. At the front of the office, a harvest display, created by Mr. James, a new art teacher, brings a splash of fall colors to the school.

Not just current students were seen at Courtland. Graduates who joined the service come back to recruit during lunch shifts throughout the year. Coran Gary and Matt Caram, graduates of 1998 who joined the Marines, talk with Tony Torain, a transfer student from Spotsylvania High School.

Unity was a high school ingredient for friends who stayed together since middle school or earlier. Now, as seniors, Eleanor Jusino, Betsy Chilton, Megan Driest, and Katie Mager still share the close bond that was created when they were growing up together.

Back to School night gave teachers, parents and students an opportunity to become acquainted with each other. This year, the new principal was introduced at the annual function and clubs set up tables, hoping to gain pre-school membership. Tyler Kauffman and his mother speak with the art teacher, Mrs Collins.



Trying something new to increase sales, the Athletic Boosters Club 'sets up shop' every Thursday during lunch shifts to sell paraphernalia, including sweatshirts, T-shirts, and keychains. Mrs. Kavina takes her turn at selling the supplies; the 'little store' had its debut October 1.



SCA elections included those transfer students who were involved in their previous school's SCA and some ran for office. Melissa Hafner, a transfer from Spotsylvania, becomes involved with Courtland's SCA by running for the Vice-President position.



At the Back to School Bash, a first-time event, different clubs and sports teams decorated vehicles and entered them in the car decorating competition. The Fall Varsity cheerleaders donned their new duds and posed on their "Most Spirited", award-winning truck. Eight new cheerleaders joined the squad, including one transfer student from Spotsylvania High School.



No matter what the year, student body joined and became Courtland High School is Cougars, uniting in clubs, sports teams, the place to be, as it and classes. New friendships were welcomed its doors to returning, transfer formed and new faculty members were and new students. Despite the changing introduced. Photojournalism, which events in the previous year, Courtland included the addition a new darkroom, students found that the Cougar's Den was added to the choice of electives, the actually *is* the place to be for all sports, athletics program expanded to include extracurricular activities, and coed swimming, and extracurricular academics. Instead of being different or activities increased as more students standing out as Chargers or Knights, the participated in common interests.



WHAT HAPPENS *HERE*

STUDENT LIFE & ACADEMICS



QUICK STUDY

The five minutes between classes allows students to study and cram for tests or quizzes for their next class. Melissa Polan stops by her locker and takes a quick peek at her notes for a review of an upcoming quiz.



Life in high school is exciting, sometimes boring, educational, sometimes long, yet the students' lives rotate around clubs, classes, sports and homework. *What Happens Here* is a section about students' lives, where, when, how, and why they participate in various activities. Motivation, enthusiasm, and high goals propel active students to achieve their dreams. Although for some, high school is only 7:45 to 2:30 or shorter, all students experience the high school scene whether in classrooms, cheering for teams, or doing homework. For others, a major part of their lives are spent after school. Athletes play sports year round, club presidents plan, and tutors offer their service for academics. Activities such as the dances, pep rallies and assemblies encompass the whole student body, allowing athletes, scholars and vocational students to congregate and enjoy *What Happens Here*.

NEW CROWD

Along with other clubs and sports teams, the Cross Country team acquired new members from other high schools. Posing on their award winning car with their new friends are Angela Filmeck and her sister Shannon from Spotsylvania High School. The team decorated the car like a running shoe for the car contest at the Back to School Bash.

WORLD TRAVELERS

"Traveling to a different country is scary but then the excitement takes over," said Jenny Hawkins.

For eight days and seven nights, nine students and English teacher, Mrs. Lanceley traveled through the countryside of Ireland and explored Great Britain's capital city, London. The trip was taken over spring break and the students were paired with others from Chancellor High and a private school in New York.

Starting in Shannon, Ireland, the group boarded a charter bus and rode from town to town stopping to take pictures and shop.

"I loved stopping and looking at all the little stores in Ireland but I was really excited about getting to shop in London till we got there and I couldn't even afford a pair of shoes," said Hilary Diehr of her first experience in a foreign country.

While touring the Ring of Kerry in Ireland the students visited the towns of Tralee, Blarney, and Dublin. In Blarney, everyone kissed the Blarney stone at Blarney Castle. The stone is supposed

to give those who kiss it the gift of eloquence. An interesting and sometimes tiresome part of the trip was staying in a different hotel each night.

"The only thing I didn't like about the trip was having to move around so much. I made the mistake of unpacking my suitcase the first night and I had to repack it at seven o'clock the next morning," said Melissa Feinman.

When they had finished touring Ireland the group then boarded a ferry which took them to Wales. From there they travelled to Stratford-on-Avon and then to London.

"London was great because it was a huge city and there were tons of things to do. I'll remember this trip, mainly because I got to go with friends and we all got along really well and spent the whole trip laughing. Even when we were stuck in a hotel with nothing to do we hung out in each others rooms and talked," said Cooper Dawson.

BY: TIFFANY LUTZ

MARY POPPINS

The birds in Trafalgar Square in London perch on the upper body of Hilary Diehr. Diehr, a junior, fed the birds after touring Westminster Abbey and felt like "Mary Poppins".



ON THE ROAD

Junior Melissa Feinman pets a lamb during one of the stops on the trip. The tour bus traveled between four and five hours a day so that the group could see as much as possible.



CAN YOU REACH

Senior Art King hugs St. Patrick's Cross in Ireland and makes a wish. The hugger of the cross is only given their wish if they can wrap their arms all the way around the cross and touch their fingers on the other side.

FEED THE BIRDS KISS FOR LUCK

While in Trafalgar Square Jenny Hawkins has a chance to feed the pigeons. The group also visited Oxford University and Shakespeare's birthplace while in Great Britain.

At the top of the Blarney Castle, Tiffany Lutz leans out over the edge to kiss the famous Blarney Stone. The legend says that anyone who kisses the stone is given the gift of eloquence for life.

HERE COMES THE BRIDE

Students prepare for the Mock Wedding with music, refreshments, and real life costumes.

Wedding bells rang as the Mock Wedding was presented in the auditorium. Mrs. Mason's first period Life Management Classes and the FHA spent hours preparing for this big day. Faculty members, various seventh period classes, parents and friends assembled to see the annual occurrence.

The Mock Wedding was part of the Life Planning/Management and Parenting curriculum. Students learned how to prepare for their weddings, actually get married, plan for children, and also how to raise them.

The Mock Wedding involved class time as well as after school hours. The bridesmaids went to Stafford to pick up their bridesmaids dresses from PJ's closet. For the second year in a row, Miss Pitts donated a homemade that she baked and decorated wedding reception.

The lucky bride and groom were Angela Lee and Cary Young. Bridesmaids included Tonia Baker, who said, "I think the wedding was fun, and

I liked getting dressed up. It turned out really nice and sweet."

Every class and club member participated in the wedding whether it was behind the scenes or on stage. Just like a real wedding, there were bridal consultants, decorators, miscellaneous jobs to do.

Music was provided by singers, Jasmine Jones, Varonica Phillips, and Jabari Clark. They sang songs, such as "All My Life", to help create a romantic atmosphere.

"I really enjoyed singing; it made the wedding nicer," said Phillips

The "officiating minister" that married the couple was Mr. Cooley.

"The Mock Wedding gives the students a chance to see what a big step this is and they experience real life situations. I enjoyed being the minister because it felt wholesome," said Mr. Cooley, a special education teacher.

BY: MEG GRIMES

BACKSTAGE

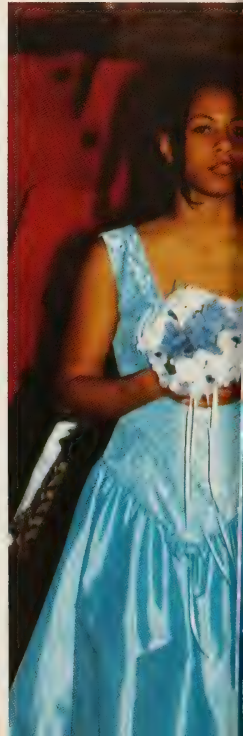
Backstage and behind-the-scenes help were needed from those students not playing a role in the ceremony. Robbie Keyser and Becky Hall roll out the white ribbon for the wedding party before they march down the aisle.



PRETTY MAIDS

Marching down the aisle, students got a feel of what a real wedding would be like. Tonia Baker walks slowly in

time with the romantic piano music. Bridesmaids included Baker, Wendy Compton, and Nicholle Davis.





OPEN WIDE

One of the most enjoyable parts of the production came during the reception when the cake was cut. Fortunately, when Cary Young and Angela Lee fed each other their cake, there were no food fights or messy faces.

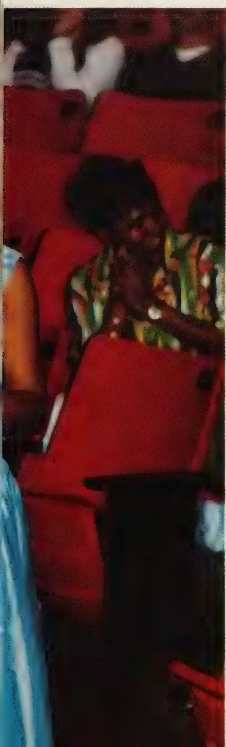


NOT A CONCERT

Jabari Clark and Jasmine Jones sang a duet, as well as Varonica Phillips and Tarah White. Jabari played his role of a singer well by singing sincerely and with emotion. "It was beautiful," said Mike Koehl, an audience member.

TIME TO EAT

A reception followed the ceremony and audience members came to finish the celebration. Donna Laird, samples some food. Class members were encouraged to dress nicely and extra credit points were given.



WONDERFUL TONIGHT

Junior Board puts hours into preparations for prom; working with candles and invitations to develop the chosen theme.

Long hours of preparation paid off for the junior board as they brought the Eagle's Lodge to life for the sixteenth annual Junior/Senior prom. It was transformed into a dream that portrayed their theme for the prom. "Wonderful Tonight, was a very appropriate theme because the night was so romantic," said Kelly Minkin.

"It's a shame that no one knows how much work is put into the decorations," said Shannon Brooks. An elaborate tent was set up for photography and bathrooms were decorated, goblets containing floating candles were placed and gossamer columns hung. In the corner of the large room was a running fountain constructed by Sarah Stalnaker and her parents.

When asked about the best thing at prom, Will Richardson said, "I liked the gifts best, the candles set a romantic tone and besides it was free."

As everyone arrived and the dance floor started filling up, people forgot their reservations and started dancing. "I went by myself and I still had the best time," said Nickki Schaffer. BY: MELISSA BURKE



HELPING OUT

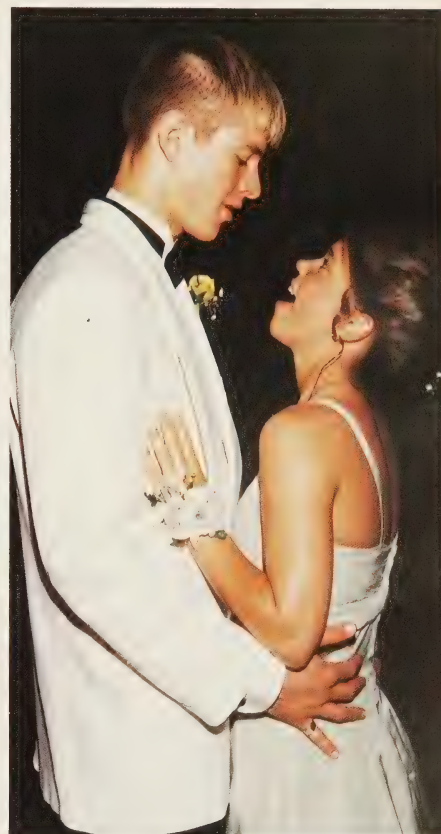
Mrs. Mills and her son Travis, 12, chat during prom. Mrs. Mills says that her son was the best date there. Travis Mills has helped his mother with prom for all five years that she has been sponsoring the formal, since he was seven. Travis enjoyed just sitting and watching the couples as they danced and socialized.





DRESSING UP

Relieving his neck from his bowtie, Matt Suplicki fastens the matching tie to his date's neck. Christy Holmes and several other couples decided to color coordinate dresses with tuxedos.



TWO'S COMPANY

Longtime couple, Lane Brooks and Amy Dameron, enjoy dancing to theme song, "Wonderful Tonight". The Eric Clapton song was chosen by the junior class board to reflect their theme.



NICE WHEELS QUIET TIME

Arriving in style, Nathan Broughton, Christina Gleesing, and Carly Medosch step out of the limo Broughton rented for prom night. Broughton split the cost with friends and enjoyed riding in it before and after the dance.

Anna Brightwell and her date smile and talk while taking a breather from the exhilarating dance floor. Tables decorated with candles and sequins gave the room a romantic glare, which played off the theme 'Wonderful Tonight'.

QUIET TIME REMEMBERING

During a moment of silence for Sophia Silva, Todd Armstrong and Omii Arroyo remember an adored classmate. Silva would have graduated with the Class of 1998 if she had not been taken before her time.

In remembrance of Sophia Silva, Mr. Gray presents Pam Silva with her sister diploma. In honor of Sophia, Roger Harris was chosen to receive the first Sophia Silva Scholarship.

A BIG HUG

Getting a hug of congratulations from Mrs. Speight, Robyn Anderson proves that hard work really does pay off. By receiving her high school diploma, Anderson accomplished one of her biggest goals.



IT'S OVER

Chatting with her mother, Sarah Meadows gets a minute to relax after the awards ceremony. Meadows received scholarships including the James Madison Scholarship and the National Honor Society Scholarship.



HANDSOME REWARD

After the Awards Ceremony, Robyn Quattlebaum talks with Mr. Kevin Allen, a representative of the Allen and

Allen law offices. From the law offices, she received the George E. Allen Scholarship.



THE LAST HOORAH

It is more anticipated than the Oscar Awards; it is on the minds of graduates all over the country.

Friday, June 12 at last arrived for the 340 graduating seniors at Courtland. Various emotions flickered on all faces as the graduates awaited their diplomas and that day to be "free".

"Graduation had a really festive, uplifting feeling about it. It was all I had imagined, minus the fireworks," said Matt May.

Graduation is a crossroad in every students' life, where one must part from old friends as one journeys down an unbeaten path.

"It's always hard to say good-bye. Although, it's comforting to know I'll make new friends," said Kimberly Wright. Whether one chooses to continue education or to begin work immediately, life will be drastically altered. During her speech, valedictorian Amy Fagan quoted the lyrics of Semisonic's, "Closing Time": "Every new beginning comes from some other beginning's end."

BY: JENNIFER JAQUAY

ATTEN-HUT GREAT OUTDOORS

Standing at attention, Megan Driest and Sara Hansen spend a week in the life of a Naval Mid-Shipman. Sara won the iron women award at the Naval Academy summer seminar program in Annapolis, Maryland.

Taking a break, James Moody poses with camp counselor Kira Anderson. "It's a great experience being a role model for kids," says Kira. At 4-H camp, Kira participated in outdoor activities with kids from Spotsylvania.

KEEPING COOL

In the 'mist' of it all, Carol Crank and Kari Hansen get showered by the water from Niagara Falls while on the *Maid Of The Mist* boat. Crank and Hansen spent part of August on the border of Canada and America keeping cool while the rest of the country was in the heat of summer.



SALOON GIRLS

Dressed up as saloon girls, Courtney Carbaugh and Sara Williams pose in front of a bar scene from the 1920's. The girls spent their summer vacation in Ocean City, Maryland.





ISLAND BABE

Looking over the water from her room in St. Maartens, Jennifer Jaquay smiles in front of the beautiful Caribbean scenery. Jennifer spent one week in island paradise during July, swimming, snorkeling, shopping, and experiencing a different culture.



FUN IN THE SUN

Among volunteer work, travel, jobs, and camps, the summer of 1998 went by too quickly for some.

Summer is thought of as a time to sleep in, stay out late, and be carefree. With summer comes spare time, but Courtland students managed to stay busy.

Some students donated part of summer to charity. Arline Lopez went to Savannah, GA to repair homes with World Changers. Robin Barnes and D'Anne Huber said "We built the second all women's home in America with Habitat for Humanity."

Other students accepted summer jobs for some extra cash. "I worked all summer driving cars, I was able to afford one for myself," said Amir Raminpour. Students also worked to save money for college.

Members of Young Life rode ziplines and completed rope courses at camp. Chrissy O'Donnell and Shannon Dunkle said camp "was a wonderful experience meeting new people."

Traveling was memorable for some such as Jennifer Hawkins. During her excursion to the Bahamas, she was robbed at gunpoint. Though summer went by quickly, memories will be cherished forever.

BY: KAITLYN JONES

THE JACKET PREDICTIONS

For the first week of school, some transfer students wore their former colors or mascots on their jackets until they gained Cougar Spirit. Mark Clarke, wearing his Chancellor letter jacket, stays after school with Mrs. Barnes.

In addition to a junk car bashing contest, refreshments sold by the PTSA and face painting, DECA sponsored a palm reading booth at the Back to School Bash. Angela Filmeck and Lindsay Mohr get their palms read by Mrs. Pins.

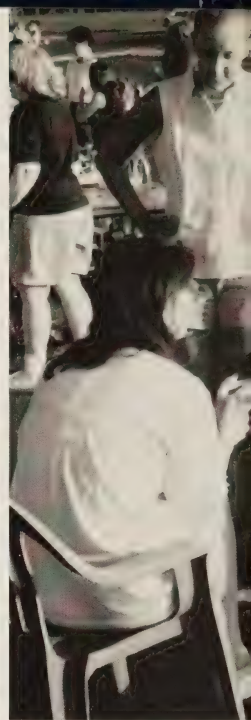
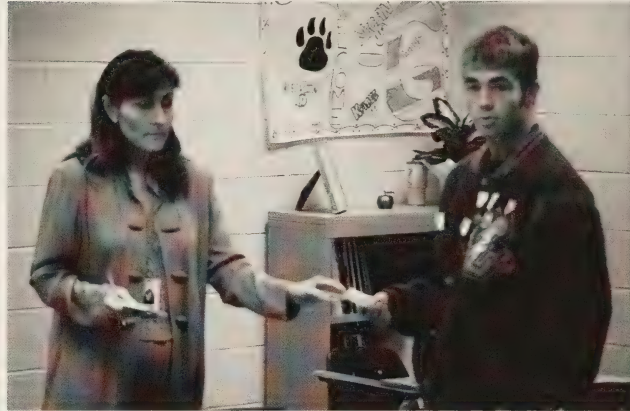
ALL WET

Along with the other fun activities at the Back to School Bash, Mr. Bedwell graciously chose to place his head in a painted board and was hit in the face by water balloons. Participants included every age as they got an only chance to 'water down' the new principal.



THAT'S FUNNY

After a stressful day of searching the halls for classes and lockers, freshmen and new students relaxed at lunch. Emily Andretta and her friends joke around at lunch. "I didn't like not knowing where I was going or if I had the wrong classroom or not," said Andretta.





LADEN DOWN

Too many books and heavy bookbags were another thing students had to get used to the first week of school. Johnathan Hartman, a transfer from Chancellor, willingly trudges to class.



BACK SO SOON?

Some students look forward to it more than others but the beginning of the school year causes change for everyone.

As the first day of high school approached, students felt a change. Freshman and transfer students were excited but nervous. Chris Gallo said, "I was anxious about how the first day of school would go." Returning students had nothing to fear but still protested. Mindy Kern said, "The prospect of returning to the daily drudgery was almost too much to bare!" Seniors had mixed feelings about their last year.

"I was sad about the thought of leaving all my friends after we graduate this year," said Meghan MacNair.

A "Back to School Bash" took place on August 28. SCA sponsored this hoping to increase school spirit and to welcome new students to Courtland. The bash included fortune telling, car decorating, and a car smashing.

For some, the first day was quite confusing. Ashley Grimes said, "The first day of school, I got lost three times." Having experience at Courtland made the first day easier and exciting for others. Angela Shelton, a sophomore, said, "I thought the first day was really cool. I knew my way around and had already adjusted to Courtland and the people."

BY: JENNIFER JAQUAY

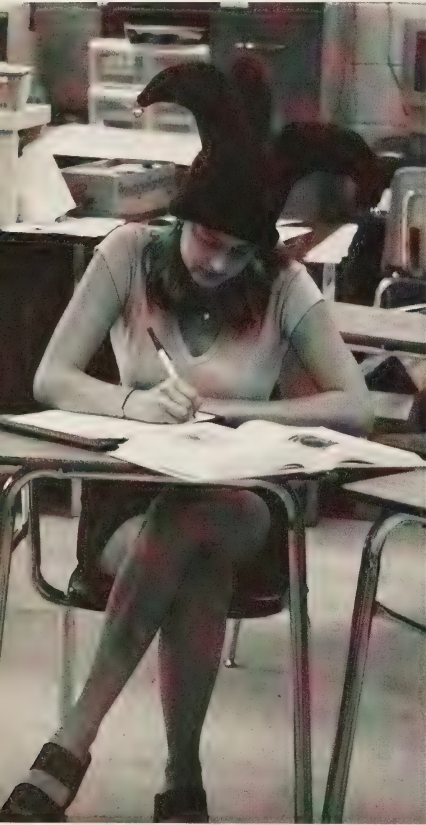
FREE, IF FOUND $2 + 2 = \text{THREE}$

Crowns, castles, and various medieval items were hidden around the school, and if found students were rewarded with prizes. Justin Anderson receives his two free dance tickets from Meghen Alvarado, after locating a crown.

During lunch shifts, sure-footed friends joined to participate in the three legged races. Winners were given free tickets to the Homecoming Dance. Megan Driest and Katie Mager stand linked and ready to race.

HATS OFF TO YOU

Hat Day saw weird, unusual, ordinary and all different kinds of hats atop enthusiastic heads. During Dr. Walker's AP English class, Jenny Hawkins wears a jester hat.



TWO OF A KIND

Twin Day was the most popular spirit day of all. Chris Midlin and Jason Dick were the winners of the contest. Both guys wore the same shirt, pants, and even a similar bandage on their same fingers.





SENIORS ONLY

Seniors wore their hats to show their spirits during school and later that day at the pep rally. Michael Gray sports his hat and his spirit at the Homecoming pep rally held during seventh period Friday, October 16.



WE'VE GOT SPIRIT

Along with hall passes and lockers, Spirit Week was an annual necessity that encouraged students to have fun.

Spirit Week, an SCA sponsored event, included days such as Hat Day, when students were permitted to wear hats, particularly crazy or funky hats. A three legged race occurred on Wednesday during lunch. The following day, Twin Day, saw the most participation among the student body. On Friday, there was a contest to find hidden medieval paper items.

Although the purpose of Spirit Week was to excite students for the coming game and annual semiformal, some just were not interested and shared unconventional opinions.

"Spirit Week just seemed like an excuse for everyone to act stupid and crazy. It did manage to pump up the school for Homecoming," said Rebecca Francis.

Freshmen thought differently about Spirit Week than the other classes. "I think the three legged race was the weirdest out of all the days," said Kim Kieloch.

Spirit Week was taken seriously by the seniors. "Spirit Week pumped up the seniors. We just like to sit back and watch them. I guess Spirit Week is cool if you're a senior," said Josh Dameron.

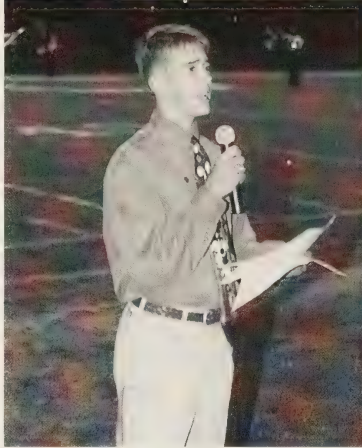
BY: KIRA ANDERSON

SLOW DANCE

Junior Class court members, Chrissy Soper and Hunter Woodard, smile for the camera. Woodard and Soper attended the dance as dates and as escorts for court.

MR. PRESIDENT

Announcing Homecoming Court and the results of the banner competition, Andy Anderson speaks during halftime. The banners were displayed on either side of the field while court members stood between.



QUIET MOMENTS

Sharing a special moment, Jennifer Wells and Jason Hernandez hold hands in between dances. From manicures to hairdos, girls got all decked out for this event. With a flower in her hair, Jennifer shows off her coiffed hairstyle.



BOOGIE DOWN

Dancing the night away, Beth McAdams and Carrie Keller took their shoes off so they could boogie down. Long gowns didn't stop the girls from having a blast while dancing to the upbeat songs. New pantyhose was often sacrificed for comfort when shoes went by the wayside.





TOGETHER THROUGH TIME

An annual tradition, students dress to the nines and socialize after the last home football game at the semi-formal Homecoming Dance.

New faces, fancy dresses, decorations, and music all made up the excitement of the Homecoming Dance. For some, this was just another high school dance, but for others, the dance was a special event, to be attended every year in the fall.

Going to Homecoming with a group of friends was more appealing than going with a date for some.

"We got the guys from Spotsylvania High School to pay for our dinner, and then they went to their homecoming dance and we went to ours. The only problem was fitting eight people into a Probe," said Cindy Hockaday.

"It was the best Homecoming I have ever been to," said Kristy Robinson, who went with Cindy Hockaday and six other girls.

Couples included friends and actual boyfriends and girlfriends. "I went with my best friend, Sameeh Almahd, and the night was more relaxing and fun for me," said Trisha Filter.

The SCA sponsored event involved hours of preparation, attention was placed on the refreshments, tickets, and most of all, the decorations, which reflected the theme "Together Through Time." "The dance was far more decorated than it was last year; it was great," said Lauren Rojek. BY: KAITLYN JONES



ROYAL SURPRISE

Smiling, the royal couple stand side by side as James Carr receives the scepter from last year's King, Anthony Wallace. Shannon Dunkle was crowned Queen and given a dozen roses; "I was so surprised to hear my name announced Queen," said Dunkle.

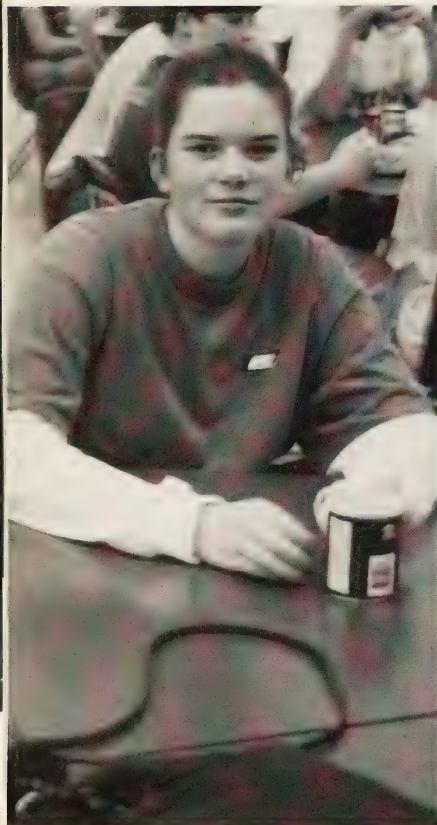
CORNROW STYLE ALL IN A NAME

Standing in front of the classroom, Kira Anderson shows her new hairstyle. "It takes my friend's mom about thirty to forty-five minutes to make cornrows and was fairly easy because of my naturally curly hair," said Anderson.

Wearing shirts made by Abercrombie and Fitch, Shawn Gill and Lori Gorman display their eye for fashion. Students often traveled to other malls such as Potomac Mills to obtain these popular names.

LAYERED UP

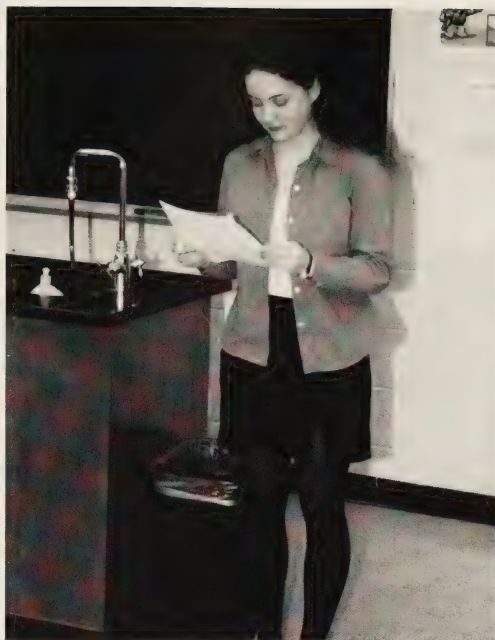
Sporting the short sleeve shirt over top of a long sleeve shirt, Laura Soulsby dresses in a popular way by layering her clothing. "I wear my shirts this way because it looks nice and it's comfortable," said Soulsby.



CATCHY CABS

Getting ready to leave after a busy day at school, Nick Ridgeley chills with his friends, Tyler Jenkins and Ryan Hill, beside his trendy car. Neons appeared in a rainbow of different colors in the student parking lot. Students found Neons to be affordable and still cool to drive around.





SASSY STYLE

Wearing a fashionable skirt that sports a trendy slit on the side, Sarah Stalnaker reads the morning announcements. Skirts like this were a popular look when girls wanted to dress up but still look casual.

HOT OR NOT-SO-HOT

From the car a person drives to the way a person's hair is, trends dictate what's hot in students' lives. Those students who believe in individualism think trends are not-so-hot.

Who would have thought that wearing pajamas in school would be cool? Students found flannel boxer pants very comfortable during long days at school when they did not feel like changing in the morning.

Layering clothing was another trend. "I wear a short sleeve shirt overtop of a long sleeve shirt in case the weather changes; I will be prepared," said Kristin Mundie.

Brand names were still considered hot, and fleece sweaters became popular too. "I tie my Nautica fleece around my waist when I don't have it on," said Antoine Jones. Jeans with flared legs are also trendy.

Is individualism a trend of its own? Students thought that being yourself was cool, also. "People should be individuals and not follow what is supposedly considered cool," said Melody McCarthy.

"I don't set trends. I don't follow them. I don't know what they are. I'm just myself," said Josh Elkins.

BY: KAITLYN JONES



THE DATING GAME

Having someone special in life seems to make every day better even if that special person goes to a different school or lives elsewhere.

Dating is one of the many obstacles high school students go through every year. Dating someone that goes to another school, someone that is in college or even someone that does not live in the same state can bring on many difficulties.

"It's harder to date someone who is in college because you don't see each other as much," says Latoya Clark.

"Seeing someone from another school has its ups and downs because you don't aggravate each other as much as you normally would. However you miss the person a lot more because you hardly ever see them during the week," said Nathan Striegler.

Dating someone that is not at the same school is not always a bad thing.

"Misha and I are perfect for one another. There is 100% trust with us. That's what makes being apart from her easy. As long as there is trust, everything will work out," says James Carr.

"It's neat to be going out with someone in college because we have both changed together in 13 months and we are still together," says Natasha Childs. Sometimes dating someone from the same school is an obstacle in itself. "It is hard to have a relationship when your partner's parent works at the school. You can't hold hands or kiss in the halls without being paranoid," says Corey Green.

BY: TARA VADEBONCOEUR



HANGING OUT

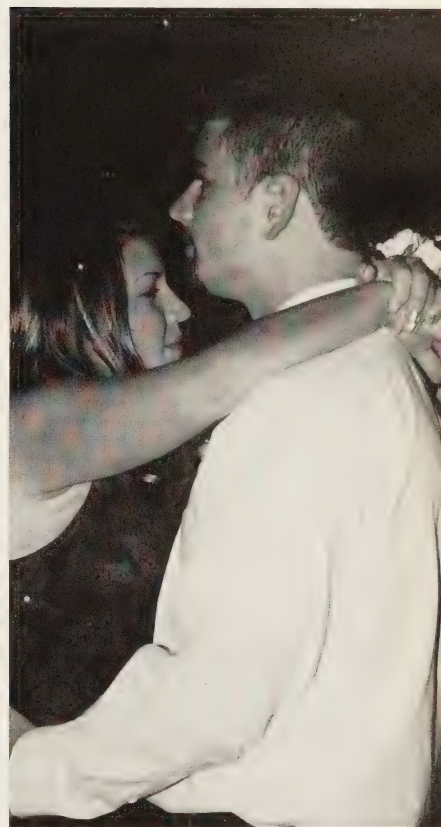
After a long week at school, couple John Robinson and Lisa Gaines hang out at Lisa's cousin's house. They have been together for three years and do everything together, from playing basketball to just spending time at someone's house. Weekends are some of the best times for couples to get together.





HELLO, GOODBYE

Before the five minute bell rings, Shannon Dunkle and Lee Meador take a few minutes to catch up in the hall. Having a coordinating hall schedule allowed couples to meet and say a quick hello before rushing off to their separate classes.



LONG DISTANCE

Dancing the night away, Adam Goodrich and Emily Viventi hold each other close at Homecoming. Homecoming provided a chance for Goodrich and other seniors to come home from college and attend the semi-formal with their steadys back home.



WHAT A PAIR GOING GREAT

Getting ready for prom, Kaitlyn Jones and David Hoffman, exchange flowers. This was the first formal for Jones and Hoffman. Although Hoffman went to a different school, it was still enjoyable to attend the functions.

Lane Brooks and Amy Dameron joke with each other in the hall. Having so much in common helped them become closer. "Every relationship has it's little problems, but that only makes things better in the end," said Dameron.

MONEY!

Wanting everything to be perfect, students worked for their goals by earning money through fund-raisers.

Fund-raising allowed clubs and classes to give the student body what they wanted. Money was not just handed out, students had to earn it. Clubs and classes came up with creative ideas to raise their funds.

The National Art Honor Society sponsored a Bingo night.

"The night raised a lot of money for the society. It was something different and fun. Businesses donated cool prizes to the winner," said Drew Breen.

Clubs were not the only organizations who raised money. The classes were always in need of money for their events and activities.

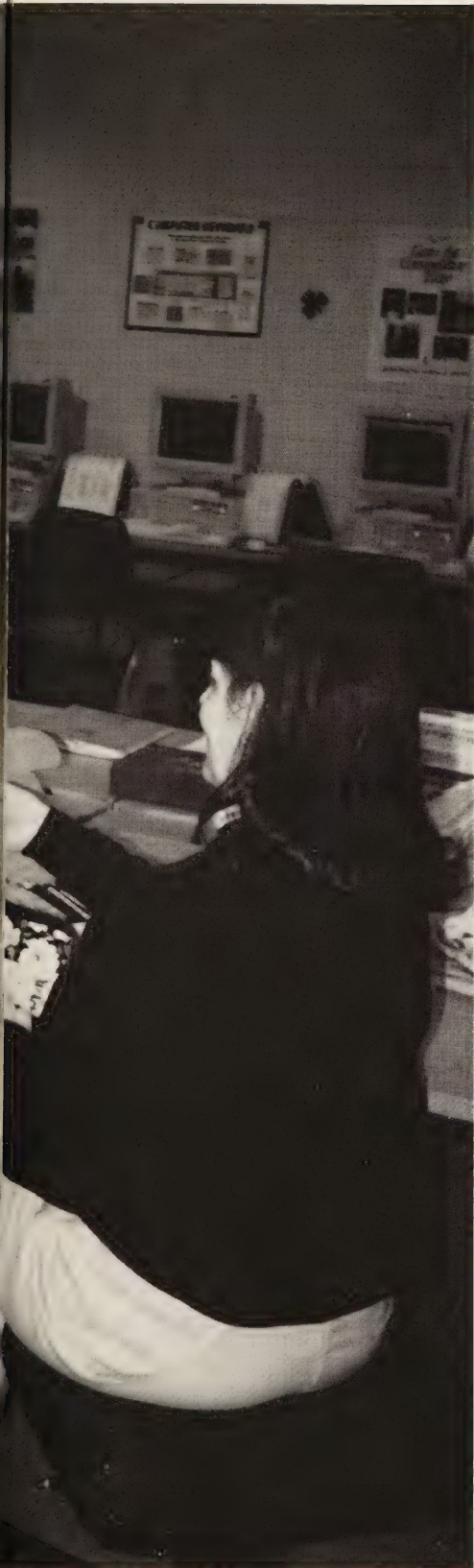
"The Junior Class sponsors the junior/senior prom. We sponsor the prom every year, which can run into thousands of dollars. Fund-raising is an imperative task that we must undertake," said Junior class sponsor Mrs. Mills.

Other classes also raised money.

"The sophomore class is selling raffle tickets Monday through Wednesday for fifty cents. On Thursday we draw one name. That person wins a free lunch from any takeout restaurant of their choice with a ten dollar limit," said president of the sophomore class, Beth Benshoff.

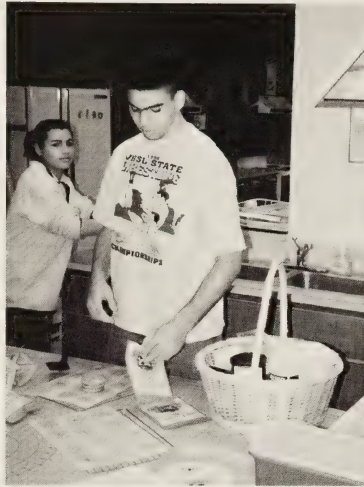
Before the final bell Kim Anderson, prepares the Otis Spunkmeyer cookies that were sold every Monday, Wednesday, and Friday. The cookies satisfied the students' appetites and raised money for FBLA.





GUM CANDY

Candy was a popular fundraiser. Mrs. Mills sells a candy bar to Manny Smith. The profits helped the prom.



SNACK TIME

After school almost everyone needs a snack. Nathan Broughton takes the role of preparing cookies to be sold to the hungry student body.

PENNY RACE

To help raise money for After Prom, all four classes participated in "The Great Penny Race." Mrs. Viventi and Mrs. Kavina stand post over the money donated by the students.



TICKETS!

SCA vice president Emily Viventi sells two dance tickets for the Valentines' Dance to Jessica Spears. All proceeds went to the SCA to help with decorations and refreshments.

Family equals Friends

Some teachers, without fail, always get confused between which sibling is which.

It's inevitable. You know it will come; the day where a teacher calls you by your sibling's name.

"My sister didn't even have my teacher and she still called me Megan," said Ashley Grimes.

"Since my freshman year my brother has looked out for me, I can't imagine him not being here next year, we share a locker and look forward to seeing each other, he's my closest friend," said Kira Anderson of her older brother Justin.

Siblings come in sets of two to as many as five. Scott and Jimmy Kline had to adjust in order to make room for their younger brother, Kevin, sharing lockers but not car seats. "Now that there is three kids, there isn't enough room in the truck that we drive to school, so Kevin is forced to ride the bus," said the older Klines.

Sara and J.P. Hansen have their share of frustrating moments. "Now that J.P. has a license he gets to take the car, especially after school," said Sara. She also said, "It's not fair that he gets the same curfew as I do. When I was his age I had to be in at eleven o' clock!" Whatever the case, siblings all have their share of peace and war.

BY: DREW BREEN

SISTER, SISTER

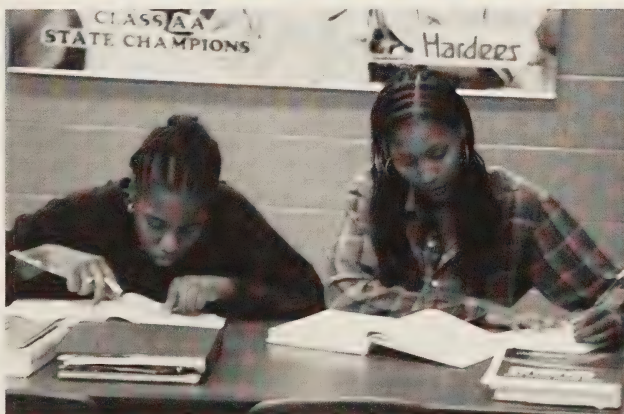
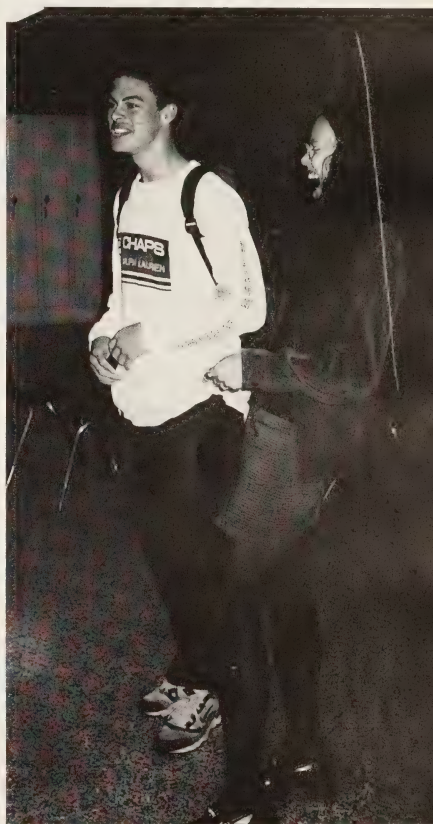
Sharing some sisterly advice, Kaitlyn and Maureen Jones meet between lunch shifts. "Maureen is more than a sister to me. We help each other out no matter what the problem is. We are always there for each other," said Kaitlyn.





BEST FRIENDS

Being brother and sister sometimes meant being best friends. "We get along so well and would feel so lost without each other," said Kira Anderson about her relationship with her brother, Justin. As older siblings graduated, younger ones filled their spots in classes and sports.



I LOVE YOU, MAN

Lunch is typically the only time when siblings had chances to see each other because of different classes. Danielle and Robert Coleman meet in the commons. "I enjoy seeing my brother at school and we get along fine," Danielle said.

OPPOSITES

They are complete opposites, but Erin and Adam Estep are still of the same blood. Even though their friends varied, the two had chances to catch up during their lunch shifts. "Even though we are different we can still live with each other," said Erin.

TWIN SISTERS

Not only are their names alike but Aija and Naija Grant look like twins even though they are in actuality a year apart. They stayed after school often to participate in track and clubs together and worked together at Food Lion.

GIGGLE-STRUCK

A favorite hangout spot for friends were the new benches on the side of the school. Laughter can bond friends like Shantel Carter, Shanna Bowens, Latonya Howard, and Brandy Bradley.

SOCIAL BUGS

Lunchtime was loved by all and friends knew how to make good use of the time. Brother and sister Nicole and T.C. Carter, along with Varonica Phillips and Kelila Simmons meet and catch up on the recent news.

GOT PLANS?

Weekend plans were the thing to talk about on Friday afternoons. Friends Joey Hess, Erin Herndon, Hunter Woodard, Amir Raminpour, and Shannon Brooks stop in the hall between classes to work out all the details of their weekend.



SEEKING ADVICE

Friends always stuck by each other, and often encouraged with words of advice. While in the Commons Area afterschool, Cindy Hockaday gives Shannon Dunkle advice on her personal issues.





IT'S THAT TIME

Special tables such as the senior table were designated for a particular class but there were always exceptions especially among friends. Lauren Ridenour, Chrisey O'Donnell, and Stacy Kralik enjoy their break.



THROUGH

THICK 'N' THIN

Friendships were a significant part of life in high school. Best friends were always there through thick and thin.

Over time, the bonds of friendship take on many tolls; ties are broken and reunited many times. Friendships can be rekindled as if no friction ever existed. The most common setbacks could be distance and occasional fights. Although in the end, these bonds last forever.

Distance was not a factor when it came to best friends, Tanisha Jackson and Lashaun Gray. They had been friends for six years although Gray lived in Maryland. They visited on weekends and still called each other "best friends."

"Though her body may be far away, her spirit lies within. She always and forever more will remain my best friend," said Jackson.

Longtime friends, Lane Brooks and Omii Arroyo met through mutual interests. After being friends throughout high school, Omii graduated in 1998 and moved back to Puerto Rico, while Brooks stayed for his senior year. "We call each other everyday no matter what the phone bill may be," Brooks said.

During most of their lives, Hilary Deihl and Melissa Feinman were each other's shadow. They met by liking two guys who were also best friends. "We fight everyday just like sisters," said Deihl.

BY: KIMBERLY LABBE

TO HEART

What other way would make Valentine's day more special than a semi-formal dance called Cupid's Game of Hearts?

Instead of separate plans for the fourteenth of February, Valentine's Day, the majority of students grabbed their friends or their loved ones and danced the night away at the first ever Valentine's Day Dance, officially called Cupid's Game of Hearts. Although it was not looked forward to by all, most were excited about having another occasion to get dressed up and go to a fancy dinner.

This SCA sponsored activity was chaired by Tiffany Lutz who worked hard in preparation for the big night. The SCA crowned a king and queen and presented a court of representatives from each class. Hilary Deihr and Dustin Ray were awarded the honors of being chosen king and queen.

"I didn't enjoy the dance too much. I thought it was boring because a lot of my friends didn't show up," said Thomas Blake.

"This dance is not only about being with the one you love. It is just a dance to get a little dressed and have a lot of fun whether you are with friends or your boyfriend or girlfriend," said Tiffany Lutz.

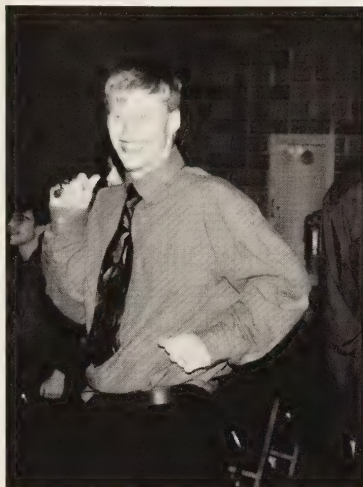
"The Valentine's Day Dance was a lot more fun than Homecoming," said Melissa Feinman.

Popular dates included students from other schools. Andy Anderson dances with his date from Chancellor High School. Spotsylvania was the only other school that hosted a dance on the weekend of Valentine's Day.





After the votes were tallied, Hilary Deihr and Dustin Ray were chosen as the first ever Cupid's Court King and Queen.

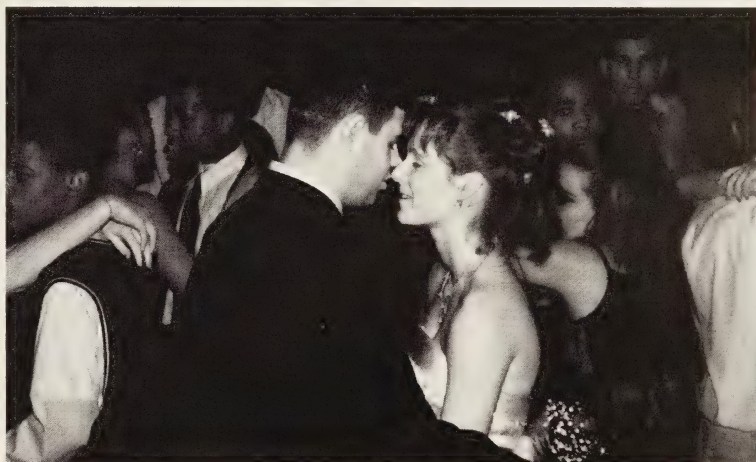


DANCE STYLE

Dancing to the beat, Ryan Thompson shows his moves. Everyone seemed to be on the floor dancing and moving their feet. It was almost a shock to people when the dance was over because of such a high level of amusement.

MEMORIES

Holding each other close, Ralph Block and Erin Estep, Cupid Court nominees, dance to a slow song sharing a memory that neither one will forget. That's what this night brought a lot of memories that would last forever.



IT TAKES TWO

Strutting their stuff on the dance floor, Kira Anderson and friend Carolina Buchanan from Massaponax High School dance together. Instead of attending these types of dances with dates, students frequently went with their friends.

BEST TIME

Participating in the Homecoming is what most clubs do. Chris Midlin of the German club works on his

banner in hopes of winning something. Most clubs started a month before the actual Homecoming game..

CUTTING TIME

Getting the banner ready for SADD was not an easy job. But Shauna St.Clair and Jekisha Elliot had a fun time working on their banner.



ALL 4 ONE

Just like men at work, Justin Kirkland, Tori Meeks, and Robby Barber work on their banner. The Photo club won honorable mention for their medieval theme and actual 3-D camera on the banner.



SHOWING OFF

Most clubs spend a lot of time on their banners. And as the FHA club walked into the pep rally people cheered. Each club had two to three students carrying their banner and showing off their work that they had done.





DISPLAYS OF SPIRIT

Homecoming night the banners were ready to let their colors fly, hoping to win a prize for a particular club.

Making a Homecoming banner gave students the chance to let their creative juices flow and to put together an award-winning banner.

The SADD club made a banner which depicted the effects of drunk driving.

"We were happy that we could make a banner for our club and show the conflicts and consequences that came along with driving drunk," said Jen Keller and Chasity Williams.

Each club was able to express their own themes in different ways.

"Working on the French Banner was interesting and fun," said Lauren Przepiora. The French Club won for the third time consecutively, the award for the Most Attractive banner. The Spanish Club also had an interesting banner.

"Making the Spanish banner was a lot of fun and I hope I can do it again next year," said Meghan Gleason.

The banners were first presented at the pep rally before the game. There the judges made their decisions and the results were announced during halftime of the Homecoming game.

"We worked hard on our banner and got nothing, but I'm still happy," said Courtney Carbaugh.



Walking through the gym, Stephanie Rickard, Kim Horton, and Latoya Clark show the crowd their colorful banner. The Multicultural Club create their banner on the objectives of their club.

Bite the Dust

Leaving their opponents in the dust, academic and sports teams fight to the finish and come out on top.

The song "We Are the Champions" by Queen was played at the end of the day as a release bell; there was an abundance of "Number One" posters made by the cheerleaders; a Parade of Champions marched the halls. All these have something in common: winning. The teams at Courtland and their faithful fans knew the feeling of sweet victories as they excelled as they had never done so before.

Some winning moments to remember were Tyrone Noel's buzzer beater three pointer that won the District Men's Basketball Tournament against Garfield, the first District Championship title earned by the Women's Basketball since 1985, the Academic Team taking second, and Erin Estep and Andy

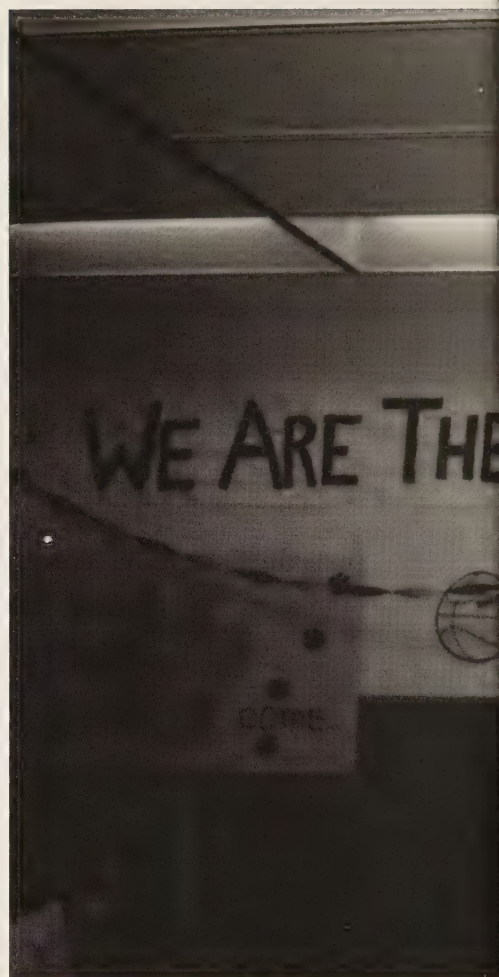
Anderson, facing the best and winning second in the Forensics Competition, as well as others.

"Despite the loss of some players in mid-season, we pulled through even when our backs were against the wall," said Paul Hibbs, of their sweet triumph in the District basketball match up.

"I think we had a really successful season, and we accomplished a lot," said Betsy Chilton of the women's basketball successful season.

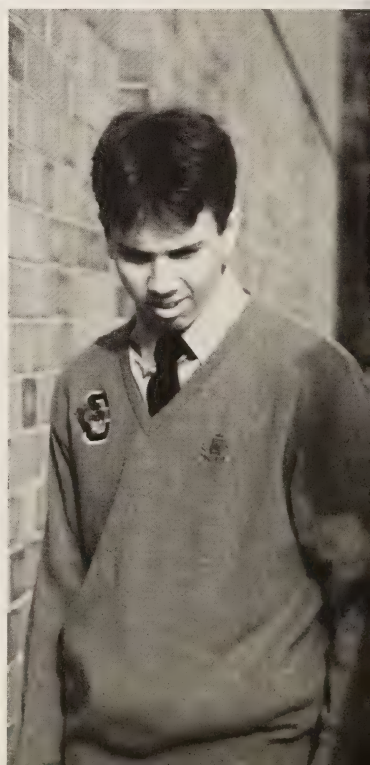
"The Academic team did pretty well considering that we lost most of our team to Massaponax High," said Josh McKenrick, "And we had a hard time because we were AA size competing in the AAA division."

BY MAMIE SMITH

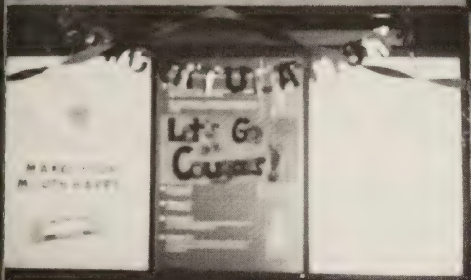


SENIORS

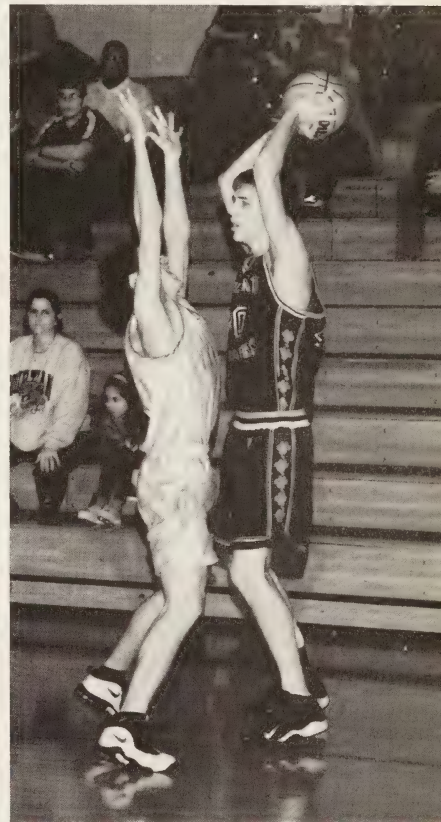
The Forensics Team went to compete in the District Tournament, held at Stafford High School and did well. Erin Estep and Andy Anderson placed second. The seniors of the team pose for a "winning" picture.



CHAMPIONS! #1



The pair of sweet victories from the women's and men's basketball teams prompted the celebration of a winning year, complete with a parade of champions, a huge pride banner and enormous fan support. Also victorious, the varsity cheering squad took first place in the District competition.



THE WAY

The Men's Basketball team proved they could go all the way as they won the District Title, earned second in Regionals and competed at the state level. Lane Brooks, paired with David Johnson as "twim towers", looks for an outlet.



THE BRAIN BREAK A LOG

As they wait for the bus to go to their competition, Josh McKenrick and Matt Downey ponder the unasked question: "Why can't we take a charter bus?" The Academic Team practiced several times a week and appeared on television.

The cast and crew pose for a picture after another winning performance in their One Act play. This annual event earned the Drama Club awards and recognitions for their star actors and performers.



SHOW TALENT

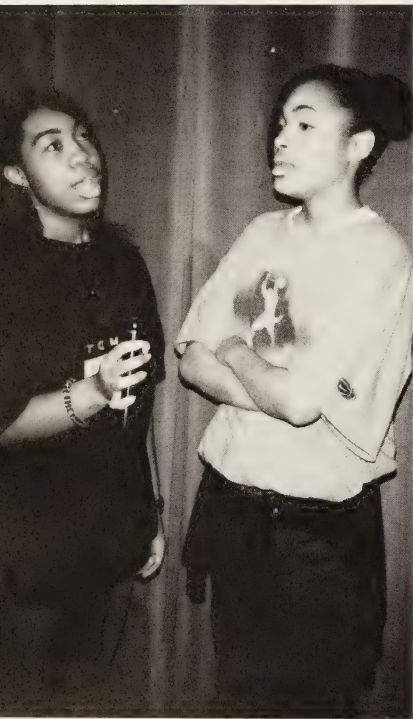
One of few who did not attend Courtland, Chicago Townsley, a student at Chancellor High School demonstrates a form of fighting, which he also teaches called Capoeira.

SETTING UP

Preparing for his number, James Carr sets up his drums on the stage. Carr performed a piece on his set and also played a duet with Tahir Clark at the end of the talent show, showing how easy it was to adapt to a partner and new songs.

SWEET MUSIC

The show was packed with all kinds of acts, some solos, groups, and duets like Tabitha Tillman and Sonja Roberts. The girls sang and their harmonic voices entertained and pleased the audience.



ALL TOGETHER

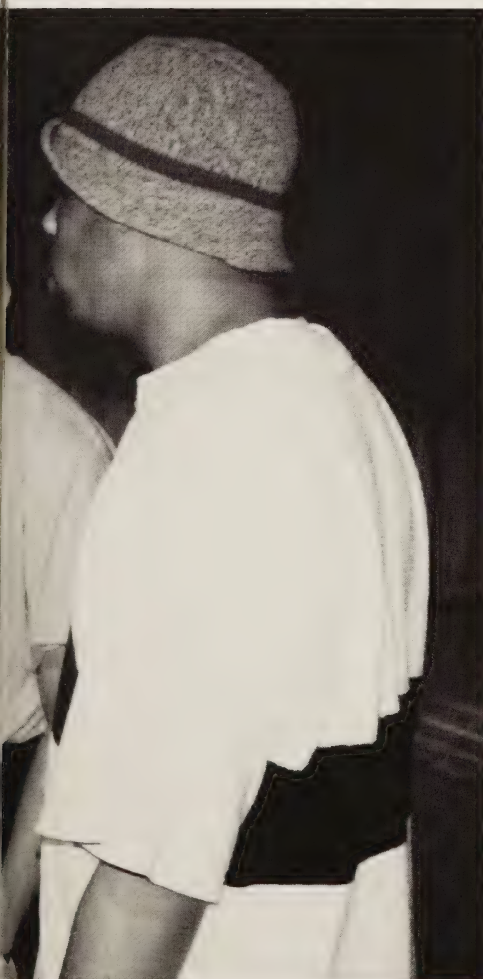
During one of the practices for the talent show Kenji Morgan, Eugene Brown, Adrian Jackson, and Kenon Pratt perfect their song for the final show. The boys sang in united harmony which blew the audience away.





REAL TALENT

Showing genuine talent, junior board members Amy Herman and Lauren Delozier try to figure out exactly how the stage lights and microphone work. Hours of time were put into planning the talent show by the junior board.



A Whole Lot of Talent

Faculty and students teamed up to perform a show chock full of talent.

As a result of the careful organization of the Junior Board, a talent show was presented March 5. The Board sponsored this event to raise money for prom. The show included a bands, singers, and other individual and group acts.

"The bands were exceptionally great. I really enjoyed the step team as always. I hope there will be more shows to come," said Ben Perry. Audience members and the performers felt the show was a success.

"The show was a wonderful way for others to come and see our talent," said Jennifer Keller.

Two drummers playing together from different bands played a duet. The talent of Tahir Clark and James Carr defined the meaning and purpose of the show.

"I was happy to be in the first Talent Show since I've been in high school. It was fun and a good experience. It was cool to have a duet with James. We had never played together, except at auditions," said Tahir Clark.

BYRON W. ALLEN/MSU

ADVENTURES

Making the outdoors their classroom, science students study how nature works on their outdoor adventures.

Everyone loved outdoor adventures. Trips to the nearby pond were not uncommon for Mrs. Aleo's science classes. The students experienced hands-on and although the atmosphere was casual, students still had to complete assignments. The Meteorology classes studied clouds and participated in shadow labs in which they learned how the sun shone during the seasons.

As for the Physics class, Mr. Duncan's students enjoyed a creative activity called Physics Beach.

"It's like bringing science outside and we have time to do our work and socialize freely," said Kaitlyn Jones. Aside from the science classes, study halls and other classes enjoyed the pleasant weather.

"When we are in a classroom, confined, it's hard to study or do homework; that's why I like going outside," said Jenny Jaquay. Creative Writing went outside and was inspired by the pleasant weather. Whatever the class and wherever the place, outdoor adventures were welcomed.



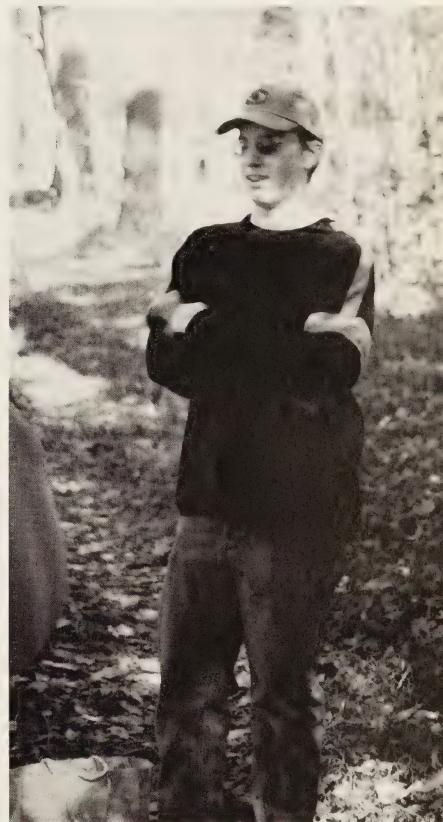
SIDEWALK FUN

Matt Sokolowski prepares a shadow lab for his meteorology class. The class taught students how to predict weather from the cloud changes and to identify the seasons through the position of the sun.



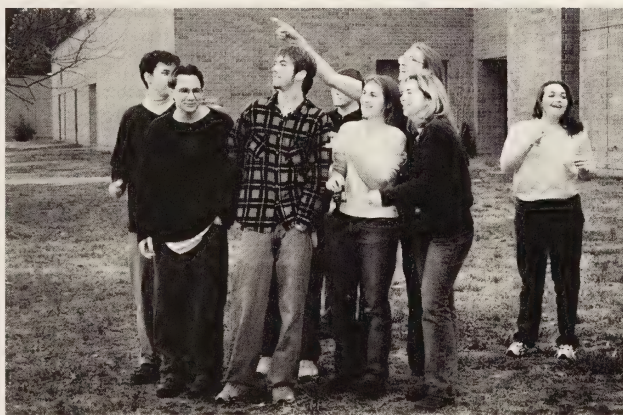


An Earth Science class spent time at the pond and in the woods behind the school and they studied the weathering and erosion effects on the stream's banks.



IN NATURE

The Photography Club president Justin Kirkland stops to contemplate the beautiful scenery. This traveling club went to the Prince William County park to take pictures and learn about picture quality in the outdoors.



SURROUNDED LOOK AT THAT

As she examines nature at work, Ana Gutierrez takes notes for her Earth Science class surrounded by trees and foliage. Mrs. Aleo took her Earth Science classes outside about 2-3 times a year.

A meteorology class studies the forms of the clouds as they try to predict the pattern of weather for a front that was moving in. Learning outside is beneficial for the students because they realize by having a real look at their subjects.

Starting *from the* Beginning

The first year of Governor's

School was all about seeing the results, positive results. Governor's School was the beginning of something new, a chance for students from the area high schools to gather and acquire an advanced education, complete with high technology and advanced computer systems.

The Governor's School was not just intense learning and studying; the agenda included field trips and special activities.

"Every couple of weeks we took a field trip and we did community service for Christmas," said Jeni Dixon.

The requirements for entry into Governor's School included getting 85% on an IQ Test and keeping a 3.5 grade point average year round. Accepted students, mainly freshmen and sophomores, either attended the School in the morning and going to their own

schools in the afternoon and some students went to the school in the afternoon.

Courtland students were considered lucky because the Governor's School was located at the Spotsylvania Vocational Center. Although students came from different schools, there was no friction.

"This has been a great year. I got to see some of my friends from other schools and I've made new ones from Stafford," said Whitney Zacchetti.

The county is trying to expand the School. "Hopefully, the school board will come up with the money to add another location at Spotsy High," said Mrs. Driest.

"This year was such a fun year: this is making my college application look really good. I will definitely do it again," said Meghan Gleason.

by: Angela Shelton

The Governor's School
provided underclassmen with a
higher learning and
interaction among other area school
students.

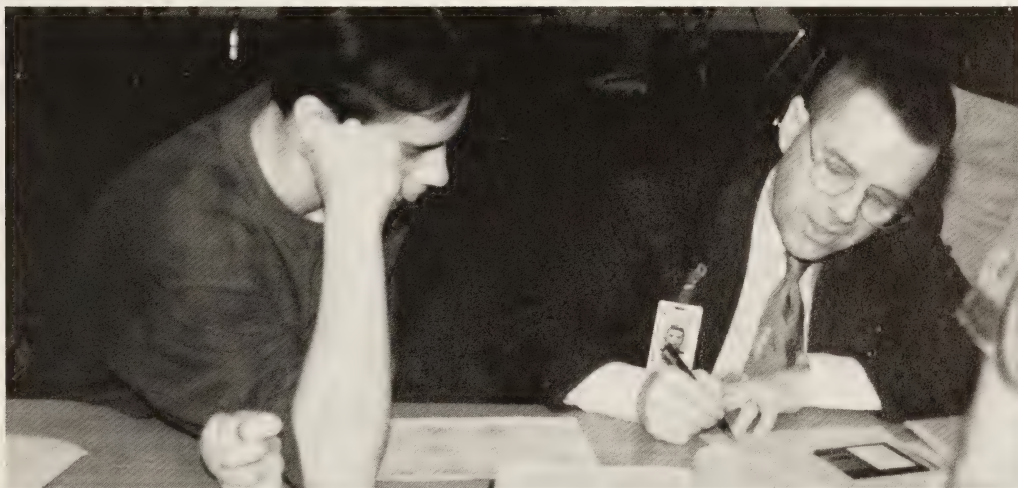


entertainment a gerbil was added to the classroom. Magellan is tended by Whitney Zachetti; each student took their turn at tending to the animal.

School students have free time to either study or socialize with each other. Nick Byram and his classmates play a chess game.



Among the teaching staff at the Governor's School were teachers from Courtland High including Mr. Morris, Mr. Stack, and Mrs. Driest. Mr. Morris helps a student understand the Biology problem proposed.



Modern technology allowed students to learn directly from the computer. The Internet, popular for all, helped Jeni Dixon to complete her assignment.

Free time gave students and teachers a break to and interact, as well as a chance to gain some one-on-one tutoring. Mr. Stack and some students relax and prepare for the rest of the day.

Stamped, *Sealed,* and Approved

When it debuted in late fall of 1998, people asked, "What is it?" and "How do you get it?"

The Community Service Seal was initiated through the School Board. The service seal gave students the opportunity to earn a seal on their graduation diploma and a silver tassel on their cap.

In order to obtain these honors, a certain amount of community service hours was required. Because of its sudden appearance, the seal required 35 hours from seniors, 70 from juniors, 105 from sophomores and 140 hours from freshmen. This is a very good opportunity to not only do things for others, but also for yourself.

"I think it is a really good incentive

for encouraging students to get involved in the community," said Sara Hansen. There was an abundance of service opportunities and they varied depending on preference and skill.

"It's good to see that people are actually taking the time and energy to do something good," said Tiffany Lutz.

"We experienced service involving Habitat for Humanity. It was a great experience and it was for a good cause. We also went to Courtland Elementary School and helped tutor the children," said D'Anne Huber. The Art students were asked to design the service seal for the diploma, which they did with pride. Reward and hard work was visible when the graduation ceremony came and caps and diplomas were shining.

by tara vadeboncoeur

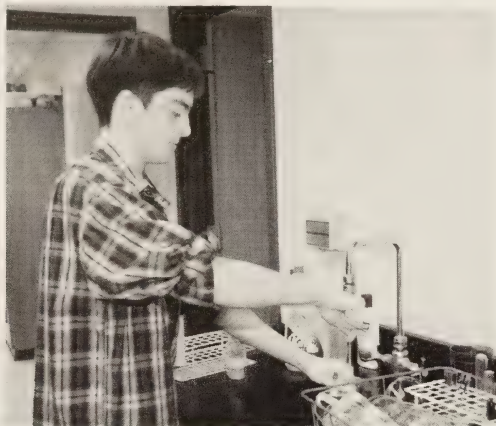
Community Service Seals

yield hard work and dedication,
earning students seals of approval.



On Monday, May 1st, during the day, Amir Raminpour runs around with the students playing relay races. This was during the Courtland Elementary School field day.

Quite necessary is being performed by Manny Smith. The science department often had students wash equipment and clean lab areas for service.



A popular service activity for students was visiting the area nursing homes. Megan Driest, along with members from the National Honor Society play BINGO with residents of the Hughes Home.



A humbling but busy service job inside school was helping out the cafeteria staff with dailiy lunches. Tiffany Lutz spends four days serving school lunches.

Keeping the students entertained, Retha Haislop cools the kids off with the hose. The students favorite games of the day were the water activities.

The Virginia Assembly in Richmond hosted the Hi-Y Club, which took a day trip down to view the workings of the state government. Members stand under a prominent statue.

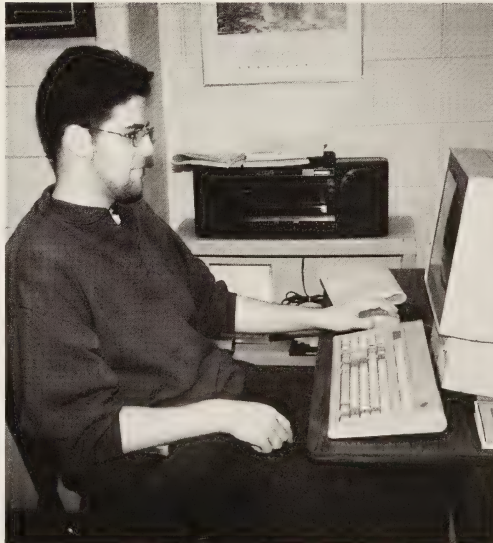
searching for the perfect picture, Elizabeth McCeney and Shannon Faulkner stand over a stream in the Prince William Forest Park. They attended several field trips with the Photo Club.

Slipping down on some comfortable boulders, Katie Mager, Megan Driest, Pam Medley, and Drew Breen take a rest from their hiking. Photography Club members went to the Prince William Forest Park and hiked as well as took pictures of nature's wonders.

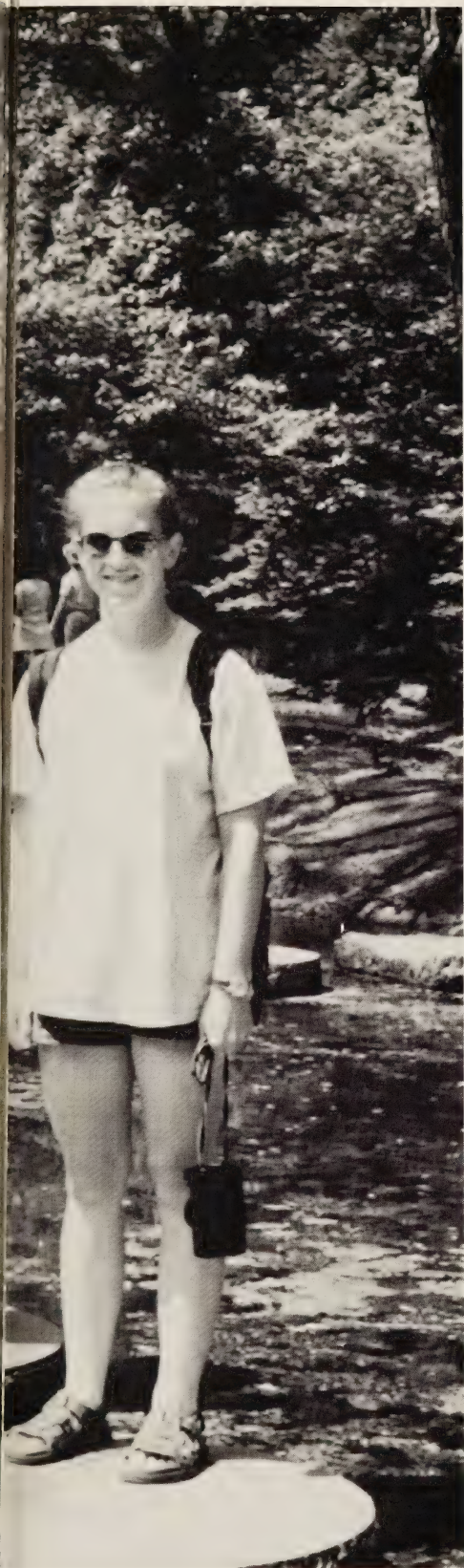


Swanton, Frederickburg provided photo-ops for the Photo Club members. Justin Kirkland, Jackie Messeder, Melissa Eckelberry, and Gil Kenner pose at a cemetery.

Even though David Gebert has not left the classroom, he takes a virtual field trip on the Internet. A trip to the White House was planned for government classes on the computers.



going far, far Away



Field trips offered students

the opportunity to learn in a different atmosphere, adding variety and interest to the class.

Among the most traveled classes, the science classes went to places such as Virginia Beach, weather stations, King's Dominion, and even Physics Beach.

"It was a great trip to Virginia Beach; we walked along a nature trail and I saw an osprey catch a fish in midair," said Manny Smith.

"I enjoyed the break from the classroom and I really liked the boat ride during the tour," said Meghan MacNair, who also went on the Virginia Beach trip with

her Marine Biology class.

The Math and Science Day at King's Dominion provided students with an opportunity to have fun and to learn, as they not only rode roller coasters, but also completed labs, along with other high school students.

The AP English and Dual Enrollment students took a Saturday and traveled to Washington D.C. to see a production of Twelfth Night, a Shakespeare play. They were able to enhance their understanding of this time period by watching an actual theater piece.

by meg grimes

Off to Never-never Land?...No,
just another wonderful field
trip to someplace far away.. or
nearby, it didn't matter to
excited students.

preparing *for the* Future

By taking Advanced Placement, Dual Enrollment, and Seminar classes, students prepared for college experience and challenged their academic abilities. Each class was designed for college-bound juniors and seniors who excelled in subjects such as English, Math, Social Studies, Art, Science, and Foreign Languages. A governor's seal is put on graduation diplomas of the students who took one AP or Dual Enrollment course.

Taking an advanced placement class or just an advanced one required extra hours of homework, study time and more concentration. Reaching for the gold in an advanced class was the ultimate high school challenge.

"When I do well in Mr. Holcomb's AP Calculus class I feel like I have really accomplished something, because I usually have trouble with math," said Trisha Filter.

"Teachers expect more of a student in an AP class," said Jenny Hawkins. Students were expected to have at least one hour of homework per night for each AP class they take.

"AP French is the most demanding class I have ever taken. It's harder than college classes, but it will prepare me for UVA," said Megan Grimes. Grimes also takes AP English with Dr. Walker.

Biology II Seminar, taught by Mrs. Burton was a mix of fun and work.

"It is a really fun class. It's biology in more detail," said Kristy Robinson.

"It's a really hard class, but I learn a lot because of all the work involved," said Chrissy O'Donnell.

Classes such as these required more responsibility and discipline which was handy when graduates went to college and faced similar courses.

by: Kaitlyn Jones

With a goal in mind, students take *Advanced Placement* courses and other *advanced classes* to better their education and to reach their goals.



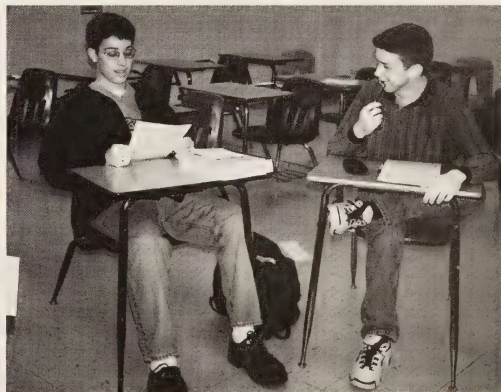
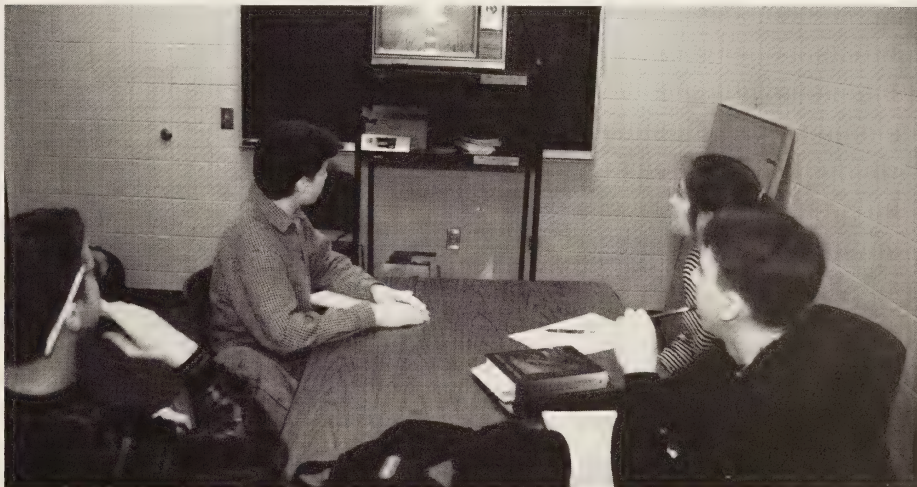
Continued on page 52

McDermott works out a chemistry problem. AP Chemistry, taught by Mrs. Wycoff, lasted two periods and consisted of extensive lab work.

Sarah Stalnaker, D'Anne Huber, and Jared Herwick participate in a group discussion for Dr. Walker's AP English class.



Statistics course was taught by a professor from a high school in Northern Virginia. Josh McKenrick, Erin vonOeyen, Jacob Sapp, and Brian Pittler learned from a televised lesson. AP Statistics was facilitated by Mrs. Ganger.



Holding up a horseshoe crab fossil, Mr. Killian shows the AP Biology class an example of their study of ocean life. Laura Eckenrode listens attentively to the lecture.

Justin Kirkland and Jacob Sapp study in AP Government class. Only five students were in this period; a demanding class taught by Mrs. Deiner.

future leaders of America?

order, debating on worldly

issues and arguing like representatives in the U.S. Senate? During Mock Congress in January and February they did just that, and for a grade.

Mock Congress gave students an opportunity to jump into the lives of congressmen and women while learning about the parliamentary procedure. Students made up identities to go with their congressmen which included their age, education, and political views. They also had to create signs for the state they represented. These "state signs" caused headaches for some students.

"I didn't mind making my state sign, it was actually kind of fun, but the research that we were required to do was boring and time consuming and sometimes we didn't even use it," said Lynne Blosser.

During the three week process, seniors formed committees and tried to pass laws on controversial topics. Most enjoyed their experience and found that though running a country was not all fun and games, there was always a

chance to create some havoc.

"I think the best part was when my class impeached one of the senators for destruction of government property because he broke a chair while we were in session," said Charlotte Takewell. Seniors in AP Government did not participate in Mock Congress but did have debates throughout the year. Some were on the subjects they were studying at the time and others focused on issues in the news. Whatever the subject might have been, it was always sure to bring about a heated argument.

"The debates were probably the best part of the class especially when you really cared about the issue. Some people took them very seriously and would not quit," said Doug Gebert.

These activities counted as grades for seniors but more importantly taught them about the processes of government, prepared them for the future, and maybe even gave some students a career choice they hadn't thought of before.

by tiffany lutz

Pretending to run the country
through **Mock Congress** was
not all fun and games.

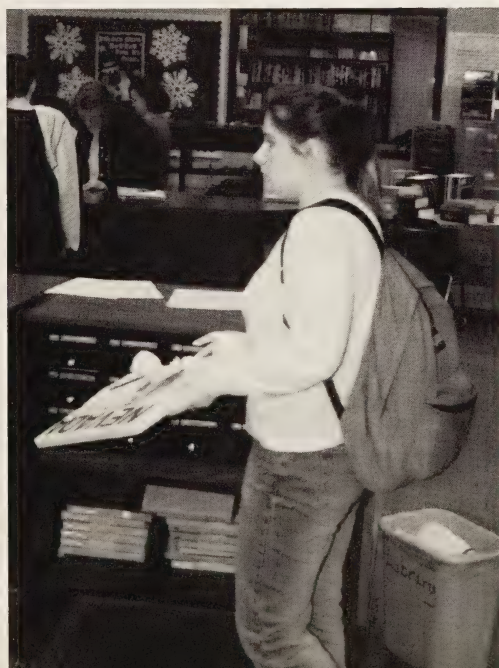
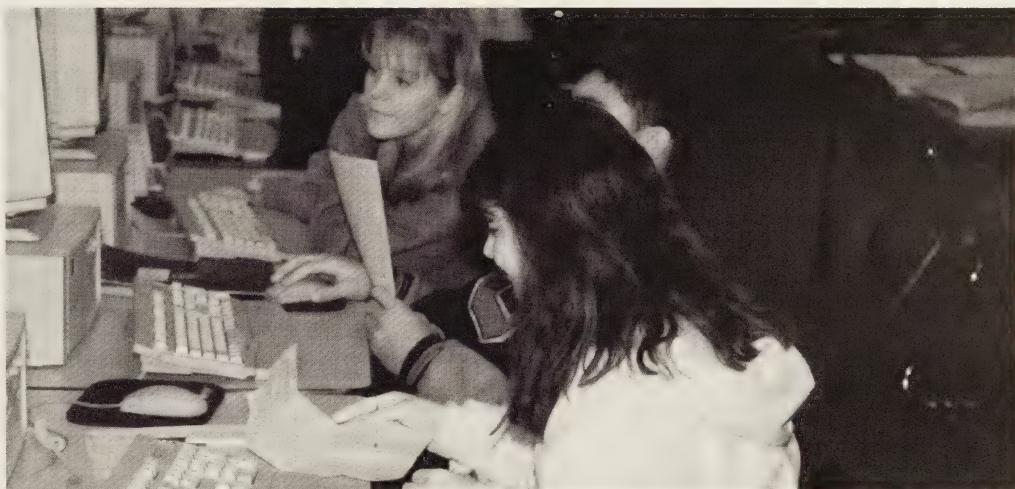


During Mock Congress, Adam Sapp proposes a bill. Sapp was the only senator to be "impeached" during Mock Congress for destruction of government property.

Before adjourning for the day, Dustan Morgan works on his daily journal, a task required but not very well liked. Morgan chose to be a senator from the state of New Hampshire.



Before battling out issues in Mock Congress, Shannon Dunkle uses the internet to research legislation. Seniors worked in groups on different bills they wanted to get passed during their time in mock congress.



Senator Katie Bryant prepares to turn in her state sign for a grade. Students had to create these signs to represent their state while "Congress" was in session.

At the beginning of a session, Jamie Wolfe and Angela Filmeck, along with the Senate clerk, recite the pledge. The senators had to start each day with the pledge and roll call by the clerk.

Mock Congress, Sara Holt plays the role as the clerk. Mrs. Deiner's room was used for this event because it was large; senators displayed their bills on the walls.

Halloween, Mr. Duncan works the microscope. Science classrooms were decorated with things like the elements table and pictures of animals and chemicals.

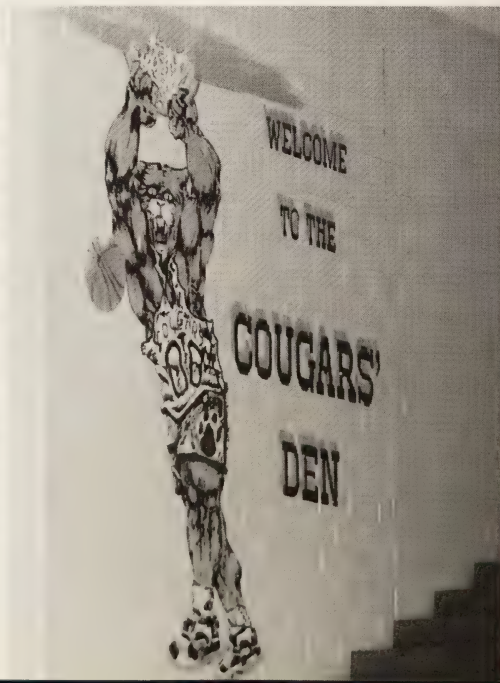


information in Mrs. Grzeika's library, Ashley Grimes finds an interesting read. Students even outside the course found the library useful.



"presidentially" decorated classroom, Mr. Flamm gives a lecture in history class. For those who did not have permanent rooms, the teachers decorated their carts.

those who enter the gym, the students and teachers who use this classroom face the intimidating mascot every day. One of two murals on the gym wall, it was painted years ago.



Decorating *with a* Purpose



In order for students to learn about a subject while they are listlessly gazing around the classroom, teachers did a little bit of interior designing so that the result featured an interesting but educational environment.

For example, when foreign language teacher Mrs. Grzeika was moved from a trailer into an actual classroom she added a library bookshelf. Her own personal library was filled with French books and magazines which students could informally check out and read. One of the French students, Ashley Grimes said, "I think that the library in Mrs. Grzeika's class is really great. It provides me an opportunity to further my interests in French with the foreign magazines and books."

The art department had two classrooms that had various posters from

well known artists displayed. They also displayed art work completed by students.

"Allowing students to display their work really lets the artist have some feedback from other classmate's critiques," said Mrs. Collins.

In the social studies department, teachers displayed posters and pictures that relate to the time period that they studied through the year. Mr. Miller displayed all the United States' presidents and a facts about each one on his elaborately decorated walls.

In the Math department, teachers displayed bulletin boards with intricate graphs and calculators. Mrs. McGhee set a bulletin board aside just for her posters and the 'Who or What am I's' trivia questions, as well as a chart that displayed the top student in the class.

by drew breen

Providing educational knowledge and interesting pictures, teachers *decorated their classrooms*, reflecting their subjects.

Making *Sweet* MUSIC

Having fun in the summer, drum major Jeanelle McKenney leads the marching band in practice during the summer. Marching band required long hours in the sun but the end result was rewarding.

When it came to making music the band and chorus were the experts. Not only did their performances sound sweet but they kept halftime shows and Valentine's Day memorable.

For the second year, Chorus members visited classrooms to bring a sweet song to hopeful ears.

"The singing telegrams were the best thing we did all year because we got to see so many happy couples," said Retha Haislop. The singing telegrams were an excellent fund-raiser because the Chorus members did not spend any money to send these musical messages.

The Chorus also performed at the Christmas/Holiday concert, along with the Band and the Drama members.

Chorus members had a little advice for peers who wished to pursue a musical career.

"Don't be scared to follow your dreams," said Kenon Pratt. Tanisha

Jackson said that it is never too late to start singing.

The sound of resonating instruments was heard everywhere; in the halls during a pep parade, in the gym, and on the football field. It was not unusual for fans to come just for the marching band performances.

"It was my third year being drum major and I love it," said Jeanelle McKenney.

During fifth and seventh periods, the band room was filled with instrumental music.

"At first I joined Band because I needed a Fine Arts credit but then I stayed for four years because I enjoyed it so much," said Manny Smith who played the saxophone for the Band and hoped to continue.

Although these musical courses provided entertainment to all, students felt making sweet music was the best way to learn.

by kimberly labbe

Entertainment and learning came easy for the members of the **Band** and Chorus



In preparation for the summer band practices, along with the Color Guard. The band and the guard often traveled long distances to compete with other bands from all over the state.



Eric Deibel, Jason Dick, Pamela Dickerson, Matthew Downey, Cassie Fawcett, Caleb Fulks, Christin Funderbunk, Christina Greenawalt, Matthew Hogan, Scott King, Jessica Lomax, Jeremy Lundin, Kristina McDougall, Pamela Medley, Robert Mitchell, Quinn Morgan, Joshua Owen, Brittany Paxton, Michelle Peterson, Andrew Powell, Kevin Rickens, Manny Smith, Brian Steinkoenig, Sabrina Taghizadeh, Charity Wondree, Jonathan Zaben, Matthew Zerhusen



Jekisha Elliott, Michael Enzweiler, Heather Fitzgerald, Evan Fulmer, Christopher Gallo, Kelvin Garcia, David Gill, Paul Hlusko, Chauncey James, Alexander Junaid, Edward Jusino, Peter Kang, Kimberly Kieloch, Patrice Miles, Jane Minnoe, Leroy Morgan, Jonathan Phillips, Matthew Plant, Michael Tillman, Elise Westbrook, Candace Wise



Courtland High School Advanced Chorus



Courtland High School Women's Chorus



Brandon Fairchild and Kenon Pratt always occupy the Chorus members' time. Brandon Fairchild and Kenon Pratt perform a little karaoke during class.



making a *fashion* Statement

New classes were always fun but they were not always easy. Classes came with advantages and disadvantages.

Fashion Marketing was one of the new course additions. Fashion Marketing dealt with the concepts of fashion and everything that involves it. The students were taught how to design outfits, identify trends, and determine seasonal colors.

The class took a trip to New York City to study the city of fashion.

"The class is a lot more work than I expected, but we did get to take a two day trip to New York," said Erin Herndon.

"Fashion helped me realize working at Express is more than just a job; it is more than that. Fashion is what I love!" said senior Trisha Filter.

People that enrolled in new classes

did not always know what to expect. They usually assumed that the class was less work than it really was, mainly because the wrinkles had not been ironed out.

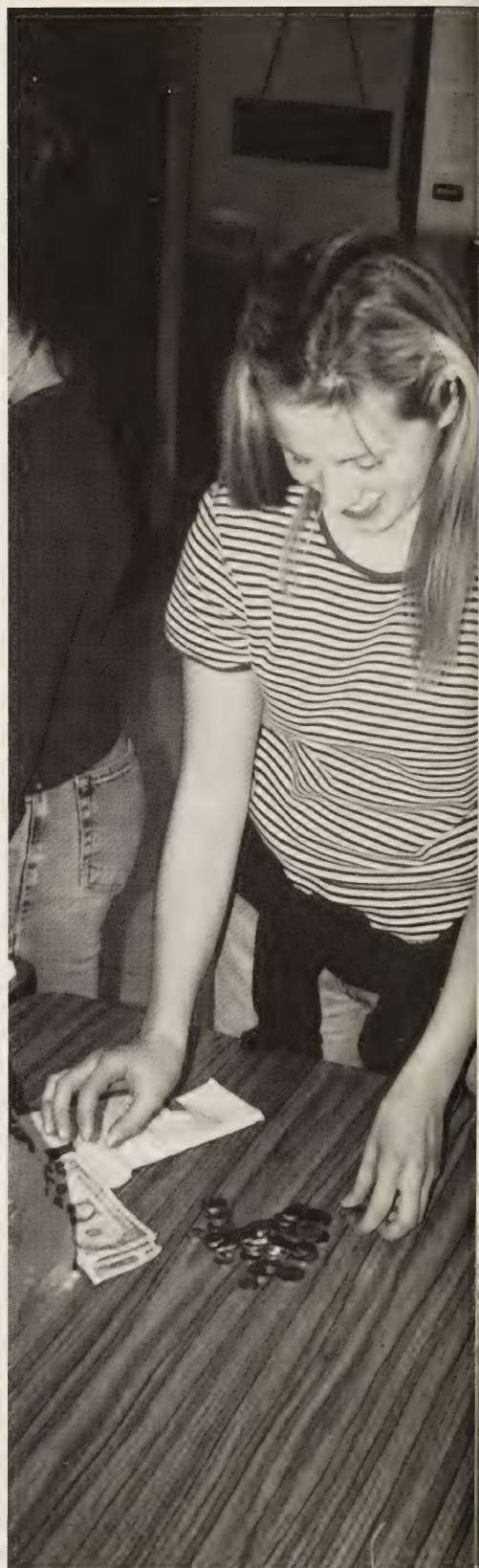
"When I started the class I thought it was just talking about the type of clothes we are into, but now I understand that its a whole lot of work when it comes to clothes," said Erin Rollins.

The Fashion Marketing students gave the school a sneak preview of their prom fashion show. The students were the models. They also modeled their fashions at the Spotsylvania Mall later that week.

The course offered a variety of interests to those who choose to enroll. People soon found out that the class also involved the marketing of fashion and its complicated world.

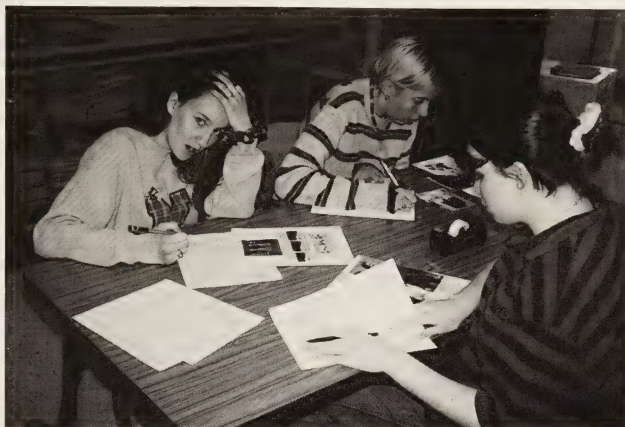
By Kira Anderson

One of a few new courses,
Fashion Marketing gave an inside
look into the world of fashion
industry and business to
interested students.

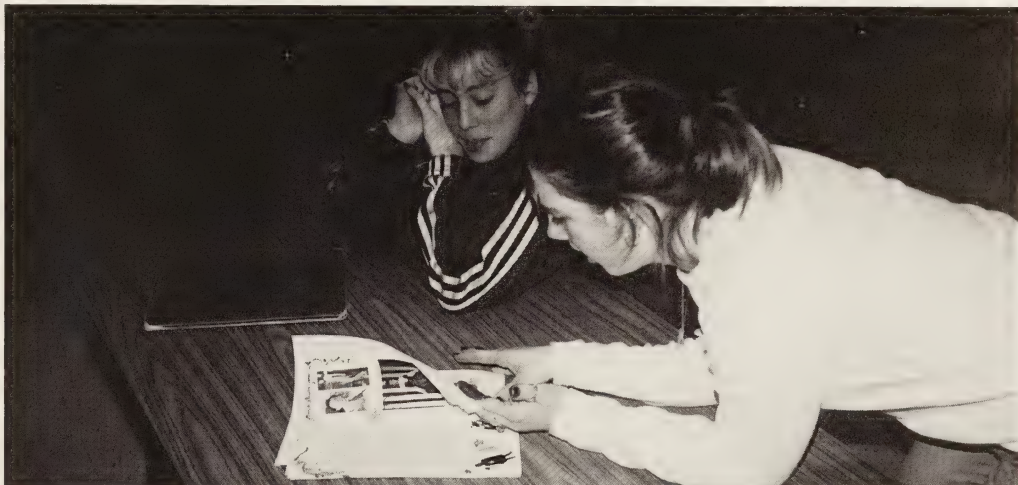


candy, Kate Reynolds ensures that the numbers add up. Accounting was incorporated into the class because it too involves marketing.

their assignments, Sandy Green, Bettina Justice, and Jill Welz cram information. Written and research work was a big part of the course.



Flipping through each other's projects, Trisha Filter and Kristy Robinson do a little peer editing. Filter completed the project in a couple of weeks with plenty of time and effort.



Making sure that the requirements are met for her assignment, Latasha Minor cuts out advertisements and product labels carefully.

The world of fashion is ever changing and Brian Key makes sure that he is caught up on all the news and updates. He takes notes and completes his task.

Taking Pictures

Photojournalism was introduced to Courtland for the first time, debuting in the 1998 school year. Although the course was introduced two years ago, it was not added to the course electives.

This course, taught by Ms. Warchol, combined hands-on darkroom procedures, photography seminars, and the elements of picture taking. The students created collages, constructed homemade cameras, and developed their own film.

"Photojournalism is really neat. We have our own darkroom and we have learned how to develop our own pictures," said David Payne. The students enrolled in this course agreed that the best part of Photojournalism

was actually developing their film and seeing the results.

Being that it was the first year for the course, some students felt that it was different than what they expected.

"It isn't quite what I thought it would be. The class is very different and unusual than what I had hoped it would be," said Megan Driest.

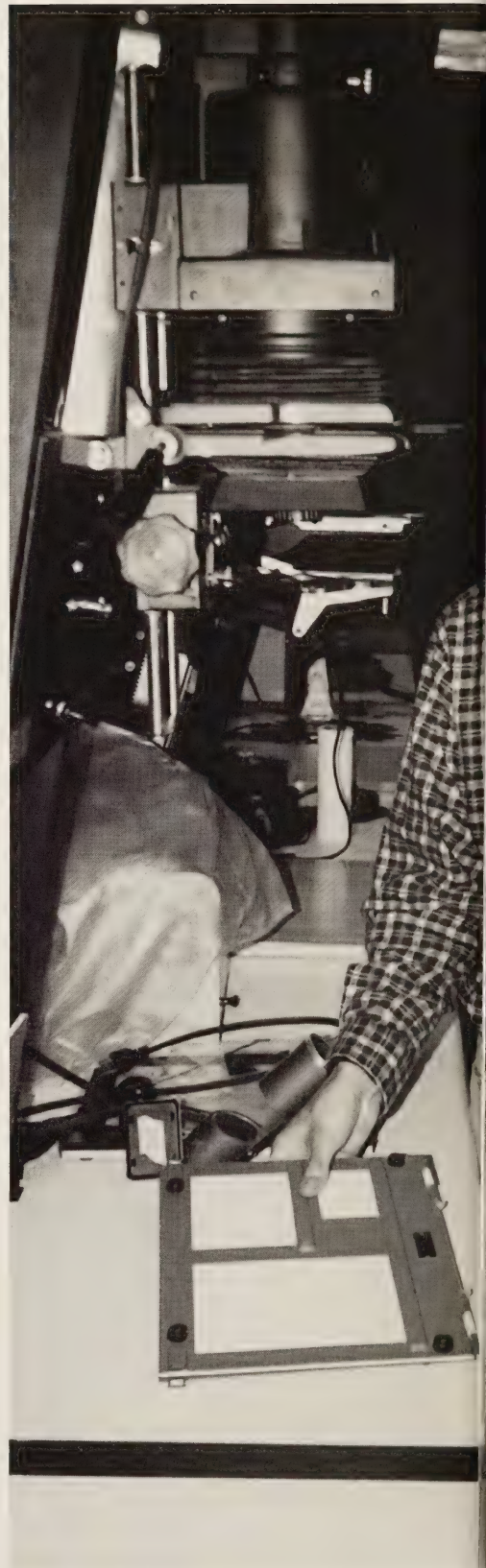
By taking new and different classes allowed students to learn more than just the norm.

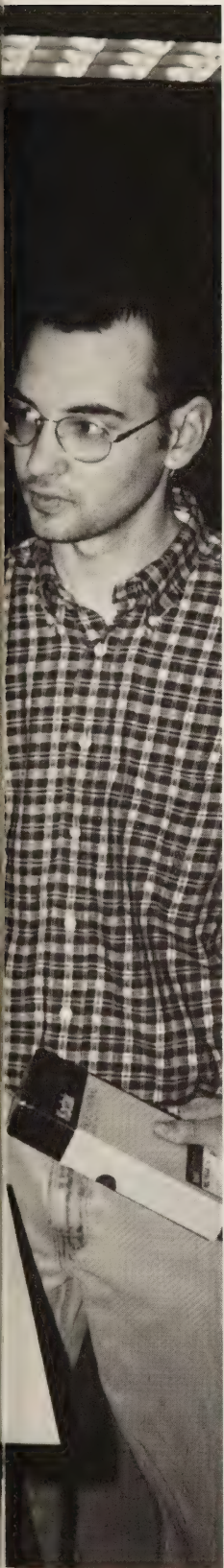
"I have learned stuff I thought I would never expect myself doing," said Jamie Smith.

Although it got a late start, the darkroom was equipped with chemicals, equipment, and supplies that the students used to their benefit.

By Kira Anderson

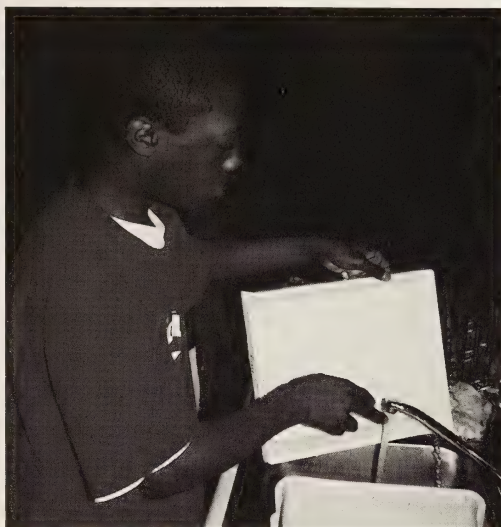
A new and different class,
Photojournalism offered
students a hands on approach to
photography, complete with a
darkroom.





procedures was accepted by all. Jody Bryant prepares the easel to make a print, which ranged from little to big, depending on the choice of the students.

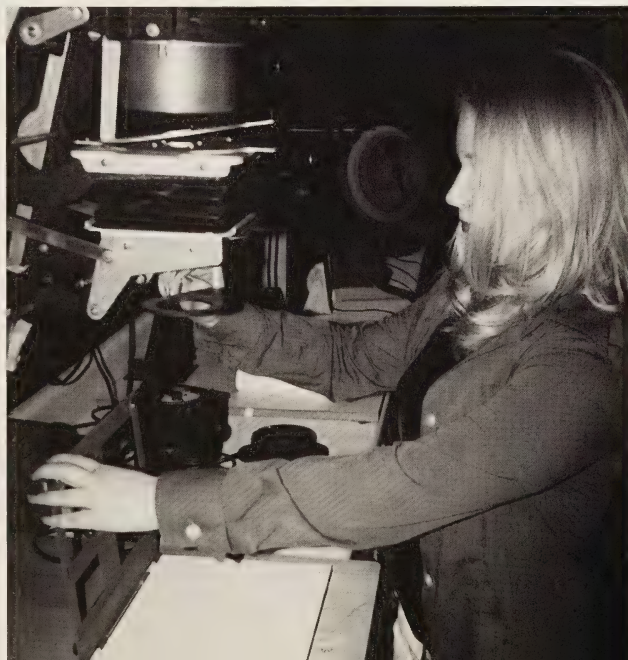
to the curriculum was...cleaning up! Sammy Nelson washes some equipment after using chemicals to develop his pictures.



Using the timer to get her developing process correct, Jenni Mangan sets it for eight minutes. Students learned to estimate the time but the timer helped them to be exact.



For a project, Vanessa Small cuts and pastes. Students had to display their work in a presentation. Besides their own work, magazine photos added to their projects.



Another darkroom procedure was learning to use all the equipment. Stephanie Marshall adjusts the bellows in order to print and size her pictures.

"i'm forever Studying!"

Studying was often exaggerated by overworked students and blown out of proportion. Ever heard: "I have 10 hours of studying to do when I get home!" or "I was up until three in the morning last night, studying!" ? Well, this may have been close to the truth because the majority of the students took higher courses which increased their study load.

Studying varied as much as hair color did among the students. Methods that seemed 'How can you study like that?' to one person may be the only working remedy to another. Studying depended on the television station, the music assortment, or the 'two 'o clock' snack which fed drained bodies in the wee hours.

"I go home to a quiet place and study my notes of the day while I eat macaroni and cheese," said Meghan Cosgrove. "I always

listen to my favorite CD when I study," said Ashley Grimes.

Cramming, which was never encouraged by the teachers, was common and often seen in the form of students racing to class with their noses in their notes, students with their books in the Commons before school or those words hated by teachers: "What was on the test?" asked by desperate students trying to get a preview of the test from a peer.

"It's easier to prepare mentally for the test or quiz if you know what is coming up ahead in the next period, whether you have studied or not," said David Lawrence.

Whatever the case was, studying was like old-fashioned candy sticks, it came in tons of flavors and never seemed to go away.

by meg grimes

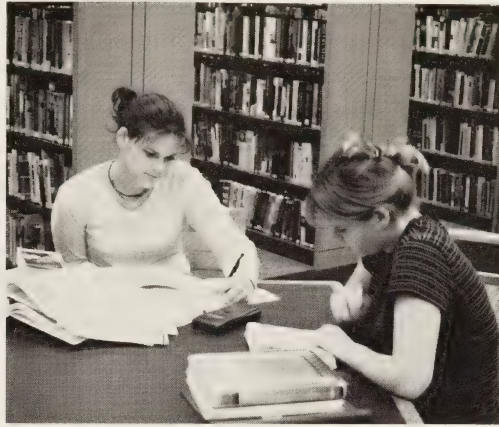
The key to success,
whatever the method, style,
or flavor, was studying well,
even though it wasn't a
favorite pastime.





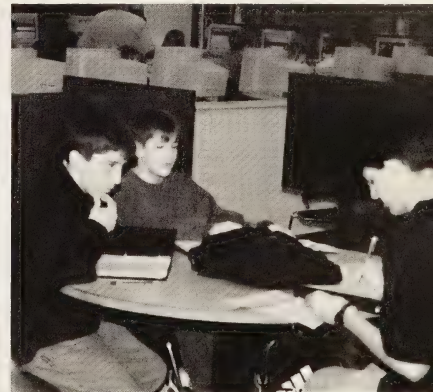
snacking while studying; Jimmy Kline does both in AP Chemistry because he knows that studying on an empty stomach doesn't work.

students *voluntarily* went to public libraries for studying purposes. Angela and Shannon Filmeck complete their work at the Salem Church Library.



Between classes and the teacher for a test or quiz was another form of studying. Mr. Patch aids Detric Brown with his Biology work.

Having no choice but to go to the library with their class, Daniel Kuckuck and his friends take advantage of their class time. Group studying was found to be the most efficient way to learn.



Using an empty Florida potato chip can for a writing utensil holder, Amanda Francis and her friend Chrissy Brown pore diligently over their World History textbooks.

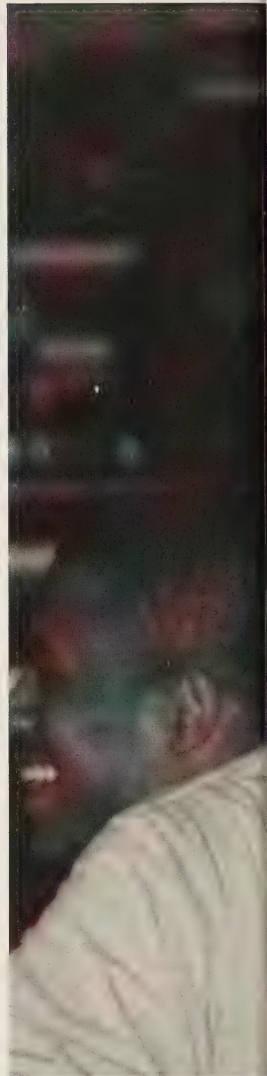
PEOPLE SECTION



JUST DRIVIN'

Taking a tour of the campus, Mrs. Speight shows the new principal, Mr. Bedwell, the facilities. During the end of the previous year and during the summer, Mr. Bedwell orientated himself with the school and faculty so he could be prepared for the coming year.

Now seen here in this people section are the faculty and students who made up Courtland High School. They belonged in the yearbook because they *belonged* to this school. Freshmen, although the youngest class, did not always think pessimistically. "The best thing about being a freshmen is meeting new people and seeing new faces," said Ashley Grimes. Other freshmen had favorite classes their freshmen year such as Edward Jusino. "My favorite class was Coach Jones' because he made learning fun," said Jusino. But there are downfalls to any grade. "The worst thing is being picked on by the seniors," said Melody Becker. Sophomore year got better because "you're not a freshmen anymore," said Thomas Blake and the "only bad thing is that you're not able to drive yet," said Emily Jackson. Becoming a junior meant that the end was near. "You know you're going to be a senior and that in one year you'll be going to college," said Scott King. And last but definitely not the least came senior year where seniors received "a lot of privileges," according to Melissa Feinman. "There is too much pressure about the future," said Erin Herndon.



SHOUT IT OUT

The most common fans seen at home games, whether it was football or tennis, were students. Amir Raminpour and Lane Brooks shout for the football team at a home game, giving support and encouragement to their peers on the field. Student attendance helped increase the Athletic Booster Club sales and kept the school spirit going.



NOW **SEEN *HERE***

Meghen Alvarado: 9-SADD, JV softball, 10-Soph, Class Treasurer, French Club, 11-French Club, Astronomy Club, SCA Exec. Board, Junior Class Treas., Green Team, indoor track, 12-SCA Exec. Board, Senior Class Board, Green Team.

Justin Anderson: 9-SCA, JV soccer, German Club, Marching Band, 10-SCA, JV soccer, German Club, Marching Band, VML, 11-SCA, V soccer, German Club, VML, 12-SCA, V soccer, Key Club.

Richard Anderson: 9-cross country, indoor track, spring track, Spring Play, SCA, Fresh, Class Board, German Club, 10- cross country, indoor track, spring track, SCA, Photography Club, Yearbook, German Club, FCA, 11-cross country, indoor track, outdoor track, SCA, Photography Club, Yearbook, Drama Club Treas., FCA Treas., Spring Play, 12-cross country, indoor track, outdoor track, SCA Pres, Photography Club, Drama Club, FCA.

Rocky Anderson: 10-JV baseball, 11-V baseball, Spanish Club, 12-V baseball.

Trisha Arnold: 11-Spanish Club, 12-DECA.

Matthew Banville: 9-One Act Play, Spring Play, Drama Club, 10-Spring Play, Young Democrats Club, Drama Club, 11-Spring Play, Christmas Play, VICA, Drama Club, 12-VICA, Drama club.

Robin Barnes: 9-JV soccer, JV field hockey, Fresh, Class Rep/Hist, 10-JV soccer, JV field hockey, Soph, Class Rep/Hist, French Club, Photography Club, FCA, 11-V Soccer, JV field hockey, Junior Class Rep/Hist, Photography Club, FCA, Astronomy Club, 12-V field hockey, Photography Club, Senior Class Board, FCA, Green Team, V soccer.

Corrie Beaseley

Kambiz Benham

Dana Bennett: 9-Marching Band, SADD, German Club, 10-Color Guard, German Club, 11-Color Guard, German Club, SADD, 12-Color Guard.

Jennifer Bennett: 9-FBLA, 10-FBLA, 11-DECA.

Andrew Berna: 9-JV football, wrestling, 10-JV football, wrestling, 11-V football, wrestling, 12-V football, wrestling.

Shawn Blake: 11-golf, VICA, 12-VICA, swimming.

Ralph Block: 10-Spanish Club, 11-Astronomy Club, 12-FBLA.

Lynette Blosser: 10-French Club, 11-French Honor Society, VML, 12- Key Club, SCA.

Mark Bonin: 9-Debate/ Forensics, Spring Play, 10-Debate/ Forensics, Spring Play, Spanish Club, Drama Club, 11-Debate/ Forensics, Spring Play, One Act Play, Christmas Play, field hockey mgr., Spanish Club, Drama Club, 12-Senior Board, SCA, Debate/ Forensics, field hockey mgr., Spring Play, One Act Play, Spanish Club, Photography Club.

Michael Bouchard: 9-Young Republicans, 11-FBLA, 12-FBLA.

Megan Bradley: 9-Latin Club, tennis mgr., Superintendent's Board, 10-Latin Club, 11-football mgr., wrestling mgr., 12-football mgr./trainer, wrestling mgr./trainer, FBLA, COE.

Douglas Brasse: 9-JV baseball, JV football.

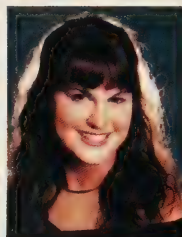
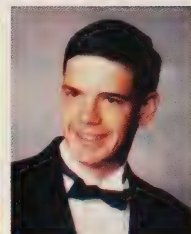
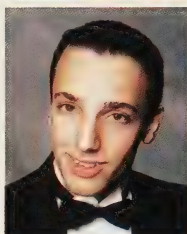
AnnMarie Breen: 9-JV basketball, V softball, men's basketball mgr., 10-V volleyball, JV basketball, V softball, JML, Spanish Club, 11-V volleyball, V basketball, V softball, VML, Spanish Honor Society, Spanish Club, Latin Club, FCA, 12-V volleyball, Spanish Honor Society Pres, Senior Class Board.

Benjamin Brichetti: 10-JV soccer, French Club, 11-tennis, French Club, Astronomy Club, indoor track, 12-V soccer.

Amanda Brookman: 10-FHA officer, 11-HOSA Vice-Pres.

James Brooks: 10-V baseball, SCA, 11-SCA, indoor track, cheerleading, outdoor track, Spanish Club, Astronomy Club, FCA, 12-cheerleading, FCA, SCA, indoor track, outdoor track, Spanish Club.

Lane Brooks: 9-JV baseball, JV basketball, Library Club, 10-V basketball, Library Club, 11-V basketball, Spanish Club, Library Club, 12-V basketball, Spanish Club.





Nathan Broughton: 9-V soccer, 10-Spanish Club, V soccer, wrestling, JV football, 11-Spanish Club, V soccer, V football, wrestling, 12-V football, wrestling, V soccer.

Eugene Brown: 9-Freshman basketball 10-JV football, JV basketball 11-V basketball, 12-V basketball, spring track.

Samuel Brown: 11-Multicultural Club, 12-Spanish Club

Jody Bryant: 9-FFA, 10-FFA, 11-VICA, 12-VICA, Photojournalism.

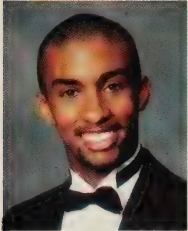


Melissa Burke: 9-Fresh, Board, Spanish Club, JV field hockey, JV soccer, 10-Soph. Class Board, Spanish Club, V field hockey, JV soccer, National Art Honor Society, Photography Club, Yearbook, 11-Junior Class Board, Spanish Club, Spanish Honor Society, V field Hockey, V soccer, National Art Honor Society, FCA, NHS, Astronomy Club, Yearbook, 12-Senior Class Board, Spanish Club, V field hockey, National Art Honor Society, FCA, NHS, SCA.

Ryan Bushnell: 9-tennis, 10-tennis, 11-tennis, 12-tennis, FBLA.

Jennifer Caltabiano: 9-Spanish Club, Artisans, Dance Club, SADD, One-Act Play, FTA, Chorale, 10-Spanish Club, French Club, Immaculate Players, Madrigals, JV Softball, JV Cheerleading, 11-Forensics, Drama Club, Key Club, NHS, SCA, Spring Musical, 12-Forensics, Spanish Honor Society, NHS, Drama Club.

Angela Canul

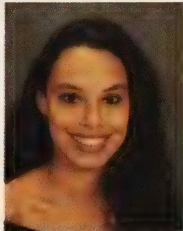


James Carr: 9-JV Basketball, Track, 10-JV Basketball, Track, SCA 11-Indoor Track, Outdoor Track, 12-V Basketball, Indoor Track, Outdoor Track.

Tiffany Carter: 10-Spanish Club, 11-VICA, 12-VICA.

Jonathun Catapano: 9-JV Football, 10-Spanish Club, 11-Spanish Club, Key Club, National Art Honor Society, 12-Spanish Club, Key Club, National Art Honor Society.

Melissa Cave: 10-Drama Club, JML, 11-Forensics, Spring Musical, VML, 12-Forensics, French Club, Chorus Club, Hi-Y Club.

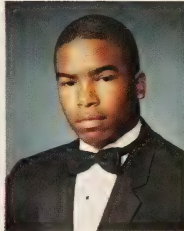
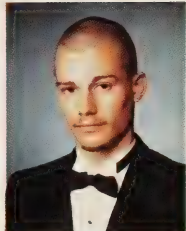


Mary Chilton: 9-SCA, Fresh, Class Treas., JV Basketball, JV Soccer, JML, 10-Soph. Class Board, JV Basketball, JV Soccer, VML, French Club, 11-V Basketball, V Soccer, VML, FCA, Junior Class Board, Latin Club, French Club, Astronomy Club, NHS, French Honor Society, Latin Honor Society, 12-V Basketball, V Soccer, FCA, Latin Club, French Club, NHS, Senior Class Board.

Gregory Clayton: 9-Fresh, Class Board, Marching Band, 10-Soph. Class Board, Drama Club, 11-Marching Band, Jazz Band, Spring Musical, Astronomy Club, Spanish Club, NHS, Spanish Honor Society, 12-Marching Band, NHS, Golf, Senior Class Board.

Danielle Coleman: 9-SCA 10-FBLA, 11-FBLA, Spanish Club, 12-COE, FBLA, Spanish Club.

Kathryn Colley: 9-FBLA, 10-FBLA Sec, 11-FBLA Sec, 12-COE.

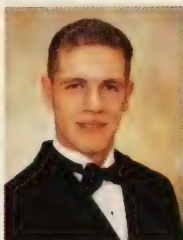


Kelli Collison: 9-JV Basketball, Spanish Club, 10-V Volleyball, Spanish Club, JML, 11-V Volleyball, Spanish Club, Astronomy Club, Spanish Honor Society, FCA, Junior Class Board, VML, 12-V Volleyball, Astronomy Club, Photography Club, FCA, VML.

Mark Corrado

Meghan Cosgrove: 9-V Soccer, JV Soccer, French Club, 10-JV Soccer, French Club, V Volleyball Mgr, 11-Astronomy Club, FCA.

Jawarren Cowles: 10-football, basketball, track 11-indoor track, football 12-football



Amber Cox: 9-SADD, FCA, Pep Club, JV Basketball, 10-French Club.

Cara Craig: 9-JV Basketball, JML, Forensics, Spring Play, 10-V Tennis, Key Club, SCA, Forensics, Spring Play, 11-V Tennis, SADD, SCA Treas., Spring Musical, Play, NHS, Actors Guild, 12-V Tennis, State SCA VP, SCA Rep/ Hist., Drama Club, Forensics, Spanish Club, Actors Guild.

Stephen Curry

Patricia Danforth

tonight's the night

by tara vadeboncoeur

It's nearing 7:30. The Powder Puff football players and cheerleaders are restlessly waiting to run out onto the field. Everybody involved in Powder Puff got to the field early so they could get ready. The cheerleaders were a sight to see.

"This was my first and last year being a Powder Puff cheerleader. I had fun, although I felt really dumb," says senior Lane Brooks. The cheerleaders were not the only exciting event of the evening. It was the football games that brought everybody to the Cougars' Den.

The time had finally come when the freshman would battle the sophomores and the juniors compete against the seniors. Both games were rough and intense. The final score of the sophomore and freshman game was a tie of 6-6.

During a practice before the powder puff game, Latoya Clark gets in position to attack. Latoya was one of many that led juniors to victory over the seniors.

Getting ready for the junior and senior game, Daniel Harris makes junior Carol Crank like a true football player. Carol Crank was named prince of the evening.



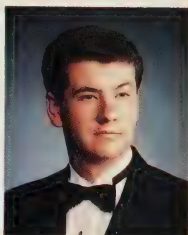
First year Courtland powder puff cheerleader, Mark Clark, is raised up by Gene Honrath and Harry Sepulveda. The cheerleaders were one of the many highlights of the evening.



The cheerleaders were exhausted going into the second game. However, nothing was going to stop them from entertaining the crowd. "I had a lot of fun being a cheerleader, although they should've had two sets of cheerleaders because it got really tiring," says junior Hunter Woodard.

The upperclassmen game was the highlight of the night. "Football brings out the worst in girls. I never knew we could be so violent and competitive. Both teams did their best despite the lousy refs," says junior Kira Anderson.

The juniors gained an advantage with a 2 point conversion, scored by Emily Smith. The seniors continued to play their hearts out, but juniors maintained their lead 8 to 6 and won the game.





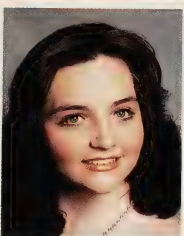
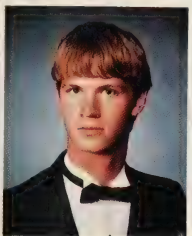
Ericka Daniels: 9: FHA. 10: Spanish Club, FHA. 11: Spanish Club

Persia Davis

Samuel Dawson: 9-Photography Club 10- French Club 11-French Club, Astronomy Club 12- golf

Hilary Diehr: 9: SCA, Spanish Club, Key Club, JV Cheerleading. 10: Spanish Club Sec., Key Club Sec., JV Cheerleading, SCA. 11: Spanish Club Treas., Key Club Treas., Varsity Cheerleading. 12: Senior Board, Varsity Cheerleading, Key Club V-Pres., Spanish Club.

Mark Depollo: 10: VICA. 11: VICA. 12: VICA.



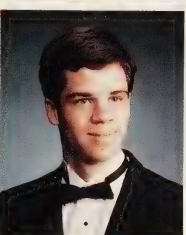
Maria Diaz

Angela Dibella: 9: Hi-Y 10- Spanish Club, Hi-Y, Spring track 11-Cheerleading, Spanish Club, FTA. 12- Hi-Y, Key Club, track

Jason Dick

Virginia Dickerson: 9: JV Cheerleading. 10: French Club, JV Cheerleading. 11: Varsity Cheerleading, Chorus Club. 12: Chorus Club, Drama Club, Varsity Cheerleading.

William Diehl: 9: JV Football, Wrestling. 10: JV Football, Wrestling. 11: Varsity Football, Wrestling, Track, FCA. 12: Varsity Football, Wrestling, Track, FCA, Spanish Club.



Gail Divver

Jeremy Dodd: 10: VICA. 11: VICA. 12: VICA.

Richard Donovan

Joshua Dotson

Matthew Downey: 9-Marching Band 10- Marching Band, French Club, Jazz band 11- Marching Band, Jazz band, French Club, French Honor Society, Latin Club, Astronomy Club, Pep band 12- Marching Band, Jazz band, Pep band, French Club, Latin Club, Latin Honor Society, Certamen, Hi-Y, Key Club, Battle of Brains



Megan Driest: 9-Fresh. Pres., SCA, field hockey, track, soccer, Spanish Club 10-Soph. Pres., SCA Board, field hockey, track, soccer, Spanish Club, Photography Club 11-Jr. Board, field hockey, indoor track, soccer Spanish Club, Photography Club, Astronomy Club, FCA, NHS 12-field hockey, Spanish Club, NHS V-Pres., indoor track, soccer, Senior Board, Photography Club, SCA

Justin Duchemin: 9: JV Baseball. 10: JV Football, Varsity Baseball, French Club. 11: Varsity Baseball. 12: Varsity Baseball.

Shannon Dunkle: 9: JV Field Hockey, JV Softball. 10: Spanish Club, SCA, Field Hockey, Varsity Softball. 11: Field Hockey, Softball, Spanish Club. 12: DECA, Softball.

Miranda Durham

Amy Eckelberry: 9- German Club. 10- Photography Club, Marching Band, German Club. 11- Photography Club, Marching Band, German Club, SCA. 12th- Photography club.



Duane Edwards

Erin Estep: 9: JV Cheerleading, Spring Track, SCA. 10- JV Cheerleading, Cross Country, Drama Club, Latin Club, Spring Play, Forensics. 11- Varsity Cheerleading, Latin Club, Drama Club, Spring Play, One Act Play, Spring Track, Junior Board. 12- Photography Club, Varsity Cheerleading, Latin Club, Drama Club.

Ryan Falls

Michael Falvey

Cassandra Fawcett: 9- Marching Band, JV Soccer. 10- Marching Band, JV Soccer. 11- Marching Band, Jazz Band, SWAT. 12- Marching Band, SWAT, Spanish Honor Society.



Melissa Feinman: 9- JV Basketball. 10- Key Club, Spanish Club. 11-Key Club, Spanish Club, Varsity Cheerleading. 12- Key Club, Spanish Club, Varsity Cheerleading.

Angela Filmeck

Trisha Filter: 9- SCA, Fresh. Board, JV Field Hockey, Spanish Club, Hi-Y Club. 10-SCA, JV Field Hockey, Spanish Club, Latin Club. 11-SCA, Varsity Field Hockey, Spanish Club, NHS, Latin Honor Society Pres., Junior Board, Photography Club Sec. 12- DECA, Senior Board, NHS, Varsity Field Hockey.

Lauren Fiske: 9-SCA, Fresh. Board, Marching Band, Tennis. 10-SCA, Soph. Board, Key Club, Spanish Club, JV Soccer, Marching Band. 11-Junior Board, Spanish Honor Society, NHS, Hi-Y Club, Tennis, Boys Tennis Mgr. 12- Spanish Honor Society, NHS, Hi-Y Club, Tennis.

Caleb Fulks: 9- JV Soccer, Marching Band. 10-JV Soccer, Marching Band, Jazz Band, Pep Band. 11- Varsity Soccer, Jazz Band, Marching Band, Pep Band. 12- Varsity Soccer, Marching Band.

James Garber: 9-German Club, 11-Spanish Club, NHS, FBLA, Golf, 12-Spanish Club, NHS, FBLA, Golf.

Sean Garrison: 9-Freshman Class Board, German Club, 10-German Club, 11-Spanish Club, 12-Spanish Club.

Michael Gaumond: 9-Track.

Douglas Gebert: 10-Spanish Club, Debate Team, 11-Spanish Club, NHS, Spanish Honor Society, Debate Team, 12-Spanish Club, Spanish Honor Society, NHS, Debate Team.

Andrea Geger: 9-FHA, 10-DECA, 11-DECA, 12-DECA.

Michael Giarratana

Adrian Gibson: 9-JV Football, Freshmen Basketball, Track, 10-JV Football, JV Basketball, Track, 11-Football, Track, Indoor Track.

Shawn Gill: 9-Certamen, Latin Club, 10-Latin Club, Cougar Tutor, 11-Latin Club, Cougar Tutor, 12-Peer Mediator, Latin Club.

Christina Gleesing: 9-Freshman Board, Track, 10-Drama Club, 11-Junior Board, Spring Play, 12-Senior Board, SCA, Drama Club, FTA.

Lori Gorman: 10-Spanish Club, Photography Club, 12-DECA.

Matthew Gorsuch: 9-Freshmen Basketball, Photography Club, 10-Spanish Club, 11-Astronomy Club, Spanish Club, Golf, 12-Spanish Club, Golf, Tennis.

Aija Grant: 10-Track, Chorus, FBLA, NHS, 11-FBLA, NHS, Chorus, Indoor & Outdoor Track, 12-NHS, SCA, Chorus, Indoor Track & Outdoor Track.

Megan Grimes: 9-JV/Varsity Basketball, Yearbook, SCA, 10-French Club Pres., Hi-Y Rep./Hist., FBLA, Renaissance Team, VML, SADD, SCA, Varsity Basketball, Yearbook, FCA, 11-Pres., French Club, French Honor Society, Hi-Y, Renaissance Team, VML, Yearbook Asst. Editor, FCA, Cougar Tutors, NHS, 12-Yearbook Editor, NHS, Senior Buddy, French Club, French Honor Society, Hi-Y, SCA, Cougar Tutors, Forensics.

Holly Haga: 11-Environmental Club.

Retha Lyn Haislop: 9-Hi-Y, Chorus, Fresh. Bd., 10-Hi-Y, Chorus, Wrestling Mgr., Gospel Chorus, Spanish Club, 11-Spanish Club, Chorus, NHS, Wrestling Mgr., 12-Spanish Club, Chorus, NHS, Wrestling Mgr.

Sara Hansen: 9-JV Field Hockey, Indoor/Outdoor Track, Latin Club, Fresh. Bd., SCA, SWAT, 10-V Field Hockey, Indoor/Outdoor Track, Latin Club, Soph. Bd., SCA, FCA, Photography Club, 11-V Field Hockey, Outdoor Track, Latin Club, Spanish Club, Latin Honor Society, NHS, FCA, Jr. V-Pres., Musical, 12-V Field Hockey, Outdoor Track, Latin Club, Spanish Club, NHS Pres., FCA, Sr. Bd., Photo Club.

Jennifer Hawkins: 9-JV Cheerleading, Key Club, Spanish Club, 10-JV Cheerleading, Key Club V-Pres., Spanish Club Treas., 11-V Cheerleading, Spanish Club Sec., Key Club V-Pres., Spanish Honor Society, 12-V Cheerleading, Key Club Pres., Spanish Club Pres., Spanish Honor Society.

Michael Herbek: 10-Spanish Club, Art Honor Society, 11-Spanish Club, Art Honor Society, NHS, Key Club, Forensics, 12-Art Honor Society, NHS, Spanish Honor Society, Key Club, Forensics, Battle of Brains.

Mark Herbert: 9-Golf, Indoor & Outdoor Track, 10-Track, 11-VICA, Track, NTVHS, 12-VICA, NTVHS, Track.

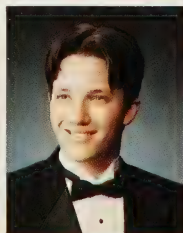
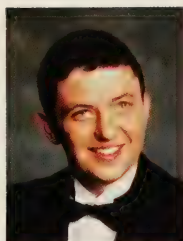
Erin Herndon: 9-JV field hockey, Fresh. Board, outdoor track, 10-JV field hockey, indoor track, outdoor track, Soph. Board, Spanish Club, 11-Varsity field hockey, outdoor track, Junior Board, Spanish Club, FHA, NHS, 12-Varsity field hockey, NHS, Spanish Honor Society, Spanish Club, DECA, track, Senior Board, DECA Honor Society.

Larry Hertzog: 9-Baseball, 11-Spanish Club, FBLA, 12-Key Club, FBLA.

Jared Herwick

Charles Hess: 9-cross country, outdoor track, 10-Latin Club, FCA, cross country, indoor track, outdoor track, 11-Latin Club, Astronomy Club, cross country, indoor track, outdoor track, FCA, 12-cross country, swimming, outdoor track.

David Hetrick: 9-French Club, JV soccer, 10-French Club, JV soccer, SWAT, 11-French Club, Varsity soccer, NHS, 12-Varsity soccer, NHS.





Kristy Hill: 12- DECA

Cynthia Hockaday: 9- Cheerleading 10- Cheerleading Captain, Drama Club 11- Cheerleading Captain, Latin Club, Key Club 12- Cheerleading

Beverly Hodges: 9- Marching Band, Color Guard, Pep Band, Jazz Band, Fresh Bd, JML 10- Color Guard, Jazz Band, Pep Band, Marching Band, JML 11- Marching Band, Color Guard, Jazz Band, VICA 12- Marching Band, Color Guard, Jazz Band, VICA officer, Spanish Club

Michael Holian: 9- Latin Club 10- Latin Club, Certamen, JV soccer 11- Latin Club, Certamen, tennis, Battle of Brains, NHS 12- Battle of Brains, tennis, NHS

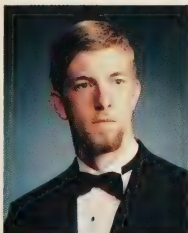


Eugene Honrath: 9- JV football, wrestling 10- football 11- football, cheerleading 12- football, cheerleading

D'Anne Huber: 9- Spanish Club, JV basketball, JV soccer, JML, Fresh, Sec 10- JV basketball, JV soccer, Soph. Sec., VML, Natural Helper, SADD 11- Jr. Sec., NHS, National Spanish Honor Society, Astronomy Club, VML, FCA, Natural Helper 12- NHS Sec., National Spanish Honor Society Sec., VML, SADD, Peer Mediators, Senior Buddy, Sr. Sec., SCA

Tanisha Jackson: 9- Forensics, step team, basketball, Spanish Club, JML, Peer Mediators 10- Forensics, step team, track, Spanish Club, JML, Umbrella Club, Chorus Club 11- Peer Mediators, Spanish Club, JML 12- Peer Mediators, Spanish Honor Society, Chorus Club- Sec, FBLA, track

Chauncey James: 10- football 11- football, track, FBLA 12- football, track, FBLA

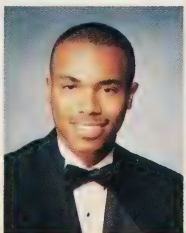


William James: 10- football

Jennifer Jaquay: 10- French Club, Hi-Y, SADD, Renaissance Club, JML 11- Hi-Y, French Club V-Pres., French Honor Society, VML 12- French Club Pres., French Honor Society, Hi-Y, VML

Dianne Jarnecki: 10- indoor track, Photography Club, Spanish Club 11- indoor track, outdoor track, Spanish Club, Key Club 12- Spanish Club, Key Club, indoor track, outdoor track

Jennifer Jennings: 9- Drama Club 10- Drama Club 11- Drama Club



Penny Johnson: 9- SADD, Chorus Club 10- FHA Rep/Hist., Asst. Sec., Latin Clb 11- FHA Pres, Interact Club- Sec., NHS 12- FHA Pres., NHS, Peer Mediators

Deron Jones: 9- basketball, James Farmer Scholars 10- basketball, James Farmer Scholars, National Helper Program 11- basketball, James Farmer Scholars, National Helper Program 12- basketball

Felicia Jones: 9- basketball, James Farmer Scholars, Spanish Club, Multicultural Club 10- James Farmer Scholars, basketball, Spanish Club, Multicultural Club 11- James Farmer Scholars, Spanish Club, Multicultural Club 12- James Farmer Scholar, Multicultural Club

Kaitlyn Jones: 9- Spanish Club, FHA, JML 10- Spanish Club, field hockey, Photography Club, VML 11- Spanish Honor Society, Spanish Club, VML 12- Spanish Club, Spanish Honor Society, Hi-Y, VML



Troy Jones: 11- Spanish Club

Eleanor Jusino: 9- SCA, JV cheerleading, French Club, Latin Club 10- JV field hockey, Varsity cheerleading, French Club, Latin Club, Soph. Board 11- Varsity cheerleading, gymnastics, Latin Club Pres., FCA Sec., NHS, Latin Honor Society 12- Latin Club, French Club, FCA, Latin Honor Society, French Honor Society, NHS

Bettina Justice

Amanda Justus-Gunn: 10- Spanish Club, Journalism. 11- Spanish club, Journalism. 12- DECA, Journalism.



Justin Kaufman: 9- French club, SWAT. 10- SWAT, Gospel Chorus, Young Life, French club. 11- NHS, SWAT. 12- SWAT, NHS, Green Team.

Joshua Kehl

Erin Kidd: 9- Spanish Club, Drama Club, JML 10- Spanish Club, Drama Club, VML 11- Spanish Club, National Art Honor Society 12- National Art Honor Society, DECA

Hyun-Soo Kim

on location after school

by drew green

Some students think it's crazy, others think it's beneficial, but everyone knows that staying after school is normal. D'Anne Huber had a baby-sitting job for a friend after school from three o'clock until about six o'clock. Huber said, "I baby-sit for the money but I also like kids so it works out really well."

Another reason for staying after school was sports. Kelli Collison stayed from about 2:45 until about 5:30 for volleyball. They practiced in the gym just about every day, as with most sports. Kelli said "I love the game and all my teammates. I also do it just for the fun of being part of a team from taking a break from academic activities."

Matt Stretton was on the Cross Country team and also practiced after

school. Stretton said "All I really do is run, sleep, and eat."

Royal Brigade Marching Band was another after school activity. On Tuesdays, Wednesdays, and Thursdays, Cassandra Fawcett and Eric Deibel practiced their songs and routines with the band. They said, "It's a good experience to be a part of the bands and it also will look well on college applications." Fawcett and Deibel also participated in Debate and Forensics.

Activities after and outside of school were popular with students, too. Brianne Bulzomi plays lacrosse for a Fredericksburg team. She also was involved in karate lessons at Seong's. Laura Eckenrode took pottery classes and said "doing different activities gives you a chance to meet new people."

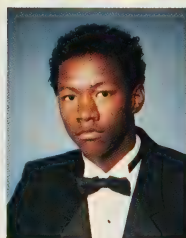
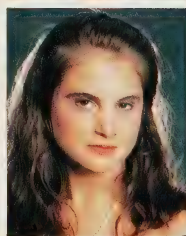
Busses were the only transportation for some but students who relied on their bus still did not like riding the 'Cheese Wagon'. Amber Merritt and friend Kim exchange information while waiting to ride the bus.

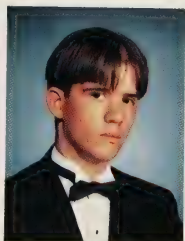
Even though telephone usage was mainly used after school, Matt Sokolowski takes his turn at the phone. Calls made to parents, work and other important places kept students in touch.



Lockers were a necessity, holding books, supplies, lunches, and other 'stuff'. Katie Mager opens hers after school to prepare books and supplies for her

homework. Students had chances between classes but due to some locations, students had to make time after school to go to their lockers.





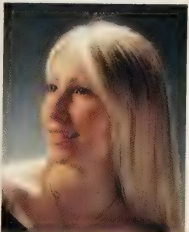
Justin Kirkland: 9- Fresh. Bd 10- Spanish Club 11- Spanish Club, Spanish Honor Society, Photography Club, SCA, Key Club, Forensics 12- Spanish Club, Spanish Honor Society, Photography Club, SCA, Forensics, Hi-Y, Tennis

James Kline: 9- football, wrestling, German Club 10- wrestling, soccer, German Club, SWAT 11- wrestling soccer, German Club, NHS, wrestling, soccer, NHS, Green Team, SCA

Wayne Knepp: 9- wrestling, Fresh. Board, Chorus, Hi-Y 10- wrestling, Soph. Board, Spanish Club 11- wrestling, Spanish Club, NHS 12- wrestling, NHS, FCA

Michael Koehl: 9-SWAT 10- SWAT, Spanish Club 11-SWAT, Spanish Club, Spanish Honor Society 12- SWAT, golf

Stacey Kralik: 9-SCA, Spanish Club 10- SCA, Spanish Club, Photography Club, field hockey 11- Key Club 12- DECA



Kimberley Labbe

Michelle Lancaster: 9- SCA, Fresh. V-Pres. 10-Drama Club. 11- Photography Club, Debate Team, Spanish Club, Interact Club. 12- Debate Team Co-Captain/Treas., Hi-Y Club, Intract Club.

Vanessa Lantis: 9- Color Guard, JML, 10-Color Guard, French Club, Drama Club, VML, 11-Color Guard, SADD, Drama Club, VML, 12- Color Guard, Drama Club, VML.

David Lawrence: 10-Spanish Club, Internet Club. 11- Spanish Club, VML, 12-Spanish Club.

Heather Lloyd: 9-Marching Band. 10-Marching Band, Track. 12- Drama Club.



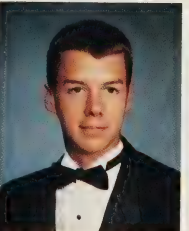
Arline Lopez: 9-SCA, 10-SCA, Spanish Club, SWAT 11- Spanish Club, Spanish Honor Society, 12- Spanish Honor Society/ Board, Spanish Club.

Gloria Lovo

Kristin Lundholm: 9-JV Field Hockey, JV Cheerleading, Tennis, JML, Hi-Y club, Spanish club, Fresh. Board. 10-JV Field Hockey, JV Cheerleading, JV Soccer, VML, SCA, Spanish club, Soph. Board. 11- V Field Hockey, VML, Junior Board, National Art Honor Society. 12-V Field Hockey, VML, Senior Class Board, National Art Honor Society, Spanish Club.

Tiffany Lutz: 9-SCA, French Club. 10-SCA, JV Cheerleading, Drama Club, Yearbook staff. 11-V Cheerleading, NHS, French Club, French Honor Society, Yearbook Staff, SCA Exec. Board, Junior Pres., VML, Cougar Tutor. 12-V Cheerleading, NHS, Yearbook Asst. Editor, SCA, Senior Pres.

Meghan MacNair: 10-FBLA 12-FBLA



Katherine Mager: 9-French Club, Fresh. Board, NAHS, indoor track, outdoor track, cheerleading, VML 10- V cheer, NAHS, indoor track, outdoor track, Fr Clb, Photo Clb, Soph Bd, VML 11- V cheer, NAHS sec, JR Bd, indoor track, outdoor track, FHS, Fr Clb, NAHS, VML, Cougar tutor 12- V cheer, NAHS rep/Hist, NHS Rep/hist, Photo Clb, Cougar tutor, indoor track, outdoor track, VML.

Andrew Mallet

Jeffrey McDermott: 9-Spanish Club, Key Club, soccer 10- Spanish Club, soccer 11-Spanish Club, VML 12- Spanish Club, VML, soccer

Jeanelle McKenney: 9-Marching Band, Pep Band, SCA, German Club, Debate, soccer, JML 10- Marching Band, Pep Band, SCA, German Club, soccer, VML, Student Ambassador 11-Marching Band, Pep Band, SCA V-Pres., German Club Treas., V soccer, VML, Student Ambassador, Hi-Y, NHS 12-Marching Band, Pep Band, SCA, German Club Pres., V soccer, VML, Student Ambassador, Hi-Y, NHS, Key Club

Joshua McKenrick: 9-Frnc Club 10-Battle of Brains, French Club, JV soccer, VML 11-Battle of Brains, French Club, French Honor Society, National Art Honor Society, Varsity soccer, Astronomy Clb, FBLA 12-Battle of Brains, Sr Bd, NAHS, Varsity soccer



Mary McNally: 9-SCA, Drama 10-SCA, Drama Club, Young Republicans Club, Spanish Club 11-Spanish Club, National Art Honor Society, Art Club

Emmaline McNinch: 10-Varsity soccer

Carly Medosch: 9-Fresh. Board, Latin Club, Drama Club 10- Drama Club, Photography Club, Spanish Club, Latin Club 11-Junior Board, National Art Honor Society, Spanish Club, Drama Club 12- SCA, Spanish Club, National Art Honor Society, DECA

Christopher Midlin: 9-Jazz Band, Pep Band, Marching Band, German Club 10-Jazz Band, Pep Band, Marching Band, German Club, VML 11-Astronomy Club, German Club, Marching Band, VML 12-SCA exec. Board, German Club, Key Club, Marching Band, Cougar tutor

Kelly Minkin: 9-Spanish Club 10- Spanish Club, FBLA, SCA 11-Key Club 12-Key Club, Spanish Honor Society



Adrian Minor: 9- basketball, track, James Farmer Scholars 10-basketball, James Farmer Scholars 11-basketball, James Farmer Scholars, FBLA 12-basketball, James Farmer Scholars.

Latasha Minor: 9-Photography Club 10- FBLA, outdoor track, basketball Mgr, Spanish Club 11- FBLA, indoor track, basketball mgr, Spanish Club, outdoor track, VICA 12-FBLA, indoor track, outdoor track, Spanish Club, DECA, FHA

Lindsey Mohr: 9-Spanish Club, SCA, Debate 10- Drama Club, Track, Volleyball, DECA, 11-DECA, Cross Country, track, Drama Club, FTA 12-DECA, Cross Country, SCA

Michael Monroe: 9- Chess Club 10-Debate, forensics 11-Chess Club, Spanish Club, Cross Country 12- track, Photography Club, Chess Club

Michael Monteforte: 9-Freshmen basketball

Shannon Moore: 9-Spanish Club 10-Spanish Club, Photography Club 11-FJA, Photography Club 12-SCA, Hi-Y, Photo Club

Coralyn Morgan: 9-SCA, Marching Band, French Club 10-Marching Band, French Club, FBLA 11-Marching Band, DECA 12-DECA

Dustan Morgan: 9-IV baseball 10-IV Baseball, VML, Spanish Club, FBLA 11-Varsity baseball, VML, Spanish Club, NHS

Jennifer Morgan

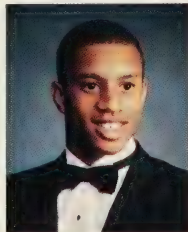


Kenji Morgan: 9-basketball 10-basketball, football, Drama Club 11-basketball, football, Drama Club 12-basketball, Drama Club, track

Edward Moss: 9-IV football, Varsity wrestling, track 10-Spanish Club, wrestling 11-wrestling

Braxton Mullen

Kristin Mundie: 9-FHA 11-VICA 12-FHA, VICA

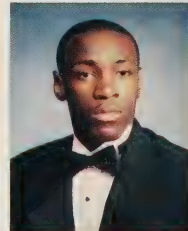
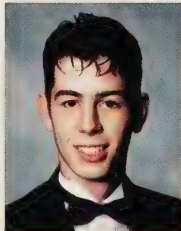


Denise Myers

Scott Nerdahl

Dustin Nistle: 10: IV Soccer, Spanish Club 11: DECA

Gerrick Noel: 9: Football, Basketball, Track, 10: Football, Basketball, Track, 11: Football, Basketball, Track, DECA 12: Football, Basketball, Track, FBLA, DECA.



Chrisy O'Donnell: 9: French Club, 10: Photography Club, SADD, Key Club, Hi-Y, 11: Key Club, 12: Key Club.

Robert Orrock: 9: FFA, 10: FFA, Gospel Chorus, 11: VECA, FFA, 12: FFA, VECA.

Catherine Padgett

Saria Paxton: 9: Marching Band, Pep Band, 11: Marching Band, 12: Marching Band.



Amber Payne: 10: Spanish Club, 11: Spanish Club, Track, FBLA, 12: Track

David Payne

Kathy Perkins: 11: VICA

Brian Pittler: 9: Latin Club, 10: Latin Club, Certamen, Battle of Brains, 11: Latin Club, Battle of Brains, Teenage Republicans, Certamen, 12: Latin Club, Battle of Brains, Teenage Republicans, Certamen



Jonathan Potter

Danielle Prickett: 9: French Club, 10: French Club, 11: French Club, French Honor Society, 12: French Club, French Honor Society

Jennifer Pritchard: 11: FBLA, 12: FBLA, VICA

Virginia Propps: 12: FBLA





Amir Raminpour: 9: Fresh Basketball, Track, Spanish Club 10: JV Basketball, Track, Spanish Club, FFA, FCA 11: Varsity Basketball, Track, Spanish Club, Spanish Honor Society, NHS, FFA, SCA 12: Varsity Basketball, Track, NHS, SCA

Dustin Ray: 9: Spanish Club, JV Baseball, Fresh Basketball 10: Spanish Club, JV Baseball 12: Varsity Football

Reena Rexrode: 11: Latin Club, Certamen, Astronomy Club 12: Latin Club, French Club, Battle of Brains, Drama Club

Katherine Reynolds: 9: Indoor & Outdoor Track, Spanish Club, JML, Photography Club 10: Indoor & Outdoor Track, Spanish Club, JML, SCA 11: Indoor & Outdoor Track, JV Cheerleading, Spanish Club, Key Club, National Art Honor Society, VML 12: Swimming, Spanish Club, National Art Honor Society Treas., Key Club Sec., Senior Board, SCA, DECA, FCA, Senior Buddy, Varsity Cheerleading



William Richardson: 9: Wrestling 10: Wrestling, Spanish Club, FFA 11: Wrestling, Spanish Club 12: Wrestling, Spanish Club

Kevin Rickens: 10: Marching Band 11: Marching Band, Jazz Band, Pep Band, Astronomy Club 12: Marching Band, Jazz Band, Pep Band, Spanish Club

Mary Ritenour: 11: VICA 12: VICA

John Robinson: 9: Track, Freshmen Basketball 10: JV Basketball, FFA 11: Varsity Basketball, VICA 12: Varsity Basketball, Track, VICA



Kristi Robinson: 10: JV Cheerleading, Spanish Club 11: Spanish Club, JV Cheerleading 12: SCA, Swim Team

Lauren Rojek: 9: French Club 10: French Club, Drama Club, Sophomore Board, JV Cheerleading 11: JV Cheerleading, Drama Club, French Club, Key Club 12: Varsity Cheerleading, Drama Club, French Club, Key Club, SCA

Erin Rollins: 9: Track, FHA, Basketball Manager 10: Track, FHA, Varsity Basketball Manager 11: FHA, VICA, Basketball Manager 12: FHA, Basketball Manager

Michael Rowley: 11: Spanish Club 12: Spanish Club

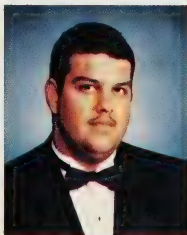


Jaime Russell: 9: FBIA 11: VICA 12: DECA

Pamela Ryan: 9: Basketball manager, Softball 10: Basketball, Softball 11: Basketball, Softball 12: Softball, Basketball

Nora Sanchez

Shelby Sandidge: 9: JV Cheerleading, FBIA, DECA 10: DECA, FBIA 11: DECA, FHA 12: FBIA, DECA, FHA



Adam Sapp: 10: Latin Club, Track, National Art Honor Society 11: Spanish Club, French Club, National Art Honor Society 12: Soccer, Spanish Club, National Art Honor Society

Jacob Sapp: 10: German Club, VML 11: Key Club, VML 12: Hi-Y, Tennis, VML

Nicole Schaffer

Harry Sepulveda: 9: JV Football, Track, National Art Honor Society 10: JV Football, Track, National Art Honor Society 11: JV Football, Track 12: Varsity Football, Track



Heather Settle: 11: National Art Honor Society, VML 12: DECA

Steven Shepard

Tiffany Shepherd

Jennifer Shook

Chadwick Shupe: 11- Astronomy Club

Jennifer Sickles: 9-SWAT 10- DECA 11-DECA rep/hist. 12- DECA rep/hist.

Shannon Simmons: 9- Spanish Club. FHA 10-Spanish Club. SADD. Renaissance Club

April Smith

Emmanuel Smith: 9-Tennis. Jazz band. Marching band 10- French Club. Tennis. Jazz band. Marching band 11-NHS. French Club. FHS. Astronomy Club. Tennis. Jazz band. Marching band

James Smith: 9- Indoor track. JV soccer. German Club 10- JV soccer. DECA 11-Spanish Club. DECA 12-Spanish Club. Indoor track. Soccer. Photography. DECA

Sarah Smith: 9- Field hockey. SCA 10- field hockey 11-field hockey. Spanish Club. FBLA 12- field hockey. Spanish Club. FBLA. SCA

Sarah Stalnaker: 9- JV basketball. Varsity Softball. JML 10- Spanish Club. Hi-Y Club. VML 11- Hi-Y sec. NHS. Spanish Honor Society. Junior Board. VML 12- NHS. Hi-Y. Photography Club. Senior Board

Timothy Stanley: 11-Jazz band. Astronomy Club 12- FBLA

Carl Stotmeister

Nathan Striegler: 9- Freshmen basketball. JV baseball 10- JV basketball. Varsity baseball. French Club 11- Varsity baseball. French Club. French Honor Society. Green Team 12- Varsity Baseball. Key Club. Green Team. Senior Class VPres.

Catoria Stuart: 9- track. basketball 10-Cross country. track. basketball. Multicultural Club 11-FBLA

Matthew Suplicki: 9-football. wrestling. track. FFA officer 10- football wrestling. VICA officer 12- football. wrestling. softball mgr

Harlin Sutton: 9-Spanish Club 10-Spanish Club 11-Spanish Club. tennis 12- tennis. Battle of Brains

Charlotte Takewell: 9- French Club 11- Spanish Club. French Club. French Honor Society

Charlene Taylor: 9-Marching Band

Jesse Travis: 9-Debate. Young Democrats Club. Latin Club. Certamen 10- Debate. Latin Club officer. Certamen 11- Latin Club. Certamen

Christopher Vestal: 9-Debate. Freshmen Board 10-Debate. Key Club. Journalism 11-Debate. Journalism. Key Club 12-Debate. Journalism. SCA. Cat's Eye

Erin vonOeyen: 9-Spanish Club. Indoor track. outdoor track 10- SCA. indoor track 11-SCA. Spanish Club. Spanish Honor Society. Indoor track. outdoor track 12-SCA sec. Spanish Club. Spanish Honor Society. Key Club

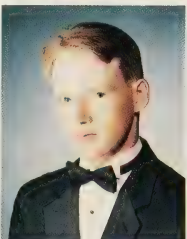
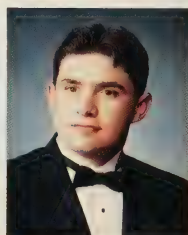
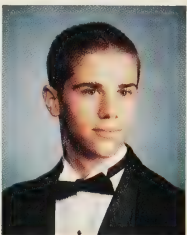
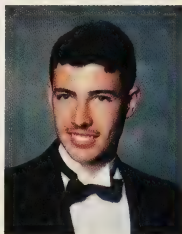
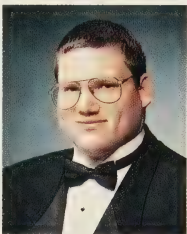
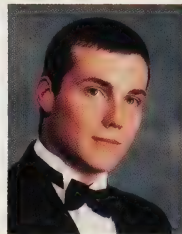
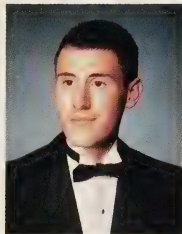
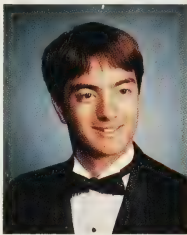
Matthew Walker

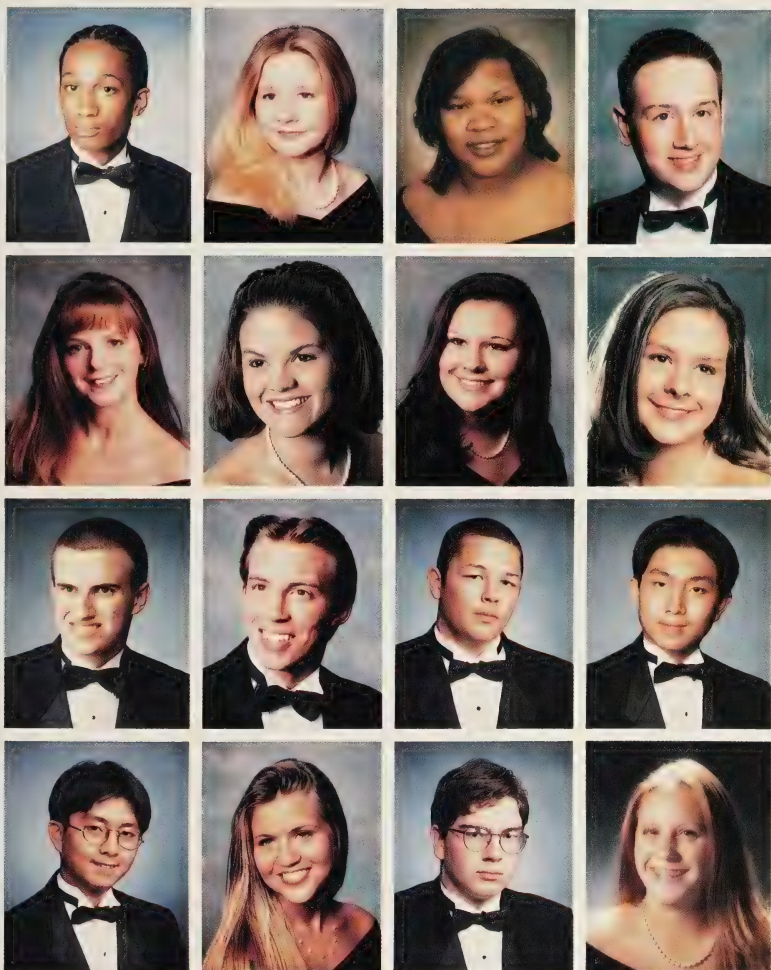
David Welborn

Nicholas Wells: 9- football

Bryan Whaley

Andrew Whitaker





Andre White

Kelli White: 9- Cheerleading 10- Cheerleading 11- Cheerleading, Spanish Club

Candice Williams: 9-Spanish Club, Hi-Y Club 10-Spanish Club, Hi-Y Club, Multicultural Club 12-Spanish Club, Hi-Y, Multicultural Club

Frank Williams: 10-Spanish Club, Drama Club 11-Drama Club, Astronomy Club, Spring Play 12-Drama Club, SCA

Jennifer Williams

Elisha Wimmer: 10- football mgr. 11-football mgr. 12-football mgr.

Jaime Wolfe: 9- Spanish Club 10- Spanish Club, FBLA, Photo Club, SCA 11- NHS 12-NHS, Spanish Honor Society, Spanish Club, SCA

Jennifer Wooten: 9-Key Club, Spanish Club 10-Key Club, Spanish Club 11- Spanish Honor Society, Art Honor Society 12- Art Honor Society

Andrew Wright: 10-Spanish Club, FBLA, VML 11-Spanish Club, VML, NHS 12-Spanish Honor Society, NHS, VML

Eric Wright: 9-SCA, Latin Club, Certamen, Cross Country 10-Latin Club, Certamen, Cross Country 11-Latin Club V-Pres., Latin Honor Society, NHS, Cross Country 12-Latin Club Pres., Latin Honor Society, NHS, Swimming, Certamen

Russell Wuethrich

Ho Yeung

Wai Yeung

Rachel Yovino

Matthew Zerhusen: 9-Marching band, Jazz band 10-Pep band, Marching band, Jazz band 11-Marching band, Jazz band, German Club, Pep band

Rebekka Zubyk: 9-SCA, Colorguard, Hi-Y, Environmental Science Club, Chorus Club 10-colorguard, Chorus Club



Parking permits were a must for seniors and juniors who were able to drive to school. Permits were twenty dollars and were sold on a first-come-first-serve basis. Seniors were able to buy theirs earlier than the juniors as part of their senior privileges. Kenji Morgan goes over paperwork with Mr. Hall while buying his. Students arrived an hour or more early to claim the best spots.

The first day of school was exciting for seniors who had not seen each other over the summer. Betsy Chilton and Sara Hansen, friends since middle school catch up

on gossip and class schedules in the Commons Area. The first day was filled with thoughts about clothing, classes, and classmates, and everyone had

something to talk about.

Chris Adams
Kira Anderson
Christine Arrowood
David Austin
Daniel Bowens
Melba Boyd
Michael Bradshaw
Andrew Breen



Cody Brown
Rhema Brown
Brienne Bulzomi
Richard Cadger
Cory Calvey
Jaclyn Carpenter
Joshua Carson
Nicole Carter



Tiffany Carter
Sabrina Chambers
Christina Chewning
Aaron Clark
Latoya Clark
Mark Clark
Tahir Clark
Robert Coleman



James Covais
Michael Craig
Carol Crank
April Cuckerham
Garrett Curley
Amy Dameron
John Davidson
Janelle Davis



Kory Davis
Christopher DeBlanc
Lauren Delozier
Katherine Demchak
Pamela Dickerson
William Dicks
Willard Dodson
Quintin Doles



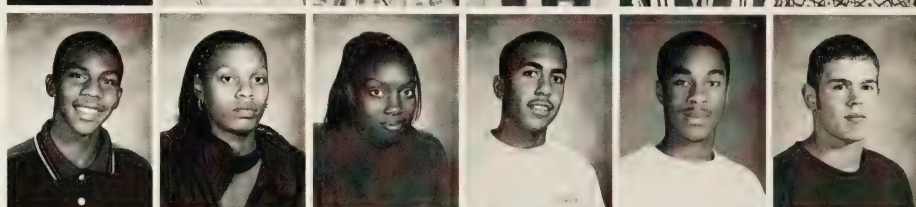
Angie Durette
Shannon Eaglin
Hector Echeverry
Melissa Eckelberry
Laura Eckenrode
Jekisha Elliott
James Ernest
Adam Estep



Timothy Everts
Robin Farmer
Darnyel Ferguson
Robert Fitzgerald
Ehren Foley
Mark Folkerts
Rebecca Francis
Michael Frank

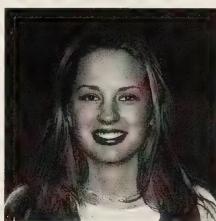


Seth Fullilove
Lisa Gaines
Zavia Gaines
Jusen Garcia
Darawin Gatling
David Gentry
Kyle Gilley
Naijah Grant





Inside Your Mind students' opinions



How do you think the new principal is doing?

"We have to get used to a lot of different rules and things [with each principal]," said Lori Gorman, 12.

"A lot of things have changed for the good and bad since last year when Mr. Gray was principal," said Becca Neese, 10.

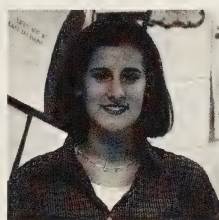
"The way discipline and other issues are handled is different every year," said Sarah Smith, 12.

What do you think about the Clinton scandal? What punishment, if any, do you think he should receive?

"He should be impeached because it makes people criticize the United States for his actions," said Shannon Dunkle, 12.

"Clinton should be impeached because it's an embarrassment to our country to have such a dishonorable man as our leader," said Megan Driest, 12.

"President Clinton should only be impeached because he lied and not that he had an affair; it's none of our business," said Beth McAdam, 10.



What is your opinion about the changing of school traditions?

"I don't like it because it took away a lot of friendship bonds and it took away a lot of our school spirit," said Lauren Delozier, 11.

"I do not like it at all. The school was fine as it was last year. It split up friendships and relationships," said Jennifer Stello, 10.

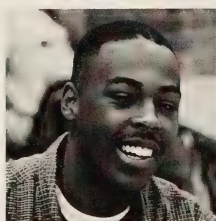
"It was good and bad because it separated friends but it reduced the overcrowding," said Meghan MacNair, 12.

How do you feel about the sudden death of Florence Griffith-Jones?

"I am disappointed that an athlete of her potential has died. She was one of the 'greats' and will be remembered," said Mike Monteforte, 12.

"It was a very unexpected tragedy; the community lost such an inspirational leader. She will be missed by all," said Felicia Jones, 12.

"I'm curious about her death because of her physical condition. She might have been on something and that disappoints me," said James Carr, 12.



What would you do if you caught one of Mark McGuire's record-breaking balls?

"I would give McGuire the ball and ask him to autograph it, take pictures with me, take me to dinner, and give me free tickets," said Kenon Pratt, 11.

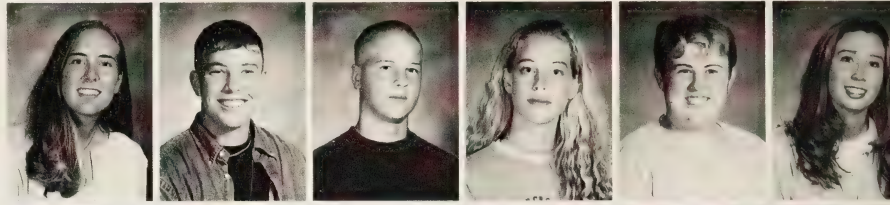
"I would sell the ball and buy a nice, brand-new car," said Jimmy Hope, 10.

"I would sell the ball to the highest bidder in an auction," said Matthew Graves, 9.

Carla Graube
Amy Green
Jason Green
Sandra Green
Shannon Green
Teresa Griffith
Melissa Hafner
John Hansen



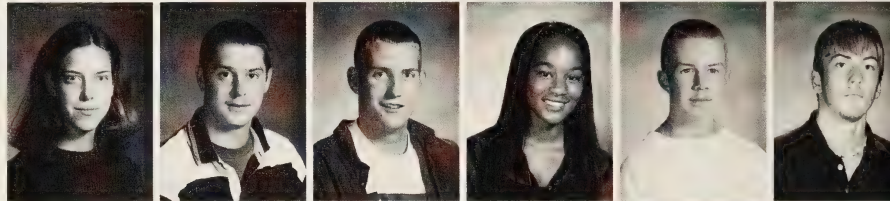
Kari Hansen
Daniel Harris
Jonathan Hartman
Danielle Hawn
Timothy Heiston
Carlie Hemming
Melissa Hennessey
Amy Herman



Paul Hibbs
Erin Hill
Sierra Hilliard
Matthew Hogan
Elizabeth Holderbaum
Jason Horan
Kimberly Horton
Michael Jackson



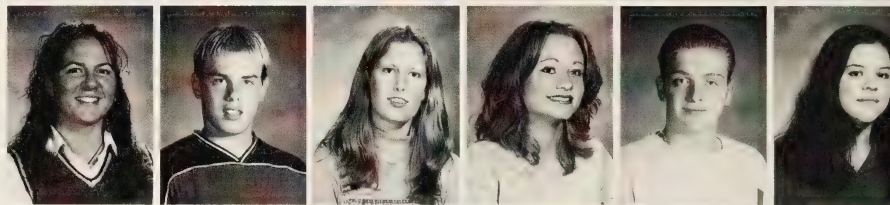
Jill Jaskulski
Eric Jensen
David Johnson
Samantha Johnson
Benjamin Jones
Jason Jones
Lindsay Judice
Alfred Kamara



Louis King
Scott Kline
Chad Lamb
Teri Leake
Dale Lemasters
Kyle Lewis
Raymond Lillie
Jessica Lomax



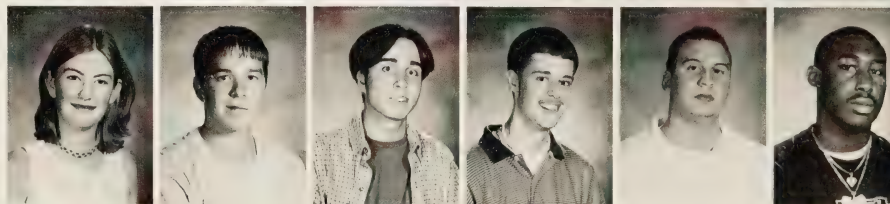
Heather Lowe
Jeremy Lundin
Dana Marshall
Stacey Martin
Travis Martin
Teva Martinez
Patrick McBride
Melody McCarthy



Elizabeth McCeney
Amanda McCullough
Eddie McDaniel
Stephanie McDougall
Brendan McGowan
Christina McQuillen
Dallas McVicker
Linsey Meador



Leslie Meadows
Richard Minter
Robert Mitchell
William Monroe
Darnell Monteforte
Steven Neville
Adriane Noel
James Nurmi





defining your style personality plates

by: kira anderson

License plates are more than just identification tags; personalizing a license plate can define a person. License plates can symbolize a person's talent, personality, or nickname. Emily Viventi chose her license plate to read "DOOZER4"

"Doozer is my nickname from field hockey; they say I bulldoze over everybody. The number four is my field hockey jersey number," said Viventi.

Tara Vadeboncoeur also has plates that identify her nickname. "POPKRN" came from Mr. Flamm. It all started

when he could not pronounce my last name. It went from Redenbocour, the popcorn, to Orville, and finally Popcorn," said Vadeboncoeur.

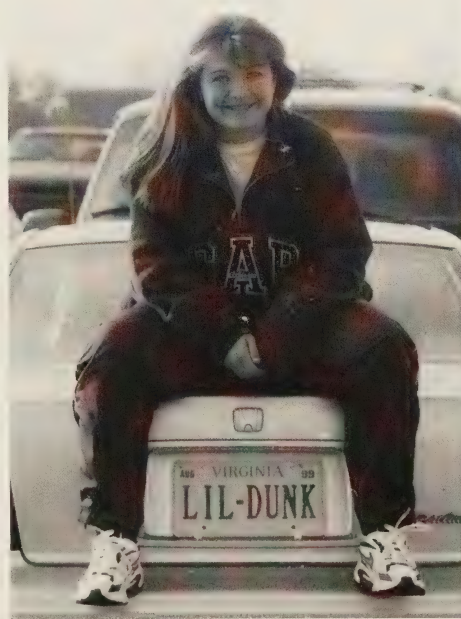
Teachers not only give ideas or nicknames for license plates, they can provide useful information. "KWKAG" is coded on Liz Holderbaum's plates, who acquired her name from the chemistry classroom.

"My car is silver. I came up with a creative way to call my car Quick Silver. 'Ag' in chemistry terms means silver, so I just abbreviated," said Holderbaum.



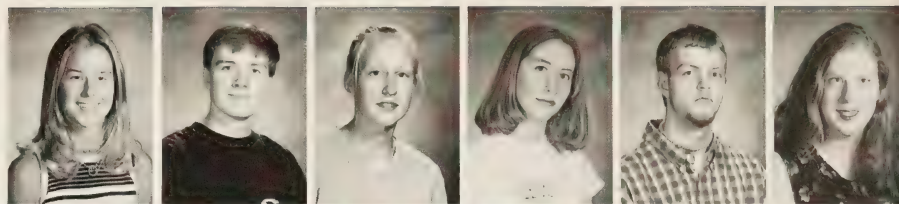
Nicknames were commonly seen on license plates. "I got WOODY82 because Wood is my last name, therefore, Woody. The year 82 is the year that I was born," said Amanda Wood.

plates describe a person's personality, talents, and much more. "DANSN FT" is Tiffany Lutz's plates and she says, "I am a dancer and I want people to recognize that."

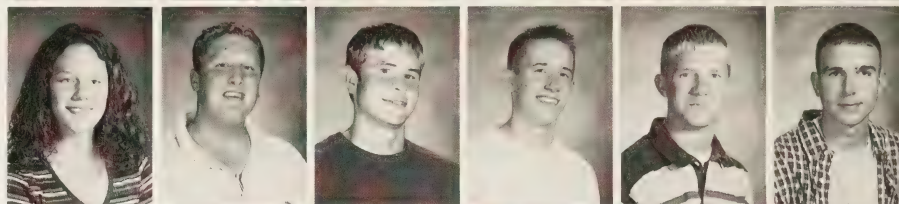


Some people get their nicknames from their families. 'LIL DUNK' belongs to Shannon Dunkle's plate. "All of my family has 'DUNK' on their vehicles. You could say it is a family thing," said Dunkle.

Maygen Nurnberger
Michael O'Brian
Amanda Oliver
Mariae Olson
Steven Olson
Lila Orrock
Jason Overgard
Joshua Owen



Tracey Payne
Roy Pence
Craig Pennington
Benjamin Perry
Bryce Peterson
William Petty
Jennifer Powell
Kenon Pratt



Ellen Prince
Anthony Quirante
Amy Rance
Carey Richardson
Lauren Ridenour
Nicholas Ridgely
Stephanie Rodgers
Tanya Rodgers



Jenny Rodriguez
Shannon Roll
Robert Rucker
Michael Ruggieri
Anita Sanchez
Mario Sanchez
Levi Scaccio
Kelly Scordellis



Brandon Sheets
Kelila Simmonos
Emily Smith
Justin Smith
Scott Snyder
Matthew Sokolowski
Christina Soper
Jessie Spear



Shauna StClair
Richard Steele
Matthew Stretton
Jennifer Sullivan
Seneca Switala
Vanessa Teter
Rachel Thomas
Ryan Thompson



Antonio Torain
Eydie Torres
Teneka Trent
Mark Upshaw
Tara Vadaboncoeur
Brian Verna
Emily Viventi
Clyde Waldon



Devon Ward
Jason Webb
Jillian Welz
Thad Williams
Tyana Williams
Shomir Wilson
Jessica Wince
Lark Winfrey





pep rallies raisin' the roof

By: Tara Vadeboncoeur

Pep Rallies are associated with cheerleaders, lots of people and of course, a pep band. Pep Rallies were a way to get the whole school together and get "pepped up" for an upcoming game or special event.

"From my point of view the pep rallies are fun, because I get into them, but since the underclassmen don't get excited it seems to bring everybody else down," said senior James Carr. Not enough spirit seems to be the only complaint from the student body.

"People need to participate more and there should be more activities," said Marjani Clark. During the pep rallies one enthusiastic chant heard is " Go

Home Freshman," shouted by the seniors.

"It doesn't really bother me when they say it, we just end up saying it back to them," said freshman William Simpkins.

During the fall pep rally, the fall sports teams, club banners and the chosen Homecoming Court were presented to the crowd. A favorite activity was when four football players dressed in drag.

For the first time, there was a "traveling" pep rally. The cheerleaders, band and football players paraded through the halls to get people ready for the game that night.



during one of the pep rallies, Mike Craig, Amy Jo Rance, and Melody McCarthy, are cheering the events taking place on the gym floor. Pep rallies were normally held in the gym or on the bleachers to accommodate the crowds.

pep rallies were held in the gym but during the fall football season, a pep parade had its debut with Hugh Crisafulli leading the pack. The cheerleaders, football team and band paraded around the school, revving up spirit for the last home football game.



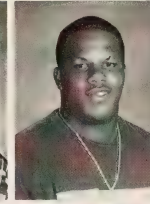
The Varsity Cheerleaders performances were an activity the student body looked forward to at a pep rally. Tossed in the air, Tracey Payne, prepares to do a flip. The cheerleaders had to

rely on each other for support when they did their jumps.

Amanda Wood
Hunter Woodard
William Wuyek
Melanie Wyckoff



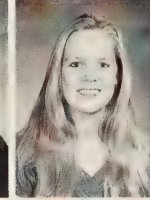
James Adams
Elizabeth Albrecht
Timothy Allmond
Michael Anderson
Joseph Andrews
Kelly Aspen
George Atkins
Jacob Barr



Bradley Bellante
Cynthia Bennett
Elizabeth Benshoff
Sabrina Biehle
Ashley Bird
Zachariah Black
Thomas Blake
Jarred Boehner



Nathan Boyette
Ian Brabant
Sarah Brady
Melanie Breeden
Takara Brooks
Adriana Brown
Casey Brown
Rhema Brown



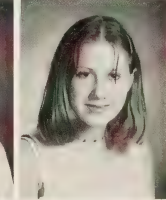
Wendy Brown
Zamia Brown
Travis Burgoyne
Sara Burhans
Bryant Burnett
Frank Buxton
Nicholas Byram
Dustin Campbell



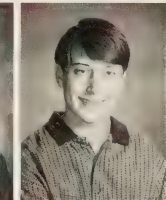
Mark Canul
Courtney Carbaugh
Andrea Carpenter
Christopher Carpenter
Beale Carter
Jonathan Carter
Melvin Carter
Natasha Childs



Daniel Clark
Joseph Clarke
Sandra Cleveland
Alan Collier
Valerie Crandall
Michael Crosby
Robert Crothers
Jennifer Cruz



Aron Curley
John Curtis
Joshua Dahm
Ryan Day
Eric Deibel
Justin Deihl
Vanessa Deleon
Maria Depalma





Express Yourself talk of the town

Students of all kinds were found attending the annual open mic night. It was a night that allowed students to come and express their writing skills and talents to a supportive group of fellow peers.

From poetry to prose to song lyrics, every type of writing was read at open mic night. "It was a lot of fun, but it was weird to see all the types of people saying what they really felt inside or what they dreamed in their dreams. I even said a little something of my own," said Shannon Brooks.

Open mic night lasted one hour and

refreshments were provided during the event.

Although open mic night was a relatively simple event, an admission charge was required that helped support *The Cat's Eye*. "I guess I understand why there was an admission charge, because of the refreshments, but I believe it should have been optional. If you're hungry, pay the money, but if you're like me and just come to express your thoughts along with other students, then there shouldn't be a charge," said Josh Dotson.

By: Kaitlyn Jones



Expressing his thoughts, Josh Dotson reads a piece of his work at open mic night. It takes courage to speak in front of a crowd, but he did it flawlessly. After the presentations, the artists of literature get to mingle and enjoy refreshments.

Reading a sample of her work, Dana Bennett stands at the podium and talks to the town. "Open mic night is a great time to expose your writing to others. Some people even follow up on your new writings," said Bennett.



Showing his literary ability in front of an open mic, Ryan Thompson reads a piece of his work to people who enjoyed listening. Ryan was able to share his thoughts out loud to friends as well as strangers.

all in a day's work

Jobs are a part of most students' lives. Whether they helped students pay for their cars or clothes, they simply gave students their own income. Some students had jobs that dealt with children.

"I like to work with the little Jewish kids at my temple," said Josh Feldman.

Scott Kline who works at Minnieland said, "It's cool because I get to play games with kids." Heather Settle, an employee at LaPetite Academy, is another student who works with children. Others like their jobs because they work with their peers.

"I love working at Einstein's because all my good friends work there," said Kristin Lundholm, "and because there's never a dull moment." Robin Barnes works with her friends at Old Navy. Barnes said, "I get to meet people from college and kids from other high schools."

Jobs offered skills that would be necessary in life. "Working at the bank helps teach me financial lessons for life," said Jamie Smith. Shawn Gill works as a Pharmacy technician at CVS and has this to retort to a question that almost everyone asks her. "No, I do not steal drugs from the pharmacy!"

any type of business was apt to employ eager students. Joe Cunningham was employed at CVS Pharmacy for several months. Because of the openings of several new CVS stores, students found work easily.

Working at the Customer Service Desk at Target, Arline Lopez makes an exchange to please the customer. Target is one of the first major businesses to arrive in Central Park which is a leading source for teenage jobs.



fixing one of the many ticket centers at Funland, Cooper Dawson earns his pay. "Working at Funland has taught me many different technical skills," said Dawson.





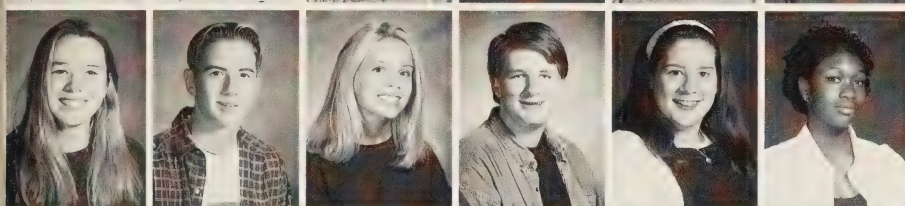
Kelly Diaz
Kyle Dickerson
Lolita Diggs
Cullen Dilard
Christopher Dillard
Jennifer Dixon
Rochele Dorton
John Duncan



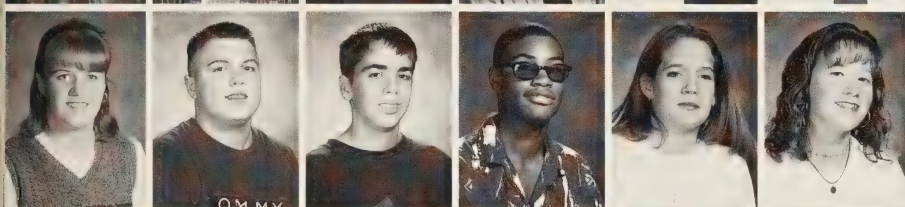
Crystal Durrett
Matthew Edelen
Renee Eldridge
Joshua Elkins
Shannon Filmeck
Richard Frail
Gary Future
Charles Gaquerel



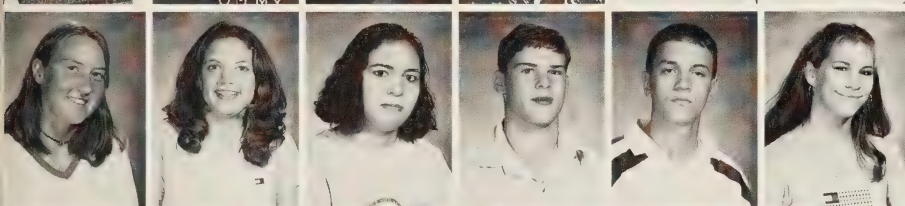
Jessica Garrett
Sasha Ghazarian
Pauline Gilbert
Nicholas Gittings
Carl Goode
Justin Gray
Corey Green
Frederick Grinder



Brandi Hammett
Kyle Harlow
Rebecca Harrington
Jonathan Hawkins
Amanda Hawn
Steven Heiser
Megan Herwick
Chauntel Hill



Ryan Hill
Channel Hillard
Courtney Hilton
James Hope
Brent Huffman
Adrian Jackson
Emily Jackson
Sheila Jacobs



Shaqueda James
Christopher Jefcoat
Melissa Johnson
Maureen Jones
Tina Jones
Donald Karkos
Tyler Kaufman
Carrie Keller

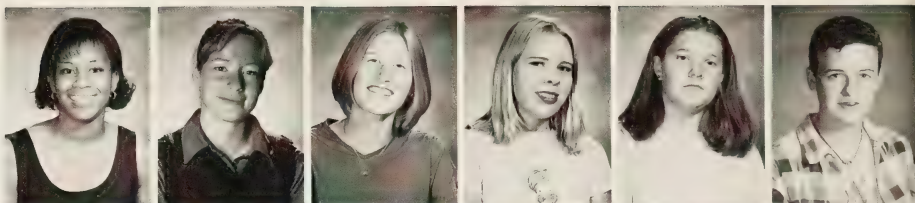


Jennifer Keller
Sarah Kile
Ronald Krenzel
Christopher Lambert
Crystal Lane
Sabrina Lawrence
James Lee
John Lee

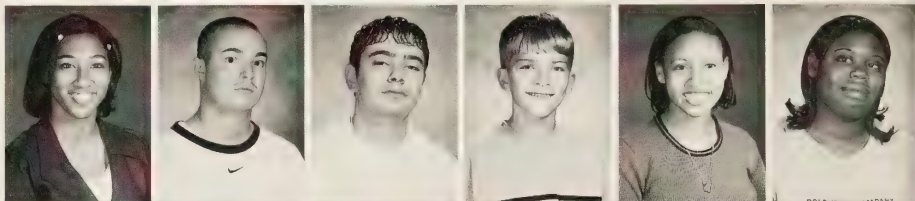


Tara Longridge
Esmie Longtin
Kimberly Lowrey
Jennifer Maciulewicz
Joshua Macy
Suzanne Mahaffey
Jennifer Manch
Denbeigh Marchant

Adriane Mason
Elizabeth McAdam
Ronda McCarthy
Melanie McCurley
Kristina McDougall
Richard McGrady
Brandon Meadows
Gordon Meadows



Patrice Miles
Casey Mitchell
Donicio Montoya
Jesse Morgan
Octavia Morgan
Jennifer Moses
Jason Mullins
Rebecca Neese



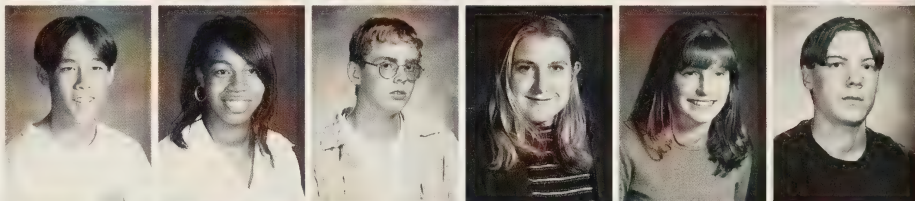
Marin Nichols
Melinda Niemann
Kevin Norbrey
Kamara Parris
Michael Parsons
Stephens Payne
Kenneth Pendleton
Michael Pendleton



April Pennington
Ike Phelps
Jonathan Phillips
Dana Pierce
Melissa Polan
Andrew Powell
Lauren Przepiora
Jonathan Regeimbal



Jason Remington
Sonja Roberts
Christopher Robinson
Hilary Roles
Lisa Rollins
Peter Rotramel
Joshua Ruby
Devina Russell



Krystle Ryan
Mario Sanchez
Angelo Salerno
Kathryn Shlesinger
Shannon Scipione
Angela Shelton
Nasir Shelton
Judith Shepard



Jessica Smith
Jonathan Soma
Laura Soulsby
Adam Stanislawski
Jennifer Stello
Ryan Stevens
Lisa Stewart
Marcellou Stewart



Christopher Strain
Christopher Stretton
Katherine Strunk
Daniel Sullins
Rebecca Sullivan
Michelle Sylvester
Christopher Talley
Benjamin Taylor





feeling the spirit holidays to remember

Holidays were a time to relax and enjoy life's many blessings. They offered a variety of things to do. From Christmas to Memorial Day, students loved these special times.

"I love Christmas because there is just a special feeling in the air, and I get to do my favorite thing, shop," said Courtney Carbaugh. "Christmas rocks and everyone is so happy," said Laura Eckenrode.

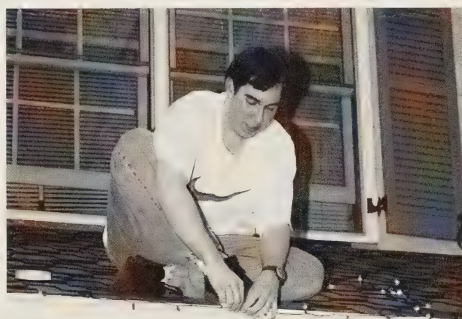
"It's fun on Halloween because you get to dress up like someone else," said Becca Neese. There is definitely no time like the scary night of October 31. Students went to parties, the mall, and

some even decided to get some candy the easy way by trick or treating. "I love Halloween because I get to take my baby sister trick or treating," said Renee Eldridge.

"Valentine's Day is so special: you get flowers from the one you love," said Andrea Carpenter. February 14 was a very special day with flowers, cards, and candy all in the mix. People showed their love in many different ways and a few lucky students received gifts from secret admirer.

The holiday spirit was definitely felt whether in school or taking a 'holiday' off.

by: angela shelton



An annual decoration seen during the Christmas season were lights on houses. David Lawrence, a pro at Christmas lights, places a string on his roof. Lawrence decorated his home every year with figures and lights.

On Halloween, everyone needs entertainment. SCA president Andy Anderson and Chris Midlin provided the fun with a little mocking of Bill Clinton and one of his secret agents during lunch.



As Nathan Striegler looks on, Hilary Dehr carves out a pumpkin for Halloween. Spanish Club members decorated pumpkins as they do annually. Members stayed after school for the job.



are you

plugged in?

by marny smith

Music brings people enjoyment whether it is at a dance or in a car. Battle of the Bands brought music and friends together to enjoy garage bands and to discover the best band in the area.

"It's a good chance for the youth in Spotsylvania to display their talents," said Ralph Block of the band Quarter Short. Quarter Short has competed in numerous Battles of the Bands. Another band that has competed more than once

was La Cosa Nostra. Chris DeBlanc of La Cosa Nostra said, "Battle of the Bands is a good way to gain recognition."

The annual competition was sponsored by the Debate Team. They used the money raised to help pay for entrance fees to Debate tournaments. Carla Graube and Michelle Lancaster took charge of the event and raised 1,000 dollars. "It was a really hectic night but the money the team raised was worth it," said Graube.

Playing "Tommy H.", one of Quarter Short's original songs, Jeff Mullins pumps up the crowd in order to impress the judges. Mullins has been the lead singer for the band and has enjoyed a three year career.

Introducing a new song for the judges at Battle of the Bands, Ralph Block, Jeff Mullins, Tim Stanley, and drummer Chad Shupe of Quarter Short hope for first place. The bands had 15 minutes to play their songs.



The hosts, Michelle Lancaster and Carla Graube, announce the first and second place winners of the Battle of the Bands. Quarter Short won second place and Crimson Petals from Spotsylvania High won first.





Cortez Thompson
 Iaian Thompson
 Tabitha Tillman
 John Toigo
 Bridgett Turner
 Tonia Turner
 Alberto Velez
 Gabriel Walters

Michael Ward
 Dreama Weaver
 Courtney Wegner
 Jennifer Wells
 Evelyn Westbrook
 Michael Westphal
 Erin Wetherby
 Elleni Whitney

Eric Williams
 Angela Winslow
 Melinda Wolfe
 Brian Woolls
 Jason Wright
 Ernest Wuethich
 Jonathan Zaben
 Whitney Zacchetti

Stephen Accola
 Robert Adams
 Joseph Adcock
 Amanda Albrecht
 Bradley Aldridge
 Derrick Anderson
 Emily Andretta
 Philip Arnold

Michael Arrigan
 Shante Ayers
 Brandon Barber
 Jessica Barker
 Matthew Barker
 Ryan Barsanti
 Robert Basso
 Melody Becker

Beverley Bellante
 Jose Benitez
 Patrick Bennington
 Crystal Blizzard
 Megan Boehl
 Michaela Boller
 Shanna Bowens
 Patrick Boyle

Brandy Bradley
 Jennifer Brady
 Anthony Brosch
 Randy Brogan
 Aaron Brown
 Chasity Brown
 Christina Brown
 Demetrius Brown

Derek Brown
 Monique Brown
 Petrise Brown
 Sarah Brown
 Vance Brown
 Brian Bruce
 Shanae Bryant
 Caleb Burnette

Justin Burtne
Amanda Cadger
Alexandra Caldwell
Donovan Cannedy
Christopher Carlson
Amanda Carper
April Carter
Shantel Carter



Brad Cartwright
Kelli Cash
Carolina Castrillon
Luis Castrillon
Breanne Cave
Adam Chaney
Harrison Christy
Patrick Cizek



Keith Clark
Marjani Clark
Eric Claytor
Chad Coleman
Christine Collins
Tasha Comer
Jamie Cook
Kacie Coppock



Kimberly Cottle
Jennifer Crank
Marguerite Crawford
Frank Crisafulli
Hugh Crisafulli
Paul Croke
Charlotte Crosby
Crystal Cunningham



Jonathan D'Alessandro
Joseph Darr
Joseph Davitt
Wesley Dimsoy
Sarah Dittman
Timothy Dodd
Lydia Dodson
Mindy Dunkle



Chanera Durante
Uriah Durham
Allen Dwyer
Alicia Earley
Angela Earley
Jacob Edmonds
Rachel Edwards
Robert Eldridge



Michael Enzweiler
Joshua Earnest
Richard Evans
Christopher Everette
Judy Fabricius
Christopher Feil
Joshua Feldman
Curtis Ferlin



Eliot Fielding
Charlena Fitzgerald
Heather Fitzgerald
Justin Flak
Amanda Francis
Kerry Frazier
Andrew Fristoe
Everett Fulmer



climbing the ropes to success

by: drew breen

The SCA and Mr. Bedwell teamed up together to organize a cooperation activity called the Ropes Course. Class officers and the SCA Executive Board were among those that participated. Activities were designed to build confidence and trust. Working and planning a strategy was important for success during the course.

"The Ropes Course helped to build trust among new and old friends," said Megan Driest. Adding to that D'Anne Huber said, "It also taught us how to build group cooperation." The students agreed it was a challenge to get everyone

to work together.

"The course helped you to work with others by listening to ideas and opinions and expressing your own" said Robin Barnes.

Not only was the emphasis on physical conditions but also on mental focus. Kira Anderson, who participated in all of the courses, said, "The whole time we had to depend on one another and combine our mental and physical strengths."

"We got a chance to interact with other officers from the class boards and I wouldn't mind doing it again," Anderson said.

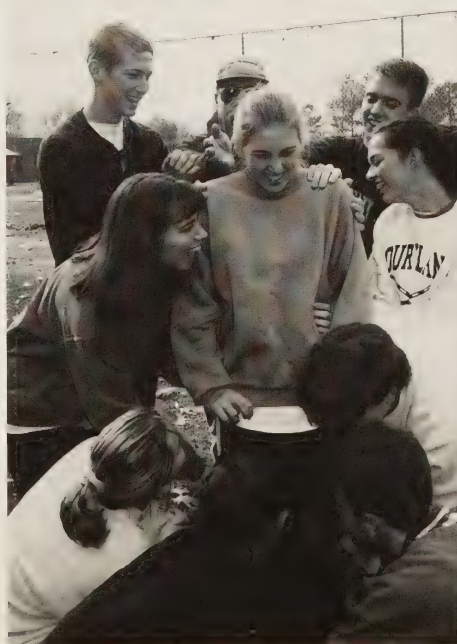


Working together and cooperating was a key element to the course. Matt Davidson, Josh McKenrick, and Andy Anderson help each other to walk in unison to finish the activity. This exercise showed students how to work as a team and depend on each other.

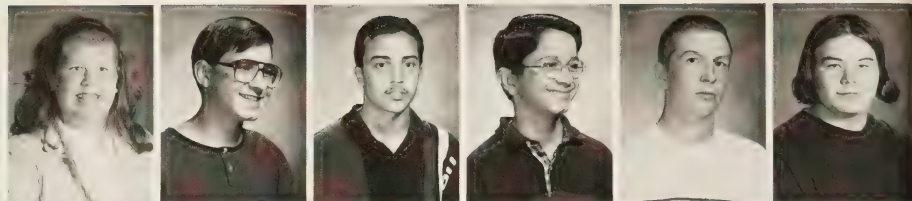
Climbing to the rope, Andy Anderson gets ready to walk along one of the hardest courses to reach the zip line on the other side. Concentration was important to finish safely; however, if there was a mishap and someone fell, there was a safety line.



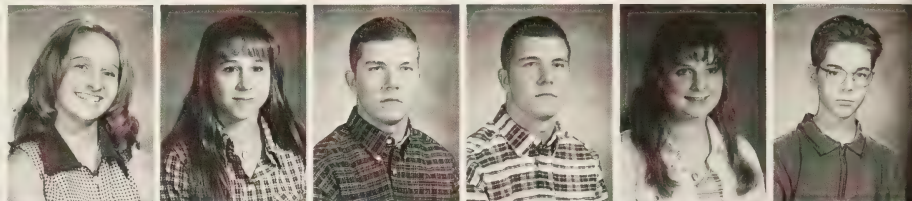
Giggling in anticipation, Megan Driest prepares to be lifted into the flying carpet. This was one of the many trust activities that the students performed.



Christin Funderbunk
Christopher Gallo
Kelvin Garcia
Misha Ghazarian
Gregory Gibson
Jerry Gibson
David Gill
Meghan Gleason



Katherine Goad
Elizabeth Good
Matthew Graves
Steven Graves
Jessica Gray
James Green
Carolyn Green
Jeremy Griggs



Ashley Grimes
Christopher Grossi
Brady Gruler
Ana Gutierrez
Kristine Hafner
Derek Hanlin
Goldie Harris
Kelli Harris



Kevin Hatty
Robert Hayden
Steven Heiston
Sarah Heller
Andrew Helmick
Laura Henderson
Tina Henry
Kimberly Hester



Matthew Hibbs
Paul Hlusko
Melissa Hogan
Christopher Holmes
David Holt
Latonya Howard
Jason Hranek
Shannon Hughes



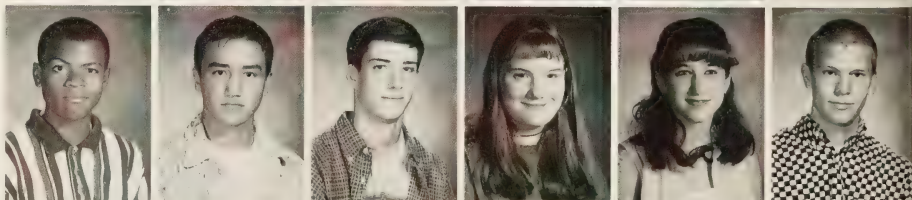
John Humphrey
Stacy Hunt
April Irving
Suzanne Ivey
Kelli Jenkins
Tyler Jenkins
Michael Jewell
Brittany Johnson



Donna Johnson
Latechia Johnson
Alexander Jones
Antoine Jones
Delonte Jones
Alexander Junaid
Edward Jusino
Dennis Justice



Festus Kamara
Hi-Jae Kang
Andrew Kavina
Kimberly Kieloch
Rachel King
Kevin Kline
David Knox
Daniel Kuckuck





stopping at the hot spots

by angela shuffert

As weekends rolled around, one could always find the local hotspots packed with students. From Funland to the Spotsylvania Mall, everybody was everywhere.

"Getting away from your parents and being with your friends is the best part," said Becca Neese.

"I love to go to places and have total freedom and forget about everything else," said Sara Burhans.

Restaurants were a popular choice. Hardees stayed busy with students participating in after school sports and activities.

"Damon's was the place to be for football games on Sunday afternoons because people from Courtland worked there," said Kaitlyn Jones.

"The new places around here are getting a lot better. I'm having a whole lot more fun," Jennifer Stello said.

Even though there were few spots in Fredericksburg to hang out, new places have opened up due to Central Park. With new stores such as Old Navy and activity centers like Funland, students were given more choices that offered a better variety of things to do.



Shopping on a busy afternoon helps Sara Burhans and her grandmother relieve stress. Saturdays were the most common days to get away from the house and spend some money. Bell provided grub and a place to hang out. Shawn Gill, Jaime Wolfe, Lori Gorman, Pam Ryan, and Lauren Rojek pose for the camera. Afterschool, students could be found at fast food stops.



Returning from a simulator ride, Becca Neese and Whitney Zaccheti recover from the tossing and turning of the ride. At Funland, people just hung out, but some decided to participate in all the action.

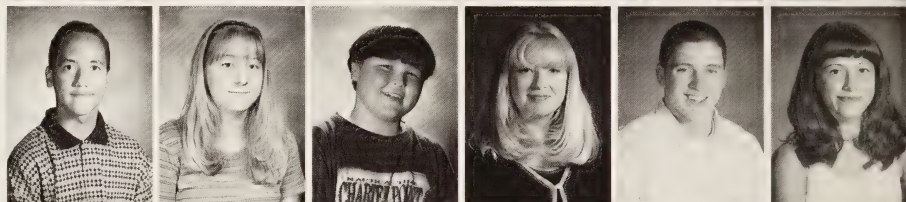
Kurt Kuppert
Krystal Kurpakus
SarahJane Lane
David Langford
Justin Lapier
Matthew Lee
Sara Lewis
David Limerick



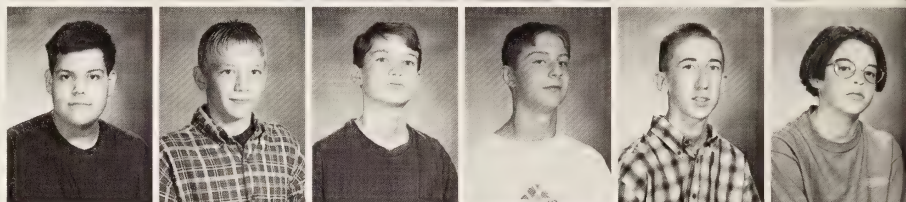
Kimberly Little
Megan Little
Joshua Lohr
Danielle Lowe
Kimberly Ludeker
Tiffany Lusk
Katie Lux
Daniel Maida



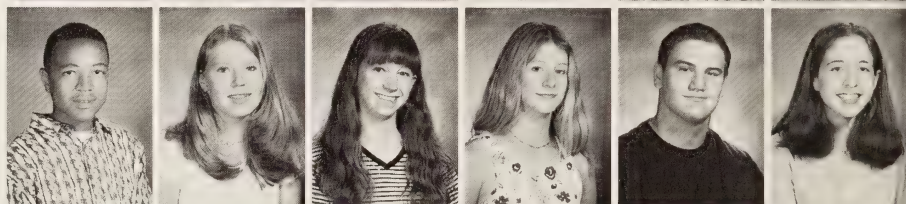
Marc Mains
Jennifer Mangan
Andrew Marchant
Stephanie Marshall
Christopher Martin
Lindsay Martin
Patric Martin
Jessica Martinez



Nicholas Martinez
William Martini
Justin Mason
Matthew Mastalski
Thomas Mastin
Nathaniel McCullough
Ashley McDougal
Kristy McGill



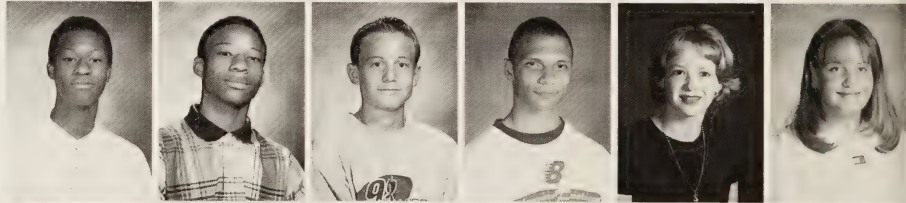
Monte McMorris
Krystal Medeiros
Pamela Medley
Christine Mercer
Dustin Merchant
Amber Merritt
Corey Miller
Jane Minnoe



Antron Minor
Michael Mitchell
Natalie Mitchell
Steven Mitchell
Travis Monroe
Jason Moore
Melissa Moore
Wesley Moore

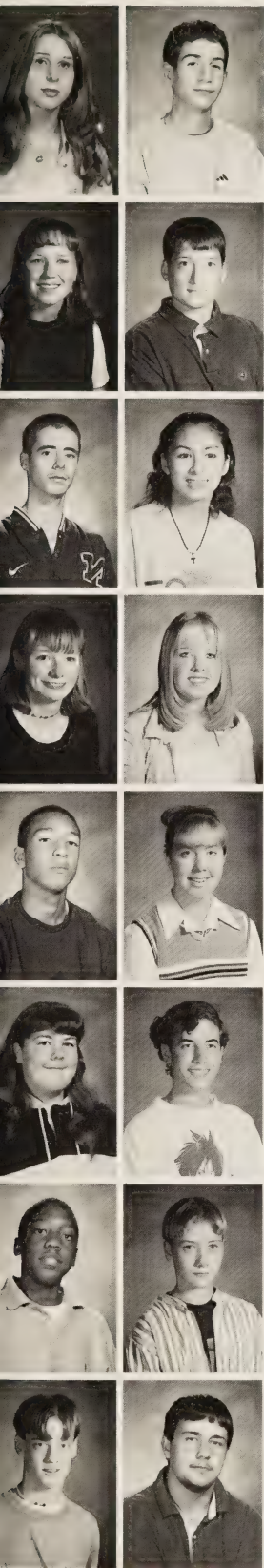


Leroy Morgan
Quinn Morgan
Michael Morin
Gregory Mazingo
Amanda Myers
Ashley Myers
Sammy Nelson
Chad Nielsen



Kyle O'Brian
Meaghan O'Brien
Christopher O'Neal
Natalie O'Bringer
Tessa Ochs
Courtney Omtvedt
Welford Orrock
Anthony Pack





getting involved

High school consisted of more than just academics. For instance, there are over fifty clubs and organizations that students could join, as well as sports, including the debut of swimming.

Becoming involved in activities was one way to make the years in high school more memorable.

"[Being involved] is important because you can make school more fun," Peter Kang.

There were some activities that students continued for four years such as Debate, Forensics or a particular sport.

Other activities in which students participated lasted only a few years.

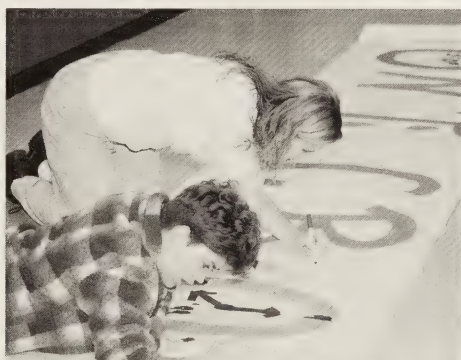
"I was president of the French Club for only two years because my work load became heavier," said Megan Grimes.

For some, school participation was the key into college.

"I plan to use my experience on the team to play for college," said Lane Brooks, who played basketball for four years.

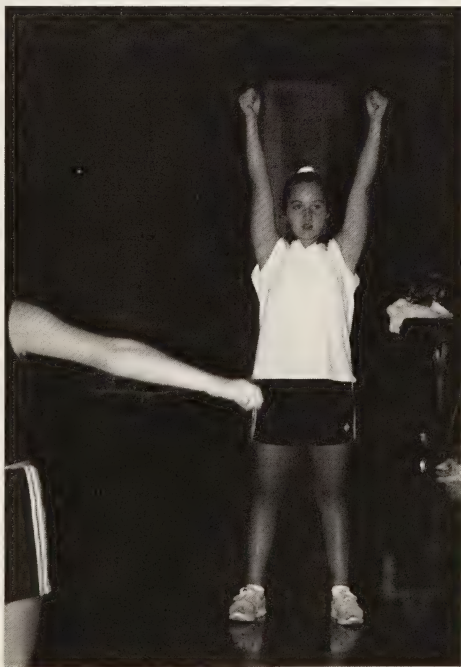
"If you are involved in school it will look good on your applications," said Sara Burhans.

by megan grimes



The senior territory sign was a necessity for the Senior class. After school one day, Angela DiBella, Meghan Alvarado and other seniors decorated the long banner with the phrase "Don't Cross the Line of '99".

Choosing to be a teacher's aide during study halls, students give their time generously. Emily Smith and Amy Dameron, both aides for Mr. Flamm, work on paperwork for him during seventh period.



Returning to school for some meant practices during the late summer and planning even before the doors officially opened. Katie Goad and the Fall JV Cheerleading squad practice during the long, hot days of August, in preparation for the football season.

community interests

Stepping out beyond the messy bedroom and confining classrooms, students joined with the community to have little fun.

Instead of restricting themselves to events at Courtland, students found that the Fredericksburg area had activities that involved meeting new faces.

At the Spotsylvania Mall, the Fashion Advisory Board attracted students from Courtland all the way to King George. This Board was designed to expose teenagers to modeling and marketing skills.

"I enjoy being on FAB because I learn

about fashion marketing and it will help me become a fashion buyer," said Kate Reynolds.

Day cares were swamped with eager students who wanted a job with lots of laughs. Centers such as Minnieland, La Petite and Learn 'N Play hired teens with a desire to work 'n play!

"I really love my job because it doesn't seem like a job," said Heather Settle, an employee at La Petite Academy.

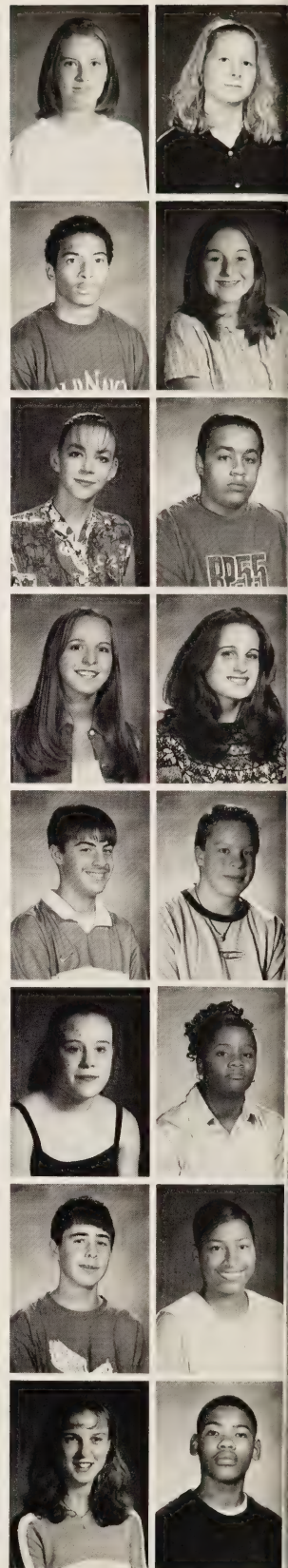
Athletic places such as the YMCA, saw dozens of students on basketball courts and in weight rooms; students also had schedules at local gyms.

Church youth groups were another way that students got involved in the community. Becca Neese munches some chips at a lock-in held by the Christian Outreach Church on Friday, January 29.

Entertaining children was an enjoyable activity for many students who worked at a day care center. Scott Kline, along with his brother and David Hetrick, worked at the Minnieland during their evenings.



Modeling at a prom fashion show, Kate Reynolds is escorted by Chancellor student Joe Swink. Reynolds spent two years on the FAB at the local mall and hoped that it would increase her success in the fashion industry.





Stephanie Parsons
 Brittany Paxton
 Sharon Pendleton
 Shawn Pendleton
 Stacey Pennington
 Ashley Perry
 Michelle Peterson
 Christopher Phillips

Raymond Phillips
 Nichole Pickett
 Matthew Plant
 Michael Plumley
 Tony Plumley
 Christopher Prince
 Eric Pullin
 Jonathan Purcell

Amber Rader
 David Ramos
 Joshua Rankin
 Megan Reese
 Faith Resto
 Brandon Rice
 Jacqueline Ripollone
 Emily Rogers

Kelly Rohring
 Jennifer Ross
 Sarah Ruggieri
 Daniel Runnels
 Michael Sanders
 Kristen Sapp
 Lindsey Schmidt
 James Schuler

Derek Shea
 Stephen Shomberger
 Christine Sieley
 Emily Sienicki
 William Simpkins
 Elizabeth Simpson
 Justin Skidmore
 Vanessa Small

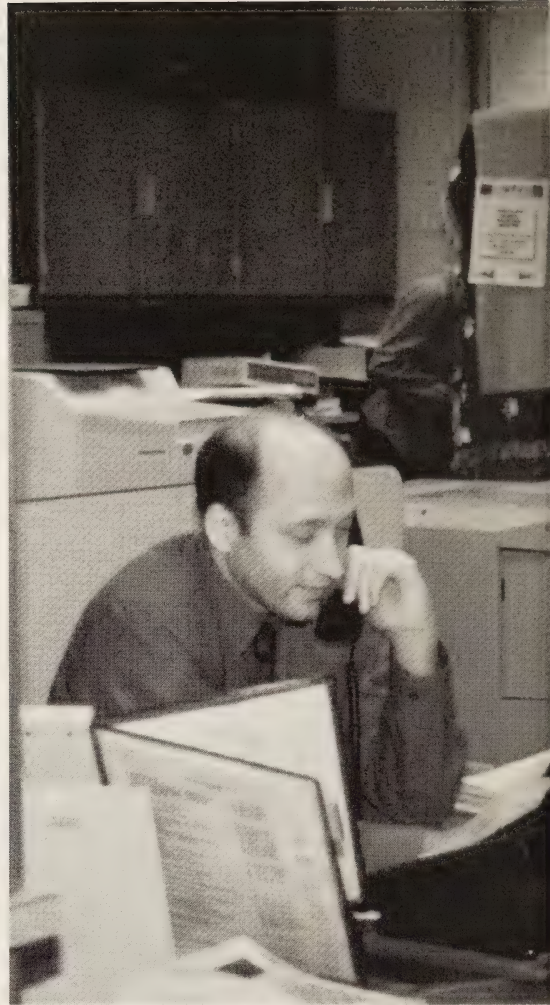
Samantha Smathers
 Tanecia Smith
 Allison Sokoloski
 Gordon Spain
 Qwashanda Staton
 Jessica Stout
 Christopher Sullins
 Charles Sutton

Justin Symonds
 Jessica Syrkas
 Sabrina Taghizadeh
 Kristin Talley
 Kyle Taylor
 Monica Taylor
 Nathaniel Terry
 Walter Teter

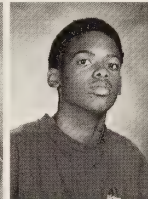
Monica Tibbatts
 Michael Tillman
 Erick Torres
 Destiny Townsley
 Jennifer Tschann
 Steven Turnbell
 Bryan Turner
 Theodore Turner

making music together after school one day in the Commons, complete with an amplifier and keyboard. Mr. Bedwell, Dr. Walker, and Mr. Lucas play and sing songs for whomever wanted a free concert. Songs included the "House of the Rising Sun".

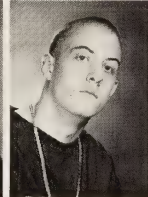
teachers often took turns working the phones in the office during their planning period. Mr. Waltman and Paul Hibbs chat as they both volunteer in the office. Students were lucky if they worked with their own teachers, giving them a chance to study one-on-one.



Nicholas Van Vranken
Lauren Waller
Brian Watson
Brandon Weldon
Robert Whitehurst
Laura Whittington
Christopher Wiens
Georgia Wilcutt



Stephen Williams
Crystal Wilson
Seth Winkley
Brian Winslow
Candace Wise
Christopher Wise
Corinne Wiser
Nicholas Wiser



Charity Wondree
Julie Wright
Scott Wright
Victoria Young
Leanne Zarecki
Shari Zoldak





baggin' or boxin' school lunches

by: meg grimes

"I like lunch because I get to see all my friends," said Ben Perry. While this was one reason to enjoy lunch, it was not the main one. The real reason was to eat! Whether boxing, bagging, or buying, students were seen every day stuffing their faces or just merely snacking.

The hot lunch line served hundreds of students and faculty members every day and although there were lines, students waited up to the last minute to chow down.

"The school lunches are great because we always have a wide variety to choose from," said Rocky Anderson.

The snack bar served its purpose well as students stood in line to grab a quick fix for their hunger pains.

"The snack bar is useful because if you forget your lunch or just want something small, you can buy it there," said Meghan MacNair. The snack bar offered students everything from doughnuts and water to pizza and lemonade.

However, the lunch that was considered to be the best was the homemade one, in simple brown paper bags. "I pack because I like to eat all my favorite food from home," said Tim Everts.

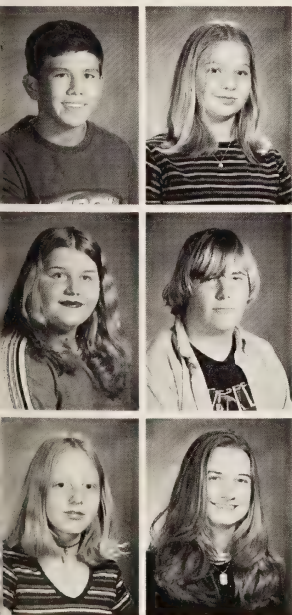


Sitting at "their table", Aija Grant, Erin Rollins, and Janeen Garrett eat at the same table. Most students had their favorite area or even favorite table where they enjoyed their lunch every day.

talking over some potato chips and drink, Jon Hawkins and his friends enjoy their lunch. Their lunch consisted of the snack bar items and some food from home.



Since the opening of the new school, the three lunch shifts were much less crowded. D.J. Lambert and Peter Kang eat their "mixed" lunch, consisting of a little bit of home and a little bit of the snack bar.



Mrs. Ackerman: Int.Alg/Geo II, Alg II, Geo, Alg/
Geo II
Mrs. Aleo: Adv. Earth Sci, Meteorology
Ms. Atkins
Mrs. Barnes: Adv Eng 11, Eng 11 Wks, Eng 11
Mr. Bedwell: Principal
Mrs. Beegle: Comp. Res, SAT Prep, AP Comp. Sci,
Comp Math



Mr. Bishop: World History
Ms. Bounds
Mrs. Bowers: Earth Sci CI, Cons/Mon, Earth Sci,
Case Mgr, Eng 11
Mrs. Clark: AP Eur Hist, US Hist,
Mrs. Collins: Art II, AP Art, Art III, Art IV
Mrs. Combs: Acct, Key Comp App, ACA



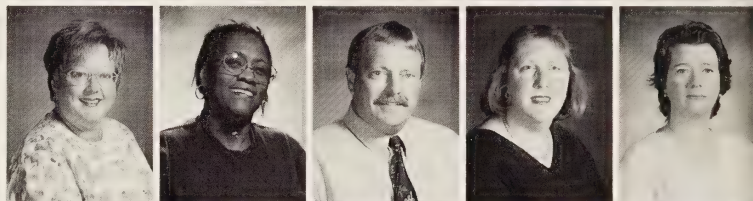
Ms. Cooper
Mrs. Coppock: Math Analysis, Infor Geo
Ms. Agnes
Mrs. Diener: AP Gov, US Gov
Ms. Dillard
Mr. Duncan: Adm Int, Physics, App Physics



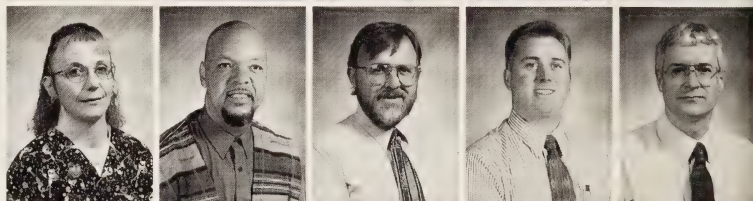
Mr. Endler: US Government
Mr. Flamm: US Hist, Psych, Afr Amer
Mrs. Frame: PE 9, R&W/Ad PE
Mrs. Gearhart: Span III,
Mrs. Grzeika: French I, II, III, IV, V
Mr. Hall: Administrative Asst



Ms. Harding
Ms. Harris
Mr. Holcomb: AP Calc, Math Analysis
Mrs. Hott: Librarian
Ms. Hudson: Env Sci, Astronomy, Earth Sci
Mrs. Huff: Office Asst.



Mrs. Hunt: Nurse
Mr. James: Art I, Art II
Mr. Johnson: EMH, Case Mgr, CBI
Mr. Kendall: German I, II, III, IV, V
Mr. Killian: Chem I, AP Bio
Mr. Kotulka: Administrative Asst.



Mrs. Lanceley: Adv Eng 12, Dual Erl Eng
Mr. Letellier: Gov School, W Hist,
Ms. Levesque: W Geo CI, W Geo, C. Math, AG I CI,
Case Mgr
Ms. Losh
Mr. Lowman: PE 10



who's who now & then



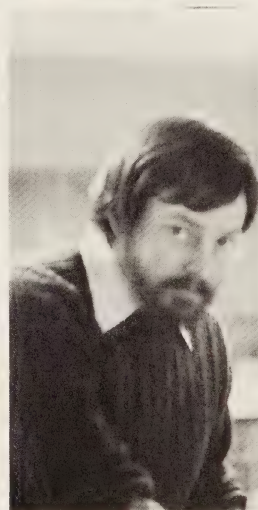
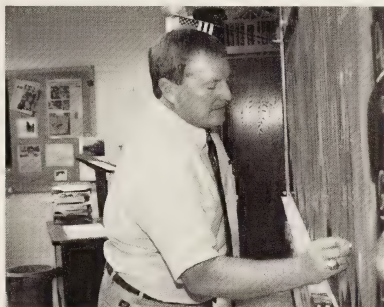
there are teachers who have been teaching at Courtland for "eons", "years", or... maybe "just a while". Teachers such as Mrs. Dewey, Ms. Shoemaker and Mr. Holcomb saw the various changes that the school went through. "Probably the biggest difference between then and now is the level of school spirit. When Courtland opened, we experienced the thrills of "Cougarmania". It was exciting and fun to be a part of a new school and to de-

velop new traditions," said Mrs. Dewey. Although Courtland continues to change year after year, loyal teachers just cannot get away.

Ever since Courtland opened the students have been great. The longer you are here the more it feels like home-part of your life you never forget," said Ms. Shoemaker of her experiences since the school's debut in 1981.

Courtland will always be Courtland and teachers will come and go but the ones that spend years teaching the Cougars, share the memories, traditions, and the lives of the students at Courtland, along with its legacy.

by Mira Anderson



flashback: teachers from the early eighties, doing what they do best. Clockwise, starting with Mr. Holcomb, beardless, to a smiling Ms. Frame, Mrs. Dewey and her

podium, Ms. Shoemaker, keeping an eye out, and a younger, (much younger!) Mr. Holcomb.

going the extra mile

by: drew bree

Whether in a classroom or on an athletic field, teachers were necessary to the daily routine, during school and after. Teachers were needed not only for academics but for clubs and sports.

Mrs. Lanceley has been involved with the SCA for years and said, "I find enjoyment and satisfaction in my job as sponsor. It's great to help students grow in a different way."

Involving and inspiring students to participate in school activities was a

goal for which teachers strived.

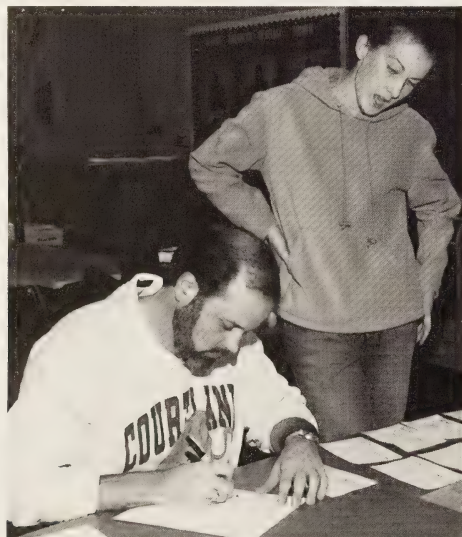
"The kind of relationship you develop outside of the classroom is really meaningful and lasting," said Mrs. Mann, who not only taught English but coached Women's Volleyball.

Through extracurricular activities and their classes, a sense of unity bonded teachers and students.

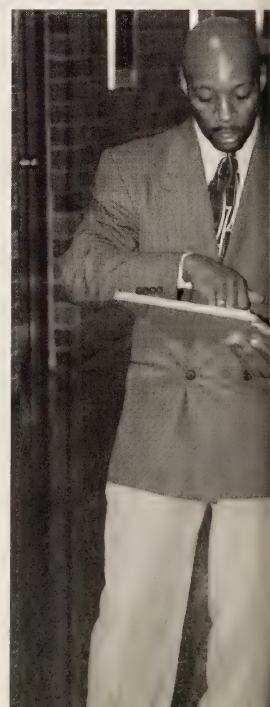
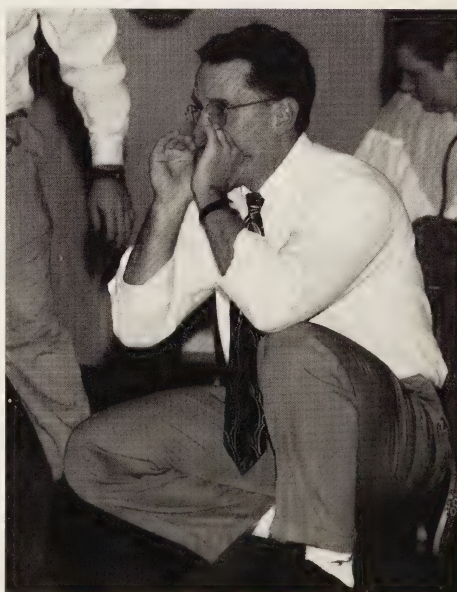
"The love of the sport and watching the players improve is a great experience," said Mr. Flamm, a Social Studies teacher and head coach of the Women's Basketball program.

Working hard and spending hours after school, Mr. Miller helps to prepare Laura Eckenrode for their upcoming Debate tournament. The team spent much of their time practicing in preparation.

Focusing on their close game against Stafford, Mr. Flamm concentrates on his players movements. Mr. Flamm and Ms. Luder teamed up to capture the district title and coached together for two years.



The head coach of the Cougars Varsity Wrestling team, Mr. Davis makes sure that his "helpful hints" are heard. Mr. Davis worked with Mr. Manchester and Mr. Saltz to lead the Cougars wrestling team to the Regional Tournament.





Ms. Maclin: Guidance Counselor
 Mr. Manchester: Adv. Alg II, Geo., Alg/Geo I
 Mrs. Mann: Adv. English 11, English 11
 Mr. Marion: Earth Science, Adv Bio
 Mrs. Mason: PD/Res Mgt, Life Plng, Family Rel/
 Par., Nutrition
 Mrs. Mastin: Govt, Soc./Eco., Sr Spo.



Ms. McManus
 Mr. Miller: US History, AP US History
 Mrs. Myers: Special Ed. Aide
 Ms. Nance
 Mr. Nesbitt: Drama I, Drama II, Drama III
 Mrs. Oehm: Attendance Secretary



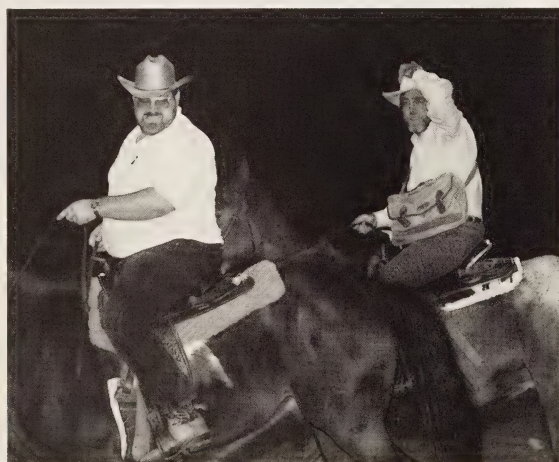
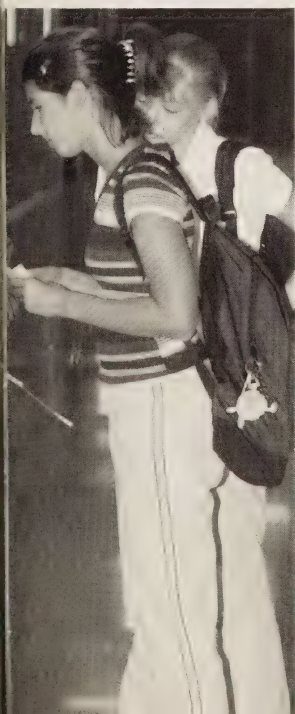
Ms. Owens: Am Sign Lang, Am Sign Lang II
 Mr. Patch: Lrn Strt/Res, Biology, Ag I, Ag II,
 Mrs. Paytes
 Miss Philmus: World History, Sr. Sponsor
 Ms. Pitts: AP Eng 12, Eng 12, SAT Prep, Jml I, II, III, IV
 Mrs. Rucker: Span V, Span III, Span IV



Mrs. Sencindiver: Eng 9, Cougar Tutor Spo, Adv Eng
 9
 Mr. Smith: Study Hall
 Mr. Stack: World Hist, Governor School
 Mrs. Taylor: Eng 9 Wks, Fresh. Spo, Eng 9
 Ms. Tracey: Marine Sci, Adv Bio, Bio
 Dr. Walker: AP Eng 12, Creative Writ II



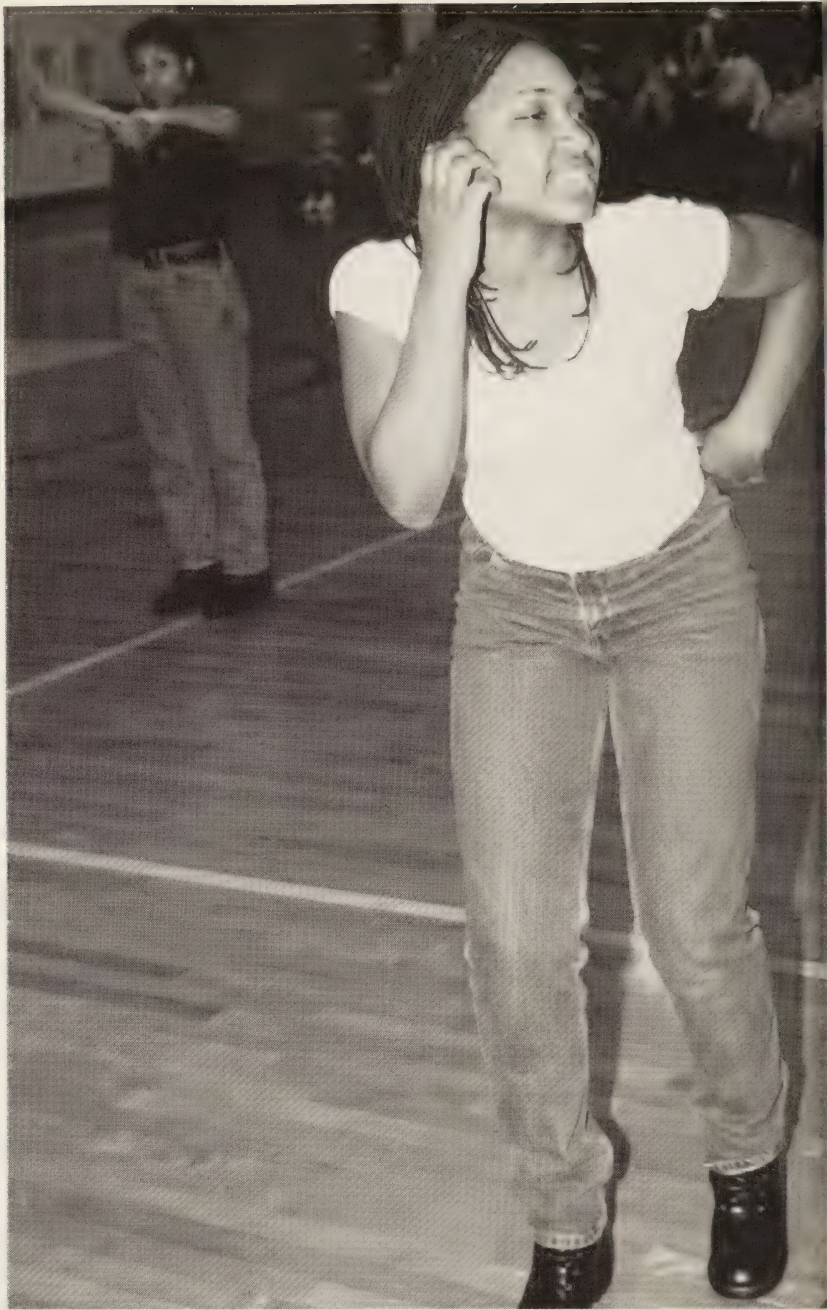
Mrs. Wallet: Physics
 Mr. Waltman: Span IV, Span II
 Ms. Vaughn
 Ms. Windsor
 Mr. Winn: AP Latin
 Mrs. Wyckoff: Adv Chem, Chem II, AP Chem



to make the Homecoming Game memorable, administrators rode horses to announce the beginning of the game. The horses from "over yonder" made their debut with excitement.

helping out the students a necessary job to the faculty. Mr. Roberts, a new faculty member, stops and

gives assistance to Natalie Obringer. Until a newcomer knew to the floor plan, they asked direction questions.



GOES
HERE ***EVERYTHING***

SPORTS & ORGANIZATIONS



TIDE'S IN

The Cougar Swim Team made a splash when they jumped in the water ready to make some waves. This sport, new to the school, used the Fredericksburg Academy Pool for practices and competitions.



Involvement during high school is something to which students look forward and look back on when graduation comes around. For many, a busy life at school meant their ticket into college, while others chose to join activities because of the social and friendly atmosphere. Conflicts arose, such as a National Honor Society meeting and a National Art Honor Society meeting on the same day or a tutoring session at the time of basketball practice. Juggling clubs, academics, and sports was a talent that was acquired after a couple of years of running around like a chicken with its head cut off. The sports program added to its wide array of teams, the Cougar Swim Team, and organizations such as the Step Team and the River Dance Belt Buckle Team made their debut, also. These provided students with more options and times in which to participate.

NEW BEAT

One of the new activities that was offered was the Step Team, which performed at home basketball games during halftime. Marjani Clark leads the steppers in a energetic number.

Cracking

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When the Courtland baseball team stepped onto the diamond, a challenging year was ahead of them. In addition to shouting "family!" before the start of every game, each player had rituals of his own. "I didn't wash the shirt I wore under my jersey. It was good luck," said Justin Duchemin.

"I never stepped on any of the foul lines," said Mike Craig.

Duchemin received an Incentive Award and he

*On their way to the top,
the Baseball Teams worked
hard both in the dugout and
at the bat.*

placed on the All District 1st Team. Nathan Striegler accepted a MVP award and made All District 2nd Team. Mike Craig was named on All District Honorable Mention. Varsity freshman, Ray Gill, finished All District 2nd Team as designated hitter.

"The most disappointing moment of the season was against Culpeper. We played 13 innings until 12:30 a.m. and lost," said Craig Pennington.

The JV focused on learning to work together and this goal was achieved. In the last two games of the season, the team pitched shutouts against rival Brooke Point.



Front row: Justin Duchemin, J.P. Hansen, Dale Roop, Lee Meador, Scott Kline, Mike Hicks Row 2: Coach Burnopp, Jeff Petty, Nathan Striegler, Craig Pennington, Cedric Ebodaghe, Jeff Shawaryn Back row: Coach Holcomb, Mike Craig, Jeremy Bullock, Scott Snyder, Robert Murphy, Ray Gill, Coach Osso, Andrew Breen.

Caught up in the intensity of the game and concentrating on fellow players actions, Jeff Shawaryn waits his turn in the dugout. By the time their last year on the team arrived, seniors had a hard letting go of their "family".

9-7

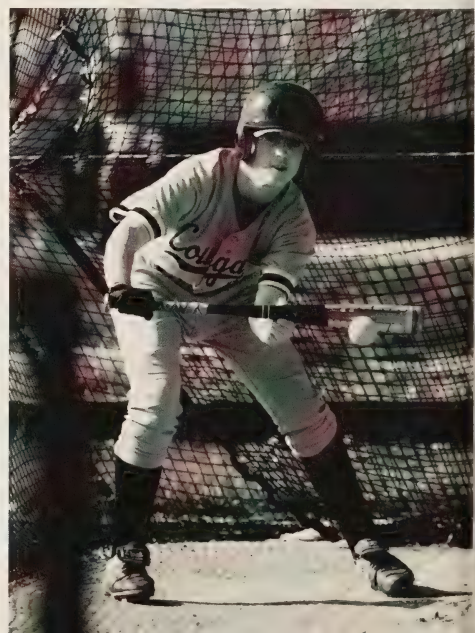
Spotsylvania 8-6
Louisia 0-10 L
Caroline 11-1 W
Chancellor 5-2 W
Stafford 9-8 W
North Stafford 3-6 L
Charlottesville 2-5 L
Albemarle 0-15 L
Powhatan 12-6 W
Caroline 3-1 W
Spotsylvania 7-5 W
Culpeper 9-11 L
Chancellor 14-1 W
Brooke Point 0-9 L
North Stafford 10-4 W
Brooke Point 1-2 L

6-8

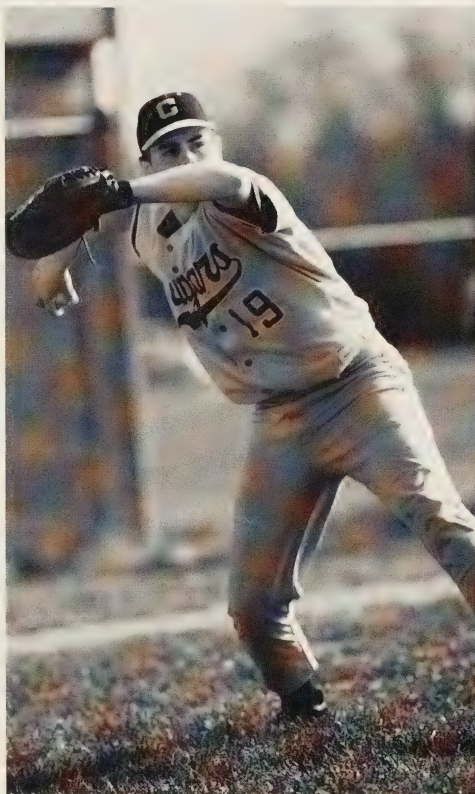
Spotsylvania 2-12 L
Louisia 8-12 L
Caroline 7-8 L
Chancellor 7-5 W
Stafford 7-11 L
North Stafford 7-9 L
Caroline 6-8 L
Culpeper 7-8 L
Spotsylvania 4-3 W
Chancellor 8-4 W
Stafford 10-5 W
Louisia 1-5 L
Brooke Point 4-0 W
Brooke Point 3-0 W



Preparing a bunt, Trae Heuby concentrates on the getting the ball to meet the bat. Bunts are good way to get on base and trip up the opponent's pitcher



Front row: Derek Sears, Vince Young, Eric Moore, Steven Graves. Row 2: Joe Perry, Steffen Morin, Jimmy Hairfield, Kyle Brock, Trae Heuby, Mathew Graves. Back row: Coach Wolfe, Mike Bradshaw, Thomas Windsor, Rocky Anderson, Deric Peyton, Eric Ohomundro, Jeremy Lundin, BJ Brooks, Coach Patrick.



Concentrating on the ball, third baseman Derek Sears attempts to stop a play. Sears was an eighth grader on the JV team. Eighth graders were picked for high school teams from area middle schools.

Delivering a throw, sophomore Jeremy Lundin succeeded as a strong fielder as well as catcher. "We were a young team with a lot of talent," says Lundin. Lundin received MVP for the JV team.

Attempting to steal an out, Pam Ryan completes an important play for the Cougars and spurs an advantage over the opponent.



Making

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The Junior Varsity softball team competed with the best teams in the District and achieved team goals. One of the the J.V. players, Mandi Oliver, said, "Our team unfortunately did not have much success but all the players had potential."

"We all gave an honest effort and played many close games," said Oliver. Latoya Clark, who began her season on J.V. and then ended it on Varsity, said,

*Intense physical playing
and concentraton helped
the Varsity and JV Softball
teams make the play and
beat their opponents.*

"Being on the J.V. team it was a learning experience and then moving up to Varsity, it really showed me what the game was all about."

"The team had a good season with a tough schedule which they played very well," said Varsity Coach Flamm. Outstanding players included AnnMarie Breen, who showed her determination for the game by her intense physical action, and Shannon Duchemin, one of the leading catchers in the district.





AnnMarie Breen makes a powerful throw from her position at short stop to make the out. Breen played for the

Varsity team for three years and was an important asset to the team.



Getting ready to make the play, Jessica Burnopp positions herself to backup her teammates in the field, protecting her position as first baseman.



Front Row: Kim Johnson, Kim Cartwright, Robin Charles. Row 2: Shannon Duchemin, Shannon Faulconer, Tara Vadeboncoeur, Chrissy Soper. Back Row: Coach Flamm, Sarah West, Christen Duchemin, AnnMarie Breen, Jessica Burnopp, Pam Ryan, Tara Fergason, Elizabeth McCeney, Coach Brenly.

As she stares the batter down, Christen Duchemin protects her position at third base while keeping a keen eye on the opponent, the Chancellor Chargers. Her outstanding skills as well as her team spirit played a part in Cougar victories.

Front Row: Mark Blake, Alex Carter, John Hetrick, Justin Newton, Justin Deihr, Troy Simpson. Row 2: Alberto Velez, Tyler Kauffman, Greg Walsh, Ryan Hill, Nick Ridgely, Bobby Mitchell, Seth Myers, Josh Cox, Nick Byram. Back row: Coach Matt Guido, Nick Thodos, John Broughton, Jason Yench, Colt Hagmeir, Brian Verna, Matt Davidson, Jonathan Marrow, Paul Hibbs, Ben Cox, Todd Pickering, Coach J.T Nino.



Blocking a high shot, John Hetrick stretches himself to his limit. Having numerous experienced goalies was an advantage to JV because they were able to work together to become more skilled.

Over-powering his opponent with speed and skill, Daniel-Finlay Notman intercepts a pass. Strength and stamina were established by the intense and exhausting practices.





One step ahead of the opponent, Todd Armstrong, breaks away from the defense. After being defeated by Chancellor during their first encounter, Courtland returned to beat them 2-1 when they played them later in the season.

10-5-3

Hylton 0-2 L
James Monroe 2-2 T
W. Albermarle 3-0 W
Spotsylvania 5-1 W
Chancellor 0-1 L
Stafford 3-2 W
North Stafford 2-2 T
Osborn 3-3 T
Culpeper 0-1 L
Brooke Point 4-1 W
Chancellor 1-3 L
Stafford 2-1 W
Norht Stafford 3-2 W
Brooke Point 6-1 W
North Stafford 3-0 W
Chancellor 2-1 W
Woodbridge 3-1 W
Hylton 1-2 L

4-5-2

Hylton 0-1 L
Woodbridge 1-1 T
Chancellor 2-1 W
Stafford 2-1 W
North Stafford 2-3 L
Culpeper 3-1 W
Brooke Point 2-2 T
Chancellor 0-2 L
Stafford 7-2 W
North Stafford 0-3 L
Brooke Point 1-3 W



Side-stepping a Chancellor player, Paul Hibbs collects the ball, while Justin Deihl waits for a pass. Communication and timing was key to the JV's success.

Feet

F i r s t

The Boys Varsity Soccer team had an outstanding season ending with an overall record of 10-5-3. "Todd Magin, our, goalie, was one of the main reasons we made it this far," said David Hetrick, a Varsity fullback, "he kept us in a lot of games with all of his saves."

The Varsity team could be seen every day running drill after drill. Their hard worked was awarded when the team went to Regional Championships.

The team had an excellent season due to their smart thinking and by putting their

As with many sports teams, traditions kept their spirit up. Together the boys made ritual trips to Westwood Deli before every home game. Likewise, Junior Varsity had their own tradition of yelling "family," before they went out onto the field.

The Junior Varsity team came off with a record of 4-5-2. Skilled freshman contributed greatly to the team. According to Matt Davidson, a highlight of the season was their game against Chancellor. "We played with such emotion and won by out-playing them," said Davidson. "And I'll play 'till I can't play anymore!"



Front row: Kambiz Benham, John Sturtevant, Ian Kraynak, Devin Wright, Thomas Lee, Kelvin Jones, Daniel Finley-Notman, Josh McKenrick. Back row: Coach Dean Martin, Mark Smith, Jacob Lease, Andrew Shin, Phil Mancini, Will Dameron, David Hetrick, Jon Barnes, Todd Magin, Todd Armstrong, Matt Jurkow, Jason Martin, Justin Anderson, Brian Anderson, Caleb Fulks, Coach Bob Stack.

Rebuilding

S u c c e s s

After losing five senior starters, the girls Varsity soccer team knew it was faced with a rebuilding year. "For having a young team, I think we did really well. At the beginning of the season I didn't have many high expectations, but by the end of the year all of my expectations were met and more," said forward, Elleni Whitney.

Despite being a young team, the girls finished second in the season and third in the district. "There was a lot of pressure to maintain the district title.

Even though it was a rebuilding year, it did not mean that success was not in the future of Women's Soccer

However, we had to focus a lot on the basics instead of finesse," said Melissa Burke.

JV had the same downfalls as the Varsity team. Many JV players moved up to Varsity leaving no one to fill their spots. "Since this was my first year of playing I didn't really know what to expect, but in playing both JV and Varsity, I saw the difference in their abilities," said sophomore Emily Smith.

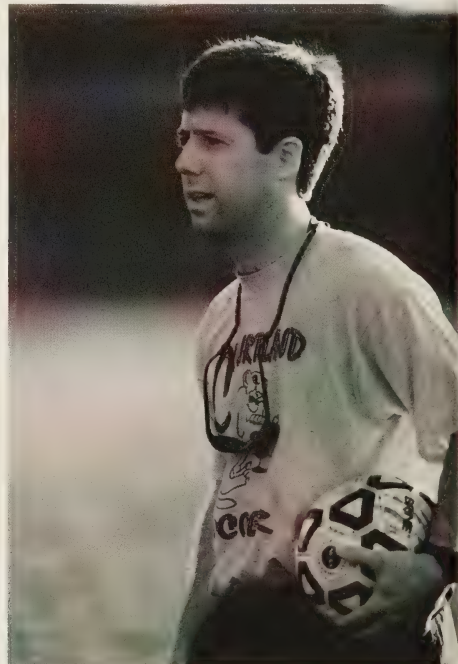


Front Row: Emily Viventi, Elita Walker, Carolina Buchanan .
Row 2: Jen Greenfield, Rachel Spencer, Nikki Schaffer, Amy Herman. Row 3: Coach Duncan, Emily Smith, Ronda McCarthy, Heather Schnell, Denise Machonis, Jessica McDonald, Sarah Moran, Kelly Littek.

JV's left fullback, Sara Moran, attempts to take the ball from Chancellors' possession. With the changing of the boundaries Moran is looking forward to playing for Massaponnax High next season.



During the game against Chancellor, Coach Duncan watches the JV team intently. This was Duncan's first year coaching the JV team at Courtland.





Front Row: Amy Dameron, Robin Barnes, Adrienne Ward.
Row 2: Liz Holderbaum, Tiffany Joseph, Kasiah deStackelberg,
Elleni Whitney, Melissa Burke, Blair Spencer, Megan Driest.
Back Row: Coach Conlee, Misha Gebbert, Rebecca Richards,
Betsy Chilton, Christine Tharp, Tanya Rodgers, Kira Anderson,
Jeanelle McKenney.



First year midfielder,
Emily Smith, gets a
break away against
Chancellor's defense.
Smith was moved up
to Varsity half way
through the season.
Smith was a prime
player on both the JV
and Varsity team.



during half-time,
Junior Varsity captains,
Denise Machonis and
Carolina Buchanan,
accompanied by Coach
Conlee, discuss

strategies and plays.
Players Emily Smith
and Amy Herman
listen intently.

Front Row: Beth Benshoff, Joal Simmerman, Kari Hansen, Carol Crank, Deanna Mrdjenovic, Jenny Manch, Sara Hansen, Christine Arrowood, Laura Wunderlich. Row 2: Jeni Dixon, Amber Payne, Erin Von Oeyen, Erin Herndon, Crystal Persutti, Leah Finley, Bridgett Benedict, Alyson Seay, Lindsay Harmon, Darnell Ferguson, Heather Kennedy. Row 3: Leigh Trayers, Dianne Jarnecki, Kate Reynolds, Natasha Childs, Teshera Boxley, Sierra Hillard, Bridgett Turner, Michelle Krier. Row 4: Coach Frame, Veronica Phillips, Erin Chapman, Christine Waldon, Christine Hovey, Dee Hillard, Marin Nichols, Shannon Voss, Elizabeth Easley, Shaunda Diggs. Back Row: Aria Jones, Latasha Minor, Lindsay Judice, Katie Mager, Aija Grant, Kim Horton, Nijah Grant



Getting ready for the pole vault, Shannon Brooks looks towards the challenge of clearing the bar. This event combines speed, strength, and concentration.

Looking at the track ahead Beth Benshoff concentrates on what she needs to get out in front and win her event.





James Carr gets set to run one of his best events, the one hundred and ten hurdles. He also excelled in the long, high, and triple jumps. Carr's awesome ability allowed him to compete in the international track meets in France over the summer.

Won 4 Lost 1 to
Brooke Point
Second in
District

Undeafated
District Meet
Courtland 160.5 Brooke
Point 120



Running with power and force is vital to beat the other runners. Naijah Grant knows that a combination of power and gusto makes her a winner.

Going the

D i s t a n c e

For members of the spring women and men's track team, the season was an awesome experience. The men placed first in the district and were undefeated; the women had one loss, and they ranked second in the district.

"We had to run a lot, but that helped us to get into shape," said Jeni Dixon. Each member contributed

Working with determination and pride, the team proved that they could go the distance.

and had inspirations to look towards when competing. "My girlfriend was a huge uplifter for me; I could always hear her over everyone else," said Paul Kraynak. The overwhelming team spirit helped the team achieve the level of success for which they had aimed.

"Determination, hard work, and patience is all in the game," said Jenny Manch. The most outstanding players went to States including Shaunda Diggs, Lindsay Judice, and Latasha Minor. All-Stars included James Carr, Anthony Wallace, and Adrian Gibson.



Front Row: Matt Stretton, Andy Anderson, Chris Lambert, Joe Clarke, Jon Hawkins, Eric Depollo, Danny Sullins, Anthony Wallace, Chris Stretton, Paul Kraynak. Row 2: George Taylor, Joey Hess, Tommy Verna, Jason Burchell, Tahir Clark, Shannon Brooks, Ashanti Mason, Brian Rector, Mike Pendleton, Ernie Wuethrich, Jimmy Hepp. Row 3: Cary Young, Mike Ward, Adam Connor, Adrian Gibson, Jabari Clark, Cortez Thompson, Ron Cobran, Jason Miller, Robert Crothers, Kenny Pendlaton. Back Row: Coach Tatum, Amir Raminpour, Jonathon Soma, Josh Ruby, Bobby Bradley, Eban Edwards, James Carr, Ben Cooke, Ehren Foley, Kelly Rector, Coach Ludden

Expressing his very unique hitting style, Harlin Sutton slams the ball over the net. Sutton was a rookie member, but ended the season with the second best record on the team.



Game, set,

The Men's Tennis Team served up an excellent season this year. Hours of practice and hard work not only helped them work together, but also developed a sense of sportsmanship. "Tennis is a great learning experience both mentally and physically," says Harlin Sutton. The team was 5 and 5 in the regular season.

"...we certainly had our moments" said Ted Burna at the end of the final

Matt Kim won the District Championship and was designated Most Valuable Player. He became the first player from Courtland High to reach the State Championship tournament. "States was a lot of fun, but the competition wasn't what I expected," says Kim. Manny Smith and Kim made Second Team All-Districts at number one doubles, while Harlin Sutton made second team all district at the Number Four.

Men's Tennis

5-5

Chancellor 1-8 L
Stafford 7-2 W
North Stafford 6-3 W
Brooke Point 1-8 L
Culpeper 6-3 W
Chancellor 2-7 L
Stafford 6-3 W
North Stafford 2-7 L
Brooke Point 3-6 L
Culpeper 5-4 W
Chancellor Invitational
4th pl.





Attacking the ball in midcourt, Jason Young moves towards the net. The net position is ideal to take advantage of the

opponent during plays. Young was one of several players that Courtland sports teams lost to Massaponox.



In preparing for the District match, Manny Smith found time to joke around even under the extreme pressures. It was important to take time to relieve stress and take the intensity off the player's minds by loosening up with their teammates and coaches. "We had a lot of memorable and fun moments," said Smith.



Showing intense concentration, Ryan Bushnell keeps his eye on the ball in order to hit a winner down the line. Bushnell was an asset to the team, often beating their opponents with his competitive matches.



Front Row: Matt Kim, Tim Fenwick, Manny Smith, Ryan Bushnell, Ben Brichetti, Nick Barksdale, Jason Dempsey Back Row: Coach Matt Malobicky, Jason Young, Chris Wilcox, Ted Berna, Harlin Sutton, Roger Howard, Mike Holian, Eric Battle

Unity equals

F a m i l y

Field hockey meant "family" for the Varsity and JV teams. The women played not only as a team but as friends. Members on the Varsity team knew and played with each other for years. The team had also the same coach as they did when they won the JV Championship so it made it easy to succeed.

"It's great knowing that we were the same team we once were three years ago when we won the championship. We now have the same opportunity again this year," said Chrissy Soper. The Varsity team not only regarded themselves as a family but it also looked out for the younger team.

"We don't give the JV players grief. We are all a family. We even do a big sister, little sister secret pals. We treat everyone equal," said Varsity defender Amanda Wood. The strength of unity allowed the

*The Varsity and JV teams
depended on each other like a
family and that was the key
element in the game.*

team to work well against their hardest opponents.

The JV team was also a closely knit group but it was hard since they were new. The team only had two returning players. Returning JV goalie Maureen Jones said, "It's new to me as much as it's new to the rest of the team."

"When it comes to teamwork we work well together. We are lucky that our Varsity team is so supportive," said Lauren Prezpiora.

Before games, the team warmed up with drills that worked on passing, controlling the ball, and dribbling. Amanda Wood acts as an offensive player while Vanessa Teter attacks the ball. These drills helped prepare the girls for their games.

Massaponax 4-1 W
Spotsylvania 2-1 W
Massaponax 2-1 W
North Stafford 2-1 L
Spotsylvania 2-1 W
Culpeper 3-2 W
Brooke Point 3-1 L
Stafford 2-1 L
North Stafford 1-0 L
Chancellor 2-1 L
Culpeper 2-1 L
Brooke Point 2-1 L
Stafford 2-1 W



Front Row: Jenni Brady, Lindsay Martin Row 2: Lisa Stewart, Sarah Ruggieri, Lauren Prezpiora, Amanda Hawn, Melissa Johnson, Tara Longridge, Suzanne Ivey. Back Row: Marin Nichols, Ashley Myers, Jessica Stout, Maureen Jones, Megan Little, Meaghan O'Brien, Coach Watson.



Goalies took the most time getting prepared before games because of the amount of equipment they had to wear. Varsity goalie Tara Vadeboncoeur lends a hand to JV goalie Maureen Jones before their game against Massaponax.





Front Row: Melissa Burke, Sara Hansen Row 2: Nikki Schaffer, Megan Driest, Amanda Wood, Tara Vadeboncoeur, Stacey Martin, Kristin Lundholm, Robin Barnes, Amy Rance Back Row: Chrissy Soper, Vanessa Teter, Sara Smith, Mark Bonin, Erin Herndon, Trisha Filter, Emily Viventi, Coach Holt.

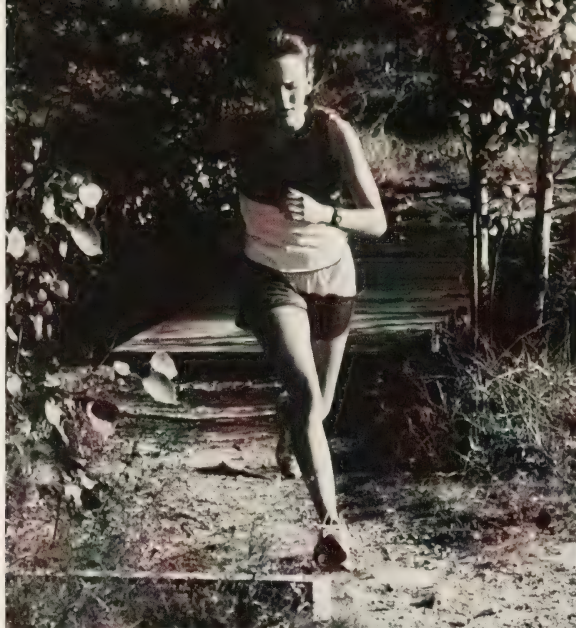


On a break away Megan Driest dribbles to the goal. Megan was known for her powerful drive and goals in overtime which led her to win awards such as MVP.



Before the game Varsity players beat on their goalie's defense pads for good luck. The field hockey team had traditions and rituals that allowed the girls to become more than just teammates.

Focusing on the victory and a good rating, Christine Arrowood races to the finish. Arrowood came to Courtland's Cross Country team from Fredericksburg Christian School, and served as a valuable member of the running squad.



Run for the

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The cross country team strived to meet their goals for the season. They were a very determined and strong willed team. The runners on the team ran not only for competition, but also for physical and mental conditioning.

"Cross country prepares you mentally because you set goals for yourself and then try to accomplish them. Cross country prepares you physically

Whether it was competing or conditioning, the Cross Country team ran for the love of running.

because it really works on your cardiovascular system," said Joey Hess.

"Cross country provides an opportunity to condition one's self not only physically, but especially mentally," says Andy Anderson.

When the going got tough, the team never stopped trying. "Pain is inevitable, misery is optional," says Jill Jaskulski. Although, others say they are crazy, long distance runners are most happy when running.

Men's Cross Country
Stafford- W
Brooke Point- W
Chancellor - L
Culpepper- L
North Stafford- L



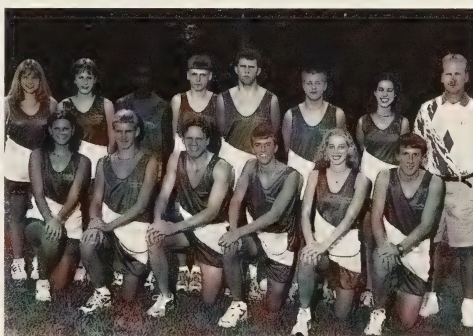


Rounding the corner, Andy Anderson races past Chancellor runner, Kyle Johnson. Endurance was what

kept the runners from giving up and making it to the finish.



Before a meet, Coach Lowman gives some advice to his team. Coach Lowman had the opportunity to coach new athletes that came from different schools, such as a pair of sisters, Angela and Shannon Filmeck from Spotsylvania High School.



Finishing up the meet against Chancellor High School, senior Joey Hess finishes 4th place. Joey received MVP runner for the team. He ran for the cross country team all four years of his school career.

Front Row: Angela Filmeck, Jarred Boehner, Joey Hess, Andy Anderson, Danielle Hawn, Matt Stretton Back Row: Shannon Filmeck, Chris Arrowood, Stephens Payne, Angelo Salerno, Pat Cizek, Jonathan Hartman, Jill Jaskulski, Coach Lowman.

A fresh

With new coaches, the Women's Volleyball Team turned their season around and started with a clean slate. The word "quit" never arose at practice. It never emerged at games. In fact, the word did not exist according to the Women's Volleyball Team.

The Varsity Team ended their season 8-8 and second in the district. They also moved on to the regional tournament.

Coaches Bob Hott and Suzan Mann coached the volleyball teams, including the new JV program.

The [redacted] and [redacted] teams proved that, with a [redacted], they could go a long way.

"Adding a JV program was a great idea," said Amy Dameron. "We had better coaches and with that came better team unity."

"This was my first year playing and I was glad to see there was a J.V. team. It gave everyone a chance to play in each game," said JV player, Lisa Rollins.

Being a returning player after three years, AnnMarie Breen said, "The team worked as a family, especially with great coaches to guide us in the right direction." Lindsay Judice agreed: "We all seemed to have team unity and as a team played tough to succeed in what we all loved to do."



Front Row: Coach Bob Hott, Pam Medley, Crystal Lane, Lisa Rollins, Coach Suzan Mann Back Row: Courtney Hilton, Kim Horton, Rachel Thomas, Sierra Hilliard.

Getting up in the air, Kelli Collison goes for a spike. Collison missed some games during the season because of an injury from Powder Puff practice but went out with a bang for her last year with the team.

Women's Varsity Volleyball

8 - 8

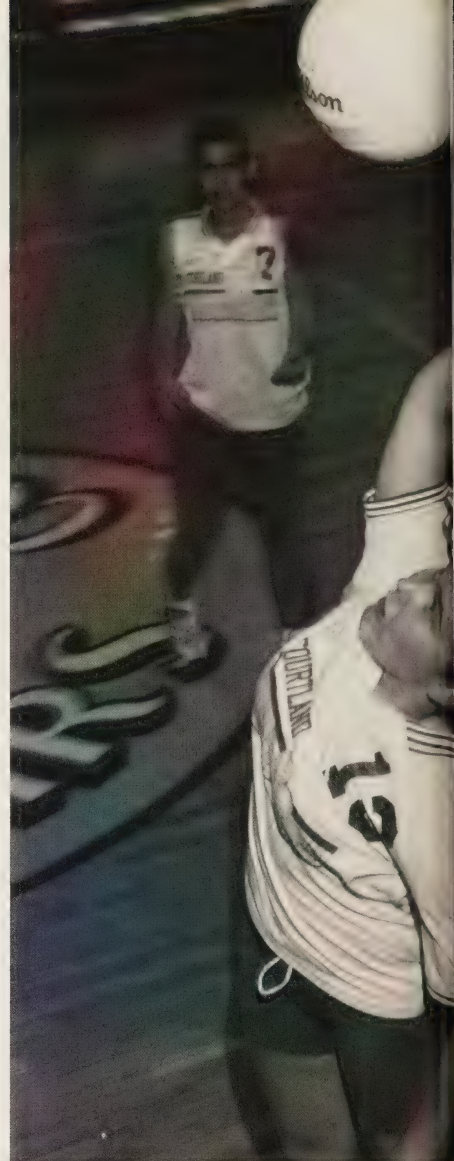
Hylton Tourament 1-2 L
Chancellor 3-1 L
Stonewall Jackson 3-0 W
Falls Church 3-0 W
Potomac 3-0 W
Patric Henry 3-2 L
Chancellor 3-0 L
Stonewall Jackson 3-0 W
Falls Church 3-0 W
Broad Run 3-1 W
Potomac 3-1 L
Model School 3-2 L
Broad Run 3-1 W
Chancellor 3-2 L

Junior Varsity

3-6

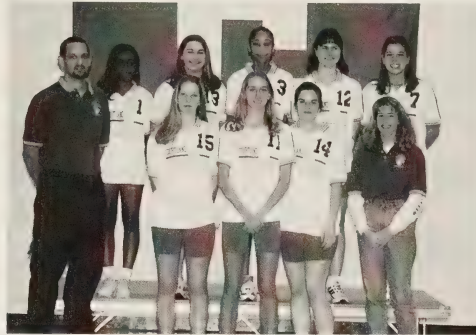
Stonewall Jackson 2-1 L
Falls Church 2-0 W
Potomac 2-1 L
Stonewall Jackson L
Falls Church W
Broad Run L
Potomac L
Model School W
Broad Run L

A strong arm and great backup are necessary in volleyball. Dee Hilliard dives for the ball while playing for the Cougars defense. Hilliard, along with Breen and Collison, has played since volleyball's debut three years ago.





Front Row: Coach Bob Hott, Megan Reece, Lindsay Judice, Laura Soulsby, Coach Susan Mann. Back Row: Dee Hilliard, Kelli Collison, Darnell Ferguson, AnnMarie Breen, Amy Dameron.

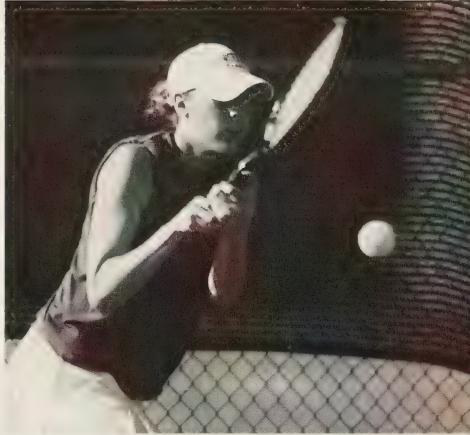


Switching to her position after the serve, Pam Medley runs around a teammate. Medley was new to Courtland and ended her season very well as a first year player on the JV team.

With her eyes locked on the ball and both hands clenched together, AnnMarie Breen bumps the ball to the setter. Bumping and setting were involved in training.

Lunging for the ball, Cara Craig, makes an attempt to keep the point going. Long points were a frequent part of the girls' matches, important to keep the chance of winning high.

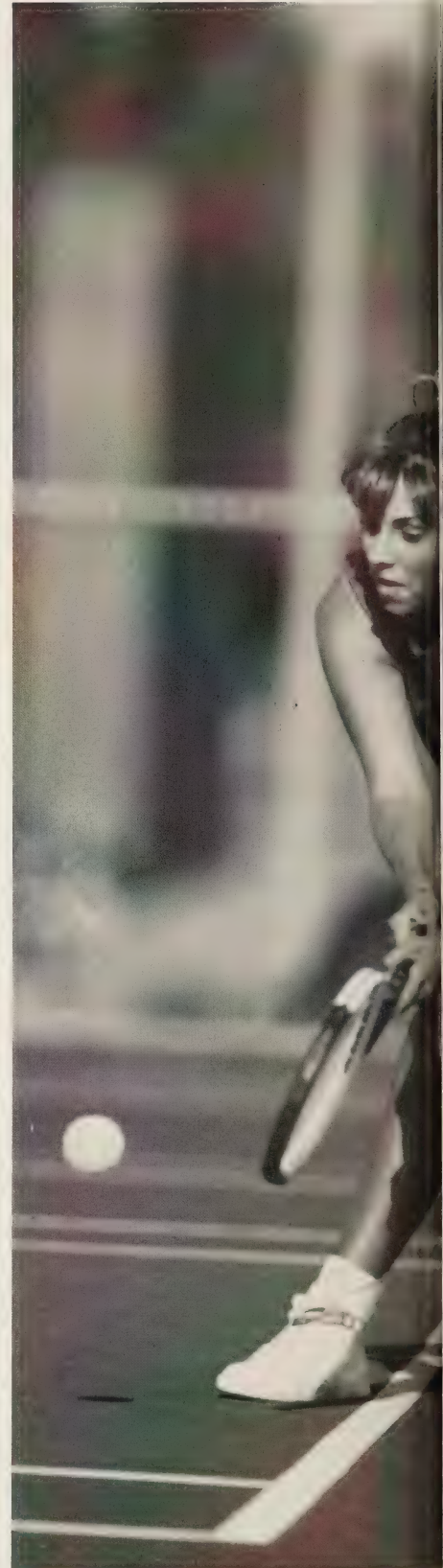
Keeping here eyes on the ball, Lauren Fiske, the number 1 seed, returns a serve with good form. Lauren was able to return fast serves by working with members of the Men's Tennis Team in her free time.



In mid-stride, Beth McAdam concentrates on the ball. Running, which included sprints and agility drills, was a big part of the team's success in matches.



Front Row: Brandi Hammitt, Beth McAdam, Elleni Whitney, Jenny Geiger Back Row: Coach Bennett, Jennifer Powell, Lauren Fiske, Cara Craig, Mandi Oliver, Stephanie King.





With the sun in her eyes, Lauren Ridenour struggles to hit her serve. Despite the elements, Ridenour had a record of 8 wins and 2 losses at the number 4 seed.

Swinging

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The Women's Tennis team started the year with new players and a new coach, Coach Bennett. "I really enjoyed working with Coach Bennett because I think she's a really sweet and special lady," said Lauren Ridenour. The team had to adjust to a new coach as well as new players.

"Even though I didn't know anyone at first, **into the season, the charged into the season with high hopes.**

everything worked out and I had a great time," said Maygen Nurnberger. The girls started out slow but eventually worked better as a team.

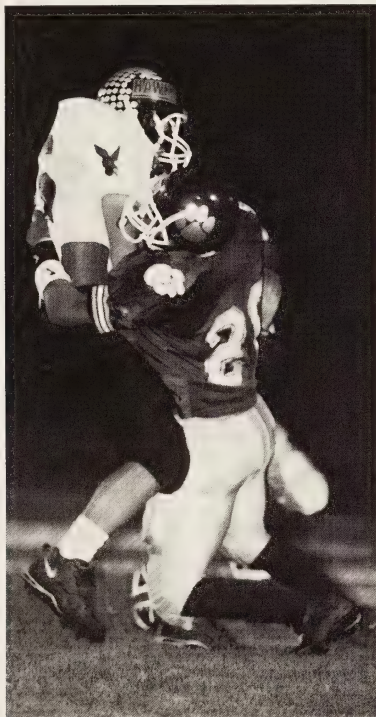
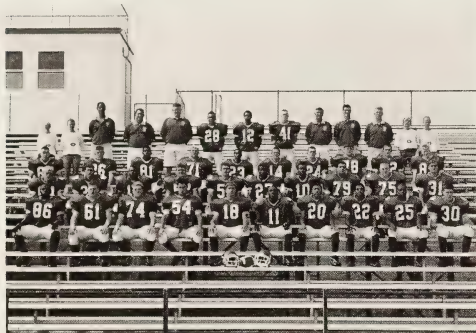
"Although we started off bad, we ended up improving our record, and becoming better friends," said Mandi Oliver.

The season also brought more spectators than in past years. "I liked watching the top six because I learned what I need to work on to become a better player," said Kelly Aspen. Adam Sapp, a regular fan said, "I enjoyed watching the competition."

Women's Varsity Tennis

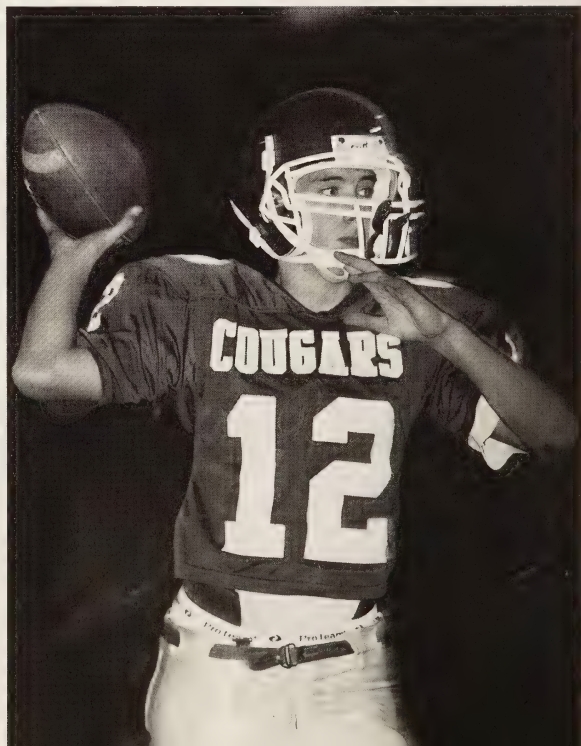
5-7	
Chancellor	4-5 L
Stafford	0-9 L
North Stafford	4-5 L
Brook Point	4-5 L
Culpeper	5-4 W
Chancellor	6-3 W
Stafford	2-7 L
North Stafford	2-7 L
Brook Point	5-4 W
Culpeper	5-4 W

Front Row: Chauncey James, Matt Suplicki, William Diehl, Eugene Honrath, Nathan Broughton, Tyrone Noel, Cortez Thompson, Adrian Gibson, Jawarren Cowles, Andrew Berna Row 2: David Payne, Dustin Ray, Wikeem Jones, Ehren Foley, David Gentry, Kenny Pendleton, Tahir Clark, Harry Sepulveda, Michael Gray Row 3: Robert Fitzgerald, Daniel Harris, Tyrone Pendleton, Darawin Gatling, Matthew Graves, Steven Graves, William Wuyek, Brandon Sheets, Back Row: Megan Bradley, Elisha Wimmer, Coach Williams, Coach O'Dell, Coach Bishop, Raymond Phillips, Robert Crothers, Cory Miller, Coach Havens, Coach Jones, Coach Meek, Roy O'Dell, Carol Crank.



Courtland knocked down many defensive stone walls put up by opposing teams. Cortez Thompson takes a hard hit, tackling a Brooke Point player during the Homecoming game.

Aiming for the goal or an open player, Andy Kavina gets ready to launch the ball. Although the JV football team did not come out on top, they prepared themselves for the following season.





Prince George 14-15 L
 Spotsylvania 14-42 L
 Dinwiddie 16-21 L
 Mount Vernon 3-13 L
 North Stafford 14-24 L
 Brooke Point 14-35 L
 Culpeper 14-28 L
 Stafford 31-11 W
 Chancellor 20-33 L

Spotsylvania 7-44 L
 Mount Vernon 13-29 L
 Louisa 15-22 L
 North Stafford 8-29 L
 Brooke Point 12-12
 Culpeper 24-14 L
 Stafford 22-20 L
 Chancellor 8-31 L

Coming from all sides, Jawarren Cowles is bombarded by Black Hawk players. Quick agility and fast legs let Cowles slip through their claws.

The coaches were like fathers, often offering advice and encouragement. Coach Meeks keeps Tyrone Noel, along with the other players, in the game with words of focus.



Still going

S t r o n g

New coaches, players, tough season. Despite all the new changes the Varsity and JV football teams still managed to stick together as a family.

"We worked together as a team and a family," said Chauncey James. Traditions such as going out to eat at Western Sizzlin brought the team a sense of unity before each game.

This and other traditions were followed in hopes of good luck. Players had their own personal habits,

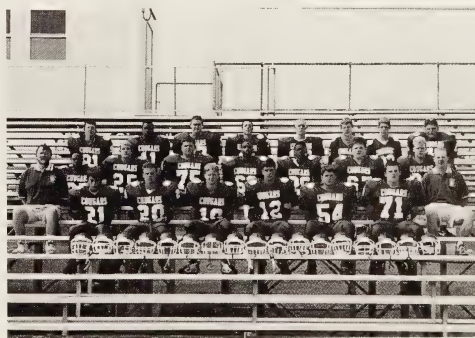
Despite numerous drawbacks, the teams proved that they could

thought to bring them a good game.

"I always were the same socks and wrist bands," said Cortez Thompson. Dustin Ray and David Payne said a prayer before every game and always held hands walking on and off the field.

Despite low scoring games and tough competition, the football team came out of the season with high enthusiasm for next year. "Even though we didn't have a good record, this was the best coaching staff and the most fun I have ever had," said Dustin Ray.

The JV team had outstanding players such as Eliot Fielding, who earned the Player of the Year Award and Allen Dwyer who earned the Coaches' Choice Award.



Front Row: Charles Sutton, Dustin Cambell, Daniel Sullins, Andy Kavina, Daniel Maida, Allen Dwyer Row 2: Coach Johnson, Coach Endler Row 3: Monte McMorris, Daniel Renalds, Brad Cartwright, Corey Green, Brandon Weldon, Mike Sanders, Elliot Feilding Back Row: Josh Mason, Demetrius Brown, Dustin Merchant, Adam Chaney, Matt Plant, Dylan Adams, Quinn Adams, Michael Arrigan.

Senior J.T. Garber follows through after a swing. The team travelled to many different golf courses in the area to play, including The Fredericksburg Country Club, where this game was played.



Following

Through

The golf team gained a member that created a new tradition. Laura Eckenrode became the first girl in Courtland's history to play on the golf team.

"Some of the guys were intimidated by me, but the guys on our team were really cool. I wasn't worried about them anyway, I was just trying to improve my game," said Eckenrode.

*Hot days and long trails
did not keep the
from*

Eckenrode was just one of several new players on the team. "We had a tough season mostly because we were such a young and inexperienced team," said Captain Paul Hibbs.

Though the season was not one of many wins, some golfers had personal successes. Hibbs lead the team with an average of 79 and Rob Rucker qualified for the district tournament and received the most improved award.

"Even though we didn't have a great season, I am looking forward to next year because all my best golfers will be returning," said Coach Hibbs.

Varsity Golf

2 - 16 - 0

Massaponax- Lost
N. Stafford &
Culpeper- Lost
N. Stafford &
Chancellor- Lost
Brooke Point &
Stafford- Lost
Quantico- Lost
Culpeper & Brooke
Point- Lost
James Monroe &
Massaponax- Lost
Stonewall- Lost
Spotsylvania- Won
Stafford & Chancellor-
Lost
Orange & King
George- Won



The only woman on the golf team, Laura Eckenrode, eyes her next shot during a game at the Fredericksburg

Country Club. For the first time in the school's history, a women participated in the golf program.



During a game, Paul Hibbs discusses his strategy with his father and coach, Mr. Hibbs. Hibbs was the number one ranked golfer on the team.



Lining up his next putt, Rob Rucker squats on the green at The Fredericksburg Country Club. Rucker, shared the position of captain with Paul Hibbs.

Front Row: Micheal Koehl, Paul Hibbs, Matt Gorsuch, Rob Rucker, J.T. Garber. Back Row: Matt Hibbs, Manny Smith, Jacob Edmonds, Mike Ruggieri, Coach Hibbs.

Pumping

the spirit

For the Fall JV and Varsity cheerleaders, the football season was a time to have fun, let loose, and show school spirit. It pumped them up and kept them going in front of lively and not-so-lively crowds.

"After cheering, I have more spirit and pride in my school than I did last year," said Wendy Brown.

"Our squad got along really well this year," said Jenny Hawkins. The squad really put a lot of effort

The squads did more than , they had a blast.

into their routines and they were definitely in sync. Going to practices every Tuesday and Thursday helped them achieve their goals for the season.

"It was fun and next year I'm definitely doing it again," said Carrie Keller. The season was special because of the people from neighboring schools who came and added diversity to the squads. This brought a sense of unity to both teams.

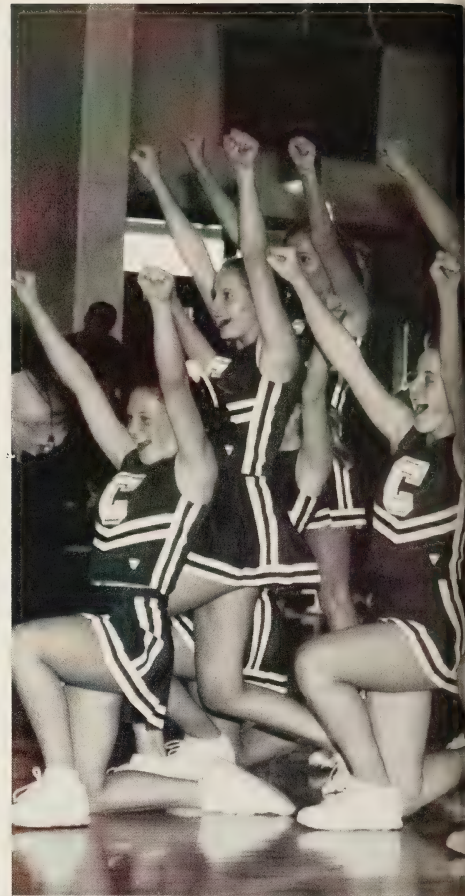
Katie Goad and Tracey Payne won MVP awards for the squads and Hilary Deihr and Carrie Keller won the Coaches Awards.



Front Row: Katie Mager, Hilary Deihr, Tiffany Lutz, Jenny Hawkins
Row 2: Lauren Rojek, Melissa Feinman, Kate Reynolds
Back Row: Stephanie Posey, Tracey Payne, Becky Harrington, Michelle Sylvester

The Varsity Cheerleaders get the crowd psyched up as they cheer in the first pep rally. "Pep rallies were fun because we got to plan them," said Melissa Feinman.

Lifting up to the best of their ability, Carrie Keller and Beth McAdam support Beth Benshoff. Working as a team and being precise was important to make a stunt like this work.





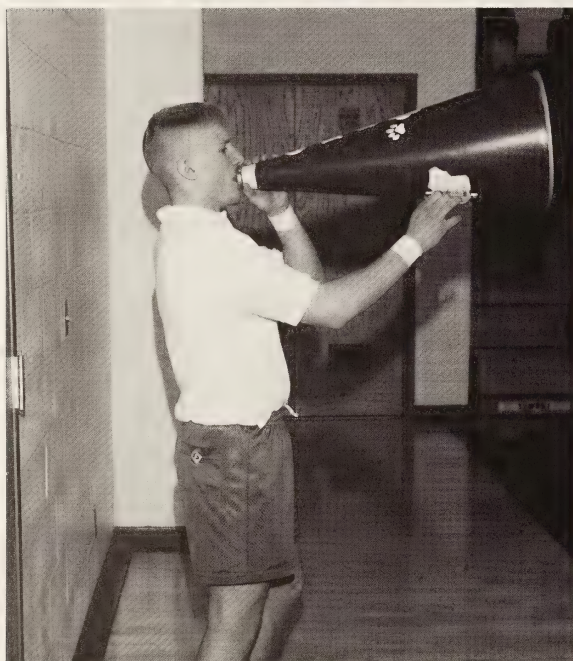
Front Row: Katie Goad, Mindy Dunkle, Carrie Keller Row 2:
Jennifer Ross, Nichole Pickett, Rachel King, Sarah Heller
Back Row: Bridgett Turner, Christine Mercer, Beth Benshoff



While at a football game, freshmen Mindy Dunkle and Rachel King practice their stunts. Concentration and hard work but also fun was had during their games.

Performing a high kick, Lauren Rojek gets the students cheering. The cheerleaders practiced every Tuesday and Thursday to perfect their routines and especially their stunts.

Front Row: Pauline Gilbert Row 2: Ellen Prince, Cindy Hockaday, Virginia Dickerson, Tara Longridge Row 3: Jeni Dixon, Erin Estep, Shauna St.Clair, Amanda Haun Back Row: Shannon Brooks, Daniel Harris, Eugene Honrath



One of only three men on the Varsity Cheerleading squad, Shannon Brooks uses his megaphone to reach the crowds. Brooks was one of the first males on the cheerleading squad and helped immensely with stunts.

Cheerleading required a lot more endurance than what most students realized. Practice time and athletic ability helped the Varsity squad to do well in their competition on February 26. Ellen Prince keeps her voice strong for the basketball game against Chancellor.





The JV squad reflects smiles and enthusiasm to the crowd in order to pump it up. Being in unison during a cheer was essential to success.



Learning from the older cheerleaders on the Varsity squad, the JV cheerleaders improved after each game. Angela Early, who also had a twin on the squad, completes a cheer during a game.

Spirit

Cheerleading. A bunch of screaming girls?! Not anymore. Men slowly became involved in the sport of cheerleading.

"Cheerleading with males gives more variety to stunts and cheers," said Cindy Hockaday. Cheerleading is becoming more accepted as a sport even though there are still those who think it is not. "Cheerleaders practice just as hard as any other sport. It's not as easy as it looks," said Shannon

*Males have added
and to make this
squad show their*

Brooks. Brooks was chosen for the UCA All-Star squad this past summer.

"I was excited because I had the chance to go to London where I got to see lots of interesting places and made lots of new friends from around the United States," said Brooks.

Cheerleading also brought the squad together. The new boundaries attracted new members to the squad. "I really enjoy having fun while supporting my new school," said Amanda Haun. Cheerleading was made available for all who wanted to support their school.



Front Row: Renee Eldridge Row 2: Angela Early, Beth McAdam, Brandi Hammit, Alicia Early Row 3: Elizabeth Good, Jamie Cook, Kerri Frasier Jenny Mangan, Lauren Prezporia,

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Nothin'

Golden Boot

Kicking the ball up the field, Brian Douts, sophomore, concentrates in order to ensure a perfect pass. Passing techniques helped the team work together and achieve victory.

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The Men's Basketball Team, despite their returning players who knew the ropes, a change of pace took place. After years of proudly coaching the Cougars, Coach Kotulka turned over the job to Coach Lowman. Lowman came into familiar territory because he formerly played on the team while attending Courtland.

"It's been a great opportunity for me to take over," said Lowman.

The Men's Basketball Team proved that the season was nothing but

The team adjusted well to the slight change in coaching styles and rules. "The new coach is very exciting and he has good ways of making our team better," said Eugene Brown.

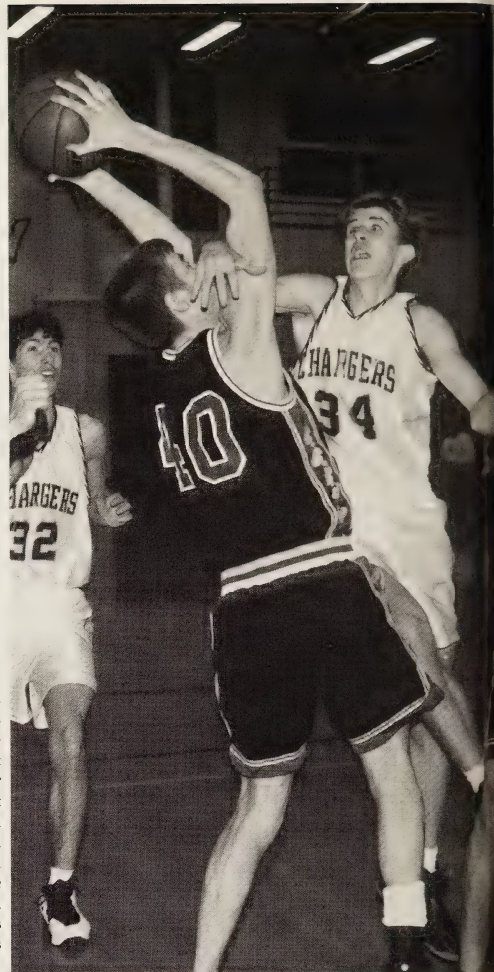
The basketball team, as with most sports, brought in the new and unfortunately said good-bye to the old. Seniors were all too quickly replaced by newcomers to the program.

"The season was a great experience, playing with the Cougar teammates, new and old," said freshmen Brandon Weldon.

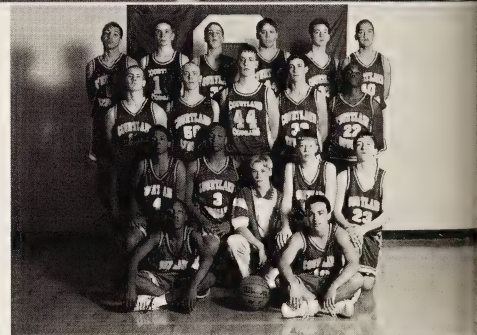
"The seniors are trying to make the most of the last year we will be able to play together," said Deron Jones.



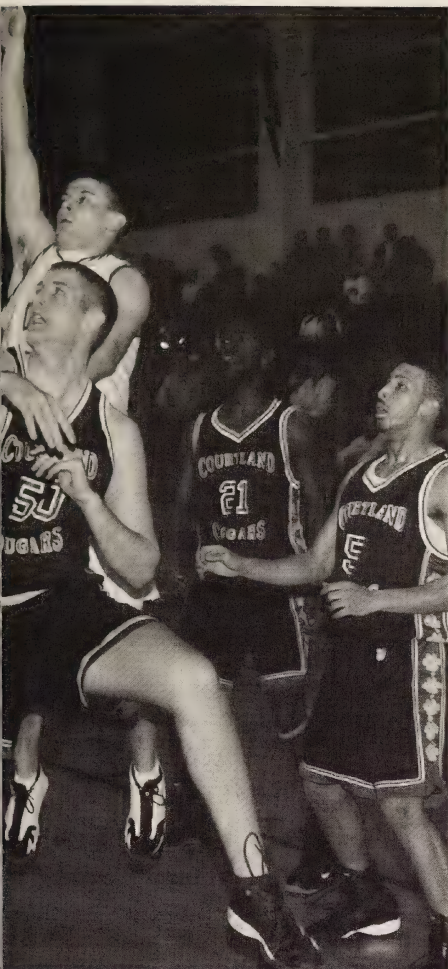
Front Row: Ashley Bird, Carey Keller, ???, ??? Row 2: T.C. Carter, Jason Wright, Kenny Pendleton, Mark Steward, Ryan Hill, Adrian Jackson, Antron Minor Back Row: Coach Bishop, Quinn Adams, Josh Dameron, Thomas Blake, Brendon McGowan, Chris Dillard, Aaron Curley, John Duncan



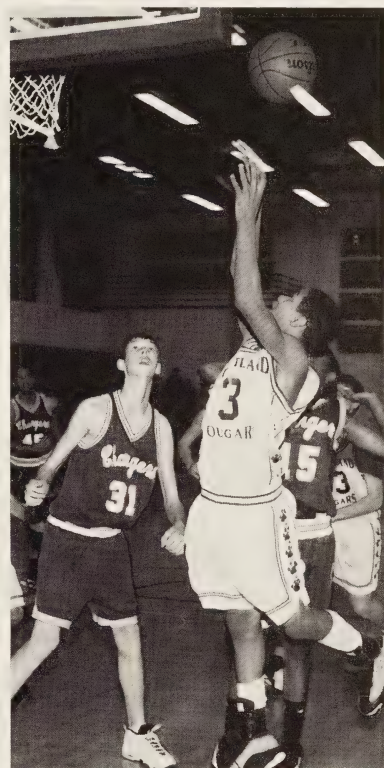
District Champions
Beating their rival, Chancellor, twice was quite possible for the Varsity team. In fact, it was quite possible for them to win the district title, earn a banner and trophy and succeed in the Regional Tournament. Lane Brooks, along with David Johnson, battles Chancellor players under the net.



Front Row: Sammy Nelson, Kelvin Garcia Row 2: Brandon Weldon, Demetrise Brown, ???, Matt Hibbs, Kurt Kuppert Row 3: Chris Prince, Matt Plant, Chris Corossi, Andrew Kavina, Antoine Jones Back Row: Cory Miller, Greg Gibbison, Adam Chaney, Chris Grossi, Chris Feil, Mark Mains



Front Row: Erin Rollins, Tanisha Jackson, Sierra Hilliard, Dee Hilliard Row 2: Kenji Morgan, John Robinson, Cortez Thompson, Tyrone Noel, Deron Jones, Eugene Brown, Paul Hibbs Row 3: Scott Snyder, Steve Neville, Adrian Minor, David Johnson, Lane Brooks, Amir Raminpour, Robbie Coleman, J.R. Lee Back Row: Coach Lowman



Not Quite Trapped

With three whites from the Chancellor team and only one outlet, Demetris Brown does the only thing he can do: fire off a jumper. The Freshmen team performed well during their season.

Burning the Opponent

Quickly escaping down the court, Antron Minor beats the defense and fires off an easy layup. Quick feet and coolness under pressure helped the JV team win.

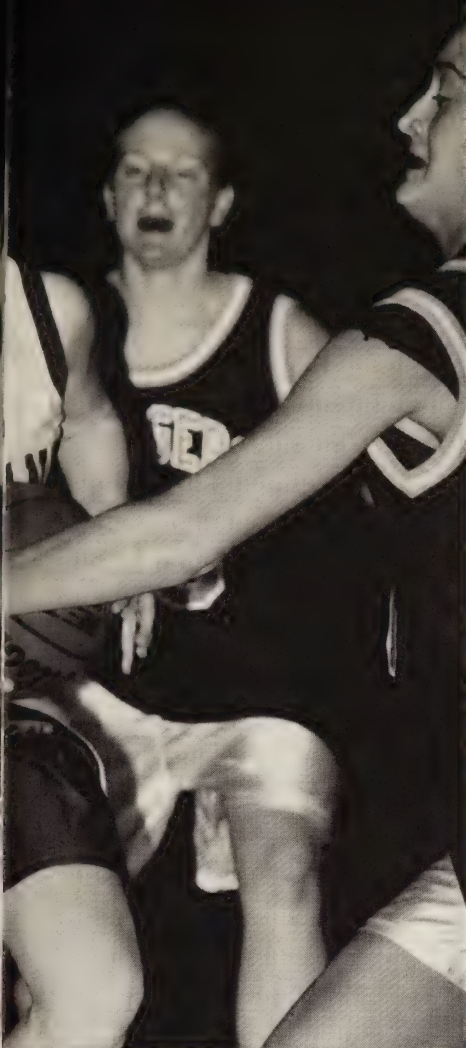
Front Row: Stacy Hunt, Tara Vadeboncoeur, Amy Dameron, AnnMarie Breen, Betsy Chilton, Emily Smith Row 2: Coach Flamm, Amber Payne, Lisa Gaines, Latoya Clark, Megan Reese, Mandy Oliver, Darnyel Ferguson, Drew Breen, ?



Focused on getting the rebounded ball, Charlena Fitzgerald stretches her arms over the Chancellor players. When the Freshmen team dissipated during the season, several players moved to the JV team.

Dribbling and splitting the defense, Sharon Pendleton is determined to get to the basket. The JV team was coached by a former Courtland basketball player, Toni Rodgers.





1985-86 Year

Swamped by Chancellor players, Emily Smith battles her way out of the mess. The Varsity Women's Team captured the District title, earning a banner, trophy and a place in the Regional Tournament. This has been the first championship since 1985 for the women's program.

Women's Varsity Basketball

17-5

Gar-Field 40-42 L
Albermarle 62-53 W
Potomac 43-39 W
Hylton 49-39 W
Albermarle 60-69 L
Gar-Field 28-50 L
Brooke Point 53-44 W
Fred. Christian 57-25 W
Stonewall Jack 51-41 W
Stafford 52-48 W
North Stafford 56-55 W
Chancellor 48-42 W
Culpeper 58-65 W
Chancellor 58-44 W
Stafford 50-44 W
North Stafford 61-41 W
Brooke Point 48-42 W
Fred. Christian 40-28 W
Culpeper 64-48 W
Chancellor 51-37 W
North Stafford 63-61 W
Woodbridge 47-48 L

Making a quick break away to the basket, Amy Dameron scores over opponent Chancellor. Dameron's quick feet and excellent free throw shooting contributed to the team's huge success.

Driving

The goals of the Women's Basketball team came true. For the first time since 1985, they won the District Championship by beating North Stafford. This victory sent them into a match up against the Woodbridge team. The Cougars fell to the Vikings by only one point, showing that no matter who they played, they would drive it home.

"The team worked so hard and we really had a lot of unity in our group," said Latoya Clark. The JV

Beating the best of the best, the
with their game.

team put out a superb season as well under the coaching instruction of former Lady Cougar, Toni Rodgers.

"We practiced really hard and we all had a good attitude," said Jenny Brady. Varsity was not necessarily the tallest team but they made up for it through shooting and hustle.

"We were not very tall, so we had to use our speed and strength to get past the big girls," said Emily Smith. No matter what they faced, both teams were very strong. To lighten things up and make the season memorable, the Athletic Department put on a light show in the beginning of each home game, with flashlights and loudspeakers.

"It was such a fun year and I gained a lot of friends," said Becky Sullivan.



Front Row: Sheila Jacobs, Jenny Brady Row 2: Shaney Ryan, Candace Wise, Kristine Hafner, Sharon Pendleton Row 3: Toni Rodgers, Adriane Mason, Charlena Fitzgerald, Christine Mercer, Ashley Myers, Elizabeth Simpson

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Going through her routine, Stephanie Parsons enthusiastically shows the judges who's boss at one of their home meets. Parsons competed on the team as a freshmen, adding to its future potential.



Perfect

The gymnastics team proved that they were number one in the district, whether it meant harder practices or deeper concentration. Although the team was small and only consisted of five members and two coaches the women had a goal and they planned on meeting it.

"We have a really small team, but we're really close and supportive of each other. We have a lot of talent on the team, and even though we're out

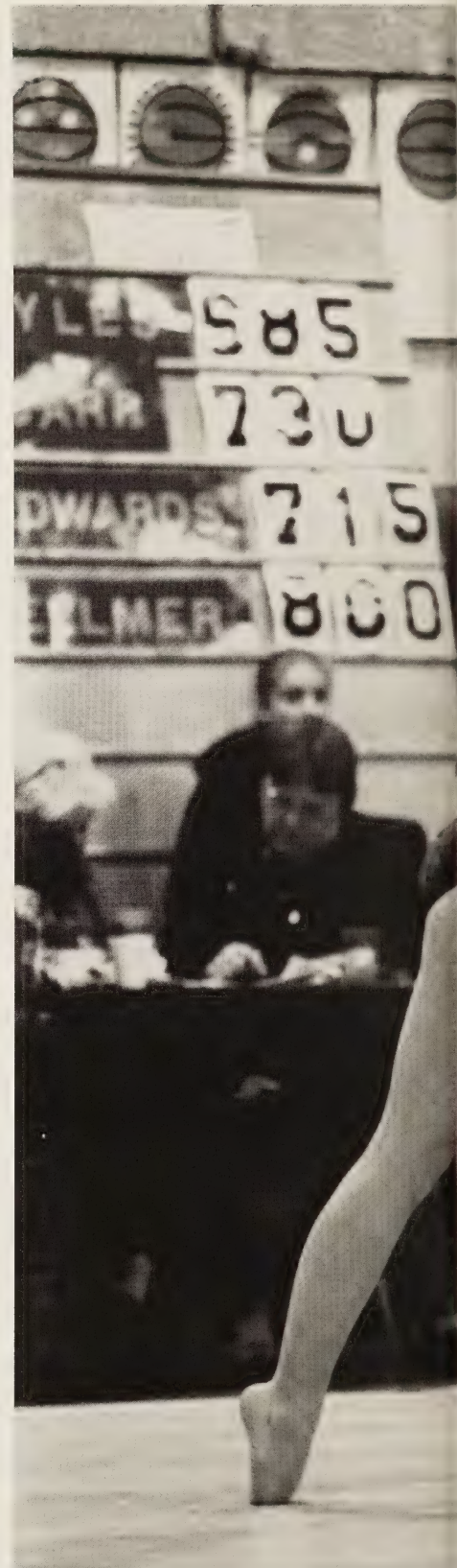
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Through determination and hard work the women's team came out on top with a

numbered, I think we are the best," said Tracey Payne, who served as captain during the season. So do the other members of the gymnastics team.

"Our talent level is very high. I think we succeed as a team and individually," said Becky Harrington. Coach Bennett and Coach Oehm coached both experienced and inexperienced gymnasts.

"This is my first year on the team and the first year of actually competing. Gymnastics is a lot of fun. Although it takes a lot of concentration," says Katie Goad.





Completing her flawless performance, gymnast Tracey Payne looks up at her coach with a smile. Payne competed on the team for the past three years.



Moving gracefully along the beam, Katie Goad prepares to be number one in the event. This was Goad's first time competing on a gymnastics team and she became a strong part of the team quickly.



Waiting anxiously for the scores after the meet, Katie Goad, Becky Harrington, Stephanie Parsons, Tracey Payne, Melody Taylor, and Coach Oehm huddle up to keep their spirits high. Even though their team was small it proved to be a good thing.

Front Row: Tracey Payne, Melody Taylor Back Row: Stephanie Parsons, Katie Goad, Becky Harrington

Running

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Indoor Track went through changes through losing skilled athletes to a new school and the seniors leaving. The team gained a new coaching staff. Coach Jones and Coach Johnson were both new to the school.

"The team was very different from last year. We lost a lot of people and had a pretty young team with not a lot of inexperienced runners," said Lindsay Judice. Most of the teammates agreed the team had to start out with a new slate. A third year runner,

proven they could come in first when they

Kari Hansen also agreed with Judice and said, "It's been different because we have two new coaches and a much smaller team." Matt Stretton has been a runner since his sophomore year and said, "The track team had little experience but we all tried to do our best and hopefully build a stronger team for the years to come.

A new teammate, Eric Torres said "The experience of being part of the team has been real exciting. It's a great environment and it's a good way to stay in shape." Sarah Heller said, "I enjoyed the experience of being a part of the team and plan to keep running throughout high school."



Front Row: Sarah Heller, Jenny Manch, Kari Hansen, Elleni Whitney, Megan Driest, Rachael King, Kristin Talley, Teva Martinez. Back Row: Coach Johnson, Aija Grant, Naijah Grant, Lindsay Judice, Jessica Garrett, Jennifer Cruz, Bridget Turner, Coach Jones.



One of the few women who competed in the long jump, Jessica Garrett leaps to victory. The track team usually traveled to indoor meets but this meet occurred at Courtland.



Running in a hurdle relay, Rachael King flies over the hurdle. King, a freshmen, performed well in her events as well as with the team overall.



Front Row: Billy Martini, D.L. Merchant, John Hawkins, Ronell Howard, Dustin Campbell. Row 2: Evan Fulmer, Leroy Morgan, Jared Boehner, Matt Stretton, Brandon Meadows, David Langford. Back Row: Coach Johnson, Derek Handlin, Gordon Meadows, Jason Heraneck, Coach Jones.



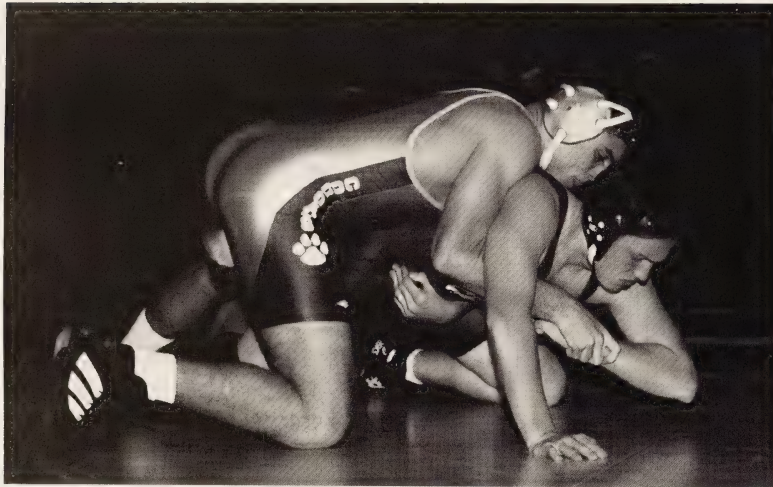
Megan Driest and Lindsay Judice take time between events to talk about Judice's attempt in the high jump. Both runners have been track stars since their first years at Courtland.



ounding the corner on his last lap to the finish line, Matt Stretton gives his all to finish the race in the top four. Stretton was a runner of the relay team and put all his effort into helping the team succeed.

Preparing for his first match on the Varsity squad, Scott Kline is ready to win. Kline wrestled in the 171 weight class for JV, but for the match against Chancellor he wrestled in the 189 weight class in place of his brother.

Listening to some words of advice from Coach Davis, Kevin Kline gets prepared to approach his opponent. Kline wrestled in the 135 lbs. weight class for the Varsity team.



Gaining an advantage over the opponent, Nathan Broughton uses strength and a good position to beat a Chancellor wrestler. Broughton wrestled in the 171 lbs. weight class for the Varsity squad.



Front row: Matt Suplicki, Jimmy Kline, Derrick Anderson, Mark Clark, Kevin Kline Row 2: Lisa Rollins, Retha-Lynn Haislop, Coach Saltz, Coach Davis, Coach Manchester, Asst. Coach K.T. Jones, Meghan Bradley Row 3: Ronnie Krenzel, Steve Heiston, Seth Winkley, Alex Jones, Ben Perry, Mike Morin, Charles Sutton, Wayne Knepp Row 4: Danny Maida, William Diehl, Tate Rotramel, Donnie Karcos, Andrew Berna, Brandon Sheets, Nathan Broughton, Will Richardson, Elliot Fielding Back Row: Derek Shea, Peter Kang, Jose Bonitez, Chris Phyllips, Kambiz Behnam, Scott Kline





Cheering loudly, Coach Manchester waves his arms in the air after an exciting match as Coach Davis claps for his team. They certainly had something to cheer about, seeing how the team placed sixth in the Regional Tournament and wrestlers Wayne Knepp, Mark Clark, Nathan Broughton, and Matt Suplicki were state qualifiers.

Cutting

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Wrestling was more than just matches; it was a life style for those who loved the sport. Wrestlers dedicated the majority of their time and energy to programs which consisted of losing weight in a matter of weeks.

"Wrestling is a very competitive sport; therefore sometimes wrestlers have to cut a lot of weight,

By cutting weight and staying strong, the Wrestling Team conquered 'em all.

sometimes anywhere between 5-15 pounds," said Manager Retha-Lynn Haislop.

Wrestlers not only learned how to be disciplined but also how to stay focused.

"Regardless of how long or how much you wrestle, the work ethic you learn will stay with you for the rest of your life," said Will Richardson.

All the hard work paid off when the competitive tournaments took place. The wrestlers earned 1st place at the Brentsville Tournament, 2nd at Henrico, and 3rd at Atlee High School.

"Taking first place at Brentsville was the first tournament we have won since the Eighties. I am glad I contributed to the team," said William Diehl.

Varsity Wrestling

9-12-1

Chancellor 60-18 W

Stafford 36-42 L

Brooke Point 33-36 L

Culpeper 33-39 L

North Stafford 15-55 L

6th in Regional Tourn.

Starting off in a back stroke dive, Kate Reynolds swims her fastest against her opponent. There were approximately 20 women on the first ever swim team, some of whom had been swimming for years.



Floating by the side, Teri Leake prepares to get out of the water after a race against Massaponax. Being only a junior, Leake will be able to contribute to the swim team as a senior.

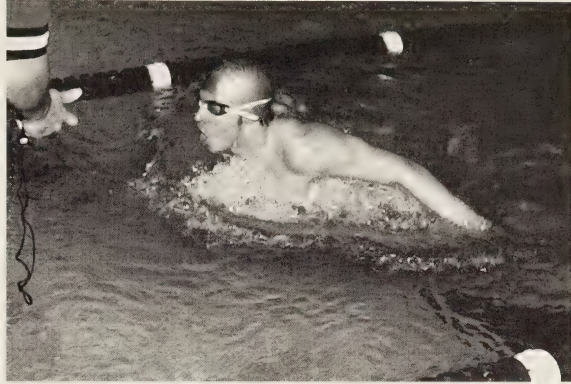
Ready to swim, Joey Hess waits for his fellow teammate to reach the wall. Hess swims for the YMCA as well as the Cougars and is a veteran swimmer.



Front Row: Kristi Robinson, Marin Nichols, Emily Rodgers, Nikki Schaffer, Emily Vienti, Jessica Gray Row 2: Shawn Blake, Chrsy O'Donnell, Teri Leake, Michele Peterson, Kate Reynolds, Erin Herndon, Lark Winfery, Jenny Geiger, Lisa Stewart Row 3: Bill Muzbeck, Chrissy Brown, Kelli Harris, Hunter Woodard, Jeff McDermott, Sean Garrison, Daniel Kuckuck, Billy Dicks, Chad Hill, Kelly Aspen, Allison Sokoloski, Coach Mike, Row 4: Joey Clark, Stephen Shomberger, Joey Hess, Danny Sullins, Michael Herbeck, Edward Jusino, Chris Feil, Eric Wright, Chris Hlusko, Chris Lambert



At the Massaponax swim meet, Eric Wright takes a final breather before reaching the wall to finish his race. Wright swam different strokes, including the butterfly stroke.



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Dive

Every year brought new experiences, sports, clubs, and classes. One of which was a swim team. The swim team sparked an interest in many students. The team totaled 35 combined, with boys and girls.

Any team wouldn't be anything without coaches. "Yeah the coaches were really good! They knew what they were doing and got us to where we are," said Kristi Robinson. The team only had two coaches to manage all

The swim team had a successful debut as they dove right in.

of them but the team's record proved they knew what they were doing.

The team performed extremely well for being new. The fact that they did well and were a new addition just adds to the excitement. "It's good being on the first swim team because people don't know what to expect so I don't look as bad as I am," said Chrisy O'Donnell. The students felt they would do well because they had the determination to succeed.

"I believe that the swim team did an excellent job for its first year," said Chad Coleman. "The swim team brought a smile of swimmers' faces because it was new and exciting," said Emily Viveni.

Women's Swim Team

Massaponax 162-119 W
Spotsylvania 92-72 W
Brooke Point 85-198 L
Stafford 85-201 L
North Stafford 81-201 L
Chancellor 165-119 W

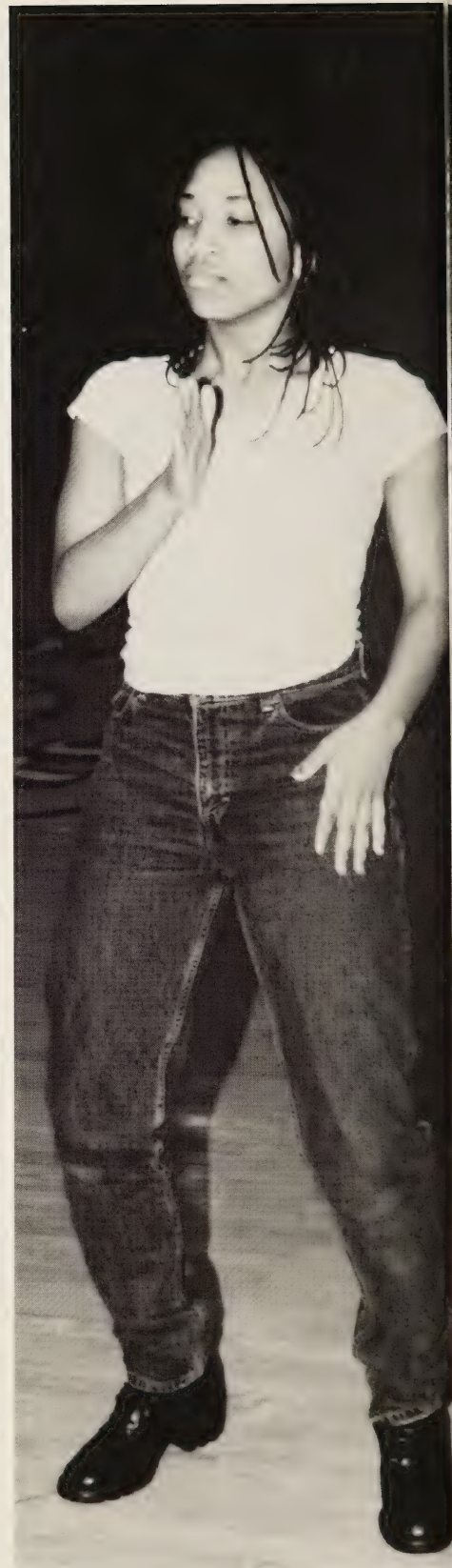
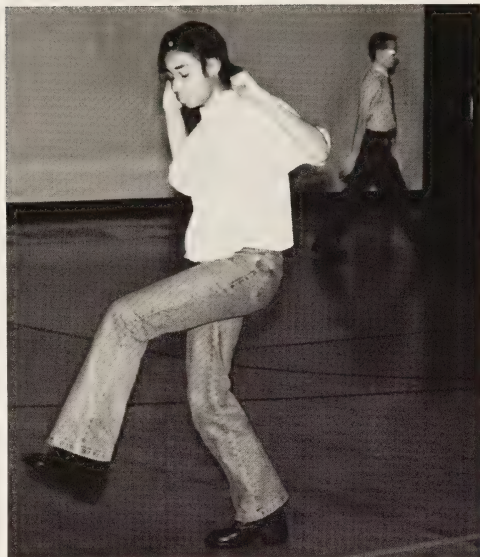
Men's Swim Team

Spotsylvania Won
Massaponax Won
Stafford Lost
Brooke Point Lost
Chancellor Won
North Stafford Lost

Leading the steppers, Marjani Clark keeps the beat for her line, making sure that she is in sync. Total concentration was needed to make the dances work well.

Performing at halftime at a women's basketball game against Chancellor, Jekisha Elliott and the rest of the steppers liven up the crowd.

The River Dance Belt Buckle Team performed a variety of dances when they were able to locate a free room and wore belt buckles as Sarah Stalnaker is wearing, to show their culture awareness.



Front Row: Wayne Knepp, Liz Boyd, Jennifer Stello.

Row 2: Jimmy Kline, Eleanor Jusino, Sara Hansen, Chrissy Soper. Back Row: Kevin Rickens, Vanessa Teter, Heather Lowe, Lila Orrock, Naijah Grant.

Back Row: Ms. Warchol, Megan Grimes, Tara Vadeboncoeur, Kira Anderson, Tiffany Lutz.

Row 2: Kim Labbe, Angela Shelton, Kaitlyn Jones. Back Row: Drew Breen, Manny Smith.

Stepping to the Beat

Time is of the essence when preparing to present in front of hundreds of people, whether at a sports game or at a talent show.

One of two new clubs formed, the Step Team, which consisted of about ten to fifteen young women, performed at home basketball games and at the March talent show. Mrs. Haynes coordinated the practices and sponsored the step team, which debuted in midyear.

"The experience that every one has with knowing how to step really helps the team to be able to perform with greater ease," said Rickard. The step team rallied fans to their feet after every performance. Their first performance was at a pep rally and they continued to appear at all home games.

What started as a joke turned into a semi-serious but not quite reputable club was The River Dance Belt Buckle Team, known as RDBBT to some. Mr.

The Step Team and the River Dance Belt Buckle Team sparked interest in those who wanted a taste of culture.

Felicia Jones, a new member to the team but not to the sport said, "Courtland is long overdue to have a step team. I feel this is breaking away from the norm and shows a lot of school spirit, talent, and heritage.

Stephanie Rickard also agreed with Jones in that making people aware of heritage is important to today's society.

Duncan sponsored this interesting club and members such as Jacob Sapp, Erin vonOeyen, Kate Reynolds and Doug Gebert kept the flame alive as they desperately tried to find practice time and a teacher who would let about twenty people bounce around the classroom. The team performed a mix of country line dancing and river dance steps to provide Courtland with a little bit of culture.

by megan grimes & drew breen



With their natural talent and casual uniform of blue jeans and black "stepping" shoes, Zavia Gaines and Janeen Garnett keep up the rhythm. After shaking out their nervousness in front of hundreds of people, the team shook the floor with their abilities.

FUTURE BUSINESS LEADERS OF AMERICA

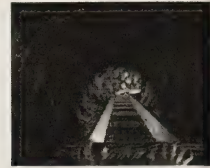
This year all clubs have their own web pages sponsored by Mrs. Chiafulio and her third period Desktop Publishing

class. Steven Curry, a member of FBLA, works on creating "the best web page in the school" for FBLA.

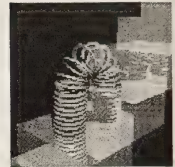


FHA went to Kings Dominion for FHA/DECA Day. Mrs. Mason, FHA sponsor, along with Mrs. Graves (front) and Mrs. Patterson (middle) rode on the Log Flume. Mrs. Mason was so scared.

The Back to School Bash was hosted by several organizations including DECA. Mrs. Pins gives a fortune telling demonstration to DECA member Coralyn Morgan.



Venture into FBLA



Take the First Steps To

A Better Future

The purpose of the Future Business Leaders of America is to educate its members and to promote participation amongst its members at the Regional, State and National level.

FBLA typically attends yearly Southern Regional Conference in November. Students have traveled to Louisville, Kentucky and Atlanta, Georgia. Last year, FBLA had four Regional winners and one student who competed in the National Competition. Students involved in the following activities:

- * A year-round Otis Spunkmeyer cookie fund raiser. Students bake and sell cookies.

- * FBLA members who demonstrate the ability to work efficiently to administrators and department heads as helpers. This year Nancy Chiafulio during the school year 1995/1996. It is called the "Helper Award" and has proven to be very successful.

- * A point system had been developed to award students who work hard. Students will be able to earn a letter to accumulating the points. This motivates students to work and make FBLA the success it is.



Front Row: Jamie Smith, Mike Bradshaw, Jenny Sickles, Lindsey Mohr, Coralyn Morgan, Stephanie Rickard, Tyrone Noel. Row 2: Levi Scaccio, Kelly Lutz, Bettina Justre, Cindy Hockaday, Shannon Dunkle, Jaime Wolfe, Amy Eckelberry, Penny Johnson, Immaline McNinch, Jennifer Bennett. Row 3: Persia Davis, Troy Jones, Andrea Gogoy, Lori Gorman, Amber Cox, Wendy Compton, Latasha Minor, Jarven Garrett, Jennifer Sullivan. Back Row: Kristi Hill, Angee Duquette, Trisha Filter, Erin Herndon, Tracey Payne, Theron Maddy, Erin Kidd, Schalana Schantzen, Scott Nerdahl, Kenon Pratt



Front Row: Carla Graube, Lee Williams, Mark Bonin, Andy Anderson, Erin Estep. Row 2: Vanessa Lantis, Emily Rogers, Sarah Ruggieri, Liz Boyd, Melissa Hafner. Row 3: Tyana Williams, Shauna St. Clair, Stephanie King, Emily Andretta, Shari Zoldak, Christina Glesing, Jeri Dixon, Keena Rexrode, Katherine Demchak. Back Row: Mr. Nesbitt, Chad Lamb, Matt Banville, Wendy Brown, Cara Craig, Chris Vestal, Jared Herwick, Lauren Waller, Lila Orrock



Front Row: Tyrone Noel, Kari Hansen, Tanisha Jackson. Row 2: Persia Davis, Andy Marchant, Virginia Propps, Meghan MacNair, Sarah Smith, Patricia Dantorth, Ryan Bushnell, Sara Paxton, Katherine Demchak. Row 3: Stephanie Rickard, Charlie Depetro, Brian Pittler, Nick Ridgely, Josh McKenrick, Cooper Dawson, Jennifer Sullivan, Allen Gram, Courtney Carbaugh. Back Row: Kelly Jones, Jacob Sapp, Chauncey James, Justin Anderson, Tim Stanke, Ralph Block, Dustin Ray, Duane Edwards, Adrian Minor

building the FUTURE

There was no other way to prepare for the "real world" than to join one of the business clubs and participate in activities that gave a hands on look into the business world.

Future Business Leaders of America, FBLA, was a great way to develop leadership qualities and to promote participation in competition at the regional, state and national levels. FBLA participated in many fund-raisers in order to travel to DECA

helped students learn about the marketing aspect of the business world. The students did various things at many levels of competition. They took a trip to Baltimore, MD.

"The Baltimore trip was a lot of fun; we learned a lot and we even went to visit the Orioles and the Ravens stadiums," said Liz Holderbaum. At Districts, the students can role play scenarios or take written tests. Districts was held in January at the

The purpose: "Developing tomorrow's leaders, today" - Mrs. Chiafulio, FBLA

competitions. The most popular among the students was the sale of Otis Spunkmeyer cookies which were baked and sold after school by club members.

Distributive Education Clubs of America, DECA, was also very popular in the fund-raising department for their candy sales. Students waited in lines in the middle of the hall to purchase their choice of goodies. Skittles, M&M's, and Reese's cups and Reese's pieces were the most common bought for \$.50 each.

Spotsylvania Mall. Virginia State Leadership Conference was held the first weekend in March at the McLean Hyatt at Tyson's Corner, VA. At the State level, there were the role plays as well as manual competitions. With these, the students researched a project from a given list and wrote an essay about it. Then the student presented it before the judge. The Career Development Conference was held in the last week in April at Orlando, FL. This competition involved students from all around the world.

by kimberly labbe



Future Farmers of America
Front Row: Jonathan D'Alessandro, Lila Orrock
Back Row: Mr. Lucas Eric Williams, George Atkins, Donny Karkos



Future Homemakers of America
Front Row: Varonica Phillips, Sarah Jane Lane, Kelly Jenkins, Stacy Pennington. Row 2: Mrs. Graves, Angela Early, Jessica Parker, Persia Davis, Janeen Garrett, Gloria Lovo, Lon Ratcliff, Angie Durrette, Kristin Mundie, Matthew Graves, Mrs. Mason. Row 3: Anthony Brown, Lydia Dodson, Kerry Frazier, Lolita Diggs, Patricia Danforth, Cashena Pratt, Patrice Brown, Alicia Early, Steven Graves, Ronall Howard. Back Row: Bobby Fitzgerald, Kim Anderson, Natasha Childs, Jenny Rodriguez, Darnyel Ferguson, Latasha Minor, Penny Johnson, Mike Alston, Nathan Broughton, B.J. Ennis



French Honor Society
Front Row: Eleanor Jusino, Betsy Chilton, Danielle Prickett, Jenny Jaquay. Row 2: Vanessa Teter, Katrina Tantzian, Scott Kline, Lauren Rojek, Charlotte Takewell. Back Row: Heather Lowe, Lila Orrock, Megan Grimes, Lindsay Judice

WITH *artists* STYLE

For some, drama and art class is only a way to acquire a fine arts credit, but for others, they are a passion and a futures. Drama Club and Actors' Guild, as well as the National Art Honor Society, allow interested students to pursue further education in these fields of study.

Mr. Nesbitt, the Drama instructor, was also the Drama Club and the Actor's Guild sponsor. His job came into full effect when he tutored and guided the

know that the audience is clapping for you," said Mark Bonin.

The Actor's Guild was a club exclusive to the people who had a medal or letter in Drama. The Guild helped conduct the Awards Ceremony and gave out a Drama Scholarship.

The National Art Honor Society gave scholarships as well. The society held after school workshops for students who wanted to learn more

The *Fine Arts Clubs* allow students to have more experience with their field of study, *drama or art.*

students with their acting abilities. The Drama club produced the Christmas skit, accompanied by the band, and also the spring play and the One Act Play contest.

"Drama club is fun because you get the opportunity to act and have fun with an interesting group of people," said Lee Williams.

"Being in plays takes a lot of work and time, but it's all worth it when you walk out on stage and you

about art. Along with the workshops, the society hosted children's activities for the local youth. The Art society also planned to take field trips to Hampton University, the Torpedo Factory in Alexandria. They held Art Shows that showcase students' art as well.

"It is nice to be recognized as artists, and the chance to further our artistic abilities and knowledge is rewarding as well," said Josh McKenrick.

by: Manny Smith



Forensics

Front Row: Cara Craig, Melissa Cave, Jennifer Caltabiano, Justin Kirksnd. Row 2: Breanne Cave, Liz Boyd, Melissa Hennessey, Sasha Khazarian. Back Row: Mrs. Synan-terpstra, Tina Greenawalt, Amber Cox, Martin Heinemann, Katherine Demchak, Ryan Bushnell.



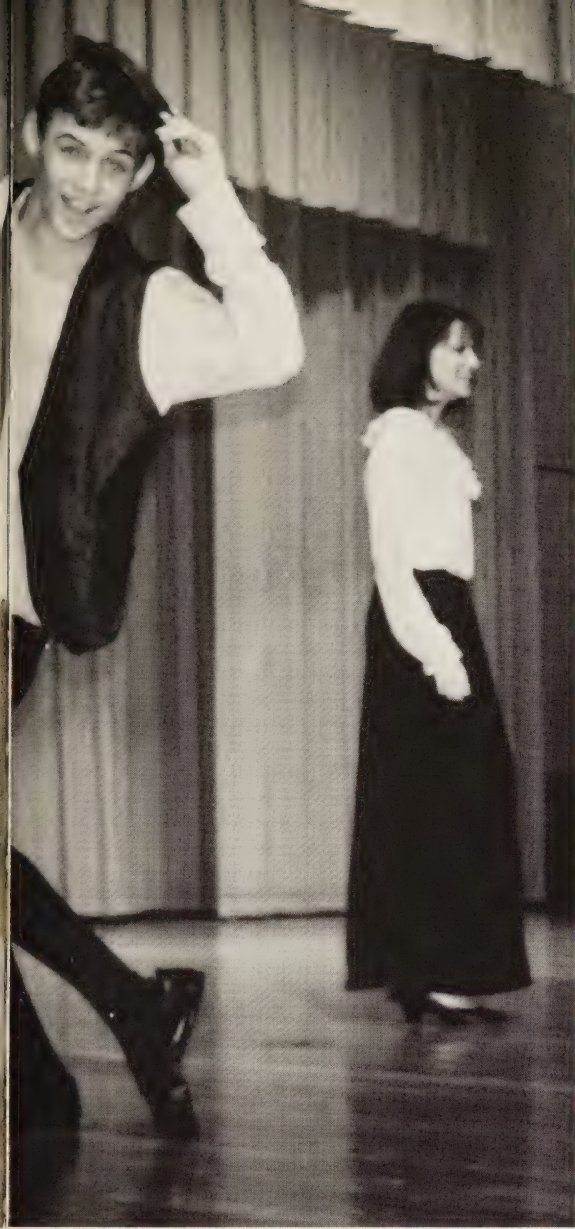
French Club

Front Row: Heather Lowe, Vanessa Teter, Whitney Zachetti, Judith Shepherd, Jennifer Jaquay. Row 2: Jenny Tschann, Suzanne Ivey, Sarah Heller, Vanessa Small, Sheila Jacobs, Tessa Ochs. Row 3: Elizabeth Simpson, Kevin Kline, Jessica Stout, Jennifer Mangan, Megan Little, Ashley Grimes, Lauren Przepiora, Mindy Niemann. Row 4: Sara Burhans, Lila Orrock, David Langford, Katrina Tintan, Eleanor Jusino, Betsy Chilton, Danielle Prickett, Charlotte Takewell, Lauren Rojek. Back Row: Lauren Waller, Christine Mercer, Kyle Lewis, Scott Kline, Megan Grimes, Matt Downey, Lindsay Judice, Matt Hogan.



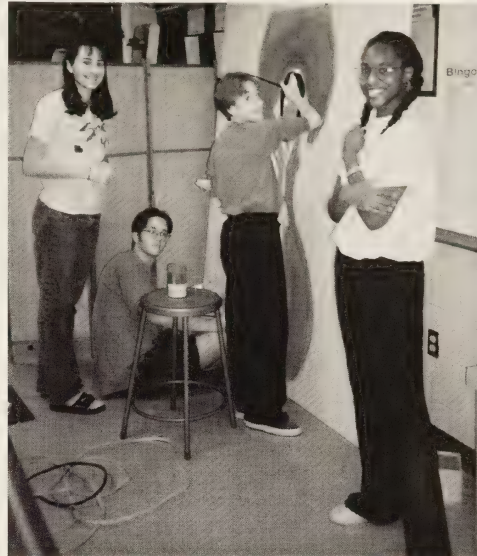
Freshman Board

Front Row: Stacy Hunt, Jaime Cook, Sarah Heller, Mindy Dunkle. Back Row: Katie Goad, Alex Caldwell, Kelli Harris, Ashley McDougal, Lindsey Schmidt.



Happily, Mark Bonin struts his stuff in the One Act play. The Drama Club annually produced the show and competed

against other schools. In this play, Bonin portrayed the main character, a forgetful actor named George.

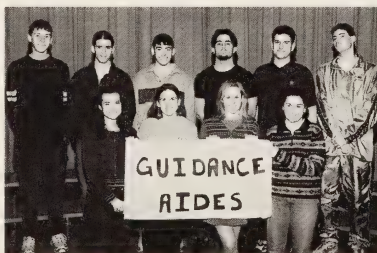


In preparation for Homecoming, Katie Mager, Mike Herbek, Carly Medosch, and Najiah Grant of the National Art Honor Society, designed and created their banner. Unlike the other club banners, the NAHS used a canvas for their painting surface instead of paper or cloth.

Having some post production fun, Cara Craig, Mark Bonin, Felicia Jones, Christina Gleesing, Vanessa Lantis, and Marjani Clark adlib a scene for the audience. In the rare case of forgetting lines, actors had to entertain the audience in another way.



Journalism Club
Front Row: Richard McGrady, Richard Mentor, Chris Midlin, Kari Hansen, Elizabeth Mahaffey. Row 2: Mr. Kendall, Jeanelle McKenney, Zach Gill, Kristine Hafner, Christina Williams, Megan Herwick. Back Row: Chris Carpenter, Ashley McDougal, Danny Sullins, Jamie Smith, Jason Dick, Martin Heinemann.



Guidance Aides
Front Row: Robin Barnes, Megan Driest, Kate Reynolds, Kelli Collison. Back Row: Drew Fristoe, Michael Koehl, Rocky Anderson, Eugene Honrath, Chad Lamb, Harlin Sutton.



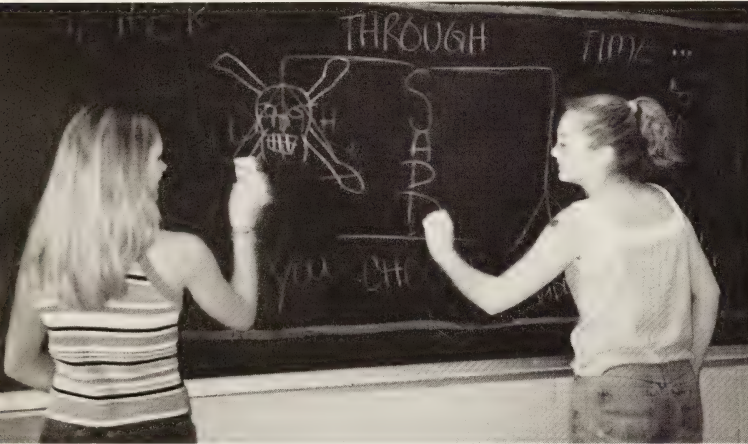
Hi-Y
Front Row: Jennifer Stello, Jeanelle McKenney, Michelle Lancaster, Sarah Stalnaker, Lauren Fiske. Row 2: Melissa Cave, Jennifer Jaquay, Erin von Oeyen, Angela Dibella. Row 3: Victoria Young, Allison Sokoloski, Eric Wright, Kaitlyn Jones, Shannon Moore. Back Row: Jacob Sapp, Dustin Ray, Mike Herbek, Megan Grimes, Matt Downey, Justin Kirkland, Mrs. Diener.

Gift of Life
Many generous
students took the time
to give their blood

during the annual
blood drive, sponsored
by SADD. Jimmy Kline
sits and waits patiently
while the procedure
takes place.

Serving up lunch
during one of the lunch
shifts Mr. Kotulka
lends a hand to the
lunch workers.
Students, teachers, and
administrators
lightened the load of
the lunch workers.

Getting involved
SADD members
Beth Benshoff and
Bridgett Turner make
rough drafts designs for
their banner that will
be in the Homecoming
game. Entering a
banner was one of the
many involvements
SADD participates in.



James C. Smith

Front Row: AnnMarie Breen, Emily Viventi, Kira Anderson Row 2: Beth Benshoff, Tiffany Lutz, Jenny Hawkins, Sarah Stalnaker Back Row: Mary Anderson, Lee Williams, Mark Bonin, Justin Kirkland, Eric Wright, Andrew Clayton



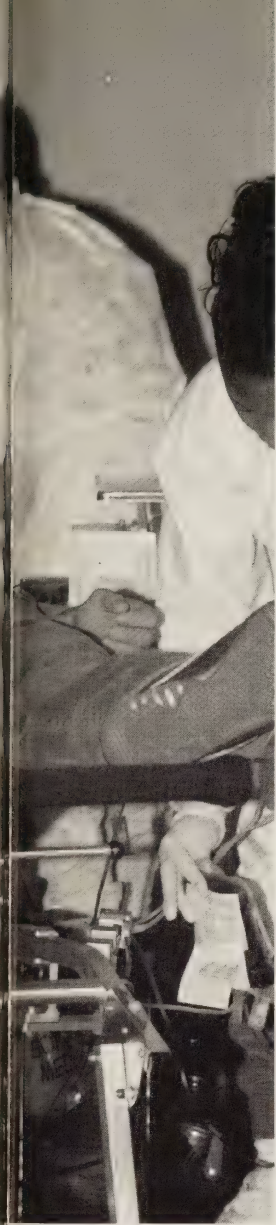
James C. Smith

Front Row: Deron Jones, Sierra Hilliard, Dee Hilliard, Shauntel Williams, Felicia Jones Row 2: Candice Wise, Samantha Johnson, Sabrina Chambers, ? Back Row: Cortez Thompson, JR Lee, Tyana Williams, Daniel Bowens



James C. Smith

Front Row: Matt Lee, Amy Rance, Shannon Filmeck Row 2: Victoria Young, Josh Feldman, Jenny Manch, Amanda Justus-Gunn Back Row: Chris Vestal, Nick Martinez, Mike Craig, Angie Filmeck, Erin Walsh



help is always NEEDED

Community service was vital to the functions and activities of clubs and students found ways to be involved in the community through these clubs.

Service clubs at Courtland consisted of Cat's Eye, Key Club, Hi-Y Club, SADD, and SCA. The clubs showed the many service activities and projects that existed and were offered.

Joan Diener, accompanied by Debbie Philmus, sponsored the Hi-Y. The club involved themselves

"SADD helps out with many projects. We volunteer and help those in need. We do a lot with foundations that benefit those with deadly diseases," said president Bridgett Turner. The club hosted Red Ribbon Week, Seat belt checks, Prom Promise, and the After-Prom.

SCA was known for its excessive help. The Student Council had an endless list of deeds that they participated in. Their activities ranged from

Community Service projects gave clubs and students a chance to give back to the community.

in things such as Adopting-a-Highway, nursing home volunteering, Model Judiciary, Model General Assembly, and simple services around the school. Creating bulletin boards and lending a hand for teacher appreciation was a common school service activity of several clubs. The club was awarded for their ten year dedication to the Adopt-a-Highway program. The club also gave a senior a scholarship at the time of graduation.

Homecoming to food drives and to the Sate Conventions. The council received awards and honors for Achievement, SCA Letters, and SCA Scholarships. "SCA involves everyone. The whole school is welcomed to help us. You are expected to keep have so many points to stay in, but it is not hard to get them, considering all the stuff we do," said senior Lynne Blosser.

by: Kira Anderson



Junior Math League

Front Row: Heather Fitzgerald, Derrick Anderson, Philip Arnold, Hugh Crisafulli, Robert ? Row 2: Frank Crisafulli, Mike Enzweiler, Emily Andretta, Kevin Kline, Christin Funderburk, Kim Kieloch Back Row: Amanda Francis, Peter Kang, Mike Croke, Bobby Eldridge, Patrick Cizek, Evan Fulmer, Daniel Kuckuck, ?



Junior Math League

Front Row: Brian Watson, Jane Minnoe, Sarah Jane Lane Row 2: Brittany Paxton, Charity Wondree, Tessa Ochs Back Row: Lindsey Schmidt, Pam Medley, Marc Mains, Chris Prince, Matt Plant, Wesley Smith



Key Club

Front Row: Hilary Dehr, Melissa Feinman, Jenny Hawkins, Kate Reynolds, Jonathon Catapano Row 2: Jenny Shaw, Elizabeth Good, Stacy Hunt, Arline Lopez, Tracey Payne, Katie Goad, Kimmy Cottle, Shannon Hughes, Sara Heller Row 3: Mindy Dunkle, Beth Bershoff, Victoria Young, Jennifer Stello, Berca Neese, Jenny Manchi, Kelly Munkin, Nikki Schaffer, Lynne Blosser, Lauren Rokek, Mrs. Burton Row 4: Jenny Mangin, Lauren Frezeppora, John Lee, Jennifer Powell, Najah Grant, Maureen Jones, Jon Hawkins, Joey Clark, Jason Webb Back Row: Dianne Jarnecki, Erin vonOeven, Christine Mercer, Sara Burhans, Courtney Carbaugh, Chris Midlin, Jason Jones, Matt Downey, Mike Herbek, Justin Anderson, Eric Deibel

leading THE WAY

Class Boards determined the successes of the year. From dances and fund-raisers to activities and class memorabilia, the members made the year special.

The senior board members stayed busy on planning the Senior video, their Senior T-shirts, the graduation, the Senior Banquet, and the Senior Auction.

"Ms. Mastin is a really good sponsor. She has really good ideas and spends lots of time with the board," said Mark Bonin. More than in any other year since Ms. Mastin was sponsor, twenty-one

discuss prom," said the junior class president Kira Anderson.

"Everything is going great for the sophomore class, but it's difficult to get everyone together," said sophomore class president Beth Benshoff.

"We have a good group of people this year. The only problems are fund-raisers," said secretary Jenny Manch.

"I love capturing the moments of our sophomore

Class representatives were elected to ensure each class had a successful and exciting year.

seniors ran for the five executive positions and became board members.

"It's easier to come up with more ideas and more activities when there are more people," said AnnMarie Breen.

"The junior board is planning a talent show to raise money for the prom," said J.P. Hansen. "We are not only friends in school but also out of school as well. We hang out all the time. We had dinner at Mrs. Mills house and a slumber party at a farm to

year. We have so much fun together. When we look back at the scrapbook, we will remember it all," said reporter/historian Maureen Jones.

It was a little slow for freshmen to start out because the members had just arrived.

"The meetings are fun," said Rachael King and Mindy Dunkle.

The class board members showed that leadership is a lot of work, but was also a whole lot of fun.

By: Kaitlyn Jones



Front Row: Amanda Carper, Kelli Harris, Edward Jusino, Eric Wright, Matt Downey, Renee Eldridge, Matt Lee. Row 2: Jaime Cook, Hugh Cristofoli, Jeev Adcock, Pam Dickerson, Charly Worden, Brennon Gave, Bobby Eldridge, Jenny March, Michelle Wickoff, Andy Marchant. Row 3: Mr. Saltz, A.J. Jones, Emily Andretta, Reina Meadows, Jonathon D'Alessandro. Row 4: Jane Minnoe, Teri Leake, Super Charlotte Crosby, Leslie Meadows, Jonathan D'Alessandro. Row 5: Jane Minnoe, Teri Leake, Brian Pittler, Erin Esap, Eleanor Jusino, Melissa Polan, Amanda Cadger, Kim Kuchoch, Pam Medley, Katherine Demchak. Back Row: Mark Clark, Megan Boehl, Derek Shea, Chris Grossi, Evan Fulmer, Chris Lambert, Daniel Kuckuck, Andy Kavina, William Wavak, Richard McGrady.



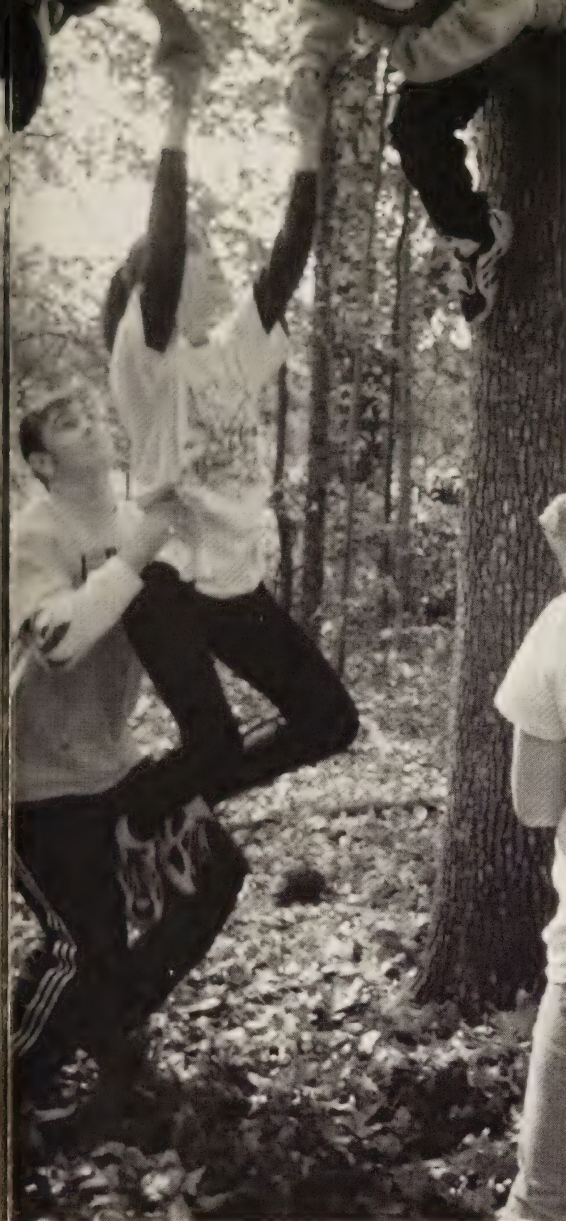
Latin Honor Society

Front Row: Teri Leake, Eleanor Jusino, Jeni Dixon.
Back Row: Mr. Saltz, Matt Downey, Eric Wright, Betsy Chilton.



Library Aides

Front Row: Elisha Wimmer, Brandon Rice. Row 2: Danielle Lowe, Sara Hansen, Kristina ?. Back Row: Alfred Kamara, Nick Ridgely, Jesse Morgan, Andy Wright, Betsy Chilton.



Using teamwork, Craig Pennington lifts Jenny Manch, the sophomore class secretary, over a seven foot pole. All school leaders were invited to a Ropes Course to work on teamwork skills.

Leaving his mark, Justin Duchemin stays after school to help decorate the Senior Class banner. The banner was then draped over the senior territory in the Commons.



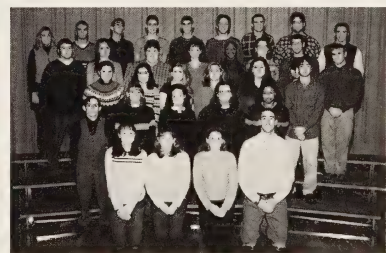
Collecting junior dues during lunch time, sponsor Mrs. Mills shows Secretary Chrissy Soper and Emily Viventi how to make receipts. In exchange for the dues of ten dollars, the board gave out candy bars.



National Art Honor Society
Front Row: Stephanie Rickard, Felicia Jones, Tanisha Jackson, Kimorton. Row 2: Mario Sanchez, Anna Sanchez, Nora Sanchez, Neke Trent, Sabrina Chambers. Row 3: Elmer Lovo, Ho Yeung, Fred Kamara, Saurin Jhaveri, Jessica Spears, Tyana Williams. Back Row: Ms. Paytes, Dadwin Hernandez, Wai Yeung, Martin Finemann, Latoya Clark, Shauna St.Clair, Jekisha Elliott.



National Art Honor Society
Front Row: Mike Herbek, Kate Reynolds, Carly Medosch, Melissa Burke, Katie Mager. Row 2: Jennifer Wooten, Eydie Torres, Robin Farmer, Robin Barnes, Amanda Wood, Anthony Quirante. Row 3: Chauntel Hill, Kristen Lundholm, Jonathun Catapano, John Lee, Heather Settle. Back Row: Jenny Powell, Najah Grant, Brian French, Tyler Kauffman, Billy Dicks, Danny Sullins, Drew Breen.



National Art Honor Society
Front Row: Katie Mager, Sara Hansen, Megan Driest, Amir Raminpour. Row 2: Wayne Knepp, Melissa Burke, Sarah Stalnaker, Cassie Fawcett, Jeanelle McKenney. Row 3: Betsy Chilton, Eleanor Jusino, Retha-Lynn Haislop, Erin Herndon, Jaime Wolfe, Manny Smith. Row 4: Andrew Clayton, Tiffany Lutz, Poriny Johnson, Jennifer Calabiano, Aija Grant, Lauren Fiske, J.T. Garber, Jimmy Kline. Back Row: Trisha Filter, Justin Kauffman, Michael Holian, Megan Grimes, David Hetrick, Mike Herbek, Andy Wright, Doug Gebert, Eric Wright.

speaking the LANGUAGE

The language clubs were heavily involved because a majority of the students were enrolled in a foreign language. Although being in a language club required hard work and long hours, the attendance and membership numbers soared. "We worked hard putting things together and keeping the club straight," said Judy Shepherd. The Spanish Club was the most popular club. They made a

served as Vice President of her club. They also participated in the Back To School Bash and won an award for their decorated car. The Latin Club, also active, sponsored by Mr. Saltz, did enjoyable activities including Letters to Santa, a popular holiday treat for the givers and the receivers, the sending of baskets to nursing homes, and the March of Dimes walk-a-thon. "The stuff that we did was

Language clubs were among the most popular and active organizations: Spanish, French, Latin, and German

Homecoming banner, went to Busch Gardens, and had a pumpkin carving competition. "The trips that we took were really cool and I learned a lot about the Spanish people, but most of all I just had fun," said Andrea Carpenter. The French Club cannot be forgotten for their famous restaurant trips. "I loved going to the restaurant because it has different food and a different atmosphere: you sort of feel like you are in France," said Whitney Zacchetti. Whitney

pretty cool, I mean we helped out the community, but we also learned more about our language," said secretary Renee Eldridge. The last of the language clubs was the German Club. They made a Homecoming banner. By the end of the year, students knew more about their language and its country. But the best part was all the fun and the memories that each club had. *by: angela shelton*

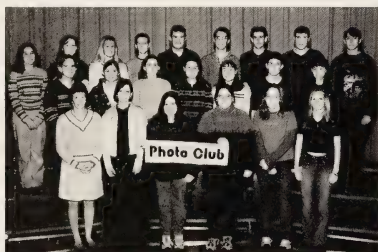


Photo Club

Front Row: Mrs. Aleo, Becca Neese, Megan Herwick, Anna Gutierrez, Angela Shelton, Melanie Breeden. Row 2: Katrina Tantzian, Jennifer Stello, Megan Driest, Kelli Collison, Katie Mager, Tori Meeks, Pam Medley. Back Row: Eleanor Jusino, Erin Estep, Renee Eldridge, Kyle O'Brian, Justin Gray, Justin Kirkland, Jason Hranek, Drew Breen, Eric Deibel



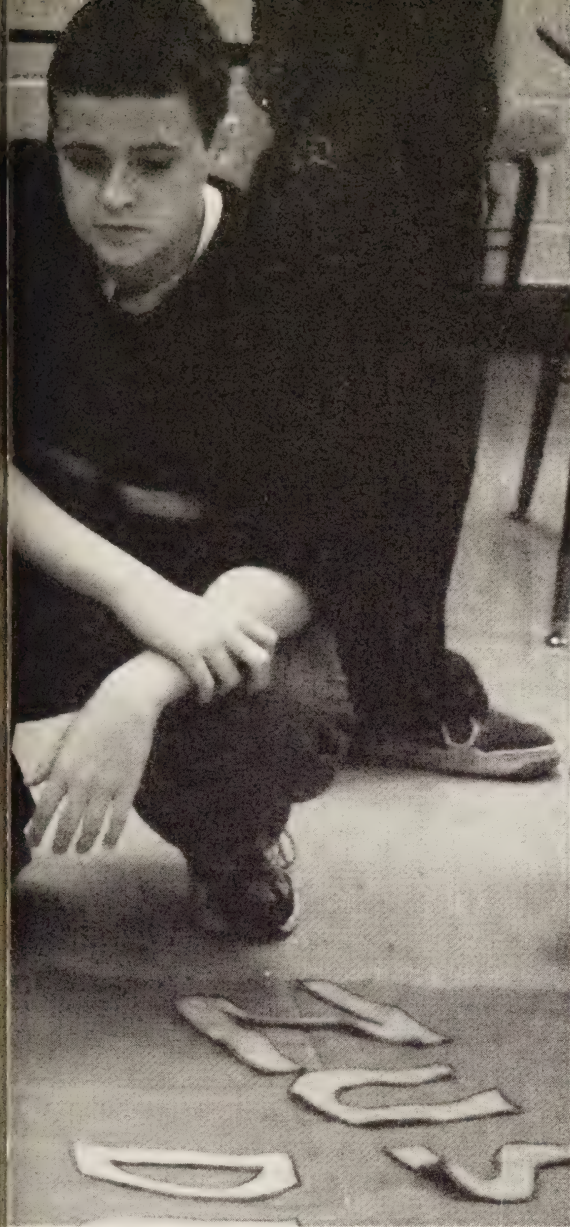
Spanish Club

Front Row: Sabrina Chambers, Teneka Trent, Sarah Ruggieri, Amanda Hawn, Jennifer Keller, Chasity Williams. Row 2: Shauna St.Clair, Jekisha Elliott, Becca Neese, Angela Shelton, Beth Benshoff. Back Row: Justin Gray, Courtney Carbaugh, Sara Burhans, Quinn Adams, John Duncan



French Club

Front Row: Suzanne Ivey, Sarah Stalnaker, Nikki Schaffler, Reena Rexrode, Tracey Payne, Nikki Prickett, Angela DiBella. Row 2: Amber Payne, D'Anna Huber, Sierra Hilliard, Erin Herndon, Kaitlyn Jones, Retha Haslop, Jennifer Keller, Adriane Mason, Jimmy Kline, Beth Bershoff. Row 3: Steve Hertzog, Erin Estep, Lauren Fiske, Scott Kline, Andrew Clayton, Shannon Moore, Trisha Filter, Melissa Fernman, Tanisha Jackson, Nathan Striegler. Back Row: Adam Sapp, Brian Verna, Nathan Broughton, B.J. Ennis, Joey Hess, Mike Craig, Justin Anderson, Craig Pennington, David Hetrick, J.P. Hansen, Dustin Morgan



Being in the German club offered many opportunities. Richard McGrady gives his insight in the making of the Homecoming banner.



At the Back to School bash, the French Club won Most Creative for their car which depicted the French colors and their name. Megan Driest gives Jenny Jaquay the award.

Rehearsing for the ESL dinner, Mrs. Lee and fourth year Spanish student Bobby Mitchell sing and play Spanish songs in order to perform them at the banquet. The dinner featured cultural music and food.



Front Row: Mrs. Hunt, Lindsay Martin, Erin 'etherby, Krystle Ryan, Stacy Hunt. Back Row: pril Smith, Ashley Byrd, Ben Perry, Justin Lapier



GCA Executive Board

Front Row: Cara Craig, Emily Viventi, Andy Anderson, Erin vonOeyen, Melissa Eckelberry. Row 2: Mrs. Lanceley, Beth Benshoff, Meghan Alvarado, Melissa Hafner. Back Row: Kira Anderson, Tiffany Lutz, Chris Midlin, Lindsey Mohr



Peer Mediators

Front Row: Retha-Lyn Haislop, Stephanie Rickard. Back Row: Penny Johnson, Tanisha Jackson

HONOR

There are clubs...and then there are honor clubs. These organizations are designed to give their members a chance to excel in academics and service to the community.

The most common honor club that maintains about 40 members each year was the National Honor Society, sponsored by Mrs. Dewey. Activities in which the club participated were the tutoring

Another honor club was the Spanish Honor Society, sponsored by Mrs. Rucker. An Activity much needed that the Spanish Honor Society volunteered for was tutoring the English as a Second Language students. The society participated also in community projects and school events.

"We had a winter festival for the ESL students

Even though the Honor Societies demanded more, they were rewarding.

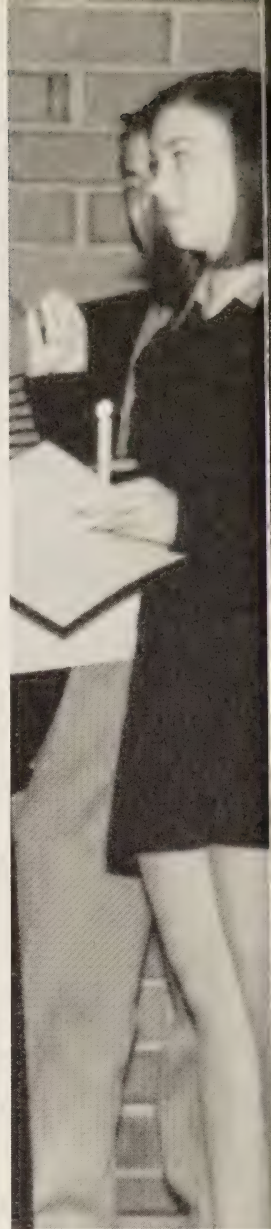
program at Courtland Elementary School, visitations to the Hughes Home for Adults, volunteer work at the St. Vincent DePaul thrift shop, and other service oriented tasks.

Requirements were usually a must for the honor societies and the National Honor Society was no exception. Members had to keep a relatively high GPA and cumulate individual service hours per semester. The NHS received the Rappahannock Area United Way Community Service award for their excellent program.

and family. We sang songs in Spanish and ate lots of cultural food," says Erin Herndon.

Since the honor clubs consisted of upper classmen, there were often times when they were called upon to be Cougar Tutors to the underclassmen who were having trouble with their particular subject. Other honor clubs offered to upperclassmen were the National Art Honor Society, the French Honor Society and the Latin Honor Society.

BY: TARA VADEBONCOFUR



NHS Representatives

Front Row: Megan Driest, Tara Longridge, Meghan Gleason, Elizabeth Simpson, Lindsay Schmidt, Kaitlyn Jones, Angela DiBella, Kate Reynolds, Dianne Jarnecki Row 2: Manny Smith, Jimmy Kline, John Lee, Jeanelle McConney, Renee Eldridge, Shannon Moore, Adriane Mason, Maureen Jones, Courtney Carbaugh Back Row: Kelli Harris, Lauren Rojek, Tiffany Lutz, Kira Anderson, Ashley McDougal, Nick Ridgely, Joey Hess, Justin Anderson, Amir Raminpour



SLA Representatives

Front Row: Elleni Whitney, Carrie Keller, Ellen Prince, Sarah Heller, Beth Benshoff Row 2: Kimmy Cottle, Emily Rogers, Marin Nichols, Jennifer Stello, Megan Little Row 3: JP Hansen, Nathan Striegler, Chrissy Soper, Jennifer Powell, Stephanie King, Back Row: Cooper Dawson, Peter Kang, Tanisha Jackson, Aija Grant, Mark Bonin, J.T. Garber, Derek Hanlin, Craig Pennington



Senior Board

Front Row: Josh McKenrick, Nathan Striegler, Tiffany Lutz, Robin Barnes, D'Anne Huber Row 2: Erin Herndon, Melissa Feinman, Sara Hansen, Melissa Burke, AnnMarie Breen, Meghan Alvarado Back Row: Megan Driest, Hilary Deihl, Andrew Clayton, Mark Bonin, Kate Reynolds, Sarah Stalnaker, Betsy Chilton



During the induction of the National Honor Society, Michelle Lancaster, Carly Medosch, and Kira

Anderson repeat after Mrs. Dewey what they need to say to become an official member of the Honor Society. Juniors and seniors

were the only ones allowed to join the National Honor Society.



For an art project, Melissa Burke, helped by Katie Major, molded her feet. The AP Art Class which consisted of Art Honor Society members incorporated their classroom projects into club activities.

Helping out at the elementary school, Tiffany Lutz plays a game with some of the students in the hall. "I love going to the elementary school because the students really appreciate you coming to see them and help them. They really make you feel like you are doing something good," said Tiffany Lutz.



Sophomore Class Board
Front Row: Jen Manch, Beth Benshoff, Amanda Lawn Back Row: Justin Gray, Courtney Carbaugh, Lauren Jones, Rhonda McCarthy



Spanish Club
Front Row: Craig Pennington, Melissa Feinman, Hilary Dehr, Jenny Hawkins, Bobby Mitchell, Nikki Schaffer, Arline Lopez, Ellen Prince, Jeff McDermott Row 2: Chrissy Soper, Brandon Meadows, Eddie McDaniel, JT Hansen, Nathan Striegler, Megan Driest, Kira Anderson, Rhonda McCarthy, Mark Bonur, Shannon Brooks Row 3: Brian French, Walter Teter, Matt Mastalski, Nick Ridgely, Cara Craig, Chris Stretton, Richard Frail, JT Garber Back Row: Justin Dehr, Justin Gray, Drew Friscoe, Jeremy Lundin, Paul Hibbs, Mike Craig, Jason Jones, Sam Brown, Brian Verna, Matt Davidson, Doug Gebert



Spanish Club
Front Row: Bobby Mitchell, Jeff McDermott, Melissa Feinman, Jenny Hawkins, Hilary Dehr, Craig Pennington, Ellen Prince, Tracey Payne, Nikki Schaffer Row 2: Stacy Hunt, Sarah Smith, Chasity Williams, Josh Feldman, Kimmy Cottle, Emily Rogers, Marin Nichols Row 3: Rebecca Francis, Alex Caldwell, Rebecca Neese, Jusen Garcia, Jenny Geiger, Ben Perry, Melody McCarthy, Sabrina Taghizadeh, Jennifer Stello Row 4: Laura Salsby, Nick Martinez, James Schuler, Billy Martin, Emily Jackson, Jen Keller, Jennifer Cruz Back Row: Tim Dodd, Alberto Velez, Joe Clarke, Maurxen Jones, Adam Chaney, Thomas Blake, Jon Hawkins, Jarred Roehner, John Lee, Jamie Smith

read the fine PRINT

There are clubs that technically were considered a course but the students involved in journalistic clubs feel that they are like a club.

"I still consider yearbook an extracurricular activity because of all the time I spend with it out of class time, even though I get a credit for taking the class," said Megan Grimes, editor-in-chief of the yearbook, *Tracks*. This stands for the newspaper staff as well, seeing that they spent fifth period

Aleo, how to print black and white pictures and improve their photography skills.

"We take a lot of trips to parks and when you get the pictures back you become very impressed with your work," said Drew Breen.

Courtland's Chronicle, the newspaper, worked hard all year to create an edition for each month which was passed out during the lunch shifts. Miss Pitts sponsored the creative minds behind the news

Whether writing copy to be published or taking the perfect picture, students were involved in journalism.

class of the day. Although they were credits, all involved knew that the curriculums of the classes were different than other classes.

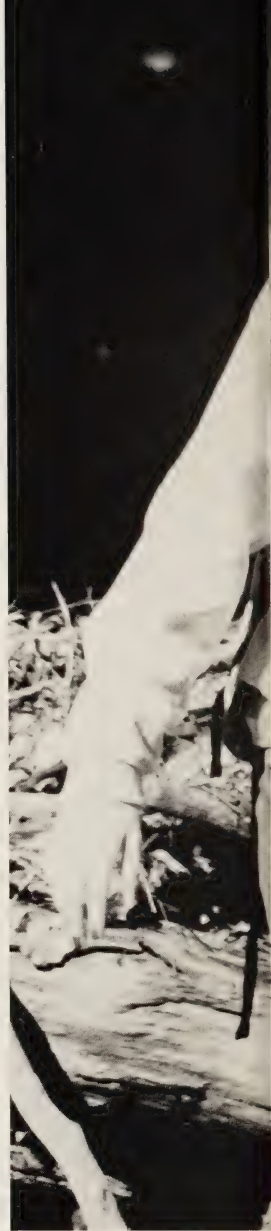
The Photography Club was more of a hobby than a service or community club. The club took various field trips to mountains, state parks, battlefields, and downtown Fredericksburg. The club had guest speakers from the local newspaper, The Free Lance Star, and also some local professional photographers. The members were taught by their sponsor, Mrs.

at Courtland. The paper's editors and staff won awards for their jobs well done.

"The class is enabling me to pursue my career in journalism. This is my third year and I have learned so much," said assistant editor Amy Rance. The students know the class is difficult and there is always work to be done.

"Given the fact that deadlines are crazy, we have a lot of fun," said Angie Filmeck and Mike Craig.

by: Kira Anderson



Front Row: Jeff McDermott, Bobby Mitchell, Arline Lopez, Melissa Feinman, Jenny Hawkins, Hilary Dehr, Nikki Schaffer, Ellen Prince, Craig Pennington Row 2: Jackie Ripollone, Rachel Yovino, Retha Haislop, Faith Resto, Mr. Waltman, Kelly Rohring, Tracey Payne, Amy Dameron Row 3: Emily Vincente, Kristin Lundholm, Tara Vadeboncoeur, Mark Clark, Dee Hilliard, Gloria Lovo Back Row: Jacob Edmonds, Lane Brooks, Jonathun Catapano, Will Richardson, Gordon Meadows, Kate Reynolds, Dianne Jarnecki, Erin vonJeven, Andrew Clayton



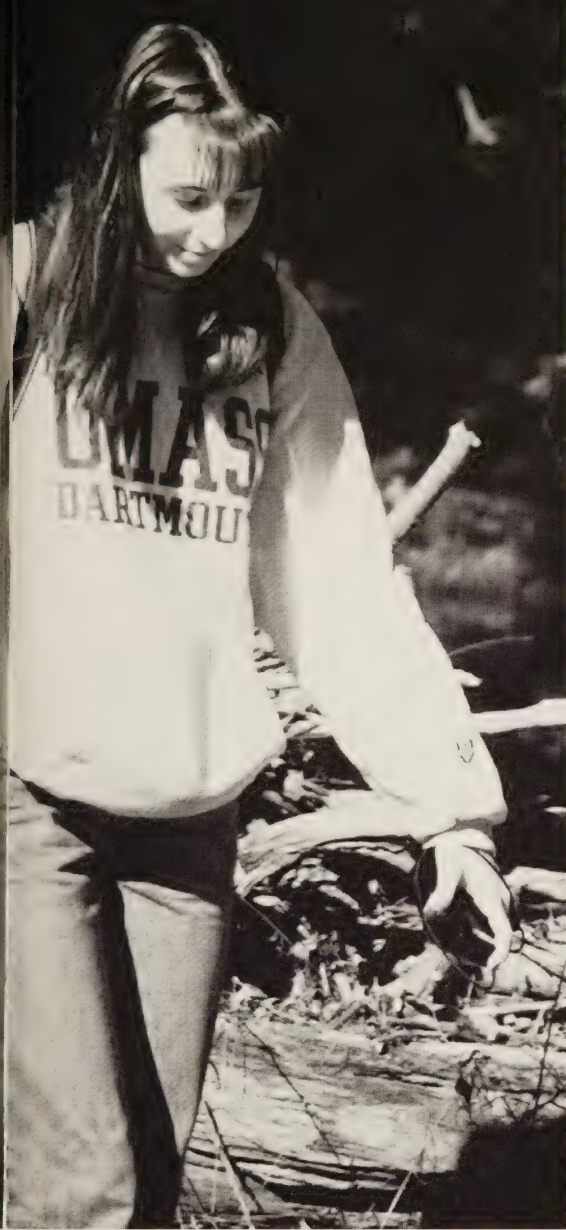
Spanish Honor Society

Front Row: Arline Lopez, Tracey Payne, Elizabeth McCeney, Amy Herman Row 2: Cassie Fawcett, Kelly Minkin, Erin Herndon, Kaitlyn Jones, AnnMarie Breen Row 3: Jenny Hawkins, Erin vonOeyen, Bobby Mitchell, Jennifer Caltabiano, Lauren Fiske, Shomir Wilson, Back Row: Jaime Wolfe, Justin Kirkland, Tanisha Jackson, Mike Herbek, Andrew Wright, Brian Verna, Matt Davidson, Doug Gebert



Step Team

Front Row: Stephanie Rickard, Felicia Jones Row 2: Jekisha Elliott, Janeen Garrett, Shanea Bryant Row 3: Kim Anderson, Nicole Carter, Zavia Gaine, Varonica Phillips, Mrs. Mason Back Row: M. Haynes



It was the perfect shot.

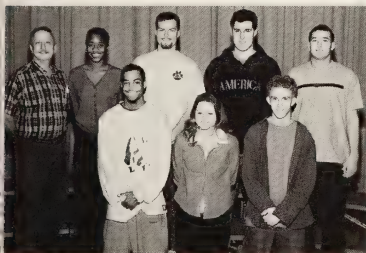
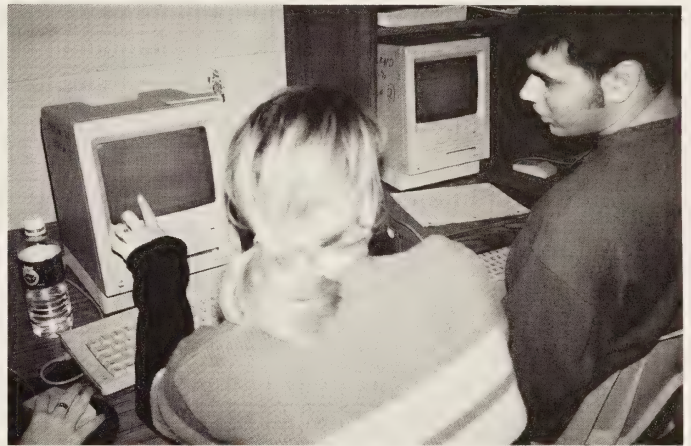
During one field trip sponsored by the Photography Club, Katie Mager makes her way through the woods

hoping to get a perfect picture of the leaves changing. An outing behind the school was a perfect photo-op when the seasons changed.



The final draft! The newspaper editor, Chris Vestal, completes his final draft of the copy for a month of the Chronicle, which was distributed monthly. Journalism class was during fifth period and was sponsored by Miss Pitts.

Nothing like peer editing. Shannon Filmeck consults Mike Craig, the sports editor for the newspaper for an insight on her copy. Peer editing was sometimes needed for a second opinion about a piece of writing.



S.A.
Front Row: Adrian Gibson, Stacey Martin Back Row: Mr. Stanislawski, Najjah Grant, Caleb Fulks, ryan Fitch, Richard Frail



Virginia Math League

Front Row: Leslie Meadows, Scott Kline, Bobby Mitchell, Kaitlyn Jones, Megan Driest, Jennifer Jaquay, Sarah Stalnaker Row 3: Manny Smith, Jeff McDermott, Jason Webb, Nathan Striegler, Kira Anderson, Hunter Woodard, Erin vonOeyen, Jeanelle McKenney Back Row: Cooper Dawson, Josh McKenrick, Mike Craig, Joey Hess, Jason Jones, Craig Pennington



Virginia Math League

Front Row: Jenny Hawkins, Jennifer Sullivan, Allen Grim, Maria Olson, Shomir Wilson, Mike Holian Row 2: Jennifer Powell, Jacob Sapp, Jimmy Nurmi, Lauren Fiske, Katie Mager, Eric Wright, Lindsay Judice Back Row: Matt Downey, Matt Davidson, Matt Sokolowski, Andrew Wright, David Hetrick, Brian Verna, Caleb Fulks, Doug Gebert

talking it OUT

Working for long hours after school and traveling to many tournaments, the Debate Team was always prepared for their competition.

The team was divided into three styles of debate. Carla Graube and Michelle Lancaster are the two captains of the Policy Debate Team. This style of debate is divided into teams of two that challenged other debaters on subjects relating to government and society. Shomir Wilson was a head captain of

The Forensics Team attracted members not only from Courtland but also from Spotsylvania High School, such as junior Liz Boyd. Old members who had been on the team combined with new members to form a strong force going into the Districts which took place on February 10. One of the new members, Megan Grimes said, "For my first time going to a Forensics Competition, I really enjoyed it. It is nice to see so many people wanting to speak in public."

Taking time to practice and prepare for a competition or a tournament, the Debate and Forensics teams surely do their fair share.

the Lincoln Douglas Debate team and said, "This style takes a lot of quick thinking, as we do not have much time during the debate rounds." Finally the last style of debate was Student Congress, lead by team captain, Lila Orrock. "Student Congress is much like Mock Congress. It is fun and a great way to meet new people," said Orrock.

For many of the new and old members they agreed with Grimes and thought the same way. Erin Estep and Andy Anderson placed second in Duo Interpretations at the District tournament. "Andy and I work well together and at the district tournament faced tough competition and managed to have placed in Regionals," said Erin Estep.

By: Drew Breen



Debate Team

Front Row: Stephanie King, Vanessa Lantis, Melissa Hafner. Row 2: Carla Graube, Lila Orrock, Erin Estep. Back Row: Mr. Nesbitt, Matt Banville, Lee Williams, Mark Bonin, Cara Craig, Andy Anderson.



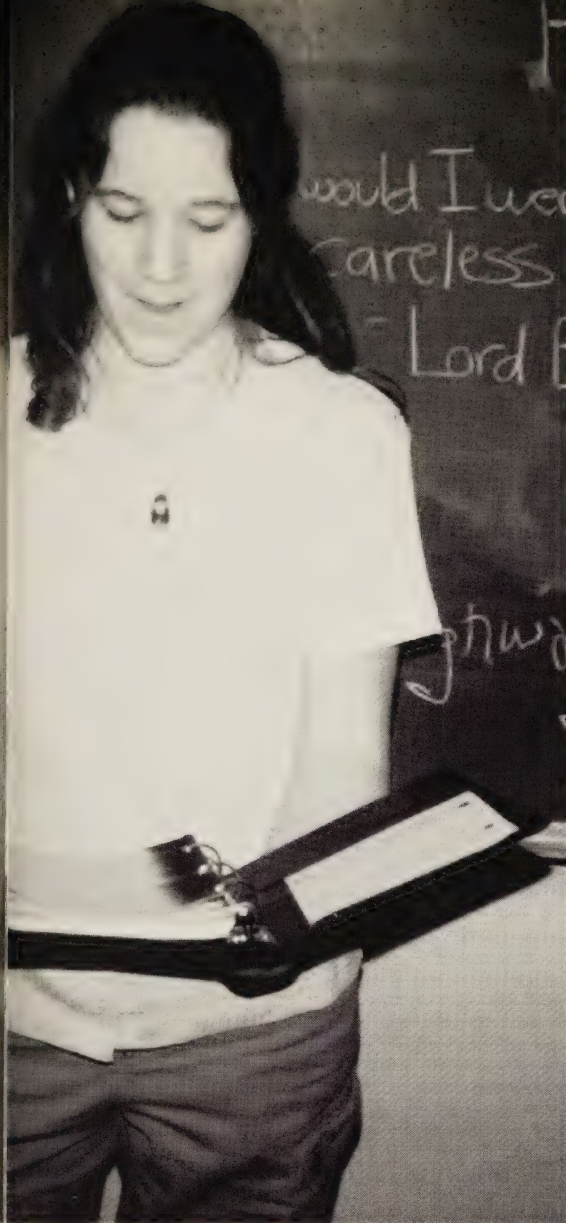
Academic Team

Front Row: Shomir Wilson, Reena Rexrode, Josh McKenrick, Dr. Walker. Back Row: Chris Vestal, Michael Herbek, Matt Downey, Michael Holian, Brian Pittler.



Cat's Eye

Front Row: John Lee, Robin Farmer, Whitney Zaccetti, Jenny Jaquay. Back Row: Chris Vestal, Jenny Hawkins, Michael Monteforte, Christina Gleesing, Mrs. Haynes.



Speaking in her first Forensics competition, Sheila Jacobs recites her poetry piece. Jacobs found that Forensics

was a great way to be involved with not only her own student peers but also with students from other high schools.



At James Wood High School during a Debate trip, Lila Orrock speaks in front of strangers during Student Congress. Conquering fears of public speaking were no problem for debaters and public speaking.

Celebrating after a victory at one of the various debate tournaments, Amanda Francis and Jenny Geiger strike a pose. "Winning just would make your day and is the best thing to happen to you after working so hard for a competition," said Amanda Francis.



Chorus Club
Front Row: Retha Haislop, Teri Leake, Tanisha Jackson, Chad Lamb, Becca Zubyk. Row 2: Melissa Ave, Pamela Dickerson, Aija Grant, Jennifer Altabiano, Renee Eldridge, Justin Kauffman.



Cougar Tutors
Front Row: Erin vonOeyen, Kate Reynolds, Kelli Collison. Row 2: Jamie Smith, Jacob Sapp, Andrew Clayton, Josh McKenrick. Row 3: Chris DeBlanc, Ben Brichetti, Justin Kirkland. Back Row: Mike Herbek, Megan Grimes, Tanisha Jackson.

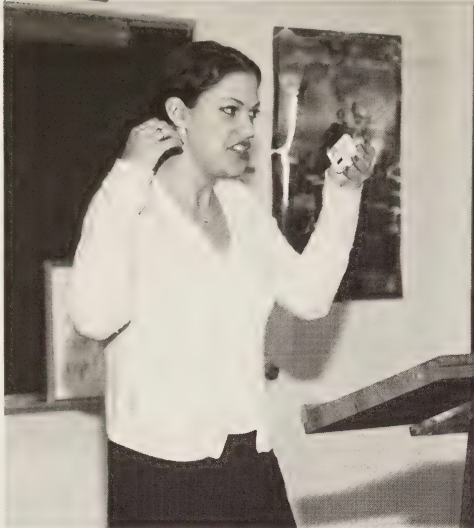


Debate Team
Front Row: Katherine Demchak, Lila Orrock, Amanda Francis, Faith Morgan. Row 2: Jenny Geiger, Laura Eckenrode, Justin Gray, Doug Gebert, Raymond Lillie. Back Row: Shomir Wilson, Carla Graube, Bobby Mitchell, Michelle Lancaster, Eric Diebel.

Although not debating at the UVA tournament, Michelle Lancaster speaks with confidence at a tournament held at Courtland High School. This tournament included area schools as well as long distance competitors.

A major key of debating is to express emotion and intense gestures. Carla Graube demonstrates her ability to get her point across in the Courtland debate tournament.

The qualifiers for the State tournament included Jenny Stein, Elizabeth Demchak, Carla Graube, and Michelle Lancaster. Graube and Lancaster won first place at the State competition.



The State Champions for the VHSL State Competition in the category of Affirmative Policy Debate were Michelle Lancaster and Carla Graube. They won the 1997-1998 tournament and vowed to do it again.





what's your BEEF?

Debaters Michelle Lancaster and Carla Graube, as well as several other members of the Courtland High School Debate Team, know all too well the amount of exhaustive and time-consuming work that is needed to prepare well for a Debate tournament against the state's best teams.

They know how heavy those enormous black containers weigh and exactly how much information they can cram into them. No other tournament was

Countless hours were spent filing blocks and finding cards. The team of Carla Graube and Michelle Lancaster debated for six intense rounds which included thirteen minutes of speech and debate, three minutes to question the opponent and eight minutes to prepare for the round. Each round is approximately an hour and a half long.

Graube and Lancaster worked well as a strong team and have competed together for more than two

The Debate Team traveled to the University of Virginia to compete in the Virginia High School League State tournament and made history when they won First Place.

more memorable for Graube or Lancaster because at this particular competition they captured the gold.

This past spring, in May, the Courtland High School Debate Team traveled to the University of Virginia to debate at the Virginia High School League State level. After taking first place at the District and Regional levels, beating out some of the best teams in Virginia, the tremendous amount of hard work started to pile up.

years. The other competitors in the State competition included Elizabeth Demchak and Jenny Stein.

As well as the State tournament at the University of Virginia in Charlottesville, the Debate team has travelled to compete in the Harvard Debate competition, which some have lasted for more than a school week. This amount of time spent away from school reflected on the members' excellent responsibility skills and academic standings.

Story as told to Megan Ormes



HERE **AND** THERE

COMMUNITY & INDEX



INVOLVED

Kelli Harris and Mike Arrigan chat during their Catholic study class about their upcoming ski trip to Bryce Resort. Their high school class took field trips and served the community as well as learned about Catholicism.



Here, there...everywhere! That was how some people felt about their activities and the places they went. Community service and involvement is so important in high school and for the majority of the students, they realized that. Not only does community involvement look advantageous on a college application but more importantly, it provides the youth with a voice, heart, and hand with which to speak, help and heal. More often than not, as community services were performed, students felt humbled and really worthy. To make community involvement easy, clubs and classes took field trips and provided opportunities for individual projects. The Meteorology class for example, visited the weather station to learn details of the weather. The Biology classes took a field trip to Virginia Beach and studied ocean life. The National Honor Society and the Hi-Y Club frequented to the area nursing homes and the art classes went to art museums to view famous paintings. Wherever the trip, however the way, and whatever the subject, students were involved and became a big part of the community.

OUT 'N ABOUT

The Meteorology class appeared on the community, visiting channel 6 weather station. Mrs. Lawrence accompanied the class, taught by Mrs. Aleo, on their field trip. The class saw exactly how the meteorology program worked at a real station and received a hands on experience.

Meghen Alvarado- "I could have missed the pain, but I would of had to miss the dance." -Garth Brooks

Justin Anderson- "The good thing about music is that when it hits you, you feel no pain." - Bob Marley

Robin Barnes- "Smile, it is the key that fits the lock of everybody's heart." - Anthony D'Angelo

Corrie Beasley: "Free at last, free at last, thank God Almighty, free at last." - Martin Luther King, Jr.

Dana Bennett- "Perhaps they are not the stars, but rather openings in Heaven where love pours through and shines down upon us, making us happy." - Anonymous

Jennifer Bennett -"I came! I saw! I conquered!" - Julius Caesar

Andrew Berna- "A man is not finished when he's defeated, he's finished when he quits." - Richard M. Nixon

Shawn Blake- "Do you smell what the rock is cooking?" - The Rock

Ralph Block- "Unity, as one stand together." -Operation Ivy

Lynne Blosser- "This little light of mine, I'm gonna let it shine." - Church Hymnal

Mark Bonin- "They're all gonna laugh at you." - Adam Sandler

AnnMarie Breen- "Failure isn't so bad if it doesn't attack the heart. Success is all right if it doesn't go to the head." -God's Little Instruction Book on Success

Ben Brichetti- "When you sit with a nice girl for two hours, you think it's only a minute. But when you sit on a hot stove for a minute, you think it's two hours." - Albert Einstein

Sam Brown-"Imagination is more important then knowledge." Ed Boon & John Tobias

Jody Bryant- "I realized I better enjoy and appreciate and contribute as much as I can today because all of this could be gone tomorrow." - Davey Allison

Melissa Burke- "Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." - Mark Twain

Ryan Bushnell- "If you are able to measure how much you love, you love little." - Petrarch



1. Meghen Alvarado 2. Andy Anderson 3. Rocky Anderson 4. Robin Barnes 5. Dana Bennett 6. Shawn Blake 7. Lynne Blosser 8. Mark Bonin 9. AnnMarie Breen 10. Amanda Brookman 11. Nathan Broughton 12. Melissa Burke 13. Jennifer Caltabiano 14. James Carr 15. Betsy Chilton



1. Andrew Clayton 2. Danielle Coleman 3. Kelli Collison
 4. Meghan Cosgrove 5. Amber Cox 6. Cara Craig 7. Persia Davis
 8. Hilary Deihr 9. Angela DiBella 10. Virginia Dickerson
 11. Joshua Dotson 12. Megan Driest
 13. Shannon Dunkle 14. Erin Estep 15. Cassie Fawcett

Jennifer Caltabiano- "I close my eyes only for a moment and the moment's gone... Dust in the wind." - Kerry Livgren

Tiffany Carter- "I like not knowing where I'm going, who I'll meet or where I'm going to end up." - Titanic

Melissa Cave- "Nature's first green is gold/her hardest hue to hold. Her earthly leaf's a flower/ but only so an hour. Then leaf subsides to leaf. So Eden sank to grief. So dawn goes down to day/ nothing gold can stay." - Robert Frost

Betsy Chilton- "The optimist sees the doughnut, the pessimist, the hole." -McLanburgh Wilson

Andrew Clayton- "We are all born ignorant, but one must work hard to remain stupid." Benjamin Franklin

Kelli Collison- "When you reach for the stars, you may not quite get one, you won't come up with a handful of mud either." - Leo Burnett

Meghan Cosgrove- "Wherever you go, no matter what the weather, always bring your own sunshine." - Anthony J. D'Angelo

Amber Cox- "Love looks not with the eyes, but with the mind."- William Shakespeare

Patricia Danforth- "Do not go where the path may lead, go instead where there is no path and leave a trail." - Ralph Waldo Emerson

Cooper Dawson- "I'd rather be rich than stupid." Anonymous

Hilary Deihr- "Love has nothing to do with what you are expected to get, it is what you are expected to give, which is everything." - Anonymous

Maria Diaz- "I can do everything through Him who gives me strength." Philipians 9:13

Angela DiBella- "Always do good, this will gratify some people and astonish the rest."-Mark Twain

Jason Dick- "If you have no confidence in self, you are twice defeated in the race of life. With confidence, you have won even before you started." - Marcus Garvey

Virginia Dickerson- "Every shot will be missed, for those who aren't willing to take them."-Anonymous

Gail Divver- "I owe him little duty and less love." -Henry VII

Megan Driest - "When I stand before God at the end of

my life, I would hope that I would not have a single bit of talent left and could say, 'I used everything you gave me.'"-Erma Bombeck

Cedric Ebodaghe- "Success for the striver washes away the effort of striving." -Pindar

Erin Estep- "There is no psychiatrist in the world like a puppy licking your face." - Chicken Soup for the Pet Lover's Soul

Ryan Falls- "Human as to human, the future is no place to place your better days." - Dave Matthews Band

Cassie Fawcett- "A dreamer is one who can find his way by moonlight and his punishment is that he sees the dawn before the rest of the world." -Oscar Wilde

Melissa Feinman- "Obstacles are those frightful things you see when you take your eyes off your goal." - Henry Ford

Angela Filmeck- "You can consider yourself free to flirt and chat with whomever you want. It should have always been that way." - 311

Lauren Fiske- "Mediocrity knows higher than itself, but talent instantly recognizes genius." - Sir Arthur Conan Doyle

J.T. Garber- "Don't always follow the crowd because nobody goes there anymore. It's too crowded." -Yogi Berra

Janeen Garrett- "Enjoy yourself. These are the good old days you're going to miss in the years ahead." Chicken Soup for the Teenage Soul

Doug Gebert - "He who learns must suffer and even in our sleep, pain that cannot forget falls drop by drop upon the heart, and in our own despair, against our will comes wisdom to us by the aweful grace of God." Aeschylus

Shawn Gill- "I've grown my wings, I want to fly, seize my victories where they lie. I'm going, Mom, but please don't cry- Just let me find my way." - Brooke Mueller

Christina Gleesing - "Today, well lived, makes yesterday a dream of happiness, and tomorrow a vision of hope." -Unknown

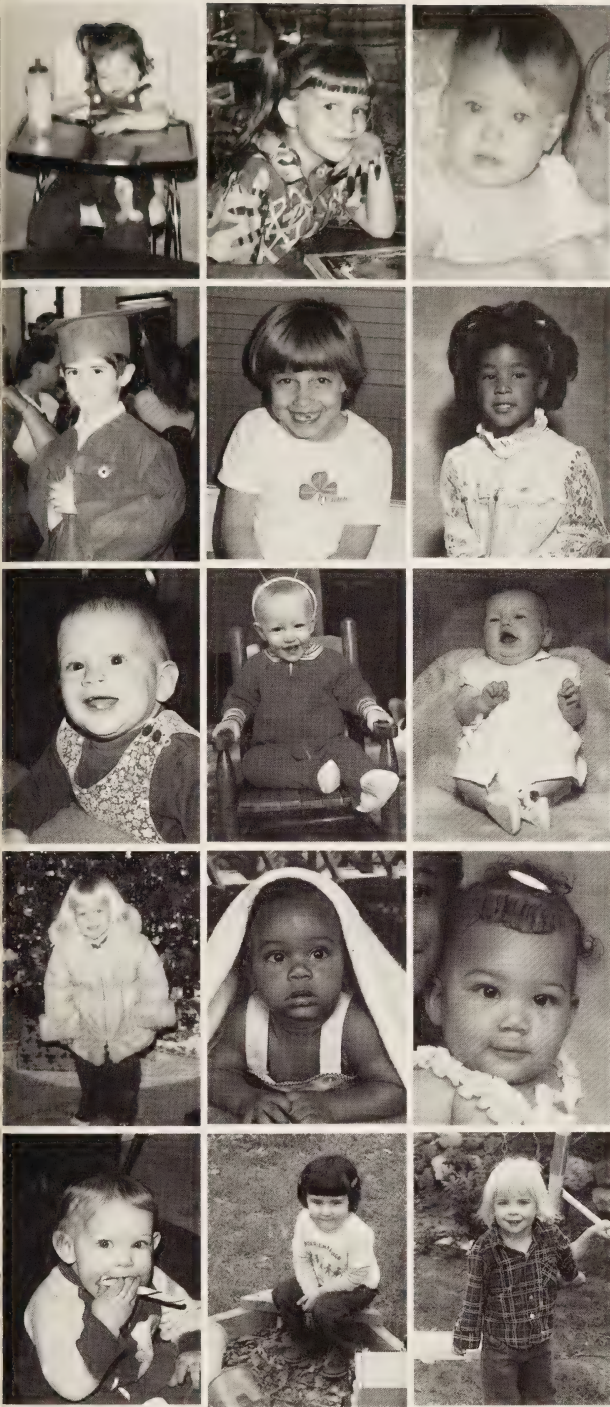
Lori Gorman- "I am ready to learn but do not always like being taught." -Winston Churchill

Matt Gorsuch- "As far back as I can remember, I always wanted to be a gangster." - Goodfellas

Aija Grant- "I sought my soul/But my soul I could not see./I sought my God/But my God eluded me./I sought



1. Trisha Filter. 2. Lauren Fiske. 3. J.T. Garber. 4. Shawn Gill. 5. Christina Gleesing. 6. Lori Gorman. 7. Matt Gorsuch. 8. Aija Grant. 9. Megan Grimes. 10. Retha Haislop. 11. Sara Hansen. 12. Jenny Hawkins. 13. Mark Herbert. 14. Erin Herndon. 15. Joey Hess.



1. Cindy Hockaday. 2. Beverly Hodges. 3. Sara Holt.
 4. Eugene Honrath. 5. D'Anne Huber. 6. Tanisha Jackson.
 7. Jennifer Jaquay. 8. Dianne Jarnecki. 9. Penny Johnson.
 10. Jennifer Jennings. 11. Deron Jones. 12. Felicia Jones.
 13. Kaitlyn Jones. 14. Eleanor Jusino. 15. Bettina Justice.

my brother/And I found all three." -Chicken Soup for the Teenage Soul

Megan Grimes- "The race goes not necessarily to the swift but to those who keep on running." - Anonymous

Holly Haga - "When working with a newborn life, you have to have a gentle touch." -Dr. Herbert Richards

Retha Haislop- "Make yourself a blessing to someone; your kind smile or pat of the back just might pull someone back from the edge." -Camelia Elliot

Sara Hansen- "Life is like a dogsled team, if you're not the lead dog, the scenery never changes." -Lewis Grizzard

Jennifer Hawkins- "Life is a pure flame, and we live by an invisible sun within us." -Sir Thomas Brown

Martin Heinemann- "Believe- your mind sets your limits." -Houdini

Erin Herndon - "The journey in between what you once were and who you are now becoming is where the dance of life really takes place." -Barbara De Angelis

Jared Herwick - Once the music leaves your head, it has been compromised." -Sonic Youth

Cindy Hockaday- "Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born." -Anais Nin

Beverly Hodges- "One thing about the school of experience if that it will repeat the lesson if you flunk the first time." - Anonymous

Eugene Honrath- "Life's greatest happiness is to be convinced we are happy." - Victor Hugo

D'Anne Huber- "How beautiful it is to do nothing - and then rest afterward." Spanish Proverb

Tanisha Jackson- "Let me be patient, let me be kind, make me unselfish, with out being blind. Though I may suffer, I'll envy it not, and endure what comes, because He's all I've got." - Lauryn Hill

Dianne Jarnecki- "Life's a dance, you learn as you go, sometimes you lead, sometimes you follow." - John M. Montgomery

Deron Jones- " It is good to have an end to journey toward, but it is the journey that matters, in the end." - Ursula K. LeGuin

Felicia Jones- "The Lord is my light and my salvation, whom shall I fear/ The Lord is the strength of my life/ of

whom shall I be afraid." -Psalms 27

Kaitlyn Jones- "It's something unpredictable, but in the end it's right. I hope you had the time of your life." - Green Day

Amanda Justus-Gunn- "You can't always get what you want, but if you try real hard, you might just find, you get what you need." - Rolling Stones

Justin Kauffman- "And now these three remain: faith, hope, and love. But the greatest of these is love." -1 Corinthians 13:13

Erin Kidd- "Life is too important to be taken seriously." - Oscar Wilde

Hyun-Soo Kim- "What you do not wish for yourself, do not do to others." -Confucius

Justin Kirkland- "But at my back, I always hear Time's winged chariot hurrying near." -Andrew Marvell

Wayne Knepp- "I always turn to the sports page first. The sports page records people's accomplishments; the front page has nothing but man's failures." -Earl Warren

Michael Koehl- "What are you going to do, bleed on me?" -Monty Python

Kimberly Labbe- "A friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words." -Unknown

Michelle Lancaster- "Nothing is either good or bad but thinking makes it so." - Shakespeare

Vanessa Lantis- "When we can live for others, we no longer have to die for ourselves." - Alan Harris

David Lawrence- "Only two things are infinite: the universe and human stupidity, and I'm not sure about the former." -Albert Einstein

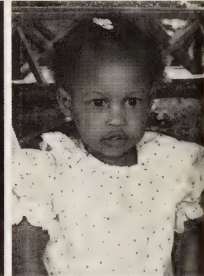
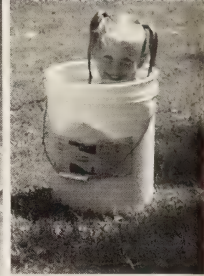
Arline Lopez- "Dream as if you'll live forever. Live as if you'll die today." -James Dean

Gloria Lovo- "The Lord is my shepherd, I shall not be in want." Psalm 23:1

Tiffany Lutz- "To sing well and to dance well is to be well educated." -Plato

Theron Maddy- "Politeness is the art of choosing among your thoughts." -Madame De Stael

Katie Mager- "The only reward of virtue is virtue; the only was to have a friend is to be one." -Ralph Waldo Emerson



1. Amanda Justus-Gunn 2. James Kline 3. Stacey Kralik
4. Kimberly Labbe 5. Michelle Lancaster 6. Vanessa Lantis 7. Arline Lopez 8. Kristin Lundholm 9. Tiffany Lutz 10. Meghan MacNair 11. Katie Mager 12. Jeanelle McKenney 13. Josh McKenrick 14. Chris Midlin 15. Kelly Minkin



1. Adrian Minor 2. Lindsey Mohr 3. Shannon Moore
4. Coralyn Morgan 5. Kathy Perkins 6. Danielle Prickett
7. Amir Raminpour 8. Dustin Ray 9. Kate Reynolds
10. Stephanie Rickard 11. Kristy Robinson 12. Lauren
Tojek 13. Erin Rollins 14. Pam Ryan 15. Nikki Schaffer

Andrew Mallett- "Pretend I'm the pizza delivery guy." - Adam Sandler

Jeanelle McKenney- "May you live your life so there is only standing room at your funeral." -Anonymous

Josh McKenrick- "One great mistake made of intelligent people is to refuse to believe that the world is as stupid as it is." - Madame de Tencin

Christopher Midlin- "They've got the guns, but we've got the numbers." - Jim Morrison

Kelly Minkin- "It takes a lot of understanding, time and trust to gain a close friendship with someone. As I approach a time in my life of complete uncertainty, my friends are my most precious asset." - Eyrnn Miller

Lindsey Mohr- "I may be a dumb blonde, but I'm not that blonde." - Patricia Neill

Michael Monroe- "One body, respect it; one mind, feed it; One life, enjoy it." -Des'ree

Michael Monteforte - "As much trouble to discover what was right as lesser men take to discover what will pay." - Confucius

Shannon Moore- "From this moment life has begun." - Shania Twain

Coralyn Morgan - "I can't believe it's time, but I'll try to say good-bye." -Jory Eve

Jennifer Morgan - "A dinner lubricates business." - William Scott

Ed Moss- "Excellence doesn't just happen. It must be forged, tested, and used. It must be passed down and woven into the very fabric of our soul until it becomes our nature." - General Charles C. Kruzak

Kristin Mundie - "Angel came down heaven yesterday, she stayed with me just long enough to rescue me." -Jimi Hendrix

Scott Nerdahl- "In this great future you can't forget your past." - Bob Marley

Dustin Nistle - "One good thing about music is that when it hits you, you feel no pain." Bob Marley

Tyrone Noel- "The best and most beautiful thing in the world cannot be seen or even touched. It must be felt by the heart." -Helen Keller

Chrisy O'Donnell - "In the end, we will remember no the words of our enemies; but the silence of our friends." -Martin Luther King, Jr.

Amber Payne- "Give me chastity and give me constancy, but do not give it yet." - The Saint

Brian Pittler - "It is better to know some of the questions than all of the answers." - James Thurber

Danielle Prickett - "I'd trade all my tomorrows for one single yesterday." Me and Bobby McGee

Kate Reynolds- "What lies behind us and what lies before us are tiny matters compared to what lies within us." - Ralph Waldo Emerson

Stephanie Rickard- "I can do all things through Christ who strengthens me." Phillipians

Kevin Rickens - "When you believe in yourself, anything is possible." Unknown

Kristi Robinson- "Some people come into our lives and quickly go. Some stay for a while and leave footprints on our hearts. And we are never, ever the same." - Chicken Soup for the Teenage Soul

Jeremy Rodgers - "So much depends upon a red wheelbarrow glazed with rain water beside the white chickens." - William Carlos

Lauren Rojek- "Can I go forward, when my heart is here?" - Romeo and Juliet

Erin Rollins - "Some people come into our lives and quickly go. Some stay for a while and leave footprints on our hearts. And we are never, ever the same." Chicken Soup for the Teenage Soul

Brett Rowley- "I like my sugar with coffee and cream." - Beastie Boys

Jaime Russell - "Our lives are better left to chance, I could have missed the pain, but I would have had to miss the dance." Tony Arata

Jacob Sapp - "It is well that war is so terrible - we would grow too fond of it." R.E. Lee

Nickki Schaffer - "Don't frown, you never know who is falling in love with your smiles." Shakespeare

Schalana Schantzen- "I've conquered my past. The future is here at last. I stand at the entrance to a new world." - Bono and Bob Dylan

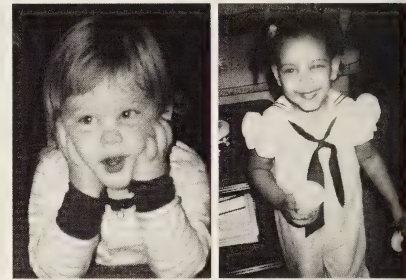
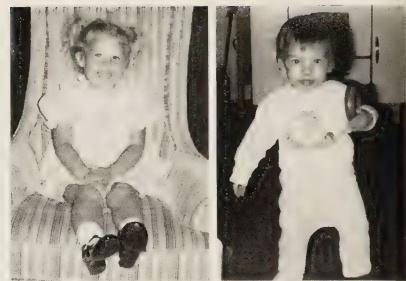
Heather Settle- "Wait for that wisest of all counselors, time." - Pericles

Steven Shepard- "Even if you're on the right track, you'll get run over if you just sit there." - Will Rogers

Tiffany Shepherd - "The path to true love has never proven to be smooth." Shakespeare

Chad Shupe- "So long and thanks for the all the shoes." - Nofx

Shannon Simmons - "No more promise, no more sorrow, no longer will I follow." - Billy Corgan



1. Heather Settle 2. Jennifer Shook
3. Manny Smith 4. Sarah Stalnaker
5. Tim Stanley 6. Catoria Stuart
7. Charlotte Takewell 8. Harlin Suttor



Jamie Smith- "Straight incarcerated, the curriculum's a cell block." - *Rage Against the Machine*

Manny Smith- "If you hold on tight to what you think is your thing, you may find you're missing all the rest." - *Dave Matthews Band*

Sarah Smith- "If you let something go, and it comes back to you, then you know it's yours." - *DMX*

Sarah Stalnaker - "To the being of fully alive, the future is not ominous but a promise; it surrounds the present like a halo." - *John Dewey*

Tim Stanley- "It's my job to keep punk rock elite." - *NOFX*

Nathan Striegler- "In three words, I can sum up everything I've learned in life. It goes on." - *Robert Frost*

Matthew Suplicki- "Determination sees the invisible, feels the intangible, and achieves the impossible." - *Kurt Angle*

Harlin Sutton- "Turkey for me and turkey for you, let's eat the turkey in my big brown shoe." - *Adam Sandler*

Charlotte Takewell - "Life's a party, so let's get out and strut." - *Rolling Stones*

Chris Vestal- "And so we beat on, boats against the current, borne back ceaselessly into the past." - *The Great Gatsby*

Erin vonOeyen - "Be not afraid of greatness. Some are born great, some achieve greatness and some have greatness thrust upon them." - *Shakespeare*

Kelli White - "I can't remember all the time I tried to tell myself to hold on to these moments as they pass." - *Counting Crows*

Lee Williams - "I'm a star, a big, bright shining star." - *Boogie Nights*

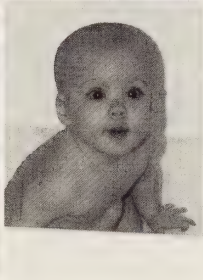
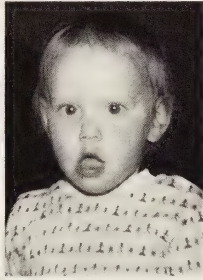
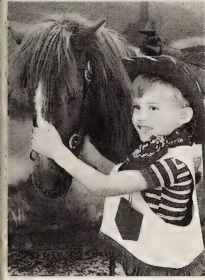
Elisha Wimmer- "I love not those who love in words alone." - *Antigone*

Jaime Wolfe- "Friends are angels who lift you to your feet when your wings forget how to fly." - *Chicken Soup for the Soul*

Jennifer Wooten- "Some people come into our lives and quickly go. Others stay for awhile and leave footprints on our hearts and we are never the same." - *Anonymous*

Eric Wright - "Every science and every inquiry, and similarly every activity and pursuit, is thought to aim at some good." - *Aristotle*

Bekka Zubyk- "The secret of contentment is the realization that life is a gift not a right. A man is rich according to what he is, not according to what he has." - *Anonymous*



1. Charlene Taylor 2. Chris Vestal 3. Erin vonOeyen
4. Kelli White 5. Candice Williams 6. Lee Williams 7. Jaime
Volfe 8. Jennifer Wooten 9. Andrew Wright 10. Eric
Wright 11. Rebecca Zubyk 12. Melissa Feinman

The Senior Class Of 1999...



The Last Class



Of The Century!!

Melissa Lauren Burke



*Oh, the places you will go,
Oh, the people you will meet.
Remember to keep
God uppermost in your heart,
And walk in the light of His
truth,
As you face life's challenges.*

*We are so proud of you and the
path that you are following.*

*God Bless You Always.
Love,
Mom, Dad, and Alison*



Tiffany Nicole Carter

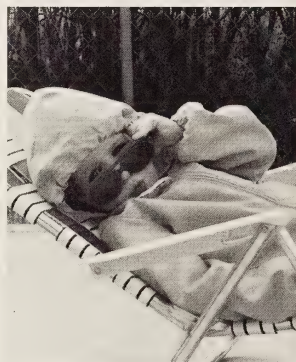


*We're so
proud of
you!
We love you!
Mom and
Dad*



Class of 1999!

*Congratulations
Jennifer
Lynn!*



*We love you ,
Mom, Dad, Ryan
& Sampson too!*

CONGRATULATIONS
ENDOMAN!
YOU'RE ON A
SINGLE TRACK
TO SUCCESS!



*The future
belongs to
those who
believe in
the beauty
of their
dreams...*





S. COOPER, IV

JOSH
TOM B.
MATT

CAMP GREENBRIER

INTERMEDIATES

COURTLAND

RIFLE
GOLF

GREEN TEAM

"QUARTER SHORT" JC

JC

CAMP ALLEN
CANOEING
THE HOMES

MIDGETS

SENIOR
JUNIORS

Love: Mom, Dad, Elizabeth, and
Patrick

THORNBURG

GRACE AND TERRY

DEER

SUNBEAM

BERMUDA

CUB SCOUTS

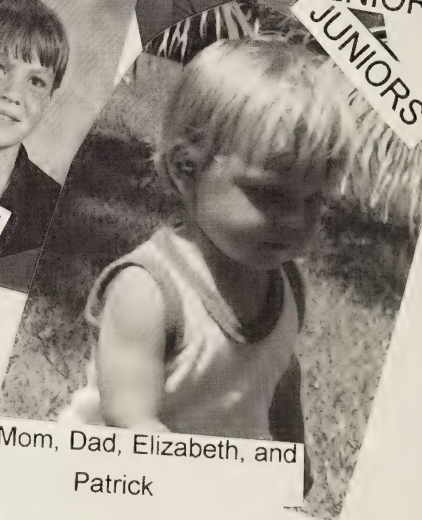
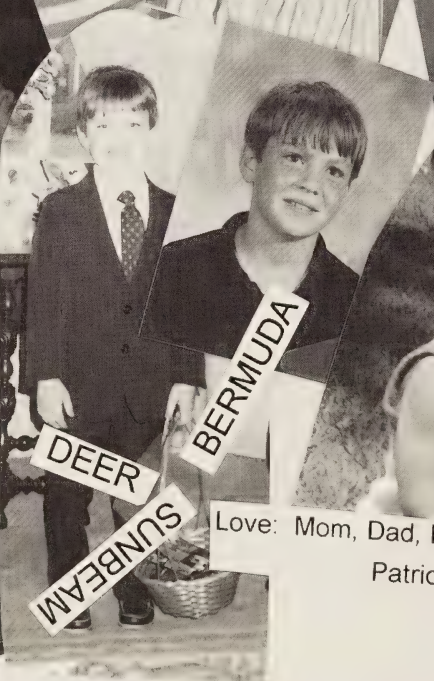
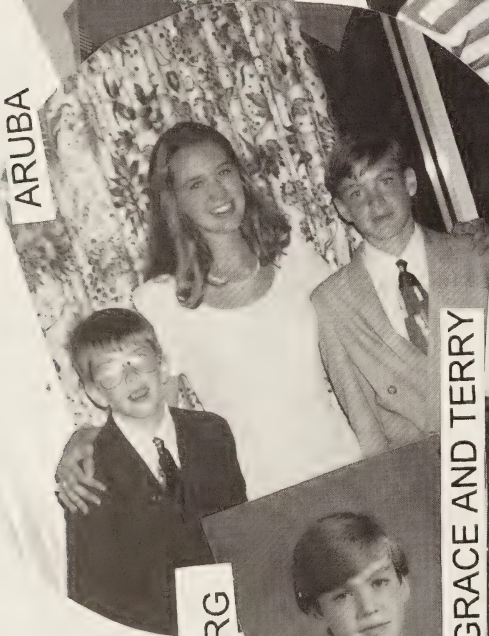
ARUBA

FISHING

FAMILY

ST. PAUL'S

SSSSAS





Persia Davis

*Never give up; Always do your best and you will win
in the end.*

*Step out on Faith and know that God is there;
Always know he is there; God Bless!*



*Be the best that you can be; Always remember that
God loves you and so do we!*

*We salute you with love,
Your Family and Friends*



*Virginia Dickerson
Congratulations
Graduate!*

*Fly high little bird,
We hope you attain
the heights you desire.*



*To know you
is to love you.*

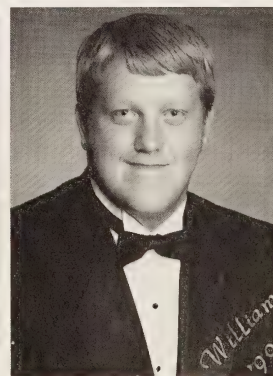
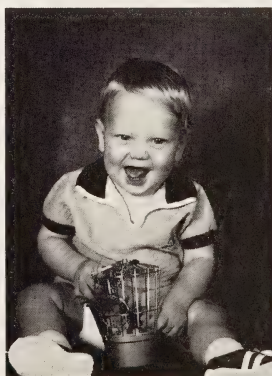
*Love Always,
Mom and
Dad*

William Diehl

William,

You made it. Best of luck
in the future!

We love you, Dad and Mom





Meggie my Moo

Megan Marie Driest

Memories...

... crawling blindfolded on a hockey field in Pennsylvania, squeezing into a slip for homecoming, learning about soccer "balls" with Betsy, decapitating Queens in Mrs. Sencindiver's class, driving through the garage door, singing in Math Analysis, rollerblading in the halls, skipping guidance, pushing the limo at Prom, driving five hours to Quantico, wearing protective gear to feed Fred and Wilma, and "decorating" cars. Soccer (4), Track (4), Field Hockey (4), Hobby, Junior Olympics, Tigger, Andy's underwear gift, Evil 2, car mirrors, "Do the Hustle", 9.

*Congratulations
and
All Our Love,
Mom, Dad, and Charlie*



Trisha Filter

Trisha,

*Life's not always easy
but so be it. Having you
grow up with us has
been a blast. College is
a complete learning
process, even for us.
You'll do great. And no-
they don't have room
service!*

*Love, Mom and Dad
Congrats Baby!*



Shoot For the Sky! Fly high!

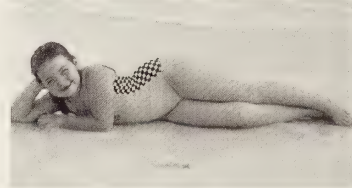


Go for it!

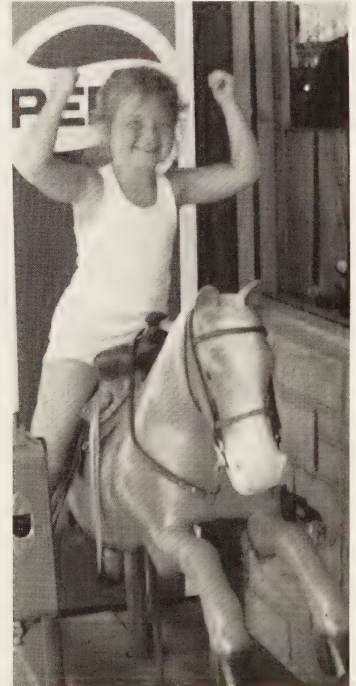
Shannon Dunkle



*S*ocial butterfly
*H*appy
*A*lways a friend
*N*ever an enemy
*N*eat appearance
*O*pen and honest
*N*inety-three
 prelude



Congratulations!
We love you!
From your family



Christina Gleesing

Congratulations on your graduation, Neen!

We are so proud of you!

The best is yet to be!

Love,

*Mom & Dad, Grandma & Grandpa Fonner,
Grandma & Grandpa Gleesing*



Dear Aija,

The years we have had living together have been so special and I am so proud to be your little sister. In the years to come I know we will have many more special times together and I am looking forward to them. I am very proud of you Aija!

From Brat #2 to Brat
#1 Love Ya Always,
Naijah Lynn Grant



*Amanda
Justus-
Gunn*



*Congratulations,
Amanda!
We love you!
Your Family*

*Congratulations to the
Seniors of the Class of 1999!
Best of Luck in the Future!
The 1999 TracksYearbook Staff*

M & M



best friends: 1988-forever

"How old will you be?"
"I don't know!"

Jace...the only man we could
ever share.

Godiva days, late nights and
plenty of ice cream.

The night of the worms!



To Meg,
Thank you for always being there
and supporting me. You are the
bestest friend I have and I love
you dearly. We have shared and
will continue to share great times.
I know the wonderful memories
will stay in my heart forever.

Love, Meg



To Meg,
You have become a best friend to
me over the years and someone I
love like a sister. We have been
through so much together over the
years. Thank you for being there
for me always.

Love, Meg

Sara Kristine Hansen

*Reflections of the past...
Visions for the future*

*We miss you already
Love, Mom, Dad & J.P.*



Aija T. Grant

*To my
granddaughter,
Much success in the
future. Make
things happen!*

*Love,
Grandma Quennie,
Iema, and Tyrell of
Jersey City, N.J.*



Dianne Lynn Jarnecki

*It seems like only yesterday that
you were graduating from Pre-
School. You were so proud that
day & we are so proud of you
now. Best of luck in whatever
you do. We love you!*

*Love,
Mom, Dad, & Stephanie*



Erin Elizabeth Herndon

*Our Daughter...
Our Friend...
Our Love...
Our Heart...
You have always
made us proud.*



*Congratulations
And
Good Luck!*



*We love you,
Mom and Dad
Class of 1999!*

Jennifer Ann Hawkins



AS I'VE WATCHED YOU GROW
THROUGHOUT THE YEARS
I HAVE LEARNED ALONG THE WAY
THIS JOURNEY YOU CHOSE TO TRAVEL
IS ONE OF LOVE AND FRIENDSHIPS MADE

I CHERISH WHAT YOU'VE GIVEN ME
AND PRAY TOMORROW SHINES AS BRIGHT
I DREAM THE WOMAN YOU HAVE BECOME
IS FOREVER IN MY HEART

DAD



JENNY, ALWAYS KEEP REACHING
FOR THE SKY - THERE IS NO LIMIT
TO WHAT YOU CAN DO IF YOUR
HEART IS IN IT...

I LOVE YOU.....MOM



TO MY SISTER, MY FRIEND, GOOD LUCK!!
LOVE JON



Beverly Lynne Hodges

Congratulations!

As you have always said:

"Endings are just opportunities."

The opportunity of life has just opened up for you...enjoy it!!



We love you and are so proud!!

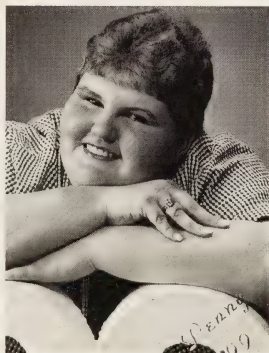
Mom, Dad and Sarah



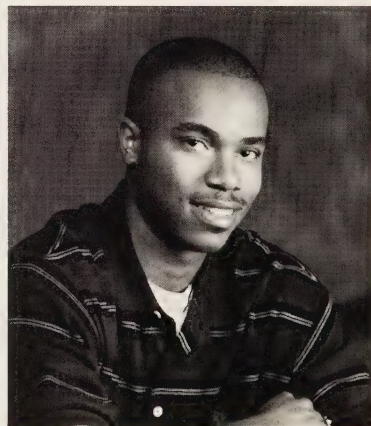
*Penny
Johnson*

*Congratulations
on your
Graduation!*

*We love you,
Your Family*



Congratulations Deron!



We are proud of you and all that you have achieved.

Love,
Mom and Dad

Kaitlyn Michelle Jones



*Once a
cutie, now
a beauty!*

We are so proud of
all of your
achievements. The
future looks bright.
Congratulations!

Love,
Mom, Dad, and
Maureen



Kimberly Ann Labbe
We've watched you grow through
the years.

*All the smiles and all the tears.
We wish you luck in all you do.
Always remember we'll be here
for you!*

Love,
Mom, Dad, and Lisa



Michelle Lancaster

Congratulations
on
your
Graduation!



*With love,
Your
Family*

*"Nothing is but
what is not"
- Macbeth*



**Good Luck in the
future to my dear
niece, Aija.**

Wishing you the best of luck
on your way to becoming the
lawyer you are meant to be.

Enjoy college!

Love,
Aunt Robyn, Tyrone,
Angela, and Heywanna of
Jersey City, N.J.



**To my niece
Aija,**

Good luck in the
future. Wishing you
great success in the
years to come. Reach
for the stars. Go girl!

Love,
Uncle Derrick of
Jersey City, N.J.



Gloria Lovo



We know the times, have been hard the trials have been many, but you made it. You are a wonderful daughter. We want you to know that we are proud of the person you've become and the accomplishments that are yours. May God bless you and may all your hopes and dreams come true. Hija, recuerda que tu siempre estaras en nuestros corazones, y si Dios esta a tu lado, Quien puede estar contra ti?

*We love you,
Mom, Dad, and all your
brothers*





TIFFANY LEE LUTZ



*The day you were born your name was in lights.
We have no doubt it will be again. We've said many
Times what did we do to deserve you? We thank God
Daily. Best of luck and keep on smiling and having fun.*

*Love you,
Mom & Dad*



Tiff,

*You are a beautiful dancer and a great sister.
I love you very much and you have been a great
Role model. I know you will be successful.*

*Love,
'Britt'-Brat*



Carly Raine Medosch



*What a gift
God has given
us! We are so
proud of you and
your unending
strength
Love,
Mom & Dad*



Denise Myers



Congratulations Neese-Cups!



*We love you!
Mom, Donnie,
Christina, Pop Pop,
Memaw, and Daddy.*



Kristin Ann Mundie



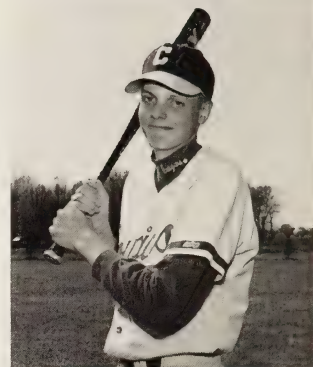
*Congratulations to our baby girl!
We love you!*

Dustan Morgan



We have watched you grow for eighteen years and your accomplishments have been outstanding. We are extremely proud of all your hard work and what you have become. Your athletic and academic achievements have far surpassed our wishes for you. May you continue your journey to success as you travel the road to higher education. Be proud of who you are, and always remember we love you.

Memaw and Papaw



D- D Man

U- Universal in friends

S- Studies hard

T- Truthful

A- A in Academics

N- Never gives up



M- Man of his word

O- Optimistic

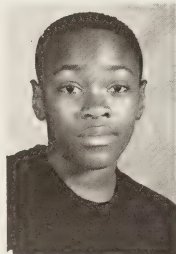
R- Religious

G- Gracious

A- Admired

N- Never falters

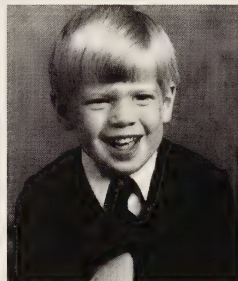
Gerrick Tyrone Noel



When Gerrick was a baby, he was very active. And when Gerrick was much older he likes to ride his bike and play with his friends.

*Congratulations!
From a long road.
Good Luck
from your family.*

Robby Orrock



**Congratulations
on your
Graduation!**

Rebekka Zubyk



"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11

*We're very proud of you, Bekka,
and love you very much!
Mom, Mike, and Stephanie*

**We Love
You!
From
Your
Family**



Kristy "Dinki" Robinson



*As we release you
from our arms into the
world unknown, we
thank you for being
the daughter every
parent dreams of.*

*Always remember,
success is not
measured by the
money you make, but
by the lives you touch.*

*We love you,
Mom and Dad*



Heather Settle

*Congratulations
Heather!*



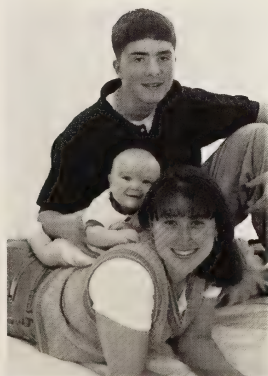
*You are so
special to us and
we are very proud
of you. May all
your dreams come
true and always
remember we will
be here for you.
Love, Mom
and Dad*



Tiffany Shepherd

*Congratulations Tiff!
Hope the future holds nothing but
good things for you and Austin.*

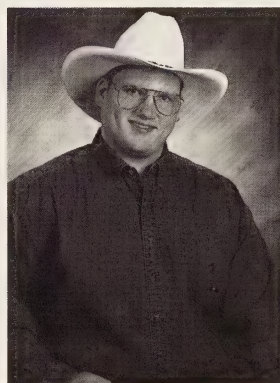
*We love you,
Mom and Nana*



Matt Suplicki

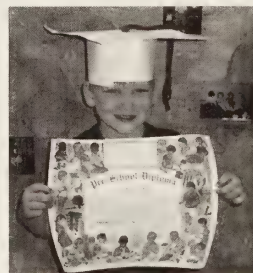
*Congratulations
Matt!*

*We did it!
It has been a
challenging
six years since
your arrival.*



*We are so
proud of you!*

*Uncle Vince
and J.J.*

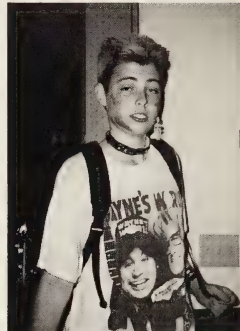
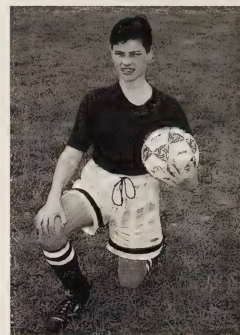
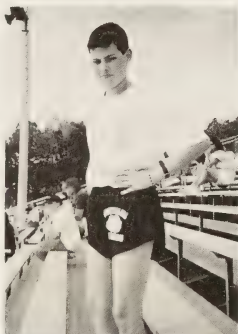


Harlin George Sutton, IV



Harlin,
We are so lucky that God
chose us to be your parents.
You are everything we always
wanted. You are a smart,
funny, and loving son. We
are proud of you and your
accomplishments. We love
you and wish you all the
success and happiness that
you will achieve through
hard work and
determination.

Love,
Mom and Dad



Eric J. Wright

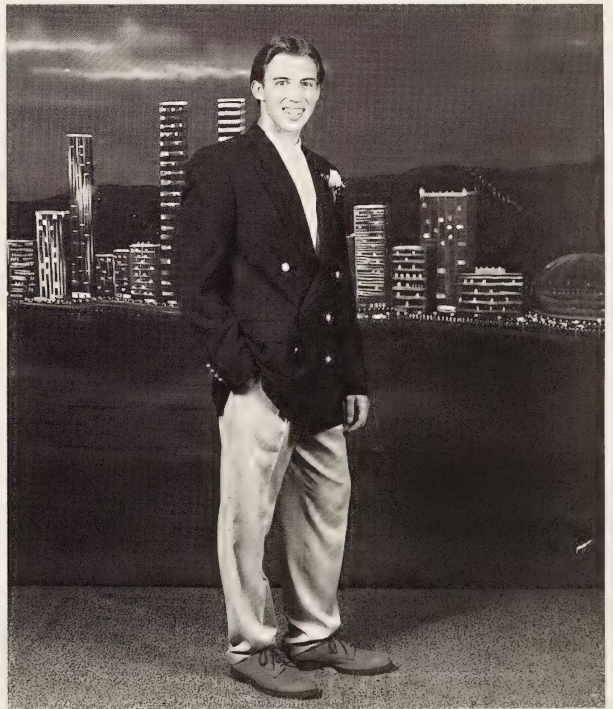


We remember when you were our little boy, an extension of our very being, our every waking moment belonged to you. One evening when we called you to supper, you came to the table all grown up.

Where did all the in between go?

Suddenly, we were to let you go...Now we should call you our son, but in our heart... You will always be our little boy.

We love you,
Mom and Dad



Christopher Vestal



Congratulations
On Your
Graduation!

From Your
Family



KELLY BRIANA MINKIN



Many daughters have done virtuously,
but thou excellest them all.

Proverbs 31

Love, Mom and Dad



Megan Elizabeth Grimes

1999

"Sunshine", "Cupcake", and "Maggie"
"May-May" and "Waterbug"
"The perfect pediatrician"

Jump out of the sack, Mack and
carry your sunshine to all God's
people. I love you always,

Mom

"But how did you come to us, my
dear?

God thought of you and so I am
here."

(-George MacDonald)

Love, Dad



Megan,

Even though you are much taller, you will always
be my "Little Sister". I love you and am very proud
of you.

Love, your "Big Brother"



My dearest and best sister,
I love you with all my heart, you
are there through thick and thin,
with laughter, comfort, and a huge,
open heart and hand. I can read
your name and be proud to be
your sister. I know you'll blossom
and become the best rose in the
garden.

Love, Ashley





*To our daughter Aija T. Grant,
Strong will, determination and never
ending focus on your dream are keys to
success. The love, support and devotion
we have for you is the other key that will
unlock your dreams and make them a
reality. We will always love you and
whatever decision you make in your life.
We are so proud of you, Aija!
Love, Mom, Dad, and Naijah*

Colophon

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To the TRACKS staff,

Well guys, we made it!!! Even though it seemed impossible in the beginning to get started or even keep going once were, you all did one heck of a job. I am so glad to have worked with each and every one of you. Despite lack of knowledge, deadlines flying at you and a big boss looming over you, you kept plugging away and completed what I feel is the best yearbook that Courtland has ever produced. Thank you, I could not have done it without you.

Tiffany, thank you for your ear, your efficiency, your organization and most of all for your friendship throughout the trying times. I am glad that you worked by my side, and kept me going when the going got tough, (and it did, didn't it?). I will miss you.

Tara, thank you for your eager mind, your efficiency, and your reliability. I know that you and the others will complete your best book next year because I have faith in you and the coming year.

Kira, thank you for your humor, your reliability and your thoughtfulness. Thank you for sticking with the program when things weren't going smoothly. I know that you and the others will do produce an award winning yearbook next year.

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Kaitlyn, thank you for your diligence, your ability to get things done at all costs and your eagerness to relieve my workload. I greatly appreciated your faith in the yearbook and the staff. I will miss you.

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Angela, even though you remained quiet through the year, I am glad to know you and thank you for your diligence and efficiency and also for your faith in the yearbook and the year.

Ms. Warchol, what a year, huh? I am really glad to have worked with you and I regret that I can't do it again. I hope that I didn't step on your toes too much and I am glad that we became friends.

This little note is just to say that I owe the behind-the-scenes success of the yearbook to the faithful members of the TRACKS yearbook staff who stuck by me and gave it their all.

I love you guys, Megan Grimes, Editor

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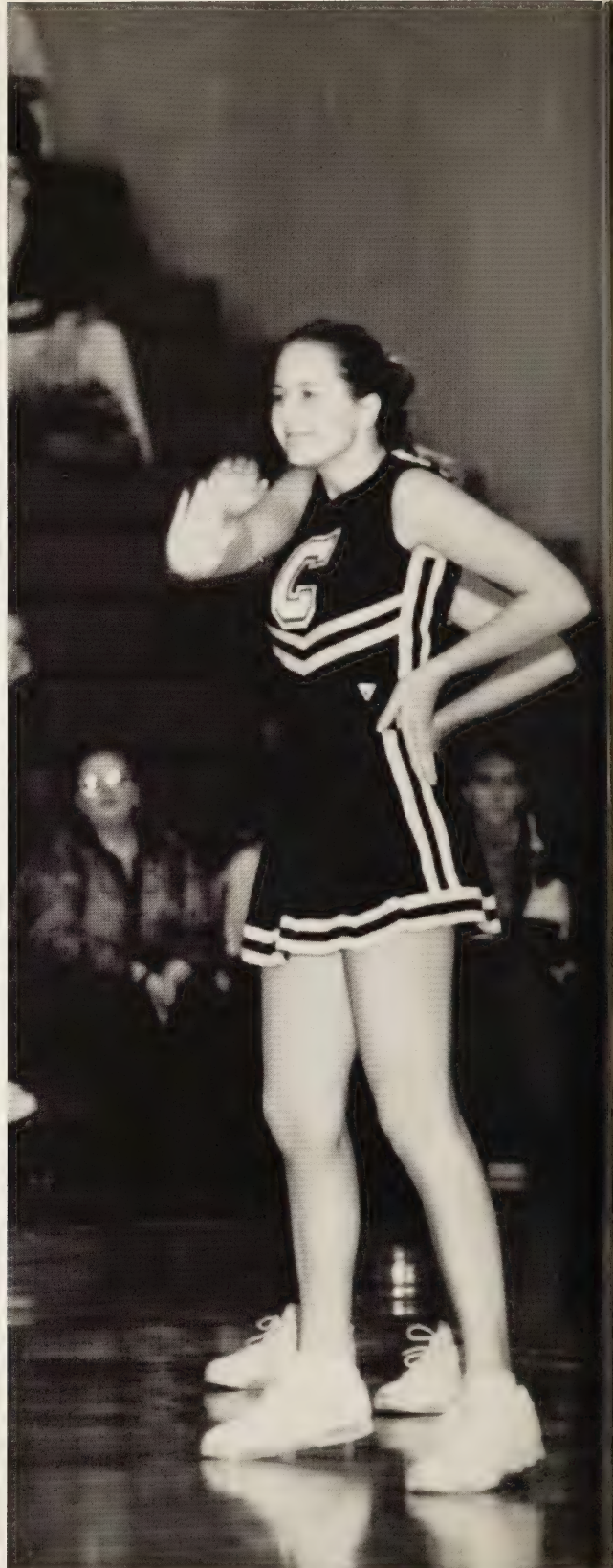
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Although the year ended, the opportunities to have fun still existed. Erin vonOeyen and friend Chris DeBlanc take swing lessons after school. These inexpensive lesson were not only offered to Courtland students but to all area high school students, giving all a chance to interact and have fun.

The cheerleaders were the backbone of the school spirit, endlessly cheering and pepping up the crowd. Jenny Hawkins leads the Varsity squad in a performance during the pep rally.



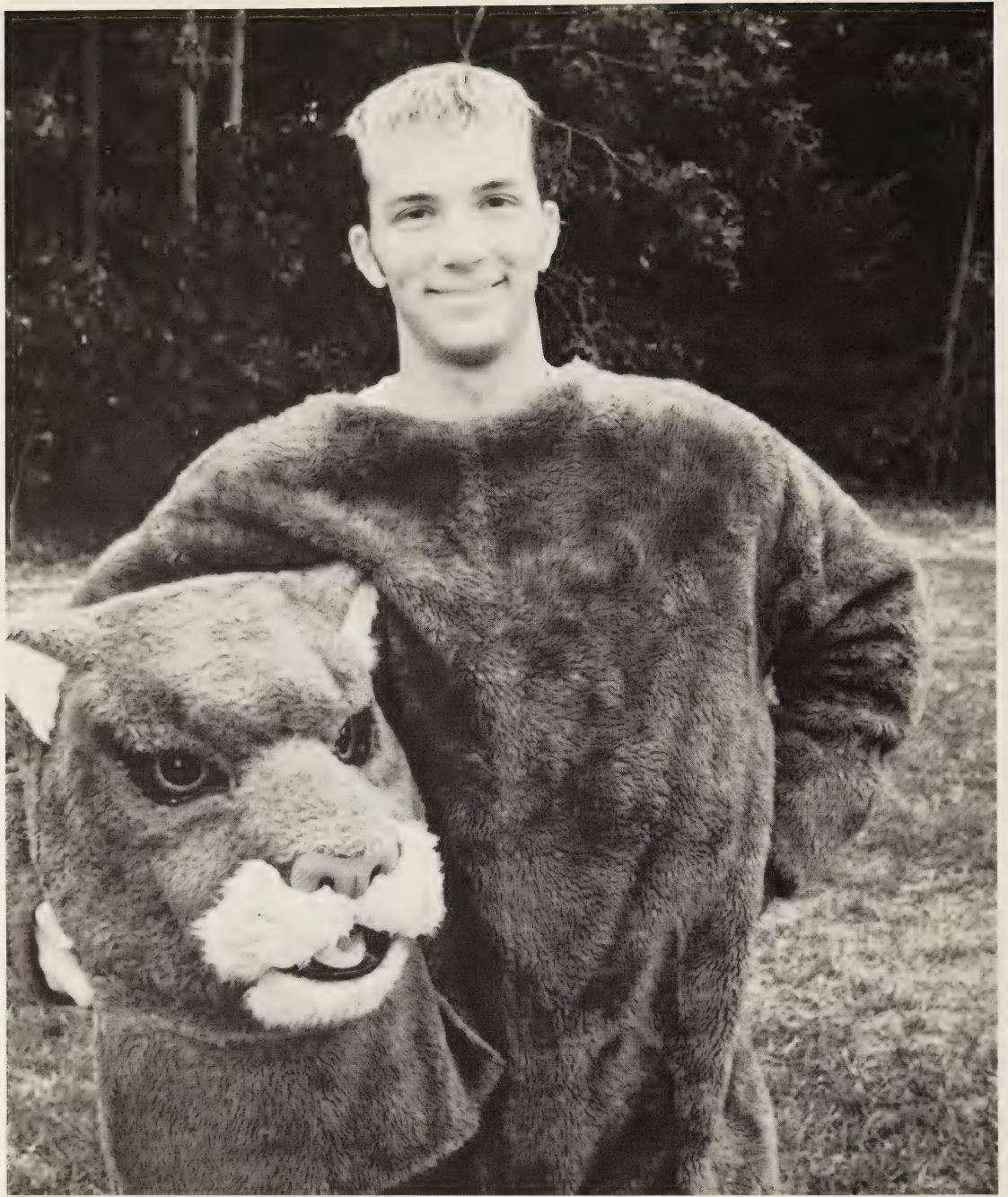
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BELONG
HERE



this
was **here**
the **WE**
place
to be

WERE

I n the last year of the century, 1999, there was no other place to be where new opportunities were offered, where victory was abundant and where the good times flourished than at Courtland High School. For all who populated the halls of Courtland, the year proved extremely memorable. This was the place to be for all the action, whether it was at the championship basketball games, the debate tournaments, or just enjoying classtime. The school buildings and the sports fields continued their tradition of filling up with invisible memories. Knowing that excitement and fun awaited them, students returned to school in September in anticipation. When they left in June, seniors felt prepared for the new millennium and returning students had something in which to look forward. Where we were was somewhere special, someplace where we could feel safe, earn a valuable education and build memories that last forever.



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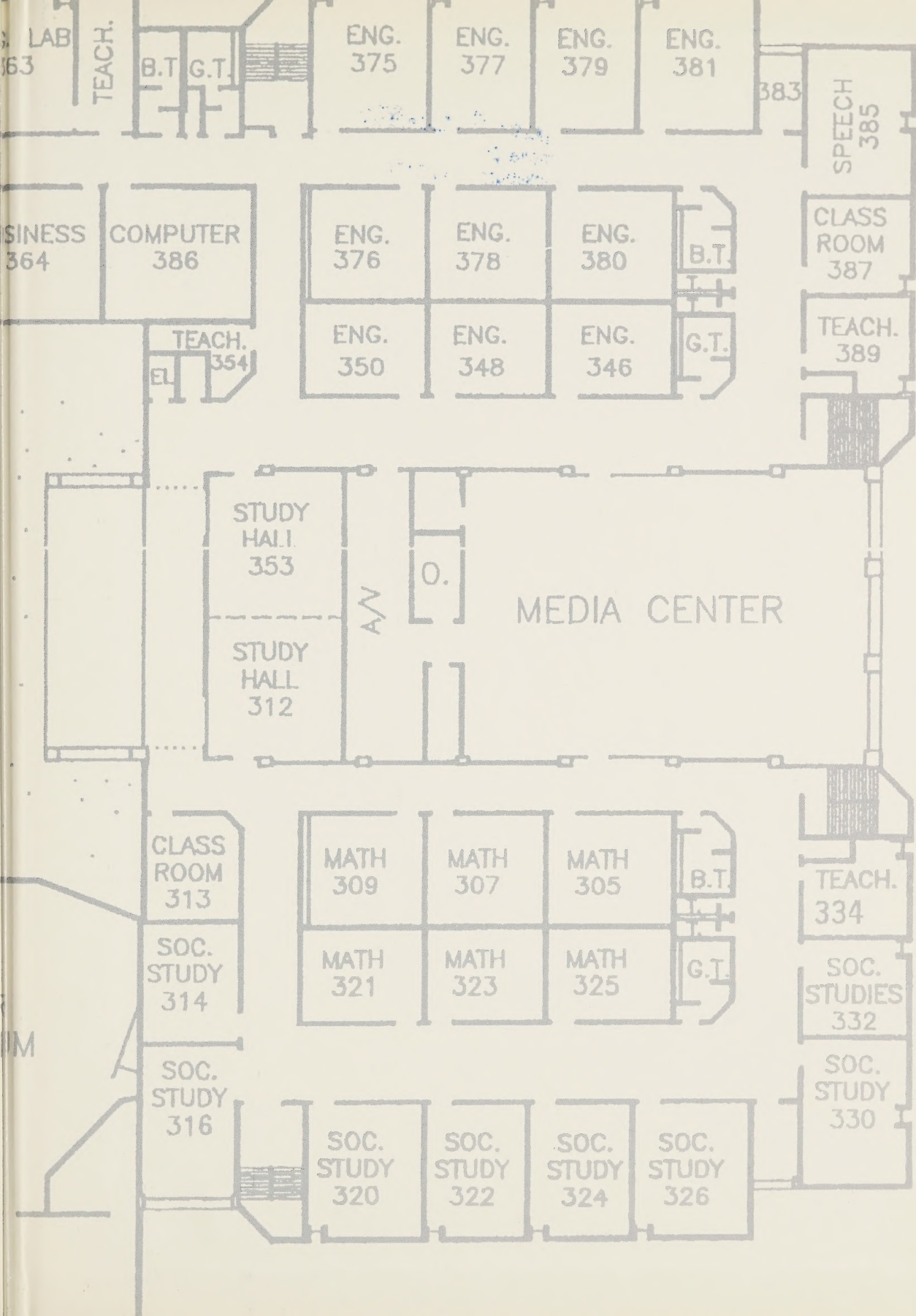
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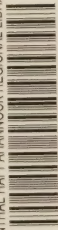
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